

*The University of Texas at El Paso (UTEP) Doctor of Physical Therapy Program presents*



## **Managing Vestibular Dysfunction**

Michelle Gutierrez, PT, DSc

Saturday May 6, 8:00 am – 5:00 pm  
& Sunday May 7, 8:00 am -2:45 pm

Campbell Building Room 115 (Lunch and snacks included in registration cost)

***Approval for 14.0 CCUs has been applied for from the Texas Physical Therapy Association***

**Course Description:** This course will provide a comprehensive review of the physical therapeutic assessment and management of Vestibular Disorders. The target audience includes physical therapists working with patients complaining of dizziness. Secondary audience will be physical therapist assistants and occupational therapists working with patients complaining of dizziness. This is an introductory course; no prior experience with Vestibular Rehabilitation is required. The anatomy, pathophysiology and the clinical features of common vestibular disorders will be reviewed with emphasis on therapeutic techniques used in treatment. Lecture, demonstration, videos and hands-on lab will be used to present this information.

### **About the Instructor:**

Michelle Gutierrez, PT, DSc, received her Master's in Physical Therapy from the University of Texas Medical Branch at Galveston and her Doctor of Science from the University of Alabama Birmingham. She has inpatient and outpatient rehabilitation experience in the El Paso and Las Cruces area, in staff and supervisory capacities. She has experience in a hearing and balance center in Las Cruces pursuing her interest in vestibular rehab. She is a Clinical Assistant Professor at University of Texas at El Paso at the Doctor of Physical Therapy Department. Her most recent clinical experience was at William Beaumont Army Medical Center working with both orthopedically and neurologically involved service members. She has taught continuing education courses for practicing therapists and physicians in Texas, New Mexico and Louisiana. She completed the Vestibular Competency Course in 1998. She is a member of American Physical Therapy Association's Academy of Neurological Physical Therapists, and Orthopedic and Education Sections and has held various elected offices in the Vestibular Rehabilitation Special Interest Group.

**Objectives:** Participants should be able to:

- Understand the basic anatomy and physiology of the vestibular system
- Describe the pathophysiology of common vestibular disorders
- List the most common diagnoses/causes of vestibular dysfunction
- Correctly perform common vestibular/balance objective measures as part of the clinical exam of patients with complaints of dizziness and recognize the clinical presentation of common vestibular dysfunctions
- Interpret results of the clinical exam and select and develop appropriate treatments for individuals to address dizziness
- Accurately assess and perform appropriate canalith repositioning maneuvers for BPPV
- Identify red flags and understand when to refer for further diagnostic testing

**Agenda:**

Lecture and lab course covered in two days; May 6, 2017 Saturday from 8:00 am - 5:00 pm with 30 minute lunch and two 15 min breaks and May 7, 2017 Sunday from 8:00 am – 2:45 pm with 30 minute lunch and one 15 min break for a total of 14 hours.

**REGISTRATION INFORMATION**

(course is limited to 36 participants)

Participants must register online no later than 5pm on May 5 at:

[https://secure.touchnet.net/C21711\\_ustores/web/store\\_main.jsp?STOREID=25&SINGL  
ESTORE=true](https://secure.touchnet.net/C21711_ustores/web/store_main.jsp?STOREID=25&SINGL<br/>ESTORE=true) **SEE DISCOUNT CODES BELOW**

There is no mechanism to refund the discount in the event a participant registers accidentally under the full price. It is important that the correct amount for registration is shown before hitting submit

**NO ONSITE REGISTRATION WILL BE ACCEPTED**

Only individuals with CCU coupons may register in person,  
go to 1101 N. Campbell - Campbell Building, Room 309

Name: \_\_\_\_\_  
Mailing address: \_\_\_\_\_  
Email-address: \_\_\_\_\_  
Phone-number: \_\_\_\_\_  
PT or PTA license number: \_\_\_\_\_  
APTA number (if a member): \_\_\_\_\_  
Last time you served as a CCCE or CI for a UTEP PT student (if applicable): \_\_\_\_\_

**Refund Policy: There will be no refunds,  
but paid registration may be transferred to another individual.**

UTEP DPT Program Adjunct Faculty (during 2016 and 2017) Clinical Instructors who have supervised a UTEP DPT Student in 2016 or 2017 CCCEs in PT departments that have taken a UTEP DPT student in 2016 or 2017	\$150-Use discount code: discount50
Members of the American Physical Therapy Association who do not meet above criteria	\$225-Use discount code: discount25
Non-members of the American Physical Therapy Association who do not meet above criteria	\$300
Health professionals other than PTs/PTAs	\$300

If you have any questions prior to the day of the course, contact  
Loretta Dillon 915-747-8215 or [ldillon@utep.edu](mailto:ldillon@utep.edu)

**Free parking is available on the street or in nearby UTEP parking lots.**