



	YOUR CLASS SCHEDULE	ACADEMIC ADVISING	ENRICHING EXPERIENCES	LIFE LONG SUCCESS
FRESHMAN	<ul style="list-style-type: none"> Become familiar with your degree plan and view the sample 4-year plan, focusing on degree requirements, course sequences, and pre-requisites. Focus on Math, English, and Science courses such as MATH 1320, RWS 1301, RWS 1302, and BIOL 1305/1107, BIOL 2311/211. 	<ul style="list-style-type: none"> Meet with your advisor in the Academic Advising Center. Get off to a good start! You will need a 2.50 cumulative GPA to be eligible to apply to the Kinesiology Professional Sequence next year. Reach out to your professors and utilize tutoring resources to help achieve a solid GPA. Start thinking about how you would like to complete your 15 credits of electives. If you are planning on graduate school, save these electives. They can be used to complete additional courses required by graduate programs. 	<ul style="list-style-type: none"> Research career possibilities in Kinesiology. Participate in student organization fairs. Explore the world with a Study Abroad course. 	<ul style="list-style-type: none"> Explore other majors to determine if this major is a good match for your interests and abilities. Discover tutoring resources.
SOPHOMORE	<ul style="list-style-type: none"> Aim to complete Kinesiology program prerequisites this year. Continue working on University Core Requirements. Once you are in the final semester of program prerequisites, take KIN 3303 to learn about the major and your Human Fitness & Performance (HUFPP) concentration. Apply to the KIN professional sequence while in KIN 3303. Make sure to maintain your 2.50 cumulative GPA to stay in good standing in the Kinesiology major. 	<ul style="list-style-type: none"> Continue to meet with your AAC Advisor each semester until you reach 46 cumulative credits. Transition to the advisors in the College of Health Sciences after you have earned 46 credits. 	<ul style="list-style-type: none"> Explore community involvement opportunities in your field with the Center for Civic Engagement. Join the Kinesiology Club. Adapt to a new culture with a student exchange program. 	<ul style="list-style-type: none"> Reflect on your developing educational and career goals. Engage in discussions about leadership and innovation at UTEP L.I.V.E.
JUNIOR	<ul style="list-style-type: none"> Work on the KIN Core Courses and start looking at the HUFPP concentration sequence. Take KIN 3331 and KIN 4312 from the KIN Core as soon as possible so you can progress in the HUFPP concentration. Complete any remaining University Core requirements. 	<ul style="list-style-type: none"> Meet with your faculty advisor each semester in the Kinesiology Department. Request a graduation audit through the CHS Student Support Center once you have reached 90 credits. 	<ul style="list-style-type: none"> Develop real-world job experience by completing an internship in the field. Continue engaging with your community with Project MOVE. Apply to the MHIRT program for a unique summer research experience in Ecuador, Costa Rica, or Panama. Seek out research opportunities by engaging with faculty. Join a study group. 	<ul style="list-style-type: none"> Join the American College of Sports Medicine for leadership opportunities and networking in the field. Research post-graduate professional and educational opportunities. Visit the University Career Center and develop your CV and resume. Prepare for the appropriate exams if applying to graduate school.
SENIOR	<ul style="list-style-type: none"> Complete degree requirements, including the Kinesiology Core, HUFPP Concentration, and electives. Refer to your graduation audit to ensure you are aware of all remaining requirements for graduation. KIN 4351 Internship in Human Fitness & Performance will most likely be taken in your final semester. Make sure you plan so all the pre-requisites for that course are completed before KIN 4351. 	<ul style="list-style-type: none"> If you have not done so already, request a graduation audit through the CHS Student Support Center once you have reached 90 credits. Continue to meet with your faculty advisor each semester in the Kinesiology Department. Apply to graduate in the CHS Student Support Center. Applications are available starting December 1 for May and August graduation, and applications are available starting August 1 for December graduation. 	<ul style="list-style-type: none"> Research global perspectives and trends in kinesiology, and identify opportunities for short faculty-led study abroad trips. Seek research opportunities with CAPHSR. Expand your community engagement efforts. 	<ul style="list-style-type: none"> Visit the University Career Center and revise your CV and resume. Take the appropriate exams if preparing for graduate school. Explore job fairs and pursue career opportunities. Join the UTEP Alumni Association.

UPDATED 02/26/2019

EDGE ADVANTAGES | UTEP students will graduate with these skills:

- Leadership
- Problem-solving
- Communication
- Entrepreneurship
- Social Responsibility
- Confidence
- Global Awareness
- Teamwork
- Critical Thinking



Bachelor of Science in
KINESIOLOGY (HUMAN FITNESS & PERFORMANCE CONCENTRATION)
 MAJOR MAP | 2019-2020



All courses used to satisfy the core curriculum must be completed with a C or better.

	Hrs	Grade
1. Communication (6 Hrs)		
RWS 1301 Rhetoric and Composition 1 OR ESOL 1311 Expos Engl Compos-Spkr Esl prereq for RWS 1301: ENGL 0311 or placement by exam prereqs for ESOL 1311: ESOL 1406 and ESOL 1309 or placement by exam	3	
RWS 1302 Rhetoric and Composition 2 or ESOL 1312 Res&Crit Writ-Spkr ESL or ENGL 1313 Writ abt Lit prereqs for RWS 1302 and ENGL 1313: RWS 1301 prereqs for ESOL 1312: ESOL 1311 and ESOL 1310	3	
2. Mathematics (3 Hrs) - MATH1508 preferred	3	
MATH 1320 Math for Soc Sci or higher prereq: MATH 0311 or placement by exam		
3. Life and Physical Sciences (6 Hrs + 2 Hrs for labs below)		
BIOL 1305 General Biology (BIOL 1107 lab listed below) prereqs: MATH 0311 or higher, or placement by exam	3	
BIOL 2311 Human Anat./Phys. I (BIOL 2111 lab listed below) prereqs: BIOL 1305/1107 both w/ C or better or ZOOL 2406	3	
4. Language, Philosophy, & Culture (3 Hrs) - PHIL2306 preferred	3	
Select one 3 credit hour course: ENGL 2311, 2312, 2313, 2314, 2318, FREN 2322, HIST 2301, 2302; PHIL 1301, 2306, RS 1301, SPAN 2340, or WS 2300, 2350. prereqs for ENGL 2311, 2312, 2313, 2314, and ENGL 2318: RWS 1302 or ENGL 1313 or ESOL 1312		
5. Creative Arts (3 Hrs) - DANC1304 preferred	3	
Select one 3 credit hour course: ART 1300, ARTH 1305, 1306; DANC 1304, MUSL 1321, 1324, 1327 THEA 1313, FILM 1390		
6. American History (6 Hrs)		
HIST 1301 History of the US to 1865	3	
HIST 1302 History of the US Since 1865	3	
7. Government/Political Science (6 Hrs)		
POLS 2310 Intro to Politics	3	
POLS 2311 American Gov. and Politics <i>must include TX gov.</i>	3	
8. Social and Behavioral Sciences (3 Hrs) - PSYC1301 preferred	3	
Select one 3 credit hour course: ANTH 1301, 1302; CE 2326; COMM 2350, 2372; ECON 2303, 2304; EDPC 1301; EDU 1342; LING 2340; PSYC 1301; SOCI 1301; LING/ANTH/ENGL 2320, ANTH/GEOG/SOCI 1310		
9. Component Area Option (6 Hrs) - UNIV1301 and COMM1301 preferred		
Select two 3 credit hour courses: BUSN 1301, COMM 1301, COMM 1302, CS1310, CS1320, SCH1301, UNIV1301	3	
	3	
Total	42	

Program Prerequisites - Must be completed w/ C or better	Hrs	Grade
BIOL 1107 Topics in Study of Life I Lab prereqs: MATH 0311 or higher, or placement by exam	1	
BIOL 2111 Anat./Phys. I Lab prereqs: BIOL 1305/1107 or ZOOL 2406	1	
BIOL 2313/2113 Human Anat./Phys. II w/ Lab prereqs: BIOL 1305/1107 both w/ C or better or ZOOL 2406	4	
CHEM 1407 Intro Chem or CHEM1305/1105 Gen Chem prereq for CHEM1407: MATH 0311 or higher, or placement by exam prereq for CHEM1305/1105: MATH1508 (can be taken concurrently)	4	
CHEM 1408 Intro Chem or CHEM1306/1106 Gen Chem prereq for CHEM1408: CHEM 1407 prereqs for CHEM1306/1106: CHEM1305/1105 & MATH1508, all w/ C or better	4	
HSCI 2302 Fundamentals of Nutrition prereq: BIOL 1305 w/ C or better	3	
PHYS 1403 General Physics I prereq: MATH 1320, MATH 1508, or MATH 1411, all w/ C or better	4	
PSYC 1303 Statistical Methods prereq: MATH 1320, MATH 1508, or MATH 1411, all w/ C or better	3	
Total	24	

CHS Academic Advisor	Date
Updated	Advisor/Notes

CHS Website: <http://www.utep.edu/chs/>
KIN Website: <http://www.utep.edu/chs/kinesiology/>

Kinesiology Core Courses	Hrs	Grade
KIN 3303 History, Sociology, & Philosophy of Sport and PA <i>Students enroll in KIN3303 in final semester of Prog. Pre-reqs. (incl. BIOL2311) Application to KIN Core & Prof. Sequence will be completed in KIN3303. Application requirements can be found in UTEP Catalog (catalog.utep.edu) KIN3303 must be completed with a grade of C or better.</i>	3	
KIN 3313 Assessment and Evaluation prereqs: KIN 3303, admission to KIN core & prof. sequence, dept. approval	3	
KIN 3331 Anatomical Kinesiology prereqs: KIN 3303, admission to KIN core & prof. sequence, dept. approval	3	
KIN 3332 Motor Behavior prereqs: KIN 3303, admission to KIN core & prof. sequence, dept. approval	3	
KIN 4312 Exercise Physiology prereqs: KIN 3303, BIOL 2311/2111, BIOL 2313/2113, admission to KIN core & prof. sequence, dept. approval	3	
KIN 4313 Biomechanics prereqs: KIN 3303 and 3331; MATH1320 or higher, admission to KIN core & prof. sequence, dept. approval	3	
Total	18	

Human Fitness & Performance Professional Courses	Hrs.	Grade
KIN 4238 Group Exercise Techniques prereqs: KIN 3303, 3313, 3331, and 4312; dept. approval	2	
KIN 4301 Personal Training prereqs: KIN 3303 and 3331; dept. approval	3	
KIN 4340 Scientific Principles of Strength & Conditioning prereqs: KIN 3303 and 4312; dept. approval	3	
KIN 4341 Practical Applications of Strength & Conditioning prereqs: KIN 3303, 3331, and 4312; dept. approval	3	
KIN 4345 Strength & Cond. Program Design & Periodization prereqs: KIN 3303, 3331, and 4312; dept. approval	3	
KIN 4351* Internship in Human Fitness and Performance prereqs: KIN 3303, 4238, 4301, 4340, 4341, 4345, and 4442; dept. approval	3	
KIN 4442 Geriatric Fitness Programming prereqs: KIN 3313, KIN 3331, KIN 4312, KIN 4340; KIN 4341; dept. approval	4	
Total	21	

Elective Courses: Select a total of 15 credits

Students may choose from KIN elective courses, general electives, or minor requirements.

A minor requires a minimum of 18 credits.

	Hrs.	Grade
	3	
	3	
	3	
	3	
	3	
	3	
Total	15	

Suggested Elective Courses:

HSCI 3322 Sports Nutrition	KIN 4344 Coronary Intervention Programs
KIN 2315 Intro to Athletic Training	KIN 4350 Internship*
KIN 3325 Research Methods in KIN	KIN 4366 Directed Study
KIN 3333 Motor Development	KIN 4390 Independent Study
KIN 4314 Special Populations	
KIN 4323 Current Issues in Ex Sci	MS KIN Fast Track Students Only:
KIN 4330 Exercise Presc. & Prog.	Select 9 credits from:
KIN 4331 Clinical Exercise Phys.	KIN5361, 5371,5372, 5373, 5374, 5375

[Consult catalog for descriptions & pre-reqs: http://catalog.utep.edu/undergrad/course-descriptions/](http://catalog.utep.edu/undergrad/course-descriptions/)

***Clinical Compliance:** Students who enroll in KIN 4350 and KIN 4351 may need to meet
 Clinical Compliance Requirements: <http://www.utep.edu/chs/compliance/>

Total Required Degree Plan Hours 120

Updated:

CGPA ---
 KIN GPA ---
 Minor GPA ---

Cumulative GPA (CGPA) must be 2.50 or higher to apply to and remain in KIN core/professional sequence.



TOTAL
 TRANSFER
 HOURS

University Graduation Requirements

All university core prerequisite classes must be completed with a C or better.

All required freshman level courses specific to your degree plan must be completed prior to earning 90 semester hours.

A minimum of 30 semester hours must be completed at UTEP.

12 of the last 30 semester hours must be completed at UTEP

12 hours of advanced courses must be completed within 3 years of graduation.

Minimum cumulative grade point average to earn KIN degree is 2.50.

A maximum of 66 semester hours of credit from two-year institutions is applicable toward a degree at UTEP.

catalog.utep.edu/undergrad/academic-regulations/general-requirements-for-undergraduate-degrees/