

Sandra Terrazas is a licensed physical therapist and personal trainer and owner of Spectrum Therapy Consultants. She is a 2003 graduate of the UTEP College of Health Sciences. Terrazas opened her El Paso-based company in 2006. While overseeing its growth, Terrazas also serves as an adjunct professor at UTEP and other area institutions of higher education, intending to make a difference in the lives of students that will eventually be colleagues by serving as a mentor.

Terrazas pursued her Master of Science in Kinesiology degree from UTEP so she could continue to serve as an instructor. The first-generation college student also has a bachelor's degree in physical therapy and an MBA from other institutions. Terrazas aspires to help students become good colleagues who combine technical skill with a personal touch. She was instrumental in introducing the Spanish competency requirement to UTEP's Doctor of Physical Therapy degree plan, which she felt was vital in ensuring students understand the culture of the community.