

## **Monica I. Chavira**

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### **Education**

PhD	Interdisciplianry Health Sciences	University of Texas at El Paso –Currently pursuing
M.A.	in Psychotherapy and Peace Studies	Universidad Autonoma de Ciudad Juárez (2010)
M.A.	in Gestalt Therapy	Instituto de Terapia Gestalt (2006)
B.A.	in Linguistics	University of Texas at El Paso (2001)
	Minor in French	

### **Honors and scholarships**

2010	Graduated with honors.
2001	Scholarship to attend the Racial Justice conference at Martin Luther’s King’s Morehouse College in Atlanta, GA.
2000	Scholarship to study Russian in Moscow, Kazan and Saint Petersburg, granted by the University of Texas at El Paso.
1998	Scholarship to study French at L’ Université Catholique de L’Ouest in Angers, FR.

### **Experience**

#### **Dona Ana County Health and Human Services** Las Cruces, NM

Mental Health Management Consultant 09/2013-08/2017

- Design a training program in Mental Health for rural community mental health agents.
- Write a Guide in Mental Health for community agents.

#### **Panamerican Health Organization / World Health Organization** El Paso, TX /Washington, D.C.

Mental Health Consultant 04/2011-08/2017

- Develop and implement a strategy to integrate Mental Health into Primary Health Care in the border region Mexico-USA.
- Design a training program in Mental Health and trained 400 community agents.
- Wrote a Mental Health Guide and Training Manual for community agents.
- Provide technical advice in the field of mental health for the US/Mexico border region.
- Provide technical cooperation on interventions, policies and training programs in the mental health network.

- Coordinate and organize training for mental health professionals in Posttraumatic Stress Disorder, Grieving process, sexual abuse, stress management, self-care, psychosocial support in crisis and emergencies and suicide prevention.
- Promote the implementation of programs of assistance to victims of violence their families and their community.
- Coordinate activities designed to produce, collect and analyze mental health data.

### *Research and Publications*

- Nuestras Emociones. Dona Ana Health and Human Services (2015).
- Guia del Promotor comunitario en Salud Mental. Organizacion Panamericana de la Salud (2013).
- Propuesta Bilateral para Reducir la Brecha en Salud Mental en la Frontera Mexico/Estados Unidos (2012).
- Thesis dissertation : Cinema as a tool in the therapeutic process of self-actualization in university students. (2010)