

Kaycee K. Carmignani, LMSW

El Paso, TX | (505) 620-1754
kaycee.k.carmignani@gmail.com
<https://orcid.org/0009-0008-8359-7303>

EDUCATION

Doctoral Student, Interdisciplinary Health Sciences Ph.D. Program 2025 - Present
The University of Texas at El Paso, College of Health Sciences
Mentor: Dr. Eva M. Moya

Master of Social Work 2024
The University of Texas at El Paso, Department of Social Work

Bachelor of Social Work 2023
The University of Texas at El Paso, Department of Social Work

KEY SKILLS

Social Work & Clinical Skills: Case management, biopsychosocial assessments, treatment planning, crisis intervention, and community outreach.

Research & Evaluation: Evidence-based intervention design, program evaluation, survey administration (REDCap), and data interpretation.

Project Management & Coordination: Planning and executing research projects, supervising graduate research assistants, and facilitating community advisory boards.

Data Analysis & Statistical Software: Proficient in SPSS for database management, descriptive statistics, hypothesis testing, confidence intervals, and univariate/bivariate analyses.

AWARDS AND HONORS

The University of Texas at El Paso

Graduate School Commencement Banner Bearer	May 2024
College of Health Sciences Commencement Banner Bearer	May 2023
College of Health Sciences Top Ten Outstanding Senior Award	May 2023
Kayla Villegas Community Engagement and Service Award	May 2023
Dean's List	2019 - 2023
Student Association of Social Workers Overachiever Award	2022

T-Mobile USA, Inc.

Apple Launch Overachiever Award	2017 - 2018
Best in Class New Hire – Office of the President	2016
In-Crowd Top 10 Award Recipient	2014 - 2015
Magenta Superhero Award (Q2, Q3)	2014

SCHOLARSHIPS

The University of Texas at El Paso

Texas Leadership Research Scholarship, \$18,770	2025-2026
Mark W. Lusk Social Justice Scholarship, \$1500	2023 - 2024
Sandy Tyler Endowed Fellowship, \$1000	2023 - 2024
STARS Scholarship Fund, \$5000	2022 - 2024
The Hospital of Providence Healthcare Scholarship, \$6000	2022, 2023, 2025
National Military Family Association Military Spouse Scholarship, \$2000	2022 - 2024
Social Work Research Initiative Stipend, \$10,000	2022 - 2023
UTEP Scholarship, \$850	2022 - 2023
EPCC Transfer Scholars in Health Sciences Scholarship, \$650	2022 - 2023
College of Health Sciences Scholarship, \$1500	2022 - 2023
Orville E. Egbert M.D. Endowed Student Support Fund, \$1500	2022
Mrs. Patty Shinseki Spouse Scholarship Program, \$7450	2021 - 2023
J. C. Fox Scholarship, \$1500	2021 - 2022
Georgie K. Schwartz Endowed Scholarship, \$2250	2019 - 2021

The University of New Mexico

Albuquerque Community Foundation Single Mother Scholarship, \$3000	2008
Bridge to Success Lottery Scholarship, \$4000	2005 – 2007

PUBLICATIONS

Re-Submission

1. **Carmignani, K.**, Salinas, J.J., Gay, J.L., Fraga, J., Meza, L., Bhandari, B., Parra-Medina, D., Yin, Z., Wang, J., & Buchholz, S. W. (2025). Development of the 50K4Life Walking Text Messaging Database for a Bilingual Mexican American Population.

In Review

1. Varpaei, H., Buchholz, S., Bhandari, B., Gay, J., **Carmignani, K.**, Wang, J., Kalyanaraman, S., & Salinas, J. (2025). Exploration of text messaging interventions within the Hispanic communities: Protocol for a scoping review.
<https://doi.org/10.2196/86032>

In Preparation

1. Buchholz, S., Salinas, J., Gay, J., Bhandari, B., **Carmignani, K.**, & Sender, J. Exploration of text message interventions within the Hispanic communities: Protocol.
<https://doi.org/10.17605/OSF.IO/Y58TD> (Expect to submit 2026).
2. Salinas, J.J., **Carmignani, K.**, Parra-Medina, D. The 50K4Life Study Community Advisory Board: Bridging Community with Research to Improve Walking Engagement in El Paso, Texas Public School Teachers. (Expect to submit 2026).

PRESENTATIONS

Mulla, Z., Gay, J., Yin, Z., Parra-Medina, D., Buchholz, S.W., Sapargeldyeva, M., Juarez, A., **Carmignani, K.**, Pal, K., Titelbaum, M., Lopez, V., Baker, L.J.E., & Salinas, S. (April 9, 2025). Perceptions of the benefits of exercise among school employees working on the Texas-Mexico border. Texas Tech of El Paso Institutional Research Symposium. El Paso, TX.

Carmignani, K., Meissner, C., & Martin, J. (April 19, 2024). The Opportunity Center for the Homeless - La Casa de Los Abuelitos. United Way of El Paso County. El Paso, TX.

Carmignani, K. (November 3, 2023). Re-Evaluation El Paso Collaborative of Rapid Re-housing Initiative. The Opportunity Center for the Homeless. El Paso, TX.

Delgado-Payne, S., Serrano, S., **Carmignani, K.**, Rascon, A., Morales, M., & Gutierrez, V. (May 2, 2023). Macro-level policy and initiative changes. Workforce Solutions Borderplex – Board of Directors. El Paso, TX.

ACCEPTED ABSTRACTS

Carmignani, K., Salinas, J., & Parra-Medina, D. (2025). *The 50K4Life Study Community Advisory Board: Bridging Community with Research to Improve Walking Engagement in El Paso, Texas Public School Teachers*. National Hispanic Science Network (NHSN) Conference, Miami, FL. (Accepted, not presented).

SERVICE TO THE UNIVERSITY OF TEXAS AT EL PASO

Couri Summer Symposium Student Poster Presentations

Judge

Summer 2025

Social Welfare Policy & Social Service II Student Poster Presentations

Judge

Spring 2025

National Association of Social Workers – Texas Annual State Conference

Exhibitor

Fall 2024

EDUCATION-RELATED TRAINING

University of Texas at El Paso

LCSW Supervision Program, Department of Social Work

In Progress

Interprofessional Education: Social Work in an Education Setting

April 2024

Interprofessional Education: Refugee Case

June 2023

New Mexico State University – Global Campus

Introduction to Grant Writing

In Progress

National Institute of Health – Office of Clinical Research Education and Collaboration Outreach

Introduction to the Principles and Practice of Clinical Research (IPPCR) In Progress

Google Coursera Learning

Google Data Analytics In Progress

Google Project Management 2025

Collaborative Institutional Training Initiative (CITI)

Undue Foreign Influence: Risks and Mitigations 2025 – 2028

Social, Behavioral, and Education Sciences Responsible Conduct of Research 2025 – 2028

Human Subjects Research - Refresher 2024 – 2027

Human Subjects Research – Basic 2021 – 2024

University of Colorado – Anschutz Medical Campus, College of Nursing

Motivational Interviewing for Health Behavior Change September 2024

National Council of Behavioral Health

Adult Mental Health First Aid 2023 - 2026

Texas Tech University Health Sciences Center

Cultivating Adolescent & Young Adult Mental Health and Well-Being November 2023

Substance Use Disorders June 2023

Emergency Preparedness in Communities February 2023

VOLUNTEER SERVICE**ONWARD OPS, VA Veteran Sponsorship Initiative**

Military transition and support 2025- present

Kelly Memorial Food Pantry

Food organization and distribution 2022 - present

The Opportunity Center for the Homeless

Case management, resource allocation, and community referrals 2022 – present

Home-free Outreach Prevention and Education (HOPE+)

Student volunteer 2021 - present

DOROT USA

Donated homemade greeting cards to senior citizens in New York, NY 2020 - present

Volunteer Houston

Donated homemade greeting cards to senior citizens in Houston, TX 2020 - present

Operation Gratitude

Community Service Credit Program (Paracord Bracelets/Letter Writing) 2020 - present

Cards for Hospitalized Kids

Donated homemade greeting cards to hospitalized and terminally ill kids 2020 - present

Humane Society of El Paso

Kennel Assistant/ Animal Handler

2019

Family Readiness Group (FRG)

Mutual support and assistance to soldiers and their families

2018 - 2024

AFFILIATIONS

Phi Alpha Honor Society for Social Work, Member	2023 - present
National Association for Social Workers, Member (ID No. 886897778)	2023 - present
National Alliance on Mental Illness, Member	2022 - present
Student Association of Social Workers, Member-Board Member	2021 - 2023

PROFESSIONAL LICENSURE

Licensed Master Social Worker State of Texas, License # 115312	Valid through June 30, 2027
--------------------------------------------------------------------------	-----------------------------

PROFESSIONAL EXPERIENCE

Centro De Salud Familiar La Fe, Inc., El Paso, TX Mental Health Clinician	September 2025 – Present
-------------------------------------------------------------------------------------	--------------------------

- Accumulating hours (3000) toward LCSW Supervision.
- Conducted biopsychosocial assessments, treatment planning, and crisis intervention.
- Developed therapeutic resources to support individualized treatment plans.
- Collaborated with a multidisciplinary team to serve low-income and underserved populations.

The University of Texas at El Paso, El Paso, TX Research Technician II	June 2024 – August 2025
----------------------------------------------------------------------------------	-------------------------

- Evaluated and synthesized research articles to guide a walking intervention study, ensuring methodological rigor and alignment with the SMART Design approach.
- Developed and implemented evidence-based intervention strategies and created scripts and protocols for individual coaching and group interventions informed by Motivational Interviewing techniques.
- Collaborated with researchers, clinicians, and government entities nationwide to share insights, coordinate efforts, and advance research initiatives concerning health disparities in underrepresented groups along the U.S.–Mexico border.
- Facilitated Community Advisory Board meetings to develop a culturally competent database as an intervention method and basis for a manuscript.
- Completed participant eligibility screenings and administered surveys using REDCap for data collection; performed baseline measurements and participant outreach efforts.
- Supervised and mentored graduate research assistants, guiding project tasks, ensuring adherence to research protocols, and fostering professional development.

The Opportunity Center for the Homeless, El Paso, TX August 2023 – May 2024
Social Work Intern

- Researched grants to secure funding: veteran transitional living, elderly home-free males
- Developed activities and programming for 30+ clientele using art therapy and health promotion.
- Implemented a Community Intervention Project for migrants in mobility.
- Managed casework by identifying and connecting vulnerable populations with beneficial resources, advocated for local services, and dedicated to healthcare outreach initiatives.

Conifer Health Solutions, El Paso, TX July 2023 – September 2023
Patient Access Rep II

- Completed full patient registration at the date of service.
- Adhered to policies and procedures regarding financial transactions.
- Explained legal forms and handled protected health information appropriately.
- Educated patients on their rights and responsibilities; verified insurance coverage and benefits.

Workforce Solutions Borderplex, El Paso, TX August 2022 – May 2023
Social Work Intern

- Engaged with the community to conduct outreach research to increase pathways to employment.
- Evaluated policy and program review for program development for Child Care Subsidy.
- Established framework for Children, Outreach, and Early Childhood Education Program Development for Socio-behavior curriculum.
- Participated in team meetings and conducted community presentations with the Board of Directors.

T-Mobile USA, Inc., Albuquerque, NM October 2012 – November 2018
Customer Relations Specialist

- Collaborated with FCC to determine eligibility for low-income customers with the Lifeline program.
- Improved operational efficiency and customer service experience by completing research on devices within the Office of the President.
- Proactively addressed and resolved complaints for highly escalated customers, ensuring prompt resolution and maintaining an average customer satisfaction rating of 96%.
- Managed over 200 customer interactions per day.

Black Mesa Coffee Company, Albuquerque, NM July 2007 – October 2012
Customer Service/Catering Specialist/Ordering and Receiving

- Built and maintained effective working relationships with internal and external customers, collaborating with airline carriers to coordinate catering services.
- Maintained and followed Transportation Security Administration (TSA) guidelines for stringent airport security requirements.
- Applied ServSafe certification knowledge to maintain high food safety and hygiene standards with merchandise deliveries.
- Managed bank deposits accurately and securely according to company policies.

McDonald's LPG, Albuquerque, NM
Swing Manager

June 2004 – September 2006

- Oversaw shift operation, ensuring smooth workflow and adherence to standards.
- Led and motivated crew members, assigned tasks, created weekly schedules and submitted inventory orders for delivery.
- Addressed operational issues to minimize service disruption; executed register operations and daily deposits.
- Trained new employees ensuring policy adherence and regulatory requirements with food handling and preparation.
- Promoted exceptional customer service skills by handling inquiries and complaints promptly.