

# Progress Checklist

*\*\*\*Based on requirements for Texas Tech University MAT Program\*\*\**

*UTEP Kinesiology is currently applying for a Masters of Science in Athletic Training Program.  
Target start date for the first cohort is May 2025*

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- **Completed Bachelors Degree**
- **Prerequisite Coursework.** These courses will be identified in the degree plan example
- **GPA:** Minimum 3.0 to be considered. \*Please note: The average GPA accepted will be higher.
- **Observation Hours:** Minimum of 50 hours observation under an ATC or LAT
- **2 Letters of Recommendation:** Make sure that 1 of these is from ATC or LAT
- **Complete Online Application to the school**
- **Pay Application Fee:** \*Please note: This value varies based on the individual school. TT=\$75
- **Send official Transcripts to the University**
- **Take the GRE exam.** \*Please note: This varies based on different program requirements. Students need to confirm if this is needed at each individual program
- **Statement of Purpose Essay.** The essay should include a self-introduction and an explanation of the applicant's interest in the Master of Athletic Training program. Included should be a discussion of how the AT program can help the applicant reach his/her personal goals.

## **The purpose of this degree plan example is to:**

- Highlighted required prerequisite courses that must be taken if you plan on applying to an AT program
- Suggest specialized KIN elective courses that will best prepare you as a future clinician
- Provide you with the most time efficient order to take the classes in

## Fall Semester I

Course Number	Course Title	Hrs.
***BIOL 1305***	General Biology	3
***BIOL 1107***	Topics in Study of Life	1
KIN 1303	Foundations of Kinesiology	3
RWS 1301	Rhetoric and Composition 1	3
Math 1508	Precalculus	3
UNIV 1301	Critical Inquiry	3
		16

\*\*\* = TT MAT prerequisite

## Spring Semester I

Course Number	Course Title	Hrs.
***BIOL 2311***	Human Anat.& Phys. I	3
***BIOL 2111***	Human Anat.& Phys. I Lab	1
***PSYC 1303***	Statistical Methods	3
HIST 1301	History of the US to 1865	3
RWS 1302	Rhetoric & Composition 2	3
HSCI 2302	Fundamentals of Nutrition	3
		16

\*\*\* = TT MAT prerequisite

## Fall Semester II

Course Number	Course Title	Hrs.
***BIOL 2113***	Human Anat.&Phys. II	3
***BIOL 2313***	Human Anat.&Phys. II Lab	1
KIN 3303	Hist, Socio, Phil of Sport & PA	3
POLS 2310	Introduction to Politics	3
***PSYC 1301***	Introduction to Psychology	3
COMM 1301	Public Speaking	3
		16

\*\*\* = TT MAT prerequisite

## Spring Semester II

Course Number	Course Title	Hrs.
***PHYS 1403***	General Physics I	4
POLS 2311	American Government & Politics	3
HIST 1302	History of the US Since 1865	3
KIN 3313	Assessment & Evaluation	3
KIN 3331	Anatomical KIN	3
		16

\*\*\* = TT MAT prerequisite

## Fall Semester III

Course Number	Course Title	Hrs.
***CHEM 1305***	General Chemistry I	3
***CHEM 1105***	General Chemistry Lab I	1
KIN 3332	Motor Behavior	3
KIN 2315	Intro to Athletic Training	3
PHIL 2306	Ethics	3
DANC 1304	Dance Appreciation	3
		16

\*\*\* = TT MAT prerequisite

## Spring Semester III

Course Number	Course Title	Hrs.
CHEM 1306	General Chemistry II	3
CHEM 1106	General Chemistry Lab II	1
***KIN 4312***	Exercise Physiology	3
	General Elective	3
``RWS 3359``	Technical Writing	3
		13

\*\*\* = TT MAT prerequisite

`` = TT MAT recommended course

*Note: Additional KIN classes are acceptable  
in the general electives section*



## Fall Semester IV

Course Number	Course Title	Hrs.
KIN 4301	Personal Training	3
KIN 4314	Special Populations	3
KIN 4350	Internship (Athletic Training)	3
	General Elective	3
***KIN 4313***	Biomechanics	3
		15

\*\*\* = TT MAT prerequisite

*Note: Additional KIN classes are acceptable  
in the general electives section*

## Spring Semester IV

Course Number	Course Title	Hrs.
KIN 4315	Advanced Athletic Training	3
KIN 4330	Exercise Prescription & Programming	3
	General Elective	3
	General Elective	3
		12

*Note: Additional KIN classes are acceptable  
in the general electives section*