

Practicum Activity Log

The following is an example of a Practicum Activity Log. It must at minimum identify the number of direct and indirect service hours.

Practicum Activity Log

Name _____

Enter number of hours engaged in various activities during the week:

Week of _____	Individual Client Contact		Group Counseling Interview	Other Activities	Total Hours
	Client ID	# of Hours			
Monday					
Tuesday					
Wednesday					
Thursday					
Friday					
Total Hours					

Microskill Matrix

Portion Where you feel you did well					
Counseling Interventions	#	NI	A	VG	NO
*Open-ended questions					
*Closed questions					
*Paraphrases					
*Reflection of feelings					
*Summarizations					
*Interpretations					
*Confrontations					
*Counselor self-disclosure					
*Tuning into nonverbal body language					
*Information giving					
Use of silence					
Use of motivational interviewing/stage of change					
Problem ID					
Mutual goal setting					

Portion Where you feel you could improve					
Counseling Interventions	#	NI	A	VG	NO
*Open-ended questions					
*Closed questions					
*Paraphrases					
*Reflection of feelings					
*Summarizations					
*Interpretations					
*Confrontations					
*Counselor self-disclosure					
*Tuning into nonverbal body language					
*Information giving					
Use of silence					
Use of motivational interviewing/stage of change					
Problem ID					
Mutual goal setting					

Use of homework assignments/exercises					
Psychoeducation					
Other (e.g. use of humor, empty chair, role playing, counseling theories)					
Therapeutic climate/alliance					
Overall empathy					

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= Number of Times Microskills Used; NI = Needs Improvement; A = Acceptable; VG = Very Good; NO = Not Observed

Practicum Case Presentation Format

As part of the practicum experience, you will be required to present a case overview on one of your clients. You need to prepare a concise case analysis or interview summary concerning a counseling session or sessions with a client. All procedures to ensure confidentiality must be maintained. You will present the information verbally but can also provide each group member with a written form of the presentation as well. The presentation can also include a short portion of a tape that provides an example of the area of concern.

Group members can not interrupt the presentation but are encouraged to write down specific questions.

Request for Help: Make a specific “request for help” statement. “I need help from the group with...” The focus of the request may be assistance with a wide range of issues such as defining the presenting problem, selecting an appropriate intervention strategy, goal establishment, etc.

Question Period: Using a round-robin approach, each group member may ask the presenter one specific question to clarify the request for help, secure additional information about the client, or resolve any misconceptions acquired during the presentation. Group members may pass their turn if they have no specific questions.

Feedback: Group members respond to the presenter’s request for help by stating how they would respond to the situation, problem, client etc. “If this were my client, I might try...” Each group member must limit themselves to one suggestion per turn. Again, group members may pass if they have no specific suggestions.

During the feedback procedure, the presenter may not make comments, but is encouraged to take notes.

Following the feedback period, we will take a brief break to let the presenter compose their thoughts and review the feedback.

Response: Following the brief break, the group members will remain silent and the presenter will briefly identify the suggestions they believe will be most helpful and why and outline a brief plan of action.

