

CURRICULUM VITAE

Ximena Burgos Monzon, Ph.D.

BUSINESS ADDRESS: 500 West University Ave. El Paso, TX 79968

ACADEMIC PREPARATION:

<u>Institution</u>	<u>Location</u>	<u>Degree</u>	<u>Date</u>	<u>Major</u>
The University of Texas at El Paso	El Paso Texas, USA	Postdoctoral fellowship	10/ 2013 – 03/2014	
The University of Texas at El Paso	El Paso Texas, USA	Doctoral in Interdisciplinary Health Sciences	2008 – 2013	Interdisciplinary Health Sciences
The University of Texas at El Paso	El Paso Texas, USA	Master in Sciences in Health Promotion	2005-2008	Health Promotion
Universidad Autonoma de Ciudad Juarez	Cd. Juarez, Chihuahua Mexico	Bachelors in Sciences in Nutritional Sciences	1999-2004	Nutrition

PROFESSIONAL EMPLOYMENT:

<u>Employer</u>	<u>Location</u>	<u>Position</u>	<u>Date</u>
The University of Texas at El Paso	El Paso Texas, USA	Full time lecturer Department of Public Health	2015 – Present
The University of Texas at El Paso	El Paso Texas, USA	Part Time lecturer Department of Public Health	08/2013 – 12/2014
The University of Texas at El Paso	El Paso Texas, USA	Postdoctoral research assistant	10/2013 – 03/2014
The University of Texas at El Paso	El Paso Texas, USA	Doctoral research associate	2012 – 2013

The University of Texas at El Paso	El Paso Texas, USA	Graduate research associate	2008 – 2011
The University of Texas at El Paso	El Paso Texas, USA	Graduate teacher assistant	2007 – 2008
The University of Texas at El Paso	El Paso Texas, USA	Graduate research assistant	2005 – 2007

HONORS, AWARDS, HONORARY SOCIETIES:

- 2011 – 2012 Interdisciplinary Health Sciences Ph.D. Program, Doctoral Student award, The University of Texas at El Paso
- 2010 – 2011 Allien & Paul C. Davidson Scholarship, Research Award, College of Health Sciences, The University of Texas at El Paso
- 2010 Research Award, Graduate School, The University of Texas at El Paso
- 2005 – 2007 Jimmy and Yolanda Janecek Scholarship award, College of Health Sciences, The University of Texas at El Paso
- 2006 Research Award, College of Health Sciences, The University of Texas at El Paso
- 2000 – 2004 Academic Achievement- Honor student scholarship, Instituto de Ciencias Biomédicas, Universidad Autónoma de Ciudad Juárez
- 2002 – 2004 Programa Verano de Investigación, Universidad Autonoma de Ciudad Juárez; Academia Mexicana de Ciencias

PROFESSIONAL CERTIFICATION:

SCHOLARLY AND CREATIVE ACTIVITIES:

Publications

Balcazar, H.G., de Heer, H.D., Wise-Thomas, S., Redelfs, A., Rosenthal, E.L., **Burgos, X.**, & Duarte, M.O. (2015). Promotoras can facilitate use of recreational community resources: the Mi Corazón Mi Comunidad cohort study. *Health Promotion Practice*; DOI: 10.1177/1524839915609060

Balcazar, H. Wise, S. Redelfs, A. Rosenthal, L. DeHeer, D. **Burgos, X.** Duarte-Gardea, M. (2014) Perceptions of Community Health Workers (CHWs/PS) in the U.S.-Mexico

Border HEART CVD Study. *Int. J. Environ. Res. Public Health* 11(2), 1873-1884; doi:[10.3390/ijerph110201873](https://doi.org/10.3390/ijerph110201873)

Duarte-Gardea M, **Burgos-Monzon X**. (2014). Fruit and vegetable intake among low-income overweight and obese Hispanic adults. *J Acad Nutr Diet*. September 2014 Supplement 2. ISSN 2212-2672

Duarte-Gardea M, **Burgos, X**, Balcazar H, Braham S. (2014). Self-efficacy for healthy eating of Hispanics participating in a lifestyle intervention. *FASEB J*. Abstract 806.3

Burgos X, Tomaka J, Balcazar H, Duarte-Gardea M. (2014). Dietary patterns and their association with cardiovascular disease risk factors in Mexican origin adults living in the U.S. Mexico border. *Circul*. American Heart Association. Abstract P173.

Vella, C. A., **Burgos, X.**, Ellis, C. J., Zubia, R. Y., Ontiveros, D., Reyes, H., & Lozano, C. (2013). Associations of insulin resistance with cardiovascular risk factors and inflammatory cytokines in normal-weight Hispanic women. *Diabetes Care*, 36(5), 1377-1383. doi:10.2337/dc12-1550

Burgos, X, Tomaka, J, Balcazar, H, Duarte-Gardea, M. Characterization of dietary patterns and its association with demographic and socioeconomic factors in a low-income community of Hispanics Living in the U.S. Mexico Border. (In Preparation for review on *The International Journal of Food & Nutritional Science*).

Published Abstracts and Presentations (citations following APA format)

Duarte-Gardea, Maria, **Burgos, Ximena**. Fruit and vegetable intake among low-income overweight and obese Hispanic Adults. Accepted for presentation at the 2014 Foods and Nutrition Conference and Exposition (FNCE). October 21, 2014. Atlanta, Georgia.

Duarte-Gardea, Maria, **Burgos, Ximena**, Balcazar Hector, Braham Sandra. Self-efficacy for healthy eating of Hispanics participating in a lifestyle intervention. 2014 Experimental Biology Conference. San Diego, California April 26 – 30, 2014.

Burgos, X., Tomaka, J., Balcazar, H., Duarte-Gardea, M. Dietary patterns and their association with cardiovascular disease risk factors in Mexican Origin Adults living in the U.S. Mexico Border. Submitted to present at the American Heart Association. Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2014 Scientific Sessions. San Francisco, CA. Mar. 18 - 21, 2014

Vella CA, **Burgos-Monzón X**, Ellis CJ. Increased Cardiovascular Disease Risk Factors in Young Hispanic Women at The High-End of Normal-Weight Body Mass Index. Submitted to Present at the American Heart Association. Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2014 Scientific Sessions.

Green A, **Burgos-Monzón X**, Ellis CJ, Ontiveros D, Zubia RY, Vella CA. Dietary Fructose is Associated with TNF-alpha and Insulin Resistance in Normal-weight,

Hispanic Women. Submitted to present at the American College of Sports Medicine National Meeting 2012.

Vella CA, **Burgos-Monzón X**, Ellis CJ, Ontiveros D, Zubia RY, Sheid CE. Associations of Insulin Resistance with Cardiovascular Risk Factors and Inflammatory Cytokines in Normal-weight, Hispanic Women, *Med Sci Sport Exer* 2011; 43(5), 459-460.

Burgos-Monzon X, Vella CA, Lozano C, Ellis C, Reyes H, Cruz M. Insulin resistance and non- alcoholic fatty liver disease in Hispanic youth, *Obesity* 2010; Volume 18, Issue n2s.

Vella CA, **Burgos X**, Lozano C, Reyes H, Ellis CJ, Ontiveros D. Adiposity is related to cardiovascular disease risk factors in young, normal-weight Hispanic women, *Obesity* 2009; 17(2), S199.

Third Annual Texas Tech University Health Sciences Center Paul L. Foster School of Medicine Research Colloquium, El Paso, TX, May 2009. "Association between body fatness and cardiovascular disease risk factors in normal-weight Hispanic Women"

US/Mexico Health Research Conference, El Paso, TX, September 2008. Poster presentation "*Association of overweight and obesity with inflammation and blood pressure in U.S.-Mexico Border elementary school children*"

Weigel MM, Armijos RX, Ávila A, **Burgos-Monzón X**, Martínez LJ. In-vitro study of the antileishmanicidal activity of nanosilver. Proceedings, 11th International Congress of Parasitology, 2006. (abstract).

Armijos RX, Weigel MM, **Burgos-Monzon X**, Ávila A. DNA vaccine candidate for Leishmania Mexicana. Proceedings, 11th International Congress of Parasitology, 2006. (Abstract)

Weigel MM, Armijos RX, Chacon R, González M, **Burgos-Monzon X**, Ávila A, Montelongo C, Beltrán O, Araujo Y, Álvarez JL. Overweight and early food introduction increase atopy risk in U.S.-Mexico border schoolchildren. Proceedings, 11th World Congress of Public Health, 2006. (Abstract)

Weigel MM, Armijos RX, Chacon R, Alvarez JL, Gonzalez M, **Burgos-Monzon X**, Montelongo C, Araujo Y., Beltran O. Overweight, C-reactive protein, and elevated blood pressure in young U.S.-Mexico border schoolchildren. Proceedings, 11th World Congress of Public Health Proceedings, 2006. (Abstract)

Invited Scholarly Presentations

Burgos-Monzón, X. (2014). Intervención de Promotores de Salud para prevenir factores de riesgo de enfermedades del corazón. Jornadas Académicas de Nutrición. Universidad Autónoma de Ciudad Juárez. October 2014. Invited Keynote speaker.

Burgos-Monzón, X.(2013). Rol del Nutriólogo en la Investigación. Universidad Autonoma de Ciudad Juárez, México. Jornadas Académicas de Nutrición. January 2013. Invited Keynote Speaker

Burgos-Monzón, X. (2013). El Rol Mediador de los Patrones de Alimentación en la Relación entre niveles de Aculturación, factores psicosociales y factores de riesgo de enfermedades cardiovasculares en la frontera México-Estados Unidos. IV Jornadas Academicas de Nutricion. October 2013. Invited Speaker

PROFESSIONAL AND COMMUNITY SERVICE:

Department of Public Health Sciences Service

Wellness Ambassador, Department of Public Health Sciences January 2015 – May 2017

Community service

Volunteer, Ventanilla de Salud, Consulado General de Mexico en El Paso January – May 2013

Membership in Professional Organizations

Member of the American Heart Association/American Stroke Association. January 2014.

Member of the Obesity Society. August 2010-2011.

EDUCATIONAL / SERVICE GRANTS

College of Health Sciences and Graduate School

Role: PI

Title: *Metabolic Syndrome and Carotid-Intima Media Thickness in Young, Hispanic Women*

Total funding: \$3,200

Date: February to August 2010