Series of Four Workshops

Workshop #1

Building an Exercise Toolbox for Your Patients or Clients with Obesity

WHO:
Clinical and community-based allied health and fitness professionals

WHERE:
UTEP Health Science and School of Nursing Building, Room 217

*WORKSHOP #1 ADMISSION:
Free
*Lecture, dinner and book included
Space is limited, so register early

REGISTER AT:
https://www.eventbrite.com/e/building-an-exercise-toolbox-for-your-patients-or-clients-with-obesity-w1-tickets-49135324077

WHAT:
Participants will gain basic knowledge of:

- Safe and effective exercise prescriptions
- Goals, considerations and health outcomes applicable to clinical, home-based, and community settings
- Professional network and referral opportunities in the El Paso region.

WHEN:
1st workshop Wed, October 3, 2018
@ 5:00 pm - 8:00 pm

Questions? Contact Vianay Lopez
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For more info, visit www.pdnihl.org