

Bachelor of Science in Kinesiology with Human Fitness and Performance Concentration (BS-KIN/HUFP)

Student Name _____

2019 - 2020 University Core

All courses used to satisfy the core curriculum must be completed with a C or better.

	Hrs	Grade
1. Communication (6 Hrs)	3	
RWS 1301 Rhetoric and Composition 1 OR ESOL 1311 Expos Engl Compos-Sprk Est prereq for RWS 1301: ENGL 0311 or placement by exam prereqs for ESOL 1311: ESOL 1406 and ESOL 1309 or placement by exam		
RWS 1302 Rhetoric and Composition 2 or ESOL 1312 Res&Crit Writ-Sprk ESL or ENGL 1313 Writ abt Lit prereqs for RWS 1302 and ENGL1313: RWS 1301 prereqs for ESOL 1312: ESOL 1311 and ESOL 1310	3	
2. Mathematics (3 Hrs) - MATH1508 preferred		
MATH 1320 Math for Soc Sci or higher prereq: MATH 0311 or placement by exam	3	
3. Life and Physical Sciences (6 Hrs + 2 Hrs for labs below)		
BIOL 1305 General Biology (BIOL 1107 lab listed below) prereqs: MATH 0311 or higher, or placement by exam	3	
BIOL 2311 Human Anat./Phys. I (BIOL 2111 lab listed below) prereqs: BIOL 1305/1107 both w/ C or better or ZOOL 2406	3	
4. Language, Philosophy, & Culture (3 Hrs) - PHIL2306 suggested		
Select one 3 credit hour course: ENGL 2311, 2312, 2313, 2314, 2318, FREN 2322, HIST 2301, 2302; PHIL 1301, 2306, RS 1301, SPAN 2340, or WS 2300, 2350. prereqs for ENGL 2311, 2312, 2313, 2314, and ENGL 2318: RWS 1302 or ENGL 1313 or ESOL 1312	3	
5. Creative Arts (3 Hrs) - DANC1304 suggested		
Select one 3 credit hour course: ART 1300, ARTH 1305, 1306; DANC 1304, MUSL 1321, 1324, 1327 THEA 1313, FILM 1390	3	
6. American History (6 Hrs)		
HIST 1301 History of the US to 1865	3	
HIST 1302 History of the US Since 1865	3	
7. Government/Political Science (6 Hrs)		
POLS 2310 Intro to Politics	3	
POLS 2311 American Gov. and Politics must include TX gov.	3	
8. Social and Behavioral Sciences (3 Hrs) - PSYC1301 suggested		
Select one 3 credit hour course: ANTH 1301, 1302; CE 2326; COMM 2350, 2372; ECON 2303, 2304; EDPC 1301; EDU 1342; LING 2340; PSYC 1301; SOCI 1301; LING/ANTH/ENGL 2320, ANTH/GEOG/SOCI 1310	3	
9. Component Area Option (6 Hrs) - UNIV1301 and COMM1301 suggested		
Select two 3 credit hour courses: BUSN 1301, COMM 1301, COMM 1302, CS1310, CS1320, SCI1301, UNIV1301	3	
	3	
Total	42	

Program Prerequisites - Must be completed w/ C or better	Hrs	Grade
BIOL 1107 Topics in Study of Life I Lab prereqs: MATH 0311 or higher, or placement by exam	1	
BIOL 2111 Anat./Phys. I Lab prereqs: BIOL 1305/1107 or ZOOL 2406	1	
BIOL 2313/2113 Human Anat./Phys. II w/ Lab prereqs: BIOL 1305/1107 both w/ C or better or ZOOL 2406	4	
CHEM 1407 Intro Chem or CHEM1305/1105 Gen Chem prereq for CHEM1407: MATH 0311 or higher, or placement by exam prereq for CHEM1305/1105: MATH1508 (can be taken concurrently)	4	
CHEM 1408 Intro Chem or CHEM1306/1106 Gen Chem prereq for CHEM1408: CHEM 1407 prereqs for CHEM1306/1106: CHEM1305/1105 & MATH1508, all w/ C or better	4	
HSCI 2302 Fundamentals of Nutrition prereq: BIOL 1305 w/ C or better	3	
PHYS 1403 General Physics I prereq: MATH 1320, MATH 1508, or MATH 1411, all w/ C or better	4	
PSYC 1303 Statistical Methods prereq: MATH 1320, MATH 1508, or MATH 1411, all w/ C or better	3	
Total	24	

CHS Academic Advisor _____

Date _____

Updated _____ Advisor/Notes _____

UTEP ID# _____

CHS Website: <http://www.utep.edu/chs/>KIN Website: <http://www.utep.edu/chs/kinesiology/>

Kinesiology Core Courses	Hrs	Grade
KIN 3303 History, Sociology, & Philosophy of Sport and PA prereqs: RWS 1301 or equivalent, RWS 1302 or equivalent, MATH 1320 or higher, BIOL 1305/1107, and BIOL 2311/2111, all with C or better Application to KIN Core & Prof. Sequence will be completed in KIN3303. KIN3303 must be completed with a grade of C or better.	3	
KIN 3313 Assessment and Evaluation prereqs: KIN 3303 & PSYC 1303 or STAT2480, both with C or better, admission to KIN core & prof. sequence, dept. approval	3	
KIN 3331 Anatomical Kinesiology prereqs: KIN 3303 with C or better, admission to KIN core & prof. sequence, dept. approval	3	
KIN 3332 Motor Behavior prereqs: KIN 3303 with C or better, admission to KIN core & prof. sequence, dept. approval	3	
KIN 4312 Exercise Physiology prereqs: KIN 3303, BIOL 2313/2113, HSCI2302, all with C or better admission to KIN core & prof. sequence, dept. approval	3	
KIN 4313 Biomechanics prereqs: KIN 3303 with C or better, KIN 3331, PHYS 1403 with C or better, admission to KIN core & prof. sequence, dept. approval	3	
Total	18	

Human Fitness & Performance Professional Courses	Hrs.	Grade
KIN 4238 Group Exercise Techniques prereqs: KIN 3303, 3313, 3331, and 4312; dept. approval	2	
KIN 4301 Personal Training prereqs: KIN 3303 and 3331; dept. approval	3	
KIN 4340 Scientific Principles of Strength & Conditioning prereqs: KIN 3303 and 4312; dept. approval	3	
KIN 4341 Practical Applications of Strength & Conditioning prereqs: KIN 3303, 3331, and 4312; dept. approval	3	
KIN 4345 Strength & Cond. Program Design & Periodization prereqs: KIN 3303, 3331, and 4312; dept. approval	3	
KIN 4351* Internship in Human Fitness and Performance prereqs: KIN 3303, 4238, 4301, 4340, 4341, 4345, and 4442; dept. approval	3	
KIN 4442 Geriatric Fitness Programming prereqs: KIN 3313, KIN 3331, KIN 4312, KIN 4340, KIN 4341, dept. approval	4	
Total	21	

Elective Courses: Select a total of 15 credits

Students may choose from KIN elective courses, general electives, or minor requirements.

A minor requires a **minimum** of 18 credits.

	Hrs.	Grade
	3	
	3	
	3	
	3	
	3	
	3	
	3	
	3	
	3	
Total	15	

Suggested Elective Courses:

HSCI 3322 Sports Nutrition	KIN 4344 Coronary Intervention Programs
KIN 2315 Intro to Athletic Training	KIN 4350 Internship*
KIN 3325 Research Methods in KIN	KIN 4366 Directed Study
KIN 3333 Motor Development	KIN 4390 Independent Study
KIN 4314 Special Populations	
KIN 4323 Current Issues in Ex Sci	MS KIN Fast Track Students Only: Select 9 credits from: KIN5361, 5371, 5372, 5373, 5374, 5375
KIN 4330 Exercise Presc. & Prog.	
KIN 4331 Clinical Exercise Phys.	

Consult catalog for descriptions & pre-reqs: <http://catalog.utep.edu/undergrad/course-descriptions/>***Clinical Compliance:** Students who enroll in KIN 4350 and KIN 4351 may need to meet Clinical Compliance Requirements: <http://www.utep.edu/chs/compliance/>

Total Required Degree Plan Hours 120

Updated:

CGPA ---

KIN GPA ---

Minor GPA ---

TOTAL TRANSFER HOURS

 Cumulative GPA (CGPA) must be
2.50 or higher to apply to and remain
in KIN core/professional sequence.
University Graduation Requirements

All university core prerequisite classes must be completed with a C or better.

All required freshman level courses specific to your degree plan must be completed prior to earning 90 semester hours.

A minimum of 30 semester hours must be completed at UTEP.

12 of the last 30 semester hours must be completed at UTEP.

12 hours of advanced courses must be completed within 3 years of graduation.

Minimum cumulative grade point average to earn KIN degree is 2.50.

Minimum grade point average to earn a minor is a 2.0 in the minor subject GPA.

A maximum of 66 semester hours of credit from two-year institutions is applicable toward a degree at UTEP.

catalog.utep.edu/undergrad/academic-regulations/general-requirements-for-undergraduate-degrees/