

**BS in Kinesiology with Human Fitness & Performance (HUF) concentration**

**SAMPLE 4-YEAR PLAN for 2020-21 Catalog**

Year 1	Fall		Spring		Summer	
	Course	Credits	Course	Credits	Course	Credits
	BIOL 1305 + BIOL 1107	4	BIOL 2311 + BIOL 2111	4		
	Component Core (UNIV 1301)	3	Creative Arts Core (DANC1304)	3		<i>optional - use if you want to</i>
	HIST 1301	3	HIST 1302	3		<i>take lighter load in FA/SP</i>
	MATH option (1320, 1508, or 1411)	3	RWS 1302	3		
	RWS 1301	3	Soc/Beh Sci Core (PSYC1301)	3		
	Semester Total:	16	Semester Total:	16	Semester Total:	0

Year 2	Fall		Spring		Summer	
	Course	Credits	Course	Credits	Course	Credits
	BIOL 2313 + BIOL 2113	4	CHEM 1308/1108 or 1306/1106	4		
	CHEM 1307/1107 or 1305/1105	4	HSCI 2302	3		<i>optional - use if you want to</i>
	Component Core (COMM 1301)	3	KIN 3303	3		<i>take lighter load in FA/SP</i>
	POLS 2310	3	PSYC 1303	3		
			POLS 2311	3		
	Semester Total:	14	Semester Total:	16	Semester Total:	0

Year 3	Fall		Spring		Summer	
	Course	Credits	Course	Credits	Course	Credits
	KIN 3313	3	KIN 4301	3		
	KIN 3331	3	KIN 4313	3		<i>optional - use if you want to</i>
	KIN 3332	3	KIN 4341	3		<i>take lighter load in FA/SP</i>
	KIN 4312	3	KIN 4440	4		
	PHYS 1403	4	Lang/Phil/Cult Core (PHIL2306)	3		
	Semester Total:	16	Semester Total:	16	Semester Total:	0

Year 4	Fall		Spring	
	Course	Credits	Course	Credits
	ELECTIVE	3	ELECTIVE	3
	HSCI 3322	3	ELECTIVE	3
	KIN 4442	4	KIN 4317	3
	KIN 4445	4	KIN 4351	3
	Semester Total:	14	Semester Total:	12

Total Cumulative Credits: 120

NOTE: This plan is just one example of how to complete the degree requirements in 4 years. Students do not need to follow this exact plan. Speak with an advisor if you have any questions.