Bachelor of Science in Kinesiology with Human Fitness, Performance, and Strength & Conditioning Concentration (BS-KIN/HUFF)

2021-2022 University Core

All courses used to satisfy the core curriculum must be completed with a C or better.

1. Communication (6 Hrs)
   - RWS 1301 Rhetoric and Composition 1 OR
   - ESOL 1311 Expos Engl Comps-Spkr Esl
     prerequisite for RWS 1301: ESL 0911 or placement by exam
   - RWS 1302 Rhetoric and Composition 2 or
   - ESOL 1312 Res&Crit Writ-Spkr ESL or ENGL 1313 Writ abt Lit
     prerequisite for RWS 1302 or ENGL 1313: RWS 1301

2. Mathematics (3 Hrs) - MATH1508 preferred
   - MATH 1320 Math for SS or Higher (MATH 1506 or MATH 1411)
     prerequisite: MATH 0911 or placement by exam

3. Life and Physical Sciences (6 Hrs + 2 Hrs for labs below)
   - BIOL 1305/1107 General Biology w/ Topics in Study of Life I Lab
     prerequisite: MATH 0911 or placement by exam
   - BIOL 2311/2211 Human Anat./Phys. I w/ Lab
     prerequisite: BIOL 1305/1107 or C or better or ZOOL 2406

4. Language, Philosophy, & Culture (3 Hrs)
   - Select one 3 credit hour course:
     - CHC 2302, ENGL 2311, 2312, 2313, 2314, 2318, FREN 2322,
     - HIST 2301, 2302, PHIL 1301, 2306, RS 1301, SPAN 2340, WS 2300, 2350
     prerequisite for ENGL 2311, 2312, 2313, 2314, and ENGL 2316:
     - RWS 1302 or ENGL 1313 or ENGL 1312

5. Creative Arts (3 Hrs)
   - Select one 3 credit hour course:
     - ART 1300, ARTH 1305, 1306; DAN 1304, MUSL 1321, 1324, 1327
     - THEA 1313, FLM 1390

6. American History (6 Hrs) - HIST 1301 History of the US to 1865
   - HIST 1302 History of the US Since 1865

7. Government/Political Science (6 Hrs)
   - POLS 2310 Intro to Politics
   - POLS 2311 American Gov. and Politics

8. Social and Behavioral Sciences (3 Hrs) - PSYC1301 suggested
   - ANTH 1301, 1302; CE 2326; COMM 2350, 2372; ECON 2303, 2304;
   - EDPC 1301, EDU 3342; LING 2340; PSYC 1301; SOCI 1301;
   - UNIV1301 and COMM1301 must include TX gov.

9. Component Area Option (6 Hrs) - UNIV1301 and COMM1301 suggested
   - Select two 3 credit hour courses:
     - BUSN 1301, COMM 1301, COMM 1302,
     - CS 1310, CS 1320, EL 1301, SCI 1301, UNIV 1301

Total Required Degree Plan Hours 120

Program Prerequisites - Must be completed w/ C or better

- BIOL 2313/2213 Human Anat./Phys. II w/ Lab
  prerequisite: BIOL 1305/1107 both w/ C or better or ZOOL 2406
- CHEM 1305/1107 Intro Chem or CHEM1305/1105 Gen Chem
  prerequisite for CHEM 1305/1107: MATH 0921 or college level math placement
- CHEM 1306/1106 Intro Chem or CHEM1306/1105 Gen Chem
  prerequisite for CHEM1305/1105: MATH1310 or MATH1310 (can be taken concurrently)
- CHEM 1307/1107 Intro Chem or CHEM1307/1105 Gen Chem
  prerequisite for CHEM1306/1106: CHEM 1307/1107
- HSCI 2302 Fundamentals of Nutrition
  prerequisite: BIOL 1305 or C or better
- PHYS 1403 General Physics I
  prerequisite: MATH 1320, MATH 1508, or MATH 1411, all w/ C or better
- PSYC 1303 Statistical Methods
  prerequisite: MATH 1320, MATH 1508, or MATH 1411, all w/ C or better

Total 44

Kinesiology Core Courses

- KIN 3303 History, Sociology, & Philosophy of Sport and PA
  prerequisite: RWS 1301 or equivalent, RWS 1302 or equivalent, MATH 1320 or higher,
  BIOL 1355/1107, and BIOL 2311/2111, all w/ C or better
  KIN3303 must be completed with a grade of C or better.
- KIN 3313 Assessment and Evaluation
  prerequisite: KIN3303 & PSYC1303 or STAT2480, both w/ C or better
- KIN 3331 Biomechanics
  prerequisite: KIN 3303 w/ C or better
- KIN 4313 Exercise Physiology
  prerequisite: KIN3303, BIOL 2313/2113, HSCI2302, all w/ C or better

Total 18

Human Fitness, Performance, and S&C Professional Courses

- HSCI 3322 Sports Nutrition
  prerequisite: HSCI 2302 w/ C or better
- KIN 4301 Personal Training
  prerequisite: KIN 3303 w/ C or better, KIN 3331
- KIN 4317 Sport Psychology
  note: KIN 4317 is not being offered. 3 credits have been added to electives.
- KIN 4341 Practical Applications for Strength Training and Conditioning
  prerequisite: KIN 3331
- KIN 4351 Internship in Human Fitness, Performance, & S&C
  prerequisite: KIN 4301, KIN 4341, KIN 4440, KIN 4442, KIN 4445
- KIN 4444 Scientific Principles of Strength Training and Conditioning
  prerequisite: KIN3303 or C or better and KIN 4341
- KIN 4445 Geriatric Fitness Programming
  prerequisite: KIN3313, KIN 4331, KIN 4312, KIN 4441
- KIN 4445 Strength and Conditioning Program Design
  prerequisite: KIN3303 w/ C or better, KIN 3331, KIN 4312, KIN 4440
  KIN4445 can be taken concurrently with KIN 4445

Total 24

Elective Courses: Select a total of 12 credits

Students may choose from KIN elective courses, general electives, minor requirements, etc.

- CHS Website: https://www.utep.edu/chs/
- KIN Website: https://www.utep.edu/kinesiology/

KIN 4317 will not be offered. 3 credits have been added to Electives Area to substitute for the KIN 4317 course.

Suggested Elective Courses:

- KIN 3325 Research Methods in KIN
- KIN 3333 Motor Development
- KIN 4314 Special Populations
- KIN 4344 Internship*
- KIN 4350 Exercise Presc. & Prog.
- KIN 4331 Clinical Exercise Phys.

Consult catalog for descriptions & pre-reqs: http://catalog.utep.edu/undergrad/course-descriptions/.

Clinical Compliance: Students who enroll in KIN 4350 and KIN 4351 may need to meet Clinical Compliance Requirements: https://www.utep.edu/chs/compliance/

Total Required Degree Plan Hours 120

Updated:
- GPA
- KIN GPA

University Graduation Requirements Include:

All university core classes must be completed with a C or better.
A minimum of 30 semester hours must be completed at UTEP.
12 of the last 30 semester hours must be completed at UTEP.
12 hours of advanced courses must be completed within 3 years of graduation date.
The minimum UTEP cumulative grade point average to earn a bachelors degree is 2.0.
A maximum of 66 semester hours of credit from two-year institutions is applicable toward a degree at UTEP.
Each student must submit an application for graduation in order to become eligible for a degree.

See catalog for complete list of graduation requirements:
http://catalog.utep.edu/policies-regulations/graduation-requirements/
See UTEP Catalog for course descriptions: catalog.utep.edu

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