**Bachelor of Science in Kinesiology with Human Fitness, Performance, and Strength & Conditioning Concentration (BS-KIN/HUFP)**

**THE UNIVERSITY OF TEXAS AT EL PASO**

**COLLEGE OF HEALTH SCIENCES**

**Student Name**

**Degree Evaluation:** To generate an unofficial degree evaluation, log in to Goldmine (goldmine.utep.edu) and select "Degree Evaluation" under Student Records.

### 2022-2023 University Core

All courses used to satisfy the core curriculum must be completed with a C or better.

#### 1. Communication (6 Hrs)

- **RWS 1301** Rhetoric and Composition I OR
- **ESOL 1311** Expos Engli Compos-Spk Enl
- **ESOL 1312** Res/Crt Writ-Spk Enl or ENGL 1312 Writ abt Lit
- **HSCI 2302** Fundamentals of Nutrition
- **HSCI 2303** Fundamentals of Nutrition

#### 2. Mathematics (3 Hrs) - MATH 1508 recommended

- **MATH 1320** Calculus I
- **MATH 1308** Calculus II
- **MATH 1307** Calculus I

#### 3. Language, Philosophy, & Culture (3 Hrs) - PHIL 2306 recommended

- **ART 1300** Intro Art History
- **ART 1301** Intro Art History
- **ART 1302** Intro Art History

### 4. General Education Requirements - Core Curriculum (42 Hrs + 2 Hrs for labs)

- **BIOL 1305/1105** General Biology w/ Topics in Study of Life I
- **BIOL 2313/2113** Human Anat/Phys. I w/ Lab
- **CHEM 1305/1105** General Chemistry
- **CHEM 1306/1106** General Chemistry
- **PHYS 1403** General Physics I
- **PHYS 1404** General Physics II

### Program Prerequisites - Must be completed w/ C or better

- **MATH 1320** Calculus I
- **MATH 1308** Calculus II
- **MATH 1307** Calculus I

**Total** 44 Hrs

- Complete University Core

**Note:** 12 hours of advanced courses must be completed within 3 years of graduation date. 12 of the last 30 semester hours must be completed at UTEP. All university core classes must be completed with a C or better. The minimum UTEP cumulative grade point average to earn a bachelors degree is 2.0.

---

**Kinesiology Core Courses**

- **KIN 3303 History, Sociology, & Philosophy of Sport and PA**
  - PreReq: RWS 1301 or equivalent, RWS 1302 or equivalent, MATH 1301 or higher, BIOL 1305/1107, and BIOL 2311/2111, all with C or better
  - Total: 3 Hrs

- **KIN 3313 Assessment and Evaluation**
  - PreReq: KIN 3303 and PSYC 1303 or STAT 2480, both with C or better
  - Total: 3 Hrs

- **KIN 3331 Anatomical Kinesiology**
  - PreReq: KIN 3303 with C or better
  - Total: 3 Hrs

- **KIN 3333 Motor Behavior**
  - PreReq: KIN 3303 with C or better
  - Total: 3 Hrs

- **KIN 4312 Exercise Physiology**
  - PreReq: KIN 3303, BIOL 2313/2113, HSLE2302, all with C or better
  - Total: 3 Hrs

- **KIN 4313 Biomechanics**
  - PreReq: KIN 3303 with C or better, KIN 3331, PHYS 1403 with C or better
  - Total: 3 Hrs

**Total 18 Hrs**

**Human Fitness, Performance, and S&C Professional Courses**

- **HSCI 3302 Sports Nutrition**
  - PreReq: HSCI 2302 with C or better
  - Total: 3 Hrs

- **KIN 4301 Personal Training**
  - PreReq: KIN 2303 with C or better, KIN 3331
  - Total: 3 Hrs

- **KIN 4317 Sport Psychology**
  - Note: KIN 4317 is not being offered. 3 credits have been added to electives.
  - Total: 3 Hrs

- **KIN 4341 Practical Applications for Strength Training and Conditioning**
  - PreReq: KIN 3331
  - Total: 3 Hrs

- **KIN 4351 Internship in Human Fitness, Performance, & S&C/Cond**
  - PreReq: KIN 4331, KIN 4341, KIN 4440, KIN 4445
  - Total: 3 Hrs

- **KIN 4440 Scientific Principles of Strength Training and Conditioning**
  - PreReq: KIN 3303 with C or better and KIN 4312
  - Total: 4 Hrs

- **KIN 4442 Geriatric Fitness Programming**
  - PreReq: KIN 3313, KIN 3331, KIN 4312, KIN 4341
  - Total: 4 Hrs

- **KIN 4445 Strength and Conditioning Program Design**
  - PreReq: KIN 3303 with C or better, KIN 3331, KIN 4312, KIN 4440
  - Total: 4 Hrs

- **KIN 4445 can be taken concurrently with KIN 4440**
  - Total: 4 Hrs

**Total 24 Hrs**

**Elective Courses:** Select a total of 12 credits

- Students may choose from KIN elective courses, general electives, minor requirements, etc.

- PreReq: KIN 3303 with C or better, KIN 3331

- **Total 12 Hrs**

**Suggested Elective Courses:**

- **KIN 2315 Intro to Athletic Training**
  - PreReq: KIN 3340 and KIN 3331
  - Total: 3 Hrs

- **KIN 3325 Research Methods in KIN**
  - PreReq: KIN 3333 and KIN 3334
  - Total: 3 Hrs

- **KIN 3333 Motor Development**
  - PreReq: KIN 3331
  - Total: 3 Hrs

- **KIN 4314 Special Populations**
  - PreReq: KIN 3303
  - Total: 3 Hrs

- **KIN 4323 Current Issues in Ex Sci**
  - PreReq: KIN 3313
  - Total: 3 Hrs

- **KIN 4330 Exercise Pres. & Prog**
  - PreReq: KIN 3303
  - Select 9 credits from:
    - KIN 3361
    - KIN 3371
    - KIN 3372
    - KIN 3373
    - KIN 3374
    - KIN 3375
  - Total: 3 Hrs

- **KIN 4331 Clinical Exercise Phys.**
  - PreReq: KIN 3361, 3371, 3372, 3373, 3374, 3375
  - Consult catalog for descriptions & pre-req. http://catalog.utep.edu/undergrad/course-descriptions/clinical-exercise-phys-

**Clinical Compliance:** Students who enroll in KIN 4330 or KIN 4331 may need to meet Clinical Compliance Requirements:

- https://www.utep.edu/chs/compliance/

**Total Required Degree Plan Hours:** 120 Hrs

**Updated:**

- **CGPA**
- **KIN GPA**

**University Graduation Requirements Include:**

- All university core classes must be completed with a C or better.
- A minimum of 30 semester hours must be completed at UTEP.
- 12 hours of advanced courses must be completed within 3 years of graduation date.
- The minimum UTEP cumulative grade point average to earn a bachelors degree is 2.0.
- A maximum of 66 semester hours of credit from two-year institutions is applicable toward a degree at UTEP.
- Each student must submit an application for graduation in order to become eligible for a degree.

See catalog for complete list of graduation requirements:

- http://catalog.utep.edu/policies-regulations/graduation-requirements/

See UTEP Catalog for course descriptions:

- catalog.utep.edu

Printed on 9/22/2022 10:04 AM