

Bachelor of Science in Kinesiology with Human Fitness, Performance, and Strength & Conditioning Concentration (BS-KIN/HUFP)

Student Name _____

UTEP ID# _____

Degree Evaluation: To generate an unofficial degree evaluation, log in Goldmine (goldmine.utep.edu) and select "Degree Evaluation" under Student Records.

2022-2023 University Core

All courses used to satisfy the core curriculum must be completed with a C or better.

	Hrs	Grade
1. Communication (6 Hrs) RWS 1301 Rhetoric and Composition 1 OR ESOL 1311 Expos Engl Compos-Spkr Esl prereq for RWS 1301: ENGL 0311 or placement by exam prereqs for ESOL 1311: ESOL 1406 and ESOL 1309 or placement by exam	3	
RWS 1302 Rhetoric and Composition 2 or ESOL 1312 Res&Crit Writ-Spkr ESL or ENGL 1313 Writ abt Lit prereqs for RWS 1302 and ENGL1313: RWS 1301 prereqs for ESOL 1312: ESOL 1311 and ESOL 1310	3	
2. Mathematics (3 Hrs) - MATH 1508 recommended MATH 1320 Math for Social Sciences - or higher** **Higher level options: MATH 1310, 1411, or 1508 prereq for MATH 1320 and 1508: MATH 0311 or placement by exam prereq for MATH 1310: MATH 1309 with C or higher prereq for MATH 1411: MATH 1508 or MATH 1310 with C or higher	3	
3. Life and Physical Sciences (6 Hrs + 2 Hrs for labs) BIOL 1305/1107 General Biology w/ Topics in Study of Life I Lab prereqs: MATH 0311 or placement by exam	4	
BIOL 2311/2111 Human Anat./Phys. I w/ Lab prereqs: BIOL 1305/1107 w/ C or better or ZOOL 2406	4	
4. Language, Philosophy, & Culture (3 Hrs) - PHIL 2306 recommended *Select one 3 credit hour course: AFST 2300, CHIC 2302, ENGL 2311*, 2312*, 2313*, 2314*, 2318*, FREN 2322, HIST 2301, 2302; PHIL 1301, 2306, RS 1301, SPAN 2340, WS 2300, 2350 *prereq required (RWS1302, ENGL1313, or ESOL 1312)	3	
5. Creative Arts (3 Hrs) - DANC 1304 recommended *Select one 3 credit hour course: ART 1300, ARTH 1305, 1306; CHIC 1311; DANC 1304, FILM 1390, MUSL 1324, 1327, 2321*; THEA 1313 *prereq required (MUSL 1324)	3	
6. American History (6 Hrs) HIST 1301 History of the US to 1865 HIST 1302 History of the US Since 1865	3	
7. Government/Political Science (6 Hrs) POLS 2310 Intro to Politics POLS 2311 American Gov. and Politics must include TX gov.	3	
8. Social and Behavioral Sciences (3 Hrs) - PSYC 1301 recommended Select one 3 credit hour course: ANTH 1301, 1302; CE 2326; COMM 2350, 2372; ECON 2303, 2304; EDPC 1301; EDU 1342; LING 2340; PSYC 1301; SOCI 1301; LING/ANTH/ENGL 2320, ANTH/GEOG/SOCI 1310	3	
9. Component Area Option (6 Hrs) - UNIV 1301 and COMM 1301 recommended Select two 3 credit hour courses: BUSN 1301*, COMM 1301, COMM 1302, CS 1310, CS 1320*, EL 1301*, LEAD 1300, SCI 1301, UNIV 1301 *course has pre-requisites and/or major restriction	3	
	3	
(Core curriculum = 42 Hrs + 2 Hrs for labs) Total	44	

Program Prerequisites - Must be completed w/ C or better	Hrs	Grade
BIOL 2313/2113 Human Anat./Phys. II w/ Lab prereqs: BIOL 1305/1107 both with C or better or ZOOL 2406	4	
CHEM 1307/1107 Intro Chem or CHEM1305/1105 Gen Chem prereq for 1307/1107: MATH 0311 or college level math placement prereq for 1305/1105: MATH1508 or MATH1310 (can be taken concurrently)	4	
CHEM 1308/1108 Intro Chem or CHEM1306/1106 Gen Chem prereq for 1308/1108: CHEM 1307/1107 prereqs for 1306/1106: CHEM1305/1105 & MATH1508 or 1310, all C or better NOTE: CHEM1308/1108 is offered in Spring semester only	4	
HSCI 2302 Fundamentals of Nutrition prereq: BIOL 1305 with C or better	3	
PHYS 1403 General Physics I prereq: MATH 1320, 1508, 1411, or 1310, all w/ C or better	4	
PSYC 1303 Statistical Methods prereq: MATH 1320, 1309, 1310, 1508, 1411, or STAT 1380, all w/ C or better	3	
Total	22	

CHS Academic Advisor _____ Date _____

Updated _____ Advisor/Notes _____

CHS Website: <https://www.utep.edu/chs/>
KIN Website: <https://www.utep.edu/chs/kinesiology/>

Kinesiology Core Courses	Hrs	Grade
KIN 3303 History, Sociology, & Philosophy of Sport and PA prereqs: RWS 1301 or equivalent, RWS 1302 or equivalent, MATH 1320 or higher, BIOL 1305/1107, and BIOL 2311/2111, all with C or better <i>KIN3303 must be completed with a grade of C or better.</i>	3	
KIN 3313 Assessment and Evaluation prereqs: KIN 3303 & PSYC 1303 or STAT2480, both with C or better	3	
KIN 3331 Anatomical Kinesiology prereqs: KIN 3303 with C or better	3	
KIN 3332 Motor Behavior prereqs: KIN 3303 with C or better	3	
KIN 4312 Exercise Physiology prereqs: KIN 3303, BIOL 2313/2113, HSCI2302, all with C or better	3	
KIN 4313 Biomechanics prereqs: KIN 3303 with C or better, KIN 3331, PHYS 1403 with C or better	3	
Total	18	

Human Fitness, Performance, and S&C Professional Courses	Hrs.	Grade
HSCI 3322 Sports Nutrition prereq: HSCI 2302 with C or better	3	
KIN 4301 Personal Training prereqs: KIN 3303 with C or better, KIN 3331	3	
KIN 4317 Sport Psychology <i>Note: KIN 4317 is not being offered. 3 credits have been added to electives.</i>		
KIN 4341 Practical Applications for Strength Training and Conditioning prereqs: KIN 3331	3	
KIN 4351* Internship in Human Fitness, Performance, & Str&Cond prereqs: KIN 4301, KIN 4341, KIN 4440, KIN 4442, KIN 4445	3	
KIN 4440 Scientific Principles of Strength Training and Conditioning prereqs: KIN 3303 with C or better and KIN 4312	4	
KIN 4442 Geriatric Fitness Programming prereqs: KIN 3313, KIN 3331, KIN 4312, KIN 4341	4	
KIN 4445 Strength and Conditioning Program Design prereqs: KIN 3303 with C or better, KIN 3331, KIN 4312, KIN 4440 <i>KIN 4445 can be taken concurrently with KIN 4440</i>	4	
Total	24	

Elective Courses: Select a total of 12 credits

Students may choose from KIN elective courses, general electives, minor requirements, etc.

	Hrs.	Grade
	3*	
	3	
	3	
	3	
	3	
*course is being used to substitute for KIN 4317 3 cr.		
Total	12	

Suggested Elective Courses:	
KIN 2315 Intro to Athletic Training	KIN 4344 Coronary Intervention Programs
KIN 3325 Research Methods in KIN	KIN 4350 Internship*
KIN 3333 Motor Development	KIN 4366 Directed Study
KIN 4314 Special Populations	KIN 4390 Independent Study
KIN 4323 Current Issues in Ex Sci	MS KIN Fast Track Students Only: Select 9 credits from: KIN5361, 5371,5372, 5373, 5374, 5375
KIN 4330 Exercise Presc. & Prog.	
KIN 4331 Clinical Exercise Phys.	
<i>Consult catalog for descriptions & pre-reqs: http://catalog.utep.edu/undergrad/course-descriptions/</i>	

*Clinical Compliance: Students who enroll in KIN 4350 or KIN 4351 may need to meet Clinical Compliance Requirements: <https://www.utep.edu/chs/compliance/>

Total Required Degree Plan Hours: 120

Updated:
CGPA
KIN GPA

TOTAL
TRANSFER
HOURS

University Graduation Requirements Include:

- All university core classes must be completed with a C or better.
- A minimum of 30 semester hours must be completed at UTEP.
- 12 of the last 30 semester hours must be completed at UTEP.
- 12 hours of advanced courses must be completed within 3 years of graduation date.
- The minimum UTEP cumulative grade point average to earn a bachelors degree is 2.0.
- A maximum of 66 semester hours of credit from two-year institutions is applicable toward a degree at UTEP.
- Each student must submit an application for graduation in order to become eligible for a degree.

See catalog for complete list of graduation requirements:
<http://catalog.utep.edu/policies-regulations/graduation-requirements/>

See UTEP Catalog for course descriptions: catalog.utep.edu