



BlueCross BlueShield
of Texas

JOIN THE FITNESS DISCOUNT PROGRAM!



AVAILABLE TO ALL UT SELECT AND UT CONNECT MEMBERS

The Fitness Discount Program offers flexibility, convenience and ease. Gain instant access to a nationwide network of more than 8,000 participating facilities.

FEATURES

ONLINE enrollment and tracking

AUTOMATIC monthly payment withdrawal

NO LONG-TERM contract required

ENROLL FOR \$25 and pay only \$25 per month (*plus tax*)

New members use code *FIT4DEC* to enroll for free between December 1-31, 2018

ACCESS TO DISCOUNTS through a Nationwide Complementary and Alternative Medicine Network of 40,000 health and well-being providers such as massage therapists, personal trainers and nutrition counselors.

WHAT ARE YOU WAITING FOR?

➤ Log in to Blue Access for MembersSM (BAM) and click **Fitness Program** in the Quick Links section. www.bcbstx.com/fitness_program/

📞 If you have questions or prefer to enroll by phone, call **888-762-BLUE (2583)** Monday through Friday, between 7 a.m. and 7 p.m. in any continental U.S. time zone.

Always consult your physician before beginning a new exercise program.

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LivingWell *make it a priority*

THE UNIVERSITY OF TEXAS SYSTEM