

OLLI

OSHER LIFELONG LEARNING INSTITUTE

ISSUE *No.* 4

Fall 2026

COURSE CATALOG



REGISTRATION: AUGUST 4-SEPTEMBER 4, 2026

SESSION 1: SEPTEMBER 8-OCTOBER 16

SESSION 2: OCTOBER 26-DECEMBER 12





OSHER LIFELONG LEARNING INSTITUTE

OUR FALL 2026 CATALOG IS FILLED WITH NEW OPPORTUNITIES FOR YOU!

MESSAGE FROM THE OLLI COUNCIL CHAIR



Welcome to OLLI!

Our fall semester is full of opportunities for us to continue learning. We know that learning is timeless. OLLI is all about adding value to ourselves by engaging in new adventures in the classroom, clubs, social events and off-campus ventures. There is something for everyone this fall. Join us! We look forward to seeing you!

Helen Schmid
OLLI Council Chair
hirschmid@utep.edu

*The Bernard Osher Foundation, headquartered in San Francisco, was founded in 1977 by respected businessman, philanthropist and community leader Bernard Osher. The Foundation seeks to improve quality of life through innovative funding in higher education and the arts. The Foundation supports a national lifelong learning network of programs designed for adults 50 and better; Osher Lifelong Learning Institutes operate on 120+ college and university campuses in all 50 states and the District of Columbia.



MEMBERSHIP HAS ITS BENEFITS! BECOME A MEMBER. RENEW OR JOIN FOR \$60*.

- Take any or all of OLLI's 12-week fall classes and tours for just \$100.
- Join a club and/or play pickleball.
- Participate in special member events.
- Access Osher Online national courses (additional \$60 fee per course).
- Get access to parking options and a UTEP Miner Gold Card.

Register online at utep.edu/olli or mail in your registration form.

OUR MEMBERS LOVE OLLI. SO WILL YOU!

*A \$3 convenience fee will be added to membership transactions.

IN THIS CATALOG CHOICES TO LEARN, ENJOY AND STAY ACTIVE!

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NATIONAL LEARNING OPPORTUNITIES WITH OSHER ONLINE COURSES

Watch for announcements on these 6-week courses that are offered nationally to a select group of OLLI members. Fees apply. See pages 14-15 for this fall's courses.

GIVE TO SUPPORT OLLI

We are grateful to our members! If you have enjoyed our classes, please consider donating to OLLI to keep our program going strong!

 **UTEP
EXTENDED UNIVERSITY**

 **THE UNIVERSITY OF TEXAS AT EL PASO**



RIO GRANDE
CANCER FOUNDATION®



OLLI gratefully partners with the Rio Grande Cancer Foundation (RGCF) and the Desert Spoon Food Hub.

The University of Texas at El Paso publishes the Osher Lifelong Learning Institute (OLLI) Course Catalog three times a year, in Spring, Summer and Fall. OLLI is located at 500 W. University Ave., El Paso, TX 79968.

CLUBS & SPECIAL INTEREST GROUPS

CONTACT THE OLLI OFFICE TO GET ON THE MAILING LISTS FOR OLLI CLUBS.

FILM AND WINE CLUB

The Film and Wine Club gathers for movie events or special theatrical showings. New film enthusiasts are welcome. Notifications about any interesting film events are welcome. Watch for announcements in the OLLI Bulletin.

FOLK GUITAR/ FOLK MUSIC CLUB

First Tuesday of October, November and December: 2 p.m.

Bring your guitar and enjoy strumming with the group. Meet at the Rio Grande Cancer Foundation at 616 N. Virginia St., Ste. D, El Paso, TX 79902. The emphasis is on fun! ✨

FRENCH CLUB

Every Friday: Noon-1 p.m.

Zoom in weekly for insights into French culture and history. Enjoy the company of Francophiles at lunches on the last Friday of the month.

ITALIAN CLUB

Every Wednesday: 5-6 p.m.

Ciao! Get into the flow of the Italian language. Zoom in and practice. This is a good place to start for beginners.

MAHJONG CLUB

Every Thursday: 9:30-11 a.m.

Build your wall of tiles and begin playing. Enjoy this game of strategy and luck. Beginners welcome.

MINDFUL YOGA CLUB

Every Tuesday: 9:30-10:30 a.m.

Zoom in once a week and ease into some gentle yoga and conversation with fellow yoga enthusiasts and OLLI instructor, Phyllis Price.

PHOTOGRAPHY CLUB

Every Wednesday: 10-11:30 a.m.

Continue capturing the moment and share your photos and discoveries. Participate via Zoom and meet up for field trips.

THE OLLI PICKLEBALL CLUB

Tuesdays and Thursdays, 3:15-4:30 p.m.

Memorial Gym's Auxiliary Gym

Announcements will be made if additional court times become available. A one-time \$5 court maintenance fee applies to each Tuesday and Thursday registration.

- OLLI membership and Pickleball Club registration are required.
- Courts will be available during OLLI sessions to members on a first come, first served basis.
- Players must provide their own equipment (i.e. paddle and balls) and all pickleball court rules and etiquette apply.
- Beginner instruction is available on the first Tuesday of the month.
- Parking is available at the parking garage/transfer station located at N. Mesa St. and Glory Rd. The parking fee at the time of this publication is \$1/hour.
- Court availability may change due to UTEP events.

ONLINE SESSION

ZOOM IN: OLLI TIPS

**Wednesday, September 2:
1:30-2:45 p.m.**

Are you new to Zoom or do you need to dust off the rustiness and get back into the practice of Zooming in? Join us in a Zoom classroom to practice Zoom skills, have some fun and pick up some tips regarding your Zoom experience. Facilitated by the OLLI staff.



REGISTRATION OPENS
ONLINE **TUESDAY,**
AUGUST 4, 2026.

FALL REGISTRATION EVENT

*Tuesday,
August 11*

**OLLI OFFICE AND
LOUNGE, ROOM 102 AT
UTEP'S MEMORIAL GYM**
(LOCATED AT 101 W. ROBINSON AVE.)

1-4:30 P.M.

Come in person and register early with the assistance of our volunteers and staff!

Have a cup of coffee or tea and enjoy a snack while you register.

*New members welcome.
Join us!*



FALL 2026 **SESSION ONE** COURSE REGISTRATION FORM

6-WEEK SESSION: SEPTEMBER 8-OCTOBER 16, 2026

Courses are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours.

● **ONLINE** ■ **ON CAMPUS** ▲ **ON SITE**

Courses that take place anywhere other than on campus are also designated as on-site courses with addresses included in the descriptions.

MONDAYS

START DATE: SEPTEMBER 14

10-11 a.m.

ONLINE

● **AGING GRACEFULLY - SENIOR FITNESS WORKOUT: SESSION ONE**

WAYNE GARDNER

This one-hour exercise sequence boosts strength, cardiovascular health, balance and mobility with a strong focus on functional movement. We'll move through resistance training, energizing aerobic work, balance challenges and mobility-focused stretching. We'll also practice breathing exercises to help you regulate stress and stay centered. Each workout features a different fitness target and offers practical tips to build healthy habits and feel stronger and more vibrant in daily life.

1:30-2:45 p.m.

ON CAMPUS

■ **INTRODUCTION TO WU- STYLE T'AI CHI: SESSION ONE**

STEVE BAROWSKY

This course is an introduction to Wu-Style T'ai Chi. Wu Style is one of the most widely practiced forms of T'ai Chi. It has compact, precise, circular whole body movements. The movements are based on highly developed body mechanics and internal energy (chi) flows directed by focused mind intent. This practice is beneficial to body, mind and spirit.

ON CAMPUS/ONLINE

■● **BASIC SPANISH FORUM - LEARNING IN ACTION: SESSION ONE**

CRISTINA LOURDES BUENO GORENA

The Basic Spanish Forum is a perfect space for learning and practicing Spanish, focusing on dynamic conversation, storytelling and building foundational vocabulary. Habla español!

■● **TRAVEL GUIDE TO FINLAND**

LENAE C. RASMUSSEN

Journey through Finland, a Nordic country known for its stunning natural landscapes, vibrant cities, exquisite food and unique cultural experiences. Home to over 200,000 lakes, vast forests and the enchanting Northern Lights in Finnish Lapland. The course also features cities like Helsinki, Tampere, and Turku that offer a mix of modern design, rich history, saunas, and a thriving arts and food scene.

3:15-4:30 p.m.

ON CAMPUS

■ **CAPTURE EVERYDAY LIFE WITH YOUR SMARTPHONE**

YOUNG LEE

This course introduces participants to smartphone photography through simple, hands-on practice focused on everyday life. Using only a smartphone, students learn to observe light, compose clear image, and capture meaningful daily moments. The emphasis is on practical shooting rather than technical settings, helping participants build confidence and develop a personal way of seeing the world through photography in a relaxed and accessible learning environment. This is a 3-week course with classes on 9/14, 9/21 and 9/28.

ON CAMPUS/ONLINE

■● **UNDERSTANDING THE LANGUAGE OF FILMMAKING**

ULISES CORDOVA

Break down the way movies communicate their stories and messages to the audience and gain an understanding of how choices like camera angles, music, lighting, editing, etc. can change the way a filmmaker impacts an audience. The class will analyze domestic and international films across the board from the 20th and 21st centuries.

ON SITE

▲ **NUTRITION TRUTHS BEHIND THE HEADLINES**

JACQUELINE CORDOVA

Nutrition truths? Each week answers a real-world question. "Does What You Eat Affect Hair Loss?" "Bread First or Last?" "Does Food Order Affect Blood Sugar?" "Are Ultra-Processed Foods Really the Problem?" "Coffee: Friend, Foe, or Depends?" Suggested additional fees may be paid to the instructor based on supplies given to participants. Classes meet at the Desert Spoon Food Hub at 1714 E. Yandell Dr., El Paso, TX 79902.

TUESDAYS

START DATE: SEPTEMBER 8

9-10 a.m.

ON CAMPUS

■ **TUESDAY WALKS: SESSION ONE**

LYNN PROVENZANO

Explore the campus and get your steps in! Discover the nooks, niches, gentle slopes and stairways on campus with three brisk morning walks on 9/22, 9/29 and 10/13.

1:30-2:30 p.m.

ONLINE

● **CHAIR STRENGTH AND STABILITY: SESSION ONE**

GENIE GONZALEZ-NICHOLSON

Strength and stability are key health components to a long, active and independent life. Energizing music will get you into the mood to work out. Sitting on a chair, exercises will target upper and lower body that will focus and improve areas requiring attention. Resistance bands (long and round) will be utilized. Please wear comfortable clothing and sneakers and work out in the comfort of your home.

1:30-2:45 p.m.

ON CAMPUS/ONLINE

■● **FRENCH CONVERSATION: SESSION ONE**

JEAN-CLAUDE LINOSSI

In this course, students will read French short stories, discuss them in class and interact with each other in French. Students will need to buy a book for this course which is at intermediate level and not for beginners.

■● **CHIHUAHUA DESERT NATURAL HISTORY**

PAUL HYDER

Explore the fascinating flora, fauna and evolution of the Chihuahuan Desert.

ON SITE

▲ **WRITING YOUR MEMOIR: PAST/PRESENT**

STEPHEN J. LEDESMA

Lillian Hellman once said, "I wanted to see what was there for me then and what was there for me now." Through written memory, review and revisit the past. Explore lost moments and uncover forgotten memories. Join this class for a fun and engaging journey of the past into the present. Classes meet at the Rio Grande Cancer Foundation, 616 N. Virginia St., El Paso, TX 79902. This is a 5-week course starting on 9/8. ✨

3:15-4:30 p.m.

ON CAMPUS/ONLINE

■● **MEDITATION: RISING ABOVE THE CHAOS**

LYNN PROVENZANO

Go ahead. Take a breath. The stressors of today's climates give us pause to find our own personal spaces. The practice of meditation gives you the tools to rise above the chaos within yourself and your responses to what is around you. Follow your breath, move your internal energy, and find peacefulness in stillness and kindness. Discover the benefits of simple meditations and allow yourself to let go. This is a 3-week course with classes on 9/22, 9/29 and 10/13.

WE WELCOME VOLUNTEERS!

OLLI relies on volunteers. You can give a little or a lot of your time in any way that's unique to you. See page 13 for more information.

DOCUMENTARIES AND DISCUSSIONS

AUROLYN LUYKX

OLLI's perennial documentaries course is back! Join us each week for a short (30-60 minutes) documentary on topics ranging from history, to science, to the arts, to current social issues, followed by lively discussion.

WEDNESDAYS

START DATE: SEPTEMBER 9

1:30-2:30 p.m.

ON CAMPUS

LINE DANCING: SESSION ONE

GENIE GONZALEZ-NICHOLSON

Do you think you can dance, even line dance? Yes, you can! Motivating country, '70s and Latin music headline this fun-filled line dance class. Easy-to-learn, repetitive dance combinations are broken down and rehearsed prior to each dance. Not only is this class fun and energizing, line dancing has health benefits: coordination, balance, mobility and heart health. Please wear comfortable sneakers.

1:30-2:45 p.m.

ON CAMPUS/ONLINE

HISTORY OF AMERICAN IMMIGRATION

CHARLES H. MARTIN

It has been said that the U.S. was "a nation of immigrants," but today that concept is bitterly contested. This class will provide historical background to the current debate by examining immigration from the 1830s to the present. Major topics include reasons for migration, federal legislation, anti-immigrant arguments, economic factors, specific groups (Irish, Chinese, Mexican, Cuban), etc. Video clips, lectures and discussions will be used.

2:30-4:30 p.m.

ON CAMPUS

SKETCHBOOK: VISUAL JOURNALING

DAVINIA MIRAVAL

This playful course invites students to explore creativity through drawing, color, patterns and mixed-media art in a relaxed sketchbook practice. Designed especially for beginners and lifelong learners, the class focuses on enjoyment, curiosity and creative discovery rather than perfection. Through guided activities and personal exploration, students will experiment with a variety of art materials while creating a sketchbook full of unique ideas, memories and visual stories. No experience is needed—just a willingness to play, create and enjoy the process of making art. Classes are two hours long and there is an additional \$25 fee for this course.

3:15-4:30 p.m.

ON CAMPUS/ONLINE

A QUESTION OF HONOR

ALFREDO ARROYO

Delve into a study of the duel. For ages, the culture of honor served as psychological motivation for duels fought to end a quarrel or to settle a point of honor between opponents. Always irrational, often illegal, the duel presented an assortment of rules, customs and a sporting sense of personal integrity that has affected the whole world from biblical times to the modern era.

ON CAMPUS/ONLINE

COMMUNITY FINANCIAL WELLNESS SERIES

SERGIO CERCADO, GIOVANNA HERNANDEZ, GEORGE IBARRA

This course series provides practical financial education designed to help individuals and families build strong money management skills and make informed financial decisions. Topics include budgeting, money management, debt reduction, understanding credit and debit cards, identity theft protection, student loan options, auto loans, financial security planning, and elderly financial abuse prevention.

THURSDAYS

START DATE: SEPTEMBER 10

9:30-10:45 a.m.

ON CAMPUS

YOU-CAN-DO-IT YOGA WITH PHYLLIS: SESSION ONE

PHYLLIS PRICE

Join Phyllis for yoga designed for OLLI. What you won't do: put your foot behind your head. What you will: 1) listen to your body's wisdom; 2) practice yoga postures adapted for OLLI ages and bodies by your 84-year-old instructor; 3) build more strength, flexibility, focus and well-being; 4) counteract stiff joints, text neck, "dowager's hump", and even depression and anxiety; 5) learn breathing practices to enhance lung capacity, organ health and balanced emotions; 6) meditate with relaxation exercises that conclude practice. Classes meet in Memorial Gym.

11 a.m.-Noon

ONLINE

MINDFUL BODYWORK: SESSION ONE

WOLF CARTER

Improve your energy by mindfully working the less used areas of the body, expanding your mobility, creating balance and building body awareness. Exercises are specifically designed to address any level of physical ability.

1:30-2:45 p.m.

ON CAMPUS

LATIN DANCE - STEP INTO RHYTHM: SESSION ONE

DIANA DURON

Introducing the simple Latin steps of Bachata, Cumbia and Cha Cha. Find your rhythm and dance to the music! Diana Duron is a competitive ballroom dancer who will lead you in the basics of each of these familiar Latin dances as singles or as partners. Step into rhythm, movement and music. Have fun and smile! This is a 4-week course with classes on 9/24, 10/1, 10/8 and 10/15.

ON CAMPUS/ONLINE

FROM A TO Z: 100 COUNTRIES AND 100 FASHION DESIGNERS!

KATHLEEN KEY

Fashion is not only in NYC, Paris and London. Fashion is global. In this class of five lectures, we will cover fashion designers from all over the world, more than 100 fashion designers in more than 100 countries! Join this class for lively and uplifting fashion.

ON SITE

INSPIRED WRITING

MONICA E. GÓMEZ

Inspired Writing, a series of creative writing workshops, uses a broad range of information—from scientific articles to poetry—plus focused discussion and thought-provoking prompts to set up brief in-class free-writes. Reading aloud allows the group to share life experience, reflections, fresh perceptions and insights. This format encourages writers to practice capturing fleeting inspiration, trust their instincts, and discover intriguing areas of the subconscious. Classes meet at the Rio Grande Cancer Foundation, 616 N. Virginia St., El Paso, TX 79902. This is a 3-week course with classes on 10/1, 10/8 and 10/15. ✨

3:15-4:30 p.m.

ONLINE

ITALIAN FOR BEGINNERS: SESSION ONE

SILVIA PORTILLO

This course is a continuation of Italian for Beginners Level 1 from last semester. The book we use is called "Progetto Italiano 1. Corso multimediale di lingua e civiltà italiana. A1-A2 libro dello studente." This book makes learning pleasant for every Italian experience.

ON CAMPUS/ONLINE

EXPLORING THE WORKS OF HOLOCAUST SURVIVOR AND BEST-SELLING AUTHOR EDITH EGER

LUIS CARLOS RODRIGUEZ

Explore the main themes of the works of Holocaust survivor and bestselling author Edith Eger, who recently passed away. The class will look at both of her major works: "The Choice: Embrace the Possible" and "The Gift: 12 Lessons to Save Your Life."

BEETHOVEN'S SYMPHONY #9 AND BRAHMS' SYMPHONY #2

STEVE SCHILLER

Two master works, video performances and the musical genius of Beethoven and Brahms. The instructor, Steve Schiller, will demonstrate key elements of the music and orchestration of these two symphonies to make them easy to understand and enjoy. This class is designed for both listeners with little or no familiarity with classical music and those who have had a great deal of exposure to symphony orchestras.

VOYAGE THROUGH THE AUSTRIAN STATES

JEAN-CLAUDE LINOSSI

Explore the Austrian states, from the vibrant and historic city of Vienna, to the states of Tyrol and Salzburg in the Austrian Alps, and the Danube valley of Lower Austria and Burgenland.

CLUBS & SPECIAL INTEREST GROUPS

See page 3 and take full advantage of your membership benefits.

FRIDAYS

START DATE: SEPTEMBER 11

9-10 a.m.

ON SITE

▲ WALKERCISE FRIDAY HILL CLIMBS: SESSION ONE

DEVON WALL

Lace up your sneakers and get in more challenging steps. This group takes different off-campus routes. Walk on! There is no walk on 10/2.

9-11 a.m.

ONLINE

● PORTRAIT AND LANDSCAPE FUSION: DRAWING AND PAINTING MASTERY

ROSARIO PONTE

Delve into drawing and painting, mastering portrait and landscape art. Explore composition, value studies, color mixing and color temperatures, while sharpening the essential skill of "how to see". Guided step-by-step from start to finish, each student will receive individualized attention as they expand their artistic horizons. This is a 12-week course with an additional \$45 fee.

1:30-2:45 p.m.

ON CAMPUS

■ OLLI COOKBOOK - THOUGHTS ON FOOD: SESSION ONE

VICKI HARDER & ELIZABETH LUSCOMBE

Join the OLLI cookbook committee as we continue to work to create a cookbook as an OLLI fundraiser. We are looking for assistance on organizing recipe submissions, editing, creating artwork and taste testing of recipes! In addition, we'll be having class discussions on the origins of cookbooks, food, our recipes and more.

ON CAMPUS/ONLINE

■● IT'S NEVER TOO LATE TO...

ALEX REYES

It's never too late to 3D print, code, learn about fountain pens, blog, use Google Suite, or publish your eBook. Learn something new each visit. Curious about 3D printing? Never coded? Curious about fountain pens? Want to start a blog? Interested in publishing your memories or an eBook of stories? This seminar will explore your curiosities. No experience required.

1:30-3:30 p.m.

ONLINE

● PORTRAITURE PAINTING TECHNIQUES THROUGHOUT THE MODERN ERA

RAAFAT MAXIMOS AYOUB

Take a journey to explore the techniques of some of the modernist artists who departed from the past's standard portrait techniques to express the inner psychology of the sitter through bold hues, vibrant patterns and intense abstraction. This is a 12-week online course with classes that are two hours long. There is an additional \$45 fee for this course.

LECTURE SERIES

AI: THE ARTIFICIAL IN INTELLIGENCE

Is it real or not real? Is it truly intelligence or a representation of what we think is intelligent? AI has landed in our lives. Explore this evolving territory of technology.

ALL LECTURES ARE ■●ON CAMPUS/ONLINE.

MEMBERS OF THE UTEP INSTITUTE FOR APPLIED AI INNOVATION

SESSION ONE

WEDNESDAY, SEPTEMBER 9

1:30-2:45 P.M.

■● THE HIDDEN AI IN YOUR EVERYDAY LIFE

Did you know artificial intelligence is already part of your daily routine? From the spam filter in your email to the suggestions on your preferred streaming service, from your bank's fraud alerts to your doctor's diagnostic tools, AI is quietly working behind the scenes. In this first session, we'll demystify what AI really is (and isn't), explore its foundations in plain language, and discover the surprising places it already lives in your home, hospital and community.

WEDNESDAY, OCTOBER 7

1:30-2:45 P.M.

■● ASIMOV'S WISDOM: RULES FOR ROBOTS AND AI GOVERNANCE

Long before AI was real, writer Isaac Asimov imagined Three Laws to keep robots from harming humans. Today, governments from Washington to Brussels are racing to write real rules for AI. Who decides what's fair? Who protects us? In this thought-provoking session, we'll journey from Asimov's classic stories to today's headlines, exploring AI governance in a way that connects our community to global conversations about ethics and responsibility.

WEDNESDAY, OCTOBER 14

1:30-2:45 P.M.

■● SEEING ISN'T BELIEVING: DEEPPAKES AND MISINFORMATION

Have you received a phone call that sounded just like your grandchild asking for money? Seen a video of a public figure saying something shocking? Today's AI can create convincing fake voices, faces and news stories, and scammers love to target older adults. This eye-opening session will teach you practical skills to recognize deepfakes, verify what you see online, and protect yourself and your family from misinformation in media.

SESSION TWO

WEDNESDAY, NOVEMBER 18

1:30-2:45 P.M.

■● YOUR SAFETY, SECURITY AND PRIVACY: USING AI WISELY

AI tools like ChatGPT, voice assistants and smart home devices can be wonderful companions, but how do you use them safely? What happens to your personal information? Should you trust AI with your health questions or financial decisions? In this session, you'll learn simple, practical steps to enjoy AI's benefits while keeping your privacy intact, your accounts secure, and your peace of mind protected.

WEDNESDAY, DECEMBER 2

1:30-2:45 P.M.

■● AI'S FUTURE IMPACT: FROM SERVICES TO SUSTAINABILITY

What if AI could help diagnose illness before symptoms appear, translate any language instantly, or care for us as we age? These aren't science fiction, they're just around the corner. In this forward-looking session, we'll explore the AI-enhanced services on the horizon, the challenges they'll bring, and discover how our borderland region fits into the global AI story.



NATIONAL LEARNING OPPORTUNITIES WITH OSHER ONLINE COURSES

Watch for announcements on these 6-week courses that are offered nationally to a select group of OLLI members. Fees apply. See pages 14-15 for this fall's courses.

OLLI HAPPENINGS:

MOVIE AFTERNOONS

Enjoy an afternoon of film, snacks, friends and the performances of Maggie Smith and her co-stars in two inspiring and humorous movies.

ALL VIEWINGS ARE ■ ON CAMPUS

SESSION ONE

FRIDAY, OCTOBER 16, 3:15-4:30 P.M.

■ "THE QUARTET"

LEANNE VON MITTENWALD

Join us for a leisurely afternoon and view "The Quartet," a 2012 British comedy/drama starring Maggie Smith, Tom Courtenay, Billy Connolly and others. Retired opera stars, musicians and directors live together in Beecham House, a home for retired musicians based on the Casa di Riposo per Musicisti founded by Giuseppe Verdi. Finances threaten closure of the home, but residents get together to raise money by performing scenes from "Rigoletto".

SESSION TWO

FRIDAY, NOVEMBER 13, 3:15-4:30 P.M.

■ "THE BEST EXOTIC MARIGOLD HOTEL"

LEANNE VON MITTENWALD

Join us for another leisurely afternoon as we watch "The Best Exotic Marigold Hotel", a 2011 comedy/drama starring Maggie Smith, Judi Dench, Bill Nighy and others. British retirees, lured by the advertisements of a life of indulgent leisure, are shocked when the "exotic" retirement home turns out to be a broken-down, mismanaged hotel in need of a complete renovation. They decide to stay and try to make it work, finding love and a new lease on life.

TUESDAYS BY APPOINTMENT

SESSIONS ONE AND TWO

TUESDAYS BY APPOINTMENT

■ FREE PROFESSIONAL PHOTOGRAPHY SESSIONS

FRED EILAND

Would you like to have a professional portrait taken or have something special photographed? Register for this special service. Follow up for appointments. Call the OLLI office at 915-747-6280.

THE ANNUAL HOLIDAY LUNCHEON

SESSION TWO

TUESDAY, DECEMBER 15, 11 A.M.-2 P.M.

■ THE OLLI ANNUAL HOLIDAY LUNCHEON

OLLI COUNCIL

Watch for announcements regarding OLLI's Annual Holiday Luncheon, a special time of celebration and sharing with fellow members and friends. Location TBD.

TRIPS, NOT THE TRAVEL KIND

A fast trip to the floor is not same as traveling to places of interest. Take advantage of these four presentations and get some practice and tips on what you need to know to be safe and prepared for life's incidents. Caregivers and family members are welcome to attend with OLLI members. Register for each of these special interactive presentations; **all presentations are ▲ ON SITE** at EP Rehab Specialty Group at 3220 Montana Ave., El Paso, TX 79903.

DR. PABLO ESTRADA, DPT, OCS

SESSION ONE

MONDAY, SEPTEMBER 14

NOON-1:15 P.M.

▲ CONFIDENCE ON YOUR FEET: PREVENTION AND PLANNING

Falling is a worry, but being stranded shouldn't be. You and your caregivers will identify home hazards, build a personalized emergency action plan, and—most importantly—physically practice the safest techniques to get back up from the floor. Gain the physical skills needed to be prepared and ready to rise.

MONDAY, SEPTEMBER 21

NOON-1:15 P.M.

▲ CONFIDENCE ON YOUR FEET: PREVENTION AND POWERING UP

Balance and safety can be worrisome. This hands-on presentation transforms fear into proactive power. Gain the mental peace of mind needed to stay independent and prepared for you and your caregivers.

SESSION TWO

MONDAY, OCTOBER 26

NOON-1:15 P.M.

▲ FALL PREVENTION: BE PREPARED

Be prepared. What happens if you fall? You and your caregivers can physically practice the safest techniques to get back up from the floor, gain the skills needed to be prepared and ready to rise, and learn more tips on preventing falls in your environment.

MONDAY, NOVEMBER 2

NOON-1:15 P.M.

▲ FINDING BALANCE AND PROACTIVE POWER

Balance is important physically and mentally. This hands-on presentation addresses concerns with pathways to proactive power. Gain the mental peace of mind needed for you and your caregivers to stay independent and prepared.

FROM CONCEPT TO CURTAIN: THE MAKING OF ROSSINI'S "THE BARBER OF SEVILLE"

Join the El Paso Opera for an exclusive four-part series that is your essential backstage pass to deepen your understanding and appreciation of our next mainstage show, Rossini's beloved comedy "The Barber of Seville," live at St. Rogers Depot from January 28-February 6, 2027!

Delve into the opera's historical context, the musical genius of bel canto, and the vibrant visual concept that defines this new staging. We will help you understand the opera's score, the production's unique challenges and more, with special guests from the creative team, cast and company leadership.

From Concept to Curtain is the perfect way to get an up-close look at the artistry and passion that creates an unforgettable opera experience. Register for each part of this series. Presentations will be held at Proof and Press at 3737 N. Mesa St., Ste. B, El Paso, TX 79902.

SESSION ONE

SATURDAY, 9/19, 10-11:30 A.M.

SATURDAY, 10/17, 10-11:30 A.M.

SESSION TWO

SATURDAY, 11/14, 10-11:30 A.M.

SATURDAY, 12/12, 10-11:30 A.M.

EL
PASO
OPERA

The historical gems of El Paso are found in the very places that are visited frequently in leisure, reverence and curiosity. Enjoy the insights of spaces that hold their special places in time. **ALL TOURS ARE ▲ON SITE**

RON LEIMAN AND PRINCE MCKENZIE

SESSION ONE

WEDNESDAY, SEPTEMBER 16
10-11:30 A.M.

▲ ST. PATRICK'S CATHEDRAL

The tour begins at 1118 N. Mesa St., El Paso, TX 79902 at St. Patrick's Cathedral. Consider the Romanesque Revival architecture and the basilica floorplan. Inside, discuss the history of Father Carlos Pinto, the Jesuit Superior who founded many churches across southern New Mexico and West Texas. The original Mexican residents of El Paso had to cross the river to attend mass at the Mission of Guadalupe in Juárez, until the first churches were built on the north side of the river. Then, discuss the economic, industrial and political waves of immigration that created the need for a Roman Catholic diocese. After decades of administration by distant bishops, the El Paso diocese was established in 1914, and the Cathedral was built in 1917. Discuss the interior, sculpture, details and furnishings of marble, mosaic and stained glass windows.

WEDNESDAY, SEPTEMBER 23
10-11:30 A.M.

▲ FIRST BAPTIST CHURCH

The tour begins at the east end of the building at 805 Montana Ave., El Paso, TX 79902. The congregation organized in 1882 and constructed the original Gothic "Church House" at the west end of Magoffin Ave. in 1885. When they needed a larger building, they moved east along Magoffin Ave. in 1905. When the El Paso population center moved north, they merged with the Central Baptist Church and moved to Montana Ave. The English Gothic-style building was constructed of cut limestone from a Franklin Mountain quarry in 1922. With continued growth, a new modern sanctuary was constructed of the same cut limestone in the 1960s. The group will visit the Ford Chapel which has restored stained glass windows from the earlier buildings, and visit the modern sanctuary.

WEDNESDAY, SEPTEMBER 30
10-11:30 A.M.

▲ ST. GEORGE'S ANTIOCHIAN ORTHODOX CHURCH

The tour begins at 120 N. Festival Dr., El Paso, TX 79912. After World War II, many immigrants from Middle Eastern countries came to El Paso because of the similar climate and the growing business and industrial opportunities. In 1947, a group of El Paso Christians of Arab descent organized a search for a location to practice their Eastern Orthodox faith, which had originated in the ancient Christian city of Antioch, Syria. They worshiped in the Greek Orthodox Church of El Paso and at the Church of St. Clement until they could acquire a building. In 1951, they purchased and remodeled the Westminster Presbyterian church building. When they needed a larger building, they constructed a new house of worship in 2003. They were inspired by the "golden age" of Byzantine art and the architectural tradition of Hagia Sophia in the great Roman city of Constantinople (Istanbul, Turkey). Under the central dome of the church, the tour group will discuss murals and icons in a stylistic tradition that dates from the year 330 A.D.

WEDNESDAY, OCTOBER 7
10-11:30 A.M.

▲ EL PASO MUSEUM OF ARCHAEOLOGY AND FIRECRACKER PUEBLO

The tour begins at 4301 Transmountain Rd., El Paso, TX 79924 to view the pithouse and adobe museum exhibits of Pueblo culture and discuss the Pueblo artifacts in the exhibit hall. The group will cover discovery of the Firecracker Pueblo and excavation by the El Paso Archaeological Society (EPAS). Then, EPAS enlisted the Texas Archaeological Society (TAS) to continue the work. An official TAS Field School was held at the Firecracker Pueblo and 200+ Texas students excavated the pueblo. The artifacts were processed in the EPAS laboratory next to the Museum and sent to UT Austin. The group will discuss the Federal Law called the Graves Repatriation Act and look over photos of the excavation and an artist's mural of the pueblo when it was occupied in the 15th century. The image is on exhibit at the Institute of Texas Cultures in San Antonio. The group will also discuss the Texas Department of Transportation (TXDOT) and highway policies and future development of the site. Time permitting, the group will drive to the site.

WEDNESDAY, OCTOBER 14
10-11:30 A.M.

▲ KEYSTONE HERITAGE AND DESERT BOTANICAL PARK

The tour group will meet at 4220 Doniphan Dr., El Paso, TX 79922 (the Park charges an entry fee) and walk through the botanical gardens. The group will consider the prehistoric occupation of the river wetlands by native Americans and discuss the pithouse village at the site along with the convergence and conflicts of three cultures in the valley. We will then review the history of transportation along the Camino Real and the western explorers, and consider the experiences of travelers recorded in the journal of Susan Magoffin. Her text is a "valuable record of the development of the West" with military action and civil boundary changes. It also defines the life of a settler from the woman's perspective. Participants will see her sculpture and other works by the renowned artist Ethan Houser.

SESSION TWO

WEDNESDAY, NOVEMBER 4
10-11:30 A.M.

▲ FRANKLIN MOUNTAINS STATE PARK

The tour begins in the Tom Mays Unit of the Franklin Mountains State Park at 2900 Tom Mays Access Rd., El Paso, TX, 79911. A fee waiver for this OLLI tour has been requested, but donations will be appreciated. Lydia Pagel, the Park Interpreter, will lead discussions. Attendees will focus on human activities including mining and ranching in these mountains beginning in the 1800s, and discuss the recreation activities that have driven the recent development of this park into one of the largest urban wilderness parks in the world. Park wildlife will be discussed including the recent restoration of desert bighorn sheep. The Castner Range National Monument that is adjacent to the park will also be discussed. There will be time for touring the centers and the gift shop.

WEDNESDAY, NOVEMBER 11
10-11:30 A.M.

▲ WASHINGTON PARK

The group will meet at the Chelio Acosta Sports Center at 4321 Delta Dr., El Paso, TX 79905. Parking is available on the east side of this complex in front of the Mesoamerican ball game mural. The tour begins here with a discussion of Washington Park which was purchased by the City of El Paso in 1893. Since that time the park has been a center of recreation for El Pasoans. A lake provided opportunities for boating and fishing. A swimming pool and a racetrack opened. In 1910, Charles Hamilton landed his biplane in the park. The group will discuss the adobe baseball stadium called the Dudley Dome; the El Paso County Coliseum; the County Fairgrounds; and the El Paso Zoo with a note on the Father Yermo School which is just east of the zoo. Then, the group will leave the Center driving north on Shelter, crossing Paisano and on to Washington, noting the Coliseum, the Zoo and Father Yermo School. The group will stop at the current Washington Park with its lighted baseball field, soccer area, exercise stations and children's playground, noting the Park's location in the southeast quadrant of the I-10 and U.S. 54 Spaghetti Bowl.

WEDNESDAY, NOVEMBER 18
10-11:30 A.M.

▲ UNITED STATES BORDER PATROL MUSEUM

The group will meet in the parking lot on the east side of the Museum at 4315 Woodrow Bean Transmountain Dr., El Paso, TX, 79924. Before going into the Museum, the group will note the Castner Range National Monument. Upon entering, the Museum accepts donations. Attendees will go to the media room for a discussion on immigration from the Chinese Exclusion Act of 1882 through Operation Wetback in the 1950s. Students are encouraged to see the films or tour the two galleries. The group will reconvene in the media room for a talk by a border patrol officer. Following questions and answers, everyone will have a chance to visit the gift store.

WEDNESDAY, DECEMBER 2
10-11:30 A.M.

▲ GALLERY AND STUDIO TOUR OF THE EL PASO ART ASSOCIATION

The group will meet at 500 W. Paisano Dr., El Paso, TX, 79901 and enter the Crossland Gallery, a center for many of El Paso's most active and creative artists, and home of the El Paso Art Association, with an invitation to tour some studios of the Art Junction upstairs. There are 35 resident artists' studios covering a wide range of the visual arts. Attendees will be able to meet the artists, see and discuss the creative process of their particular medium. Members of this organization have created some amazing documents of our diverse history and cultures. The gallery has changing monthly shows, demonstrations and art talks for the promotion of the visual arts.

Getting older comes with challenges in changes in our bodies, minds, resources and environment. What do you need to know? **ALL LECTURES ARE** ■●ON CAMPUS/ONLINE.

SESSION ONE

TUESDAY, SEPTEMBER 15

3:15-4:30 P.M.

■● **A CHANGE OF PRESCRIPTION: SHIFTING THE PHARMACIST'S ROLE IN HEALTHCARE**

WILLIAM CAMPILLO TERRAZAS, PharmD, MPH

Pharmacists are moving far beyond the pill bottle to manage chronic diseases, order labs and drive public health initiatives. We'll explore how pharmacists are expanding their scope to provide direct, front-line patient care.

TUESDAY, OCTOBER 6

3:15-4:30 P.M.

■● **CAPSULE-ATING SAFETY: THE CHEMISTRY OF CLINICAL CARE**

WILLIAM CAMPILLO TERRAZAS, PharmD, MPH

Do you have questions about the safety of medications? This lecture breaks down the process of pharmaceutical manufacturing into easy-to-digest pieces, highlighting the rigorous testing that keeps prescriptions safe.

WEDNESDAY, SEPTEMBER 16

1:30-2:45 P.M.

■● **BUILDING COGNITIVE RESERVE: TECHNIQUES FOR SUCCESSFUL AGING**

ASHLEY S. BANGERT

There are a variety of techniques that have been shown to enhance older adults' cognitive reserve, which can mitigate their susceptibility to age-related brain changes or disease-related declines. Follow discussions on these techniques and their range from exercise to AI-supported approaches.

WEDNESDAY, SEPTEMBER 30

1:30-2:45 P.M.

■● **THE AGING BRAIN: HOW AGING CHANGES BRAIN ORGANIZATION AND FUNCTION**

ASHLEY S. BANGERT

This lecture will cover the common changes that occur in neural structures, networks and associated functions as people age, and how different lifestyle choices and behaviors may impact cognitive reserve and flexibility in the face of such changes.

SESSION TWO

WEDNESDAY, OCTOBER 28

1:30-2:45 P.M.

■● **MIND WANDERING: UNDERSTANDING ATTENTION, MEMORY AND HEALTHY AGING**

MIYAH RAY-MORALES

Our minds naturally shift between the world around us and our own thoughts, memories and plans. This presentation explores how attention works, why our minds wander and how these experiences change across the lifespan. Students will learn about the role of reflection, engagement and everyday attention in supporting cognitive wellness and healthy aging, while gaining practical insights they can apply to daily life.

WE WELCOME VOLUNTEERS!

OLLI relies on volunteers. You can give a little or a lot of your time in any way that's unique to you. See page 13 for details.

The complexities of being human lead to the many dimensions of the state of being human, and our unique responses to our experiences personally, socially and politically.

SESSION ONE

MONDAY, SEPTEMBER 14

1:30-2:45 P.M.

ON CAMPUS/ONLINE

■● **PARDON MY IMMUNITY: EMBARKING UPON A NEW ERA OF UNPRECEDENTED PRESIDENTIAL PARDONS AND EXECUTIVE ORDERS?**

JOSE D. VILLALOBOS

In light of the Supreme Court's interpretation of presidential immunity, and in the context of the latest trends in executive orders and pardons under Presidents Biden and Trump, might there be a "new imperial presidency" on the rise? How different are modern presidents compared to their early counterparts in this regard? Could new trends result in a paradigm shift of presidential power within the system of checks and balances between the three branches of government?

SESSION TWO

MONDAY, OCTOBER 26

1:30-2:45 P.M.

ON CAMPUS/ONLINE

■● **BEING HUMAN AT A GLANCE: WHY WE THINK, FEEL AND REACT THE WAY WE DO**

DR. DEBORAH R. GOLDBERG

Drawing from psychology, family systems theory, and more than 30 years of clinical experience, Dr. Deborah Goldberg presents a course examining the underlying emotional patterns that influence behavior and relationships. Using her "Being Human at a Glance" model, participants will explore the origin of perceptions, emotional triggers, relational dynamics and communication styles while developing greater awareness, empathy and intentionality in everyday interactions.

MONDAY, NOVEMBER 9

1:30-2:45 P.M.

ONLINE

● **107 DAYS AT SEA: THE JOURNEY THAT CHANGED EVERYTHING**

JILL CHALSTY

At 63, Jill Chalsty boarded a ship alone, grieving her husband's death and battling cancer. What began as a voyage around the world became far more than a trip. In this lecture, Jill shares the story behind her memoir "Packets of Hope," inviting participants to travel alongside her through the ports she visited, the people she met, and the reflections that transformed personal adversity into strength and global impact. Jill demonstrates how one person's courage can create ripples that span continents. Participants are encouraged to read her memoir, available for free at www.packetsofhope.com, before the presentation.

The snippets of past events and eras are the pieces of history that evolve into the changing views of the present. Every snippet has significance.

ALL LECTURES ARE ■●ON CAMPUS/ONLINE.

SESSION ONE

MONDAY, SEPTEMBER 14

3:15-4:30 P.M.

■● CONTINGENCY OPERATION: THE 3RD BATTLE OF CIUDAD JUÁREZ, JUNE 1919

JOHN HAMILTON

Explore the third attempt by Gen. Pancho Villa to seize the city of Juárez, Mexico, in June 1919. Unlike the previous two battles in Juárez, this time, the U.S. Army in Fort Bliss was determined not to allow a conflict to occur. The earlier battles caused damage and injuries in the city of El Paso. This time, there was a plan to strike early to deter the attackers and possibly even capture or kill Gen. Villa, the raider of Columbus, NM, three years earlier. It was an example of a successful contingency operation of short duration and resulted in the withdrawal of Villa and his troops. This was the beginning of the end of the Mexican Revolution, and Villa was forced to surrender to Mexican federal authorities the following year.

MONDAY, SEPTEMBER 21

3:15-4:30 P.M.

■● CHANGING TECHNIQUES ON AMERICAN PRESIDENTIAL ELECTION CAMPAIGNING: FROM TORCHLIGHT PARADES TO PODCASTS

GUSTAV L. SELIGMAN

The methods of appealing to the voters have changed over the years. Each has affected the overall conduct of both voters and candidates from 1788 to 2024.

WEDNESDAY, SEPTEMBER 23

1:30-2:45 P.M.

■● ON ORIGIN: UNIVERSAL SALVATION IN MODERN CHRISTIANITY

TAMI HOOD

In and among the early church fathers, there were two perspectives on salvation. One was universal salvation based on the thought that there was only heaven from the Greek philosopher, Origen. The other evolved out of paganism in Rome through Tertullian, known as the father of Latin Christianity. The inflection point—the conflict between Greek and Latin philosophy—emerged as the voice of modern Christianity.

SESSION TWO

WEDNESDAY NOVEMBER 4

1:30-2:45 P.M.

■● THE HISTORY OF THE NIKE AJAX MISSILE SYSTEM ON FORT BLISS, TEXAS 1944-1960

JOHN HAMILTON

Trace the development of the Nike Ajax guided missile system, the subsequent training program to field it, and the establishment of the Nike missile units as part of the U.S. Army Air Defense Command (ARADCOM) throughout the United States and overseas during the Cold War.

THURSDAY, NOVEMBER 5

1:30-2:45 P.M.

■● THE JESUS EVENT: A TURNING POINT IN THE AXIAL AGE

TAMI HOOD

Several belief systems evolved during the Axial Age, a period of transition from myth to rational inquiry. The time of Jesus was the pivotal point for change and the emergence of new religious philosophies, dogma and cultures.

WEDNESDAY NOVEMBER 11

1:30-2:45 P.M.

■● FOUNDING FATHERS: THE YOUNG MEN OF THE REVOLUTION

GUSTAV L. SELIGMAN

The underlying premise of this lecture is that there were two generations involved in the American Revolution. There were the leaders who led in declaring independence, men such as Patrick Henry and John Hancock, and there were the men who actually led in the fighting, men such as George Washington, Alexander Hamilton, etc. The first were essentially state leaders; the second were those who, because of the nature of the war, had to think in continental terms.

Bridge the generational gap, share and meld the knowledge of younger and older ages. Learning crosses time and never gets old. **ALL SESSIONS ARE ■ON CAMPUS**

SESSION ONE

**WEDNESDAYS, SEPTEMBER 16
AND 23, 1:30-2:45 P.M.**

■ OLLI MEETS TECHNOLOGY: WHAT IS YOUR STORY?

SOYEON LEE

Join this group of UTEP students to explore technology, human interactions and UX. UX refers to user experience in technology-human interaction. This class invites OLLI students to tell a story as UX experts who will explore how diverse users feel when using a tech product. Under a partnership with a UTEP RWS 3359 Technical Writing course, OLLI students will act as co-researchers with UTEP students to solve technology issues through storytelling.

**MONDAYS, SEPTEMBER 28 AND
OCTOBER 5, 3:15-4:30 P.M.**

■ WRITING RESEARCH: IDEATION WITH OLLI

SOYEON LEE

Where and how does research start? UTEP English Rhetoric and Writing Studies graduate students ideate their research ideas and questions to know more about what writing research can do with/in community and how writing research can be better done. Join a session being a reviewer and helping students ideate and design their research process.

“ OLLI has benefits! It gives me a community I can be involved with and lets me commit to learning. ”

Laura Gorby
OLLI Member/Student



FALL 2026 SESSION TWO COURSE REGISTRATION FORM

6-WEEK SESSION: OCTOBER 26-DECEMBER 11, 2026
NO CLASSES ON THANKSGIVING WEEK: NOVEMBER 23-27

Courses are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours.

● **ONLINE** ■ **ON CAMPUS** ▲ **ON SITE**

Courses that take place anywhere other than on campus are also designated as on-site courses with addresses included in the descriptions.

MONDAYS

START DATE: OCTOBER 26

10-11 a.m.

ONLINE

● **AGING GRACEFULLY - SENIOR FITNESS WORKOUT: SESSION TWO**

WAYNE GARDNER

This one-hour exercise sequence boosts strength, cardiovascular health, balance and mobility with a strong focus on functional movement. We'll move through resistance training, energizing aerobic work, balance challenges and mobility-focused stretching. We'll also practice breathing exercises to help you regulate stress and stay centered. Each workout features a different fitness target and offers practical tips to build healthy habits and feel stronger and more vibrant in daily life.

1:30-2:45 p.m.

ON CAMPUS

■ **INTRODUCTION TO WU- STYLE T'AI CHI: SESSION TWO**

STEVE BAROWSKY

This course is an introduction to Wu-Style T'ai Chi. Wu Style is one of the most widely practiced forms of T'ai Chi. It has compact, precise, circular whole body movements. The movements are based on highly developed body mechanics and internal energy (chi) flows directed by focused mind intent. This practice is beneficial to body, mind and spirit.

ON SITE

▲ **CROCHET/KNITTING THERAPY**

LINDA SHUBECK

Would you like to learn to knit or crochet? Use these skills to make a scarf or maybe a shawl. Students with more experience may choose an advanced project. Have fun and learn something new, useful and relaxing. Students will need to obtain yarn, a crochet hook and/or knitting needles at a cost of approximately \$5-\$20. A materials list will be emailed to you as soon as possible. Classes will meet at the Rio Grande Cancer Foundation, 616 N. Virginia St., El Paso, TX 79902. ✂

ON CAMPUS/ONLINE

■● **TRAVEL GUIDE TO DENMARK**

LENAE C. RASMUSSEN

Tour Denmark's beautiful landscapes, charming medieval-like towns, clean air, bike-friendly cities, exquisite bakeries and restaurants, and learn about the locals who love to have a good time. Danes have a very ordered but happy lifestyle. To them, life is meant to be lived—not spent in an office. We will explore Copenhagen, Skagen and its coastlines, Aarhus, Ribe, and the beautiful parks that fill this small but wonderful place.

■● **BASIC SPANISH FORUM - LEARNING IN ACTION: SESSION TWO**

CRISTINA LOURDES BUENO GORENA

The Basic Spanish Forum is a perfect space for learning and practicing Spanish, focusing on dynamic conversation, storytelling and building foundational vocabulary. Habla español!

3:15-4:30 p.m.

ON CAMPUS

■ **SMARTPHONE PHOTO EDITING WITH LIGHTROOM & PHOTOSHOP MOBILE**

YOUNG LEE

This course introduces practical smartphone photo editing using free mobile apps, Adobe Lightroom Mobile and Photoshop Mobile. Participants learn simple techniques to improve everyday images, including exposure correction, color adjustment, cropping and basic retouching. No prior experience is required. The course focuses on hands-on practice to help participants enhance photo quality quickly and effectively, using easy-to-follow steps that can be applied immediately in daily smartphone photography. This is a 2-week course with classes on 10/26 and 11/2.

ON CAMPUS/ONLINE

■● **FOREIGN FILMS ACROSS THE WORLD**

ULISES CORDOVA

Watch and discuss influential films made across all major continents. The class will examine certain filmmaking techniques and topics that gained traction in specific regions, and understand the roles film played.

ON SITE

▲ **FLAVOR FOUNDATIONS: COOKING WITH CONFIDENCE AND INTUITION**

JACQUELINE CORDOVA

Discover how great flavor is built. In this 6-week, hands-on series, we'll explore the essential elements of seasoning—salt, acid, sweetness, bitterness, heat and herbs—and learn how to balance them with confidence. Through three seasonal recipes each week, participants will sharpen their instincts, fix common flavor mistakes, and cook with greater creativity and skill. Suggested additional fees may be paid to the instructor based on supplies given to participants. Classes meet at the Desert Spoon Food Hub at 1714 E. Yandell Dr., El Paso, TX 79902.

TUESDAYS

START DATE: OCTOBER 27

9-10 a.m.

ON CAMPUS

■ **WALKERCISE TUESDAYS: SESSION TWO**

LYNN PROVENZANO

Get your steps in! Discover the nooks, niches, gentle slopes and stairways on campus with brisk morning walks.

1:30-2:30 p.m.

ONLINE

● **CHAIR STRENGTH AND STABILITY: SESSION TWO**

GENIE GONZALEZ-NICHOLSON

Strength and stability are key health components to a long, active and independent life. Energizing music will get you into the mood to work out. Sitting on a chair, exercises will target upper and lower body that will focus and improve areas requiring attention. Resistance bands (long and round) will be utilized. Please wear comfortable clothing and sneakers and work out in the comfort of your home.

1:30-2:45 p.m.

ON CAMPUS/ONLINE

■● **FRENCH CONVERSATION: SESSION TWO**

JEAN-CLAUDE LINOSSI

Read French short stories, discuss them in class and interact with each other in French. Students will need to buy a book for this course which is at intermediate level and not for beginners.

■● **AWAKENING IN THE WISDOM YEARS: GROWING WHOLE, NOT OLD**

RICHARD BARTLETT

Reframe and reclaim this once honored stage of life. Using selected topics as a guideline along with peer-led discussion, we will draw from the collective wisdom of the group to explore and embrace this vital stage of life. A stage of inner growth, spiritual deepening and personal evolution from doing to being. "Growing whole, not old" as quoted by Ardis Mayo.



EACH ONE REACH ONE! SPREAD THE WORD ABOUT OLLI.

Bring a new member to OLLI and receive a credit toward your registration. See page 18 for details.

3:15-4:30 p.m.

ON CAMPUS/ONLINE

■● **MEDITATION: YOUR PERSONAL SPACE**

LYNN PROVENZANO

Discover within yourself a personal space to unravel entanglements, release stress, support wellness and find clarity. A few minutes of meditation has many benefits physically, emotionally and mentally. Guided meditations build the foundation for quality time for ourselves and pathways to calmness. Relax and expand into your personal space.

■● **LGB WHAT? THE HISTORY AND SCIENCE OF HUMAN SEXUAL AND GENDER DIVERSITY**

AUROLYN LUYKX

With the increasing political attacks on queer identities and expression, it's a good time to learn more about how these identities actually evolved (in both the social and the biological sense). Join us for an enlightening exploration of how phenomena such as homosexuality, transgenderism and intersex conditions fit into the broader tapestry of human diversity.

WEDNESDAYS

START DATE: OCTOBER 28

1:30-2:30 p.m.

ON CAMPUS

■ **LINE DANCING: SESSION TWO**

GENIE GONZALEZ-NICHOLSON

Keep moving. It's line dancing for you! Yes, you can! Motivating country, '70s and Latin music headline this fun-filled line dance class. Easy-to-learn, repetitive dance combinations are broken down and rehearsed prior to each dance. Not only is this class fun and energizing, line dancing has health benefits: coordination, balance, mobility and heart health. Please wear comfortable sneakers.

1:30-2:45 p.m.

ON CAMPUS/ONLINE

■● **THE MANY ASPECTS OF COLOR IN OUR LIVES**

MARIE LIVINGSTON

Color is all around us in our homes, in art and in nature. How do we see color? Where do colors come from? How do artists use color? These are just some of the topics to be covered in classes. This is a 3-week course with classes on 10/28, 11/4 and 11/11.

■● **THE MAGI: WHO WERE THE ASTROLOGERS FROM THE EAST AT THE BIRTH OF CHRIST?**

HUGH REYNOLDS

Who were the Magi who presented gifts of gold, frankincense, and myrrh to the Christ Child in the Gospel of Matthew? This question has been the source of legend, speculation and scholarly debate for 2,000 years. But do we really know the truth about these mysterious astrologers who appear every year in our Christmas celebrations? This course will explore the latest research and present surprising answers to the real identity of these enigmatic biblical figures. This is a 3-week course with classes on 11/18, 12/2 and 12/9.

ON CAMPUS

■ **YOGA NIDRA: THE ART OF CONSCIOUS REST**

LISA RUIZ, DC

Yoga Nidra or "Yogic sleep" is a form of guided meditation which accesses deep relaxation in body and mind while maintaining awareness. It is practiced lying down in the resting posture of Savasana or "Corpse Pose". It is scientifically proven to induce a range of brainwave states which are related to mental and physical well-being. No prior experience is necessary. This practice is accessible and beneficial for all.

2:30-4:30 p.m.

ON CAMPUS

■ **CREATIVE STAMP CARVING WITH LINOCUT: A RELAXED INTRODUCTION**

DAVINIA MIRAVAL

Discover the art of linocut printmaking in a relaxed environment. In this beginner-friendly course, participants will learn how to design, carve and print handmade stamps using simple linocut techniques and tools. Through guided projects and creative exploration, students will create unique prints. The purchase of a linocut kit is required. Classes are two hours long and there is an additional fee of \$25 for this course.

3:15-4:30 p.m.

ON CAMPUS/ONLINE

■● **TEXAS RANGERS**

ALFREDO ARROYO

The Texas Rangers are an investigative division of the Texas Department of Public Safety. The Rangers are considered as one of the most effective investigative agencies in the world. This course will introduce us to the history of the organization from its origins in 1823 protecting Texans on the frontier, to its current function as elite law enforcers of the 21st century.

THURSDAYS

START DATE: OCTOBER 29

9:30-10:45 a.m.

ON CAMPUS

■ **YOU-CAN-DO-IT YOGA WITH PHYLLIS: SESSION TWO**

PHYLLIS PRICE

Join Phyllis for yoga designed for OLLI. What you won't do: put your foot behind your head. What you will: 1) listen to your body's wisdom; 2) practice yoga postures adapted for OLLI ages and bodies by your 84-year-old instructor; 3) build more strength, flexibility, focus and well-being; 4) counteract stiff joints, text neck, "dowager's hump", and even depression and anxiety; 5) learn breathing practices to enhance lung capacity, organ health and balanced emotions; 6) meditate with relaxation exercises that conclude practice. Classes meet in Memorial Gym.

11 a.m.-Noon

ONLINE

● **MINDFUL BODYWORK: SESSION TWO**

WOLF CARTER

Improve your energy by mindfully working the less used areas of the body, expanding your mobility, creating balance and building body awareness. Exercises are specifically designed to address any level of physical ability.

1:30-2:45 p.m.

ON CAMPUS

■ **LATIN DANCE: STEP INTO RHYTHM -SESSION TWO**

DIANA DURON

Step it up! Learn the simple Latin steps of Bachata, Cumbia and Cha Cha. Find your rhythm and dance to the music! Diana Duron is a competitive ballroom dancer who will lead you in the basics of each of these familiar Latin dances as singles or as partners. Step into rhythm, movement and music. Have fun and smile!

ON CAMPUS/ONLINE

■● **EVERYDAY MINDFULNESS: BRINGING THE MAGIC BACK INTO YOUR LIFE**

SALLY TEMPLETON

Uplift your spirit by incorporating simple mindfulness practices into your day. Ordinary experiences, such as doing chores, listening, talking, eating and walking become richer as you use all your senses to savor them. Experience more peace, pique your curiosity, and enrich your days by bringing a little mindfulness magic to your life. This is a 4-week course with classes on 11/12, 11/19, 12/3 and 12/10.

ON SITE

▲ **INSPIRED WRITING**

MONICA E. GÓMEZ

Inspired Writing, a series of creative writing workshops, uses a broad range of information—from scientific articles to poetry—plus focused discussion and thought-provoking prompts to set up brief in-class free-writes. Reading aloud allows the group to share life experience, reflections, fresh perceptions and insights. This format encourages writers to practice capturing fleeting inspiration, trust their instincts, and discover intriguing areas of the subconscious. Classes meet at the Rio Grande Cancer Foundation, 616 N. Virginia St., El Paso, TX 79902. This is a 3-week course with classes on 10/29, 11/5 and 11/12. ✨

3:15-4:30 p.m.

ON CAMPUS/ONLINE

■● **THE BEATLES: PART TWO**

STEVE SCHILLER

In case you missed "The Beatles: Part One," here is "The Beatles: Part Two." Video and audio performances of The Beatles from their early beginnings. Movie clips and songs from "A Hard Day's Night" and "Help," "Magical Mystery Tour" and the "Rooftop Concert."

■● **VOYAGE MORE THROUGH THE AUSTRIAN STATES**

JEAN-CLAUDE LINOSSI

Travel further into the Austrian states, from the vibrant and historic city of Vienna to the states of Tyrol and Salzburg in the Austrian Alps, and the Danube valley of Lower Austria and Burgenland.

ONLINE

● **ITALIAN FOR BEGINNERS: SESSION TWO**

SILVIA PORTILLO

This course is a continuation of Italian for Beginners Level 1 from last semester. The book we use is called "Progetto Italiano 1. Corso multimediale di lingua e civiltà italiana. A1-A2 libro dello studente." This book makes learning pleasant for every Italian experience.

FRIDAYS

START DATE: OCTOBER 30

9-10 a.m.

ON SITE

▲ WALKERCISE FRIDAY HILL CLIMBS: SESSION TWO

DEVON WALL

Lace up your sneakers, keep walking, and get in more challenging steps. This group takes different off-campus routes. Walk on!

9-11 a.m.

ONLINE

● PORTRAIT AND LANDSCAPE FUSION: DRAWING AND PAINTING MASTERY (CONTINUED FROM SESSION ONE)

ROSARIO PONTE

Continued from Session One

1:30-2:45 p.m.

ON CAMPUS

■ OLLI COOKBOOK - THOUGHTS ON FOOD: SESSION TWO

VICKI HARDER & ELIZABETH LUSCOMBE

Join the OLLI cookbook committee as we continue to work to create a cookbook as an OLLI fundraiser. We are looking for assistance on organizing recipe submissions, editing, creating artwork and taste testing of recipes! In addition, we'll be having class discussions on the origins of cookbooks, food, our recipes and more.

ON CAMPUS/ONLINE

■● A BRIEF SURVEY ON HEMINGWAY

NICOLAS COOPER

Survey some of Hemingway's most interesting work, including short stories and fascinating documentary pieces about the most famous and misunderstood American author of the 20th century, and the father of modern American literature. This is a 3-week course with classes on 10/30, 11/6 and 11/13.

1:30-3:30 p.m.

ONLINE

● PORTRAITURE PAINTING TECHNIQUES THROUGHOUT THE MODERN ERA (CONTINUED FROM SESSION ONE)

RAAFAT MAXIMOS AYOUN

Continued from Session One



Have questions?

We are here to help you!

Email us at: olli@utep.edu

Call us at: 915.747.6280

VOLUNTEER AT OLLI

VOLUNTEERING ADDS TO THE BENEFITS OF OLLI

VOLUNTEER TODAY TO:

- Keep the OLLI program affordable
- Work together with old and new friends
- Try something new
- Teach a class or give a lecture
- Share your skills
- Be part of the present for the future
- Provide office, classroom and tech assistance
- Offer hospitality
- Serve on committees
- Help build community through ambassadorship

Contact **LYNN PROVENZANO** to ask about volunteering: 915.747.6280.

“OLLI enriches my mind, my body and my senses. For the past 11 years, it's given me opportunities to learn fields I didn't have time to study while working in my own field and raising a family. With OLLI, there are always new courses to take or teach, new ideas to discuss and best of all great new friends to share them with. Join us!”

Mary Benanti

Long-time OLLI Member



FALL 2026 OSHER ONLINE COURSES

Osher Online™
in collaboration with Northwestern University
School of Professional Studies

More opportunities to learn! The Osher National Resource Center offers another set of online courses that complements our OLLI programs and gives OLLI members access to amazing instructors. You **MUST** be an OLLI member to participate in these courses. All OSHER Online courses are offered over 6 weeks and are 90 minutes long. **Each course has a \$60 fee.**

**MONDAYS, SEPTEMBER 28-NOVEMBER 2,
9-10:30 A.M.**

GREAT ARTISTS IN AMERICAN ROOTS MUSIC

TAYLOR ACKLEY

From its emergence in the early 20th century, country music has resonated with those navigating a rapidly changing world. A key genre of American roots music, it expresses hardship while evoking emotion. This course explores the history of country and American roots music through the stories and artistic developments of key figures including the Carter Family, Bill Monroe, Hank Williams and Dolly Parton.

**MONDAYS, SEPTEMBER 28-NOVEMBER 2,
11 A.M.-12:30 P.M.**

ART DETECTIVES: FORGERY, PROVENANCE, AND THE SCIENCE OF AUTHENTICATION

CHRISTINE MAASDAM

The art world may appear glamorous, but deception often lies beneath the surface. After weapons and drugs, art is the third most lucrative illicit trade, with reports suggesting that more than half of artworks are fake or misattributed. In this course, we will ask: When is a copy simply a copy, and when is it a forgery? What techniques do master forgers use? What can science tell us about art authenticity? We will uncover riveting stories of criminal art activity and master forgeries.

**MONDAYS, SEPTEMBER 28-NOVEMBER 2,
11 A.M.-12:30 P.M.**

THE BRITISH FAMILY IN FILM: HEAVY IS THE HEAD THAT WEARS THE CROWN

BUTCH EPPS

This course examines royal succession through acclaimed British films that explore power as a moral and political crisis. We will trace the monarchy's evolution from personal rule to institutional authority. We will cover the Plantagenet struggles in "Becket" and "The Lion in Winter"; the moral costs of kingship and the performance of national leadership through "Chimes at Midnight" and "Henry V"; the Tudor rupture through "A Man for All Seasons"; and the consolidation of legitimacy in "Elizabeth."

**TUESDAYS, SEPTEMBER 29-NOVEMBER 3,
9-10:30 A.M.**

WINNING THE WHITE HOUSE: THE EVOLUTION OF THE PRESIDENCY

JOHN WHITE

Harry S. Truman called the presidency "the most peculiar office in the world." In this course, we will explore how the framers left the office open to interpretation, allowing presidential power to expand over time. We will examine how the presidency has come to dominate the three branches, how presidents gain and use power, and how the rise of the administrative state has altered the balance the framers intended.

**TUESDAYS, SEPTEMBER 29-NOVEMBER 3,
11 A.M.-12:30 P.M.**

MEXICO CITY: EMPIRES, REVOLUTIONS AND EVERYDAY LIFE

WILLIAM (BILL) BEEZLEY

Mexicans celebrate a remarkable diversity of peoples, music, food, festivals and historical traditions, expressed through fiestas that bring communities together throughout the year. In this course, we will explore Mexico City as a cultural and historical crossroads shaped by centuries of continuity and change. We will trace the legacies of Indigenous civilizations, the transformations of Spanish colonial rule, the struggles for independence and revolution, and the rise of modern democratic politics, culminating in the election of Mexico's first woman president.

**TUESDAYS, SEPTEMBER 29-NOVEMBER 3,
3-4:30 P.M.**

A COSMIC GRAND TOUR: THE REALMS OF THE UNIVERSE

ANDREW FRANKNOI

In this course, we will explore the three fascinating realms of the cosmos: nearby planets and moons; the stars; and the galaxies (the great island of stars that turn out to be the building blocks of the universe.) Our discussion will be in everyday language, without any math, and will be accompanied by remarkable color images from the latest space probes and the world's largest telescopes, including the latest breathtaking images from the James Webb Space Telescope.

**TUESDAYS, SEPTEMBER 29-NOVEMBER 3,
5-6:30 P.M.**

APPLE AT 50: HOW IT REVOLUTIONIZED COMPUTING AND TRANSFORMED DAILY LIFE

LEANDER KAHNEY

This course traces Apple's fifty-year history and its massive impact on personal computing, design, product culture, platforms and ecosystems, and daily life. Each session focuses on a different decade in Apple's history, from the birth of the PC in the late 1970s to the latest Apple silicon, VR headsets and future iPhones. We will learn how Apple reshaped not just technology, but how people live, work and communicate.

**TUESDAYS, SEPTEMBER 29-NOVEMBER 3,
7-8:30 P.M.**

THE BIRTH OF THE BEAT GENERATION

KURT HEMMER

In this course, we will examine the dramatic circumstances that gave rise to the Beat Generation in the 1940s. Together, we will examine three famous Beat works: "Howl and Other Poems" by Allen Ginsberg, "On the Road" by Jack Kerouac and "Naked Lunch" by William S. Burroughs. We will focus on historical events involving Beat writers, important passages of Beat literature, and the literary movement that spawned the 1960s counterculture.

**WEDNESDAYS, SEPTEMBER 30-
NOVEMBER 4, 9-10:30 A.M.**

SOME ASSEMBLY REQUIRED: THE STORY OF THE NORTH AMERICAN KIT HOME

NIGEL TATE

In this course, we will explore the history and cultural impact of kit homes in North America, focusing on their peak from 1905 to 1945. We will learn how to identify these mail-order houses and examine their rise, decline and industrial innovations. We will also consider how kit homes intersected with issues of race and gender. Through examination of the industry and the stories of the people who lived in these homes, we will discover why they remain an important part of the cultural landscape.

**WEDNESDAYS, SEPTEMBER 30-
NOVEMBER 11, 3-4:30 P.M.**

THE MAGIC BEHIND FILM SCORES: THE ROLE OF MUSIC IN GREAT MOVIES - PART II

MIKE AGRON

This course continues our journey into how music drives the emotional power of film. We will explore how scores and songs shape story, character and memorable moments. We will focus on films where songs take center stage, from iconic themes to pop- and rock-driven storytelling. Spanning genres and eras, we will see how composers, songwriters and performers expanded the language of film music—from Westerns and global cinema to the pop-cultural impact of James Bond and The Beatles.

**WEDNESDAYS, SEPTEMBER 30-
NOVEMBER 4, 5-6:30 P.M.**

TRACING OUR ROOTS: DNA, FAMILY HISTORY AND THE POLITICS OF IDENTITY

ANGEL CERVANTES

How does DNA reshape our understanding of ancestry and identity in the Americas? In this course, we will explore genetic genealogy through early contact between European and Indigenous peoples, using the New Mexico DNA Project as a case study. We will examine Y-DNA, mitochondrial DNA, Indigenous haplogroups, and the Spanish castas system. We will consider the ethical and political implications of DNA testing and the limits of what genetic evidence can and cannot tell us about race and belonging.

TO REGISTER ✓



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**THURSDAYS, OCTOBER 1-NOVEMBER 5,
9-10:30 A.M.**

BIOLOGY & SOCIETY

ERIC SIMON

This course introduces the scientific study of life, emphasizing real-world applications and the societal, ethical and legal consequences of biological advances. We will place key principles within the context of issues that affect society. Designed for non-scientists with little or no recent science experience, the course encourages discussion and reflection. Many topics are at the leading edge of discovery, and we will consider the ongoing ethical and legal debates surrounding their application.

**THURSDAYS, OCTOBER 1-NOVEMBER 5,
1-2:30 P.M.**

**"STUDIES SHOW..." (OR DO THEY?):
UNDER THE HOOD OF A SCIENTIFIC
STUDY**

JOHN HENDRICKSON

What really changes when we read beyond the abstract? In this interactive course, we will open real research papers (many in health and nutrition) and explore what scientists actually look for. We will explore how small design choices can dramatically shape a study's meaning, and why headlines rarely tell the full story. No technical background is required, just curiosity. By the end of the course, we will never read "studies show..." the same way again.

**MONDAYS, OCTOBER 5-NOVEMBER 9,
1-2:30 P.M.**

SACRED MOUNTAINS OF THE WORLD

JONATHAN DUNCAN

Across cultures and throughout history, mountains have held powerful symbolic meaning. In this course, we will explore how the Buddhists of the Himalayas, the Inca of the Andes, the Inuit of the far north and European Romantics understood and approached these landscapes. Through an interdisciplinary lens, we will examine the beliefs, traditions and mythologies inspired by the world's mountains, using illustrated lectures, short readings and discussion to deepen our connection to these high and wild places.

**MONDAYS, OCTOBER 5-NOVEMBER 9,
5-6:30 P.M.**

**THE HISTORY AND EXPERIENCE OF
ROUTE 66**

PETER DEDEK

Route 66 is as much an idea as it is a place. Since 1926, it has evolved from a busy highway into a symbol of nostalgia, travel and the American road. Today, it serves as a kind of pilgrimage route, marked by neon signs and preserved roadside landmarks. In this course, we will explore its history, cultural meaning, rise and decline, revival and preservation, while considering the future of this iconic American highway.

**TUESDAYS, OCTOBER 6-NOVEMBER 10,
1-2:30 P.M.**

**CULTS AND NEW RELIGIOUS
MOVEMENTS IN AMERICA**

KATHRYN (KATE) DAVIS

America has long been fertile ground for new and alternative religions. In this course, we will examine New Religious Movements, often labeled "cults", within the U.S. context. We will explore why some became accepted, others faded, and some led to controversy or tragedy. We will consider both insider perspectives and outsider views while analyzing their history, beliefs and practices. Focusing on the 18th and 19th centuries, we will work to better understand these movements and challenge common misconceptions.

**WEDNESDAYS, OCTOBER 7-NOVEMBER 11,
11 A.M.-12:30 P.M.**

**POST-WAR ARCHITECTURE: THE
INNOVATIVE ARCHITECTS OF THE
MIDCENTURY MODERN PERIOD**

ELEANOR SCHRADER

From new industrial materials to innovations in housing, mid-20th-century designers worked to shape an aesthetic that reflected post-World War II ideals. In this course, we will explore the optimism linking design and lifestyle, especially through open living spaces. We will examine the Case Study Program and the work of designers such as Charles and Ray Eames, John Lautner, Eero Saarinen, E. Fay Jones and Donald Wexler, within the context of rapid social change.

**WEDNESDAYS, OCTOBER 7-NOVEMBER 11,
3-4:30 P.M.**

**AUGUST WILSON AND HIS AMERICAN
CYCLE-THE FIRST FIVE: 1904-1957**

LADRICIA MENSON-FURR

August Wilson was the first African American playwright to have a Broadway theater bear his name, honoring his powerful portrayal of African American culture. In this course, we will read, watch and examine plays from Wilson's American Cycle, which represents each decade of the 20th century. We will explore his life and influences while focusing on "Gem of the Ocean," "Joe Turner's Come and Gone," "Ma Rainey's Black Bottom," and "Seven Guitars," tracing his interpretation and celebration of African American culture.

**THURSDAY, OCTOBER 8-NOVEMBER 12,
3-4:30 P.M.**

**EARLY 20TH-CENTURY AVANT-GARDE:
FROM REBELLION TO ABSTRACTION**

LAUREN WEINGARDEN

Journey into the vibrant world of early 20th-century art and witness the birth of abstraction. This transformative period reshaped the cultural landscape, from the bold colors of Fauvism and the fractured forms of Cubism, to the dreamlike realms of Surrealism. Each session focuses on the movements' leading artists including Matisse, Kandinsky, Picasso, Mondrian, Duchamp and Dalí. We will explore their aesthetic goals and the social and cultural currents that influenced them.

**FRIDAYS, OCTOBER 9-NOVEMBER 13,
9-10:30 A.M.**

**THE '60S THROUGH THE GREAT
SPEECHES**

ARTHUR (BUCK) BENEDICT

The 1960s is a decade wrapped in myth and misunderstanding. In this course, we will cut through that haze by turning to something powerful and concrete: the speeches of the era. The times and the conditions demanded these significant speeches. Together, we will listen to the voices that moved a nation and shaped history. With recordings preserved through television, video and YouTube®, we will discover what these speeches still have to teach us today.

**MONDAYS, OCTOBER 12-NOVEMBER 16,
3-4:30 P.M.**

**THE SEARCH FOR AN AMERICAN SOUND
EMANUEL ABRAMOVITS**

Since the 1890s, when Americans were beginning to develop their own traditions in classical music, composers recognized the dilemma of creating the American sound. We will explore how classical musicians, and Broadway and Hollywood composers, most of them Jewish, followed parallel paths in creating sounds that reflect these lands and its people. Aaron Copland, George Gershwin, William Grant Still, Florence Price, Alex North, Elmer Bernstein and others will be the protagonists of this lecture.

**WEDNESDAYS, OCTOBER 14-NOVEMBER 18,
1-2:30 P.M.**

**LIVING OFF THE LAUGHTER: HISTORY OF
COMEDY IN AMERICA**

EDDY FRIEDFELD

This course is a history class with a laugh track. We will analyze the 20th and 21st centuries against their historic context, using humor as the platform. We will discuss how comedy was shaped by and responsive to American society, and how comedians influenced and shaped American life. We will cover silent films, vaudeville, radio, screwball and romantic comedies, and the Golden Age of Television. We will study how each generation's identity influenced what (and whom) they laughed at.

**THURSDAYS, OCTOBER 15-NOVEMBER 19,
11 A.M.-12:30 P.M.**

**POWER AND THE PEOPLE: THE
EVOLUTION OF THE U.S. FEDERAL
JUDICIARY**

LAUREN ANDERSEN

The American Experiment began with the Declaration of Independence and led to the creation of the federal judiciary, one of the country's greatest experiments. In this course, we will trace the evolution of the courts from their English roots to their formal establishment in the Constitution. We will explore how the Supreme Court, lacking the power of the purse or military, derives its authority from its ability to connect with the people of the U.S. and protect democracy. We will examine creation of the federal judiciary and the power of the Marshall Court, the Court's evolution through the New Deal, the Vinson Court, the Warren Court's "Rights Revolution," and the role of today's U.S. Supreme Court.

**MONDAYS, OCTOBER 19-NOVEMBER 23,
9-10:30 A.M.**

**THE INVISIBLE THREAD: 3,500 YEARS OF
GLOBAL SUPPLY CHAIN**

SCOTT JONES

We often only notice the global supply chain when it breaks. Yet, for millennia, the movement of goods has been the silent engine of civilization. In this course, we will track the evolution of trade from an executive's perspective. From the sunken treasures of Bronze Age merchant ships to the high-tech intermodal systems of today, we will explore the vessels that carried the world's wealth and the complex networks that keep our modern shelves stocked.

TO REGISTER ✓

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FALL 2026 **SESSION ONE** COURSE REGISTRATION FORM

6-WEEK SESSION: SEPTEMBER 8-OCTOBER 16, 2026

OLLI Fall 2026 classes are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours. On-campus classes are limited to 24 students per classroom

For courses offered in more than one format, select the format you prefer. Additional fees apply to courses with extended class hours and to Osher Online courses.

Please note: Courses may have minimum and/or maximum requirements. Courses and tours may have waitlists. Courses with low registrations are subject to cancellation.

► Please **CIRCLE THE ASTERISK** of the course you are interested in.

	Course Title	Time	On Campus ■	Online ●	On Site ▲	Information
MONDAY	● Aging Gracefully - Senior Fitness Workout: Session One	10-11 a.m.		*		
	▲ <i>Trips, Not the Travel Kind</i> Confidence on Your Feet: Prevention and Planning	Noon-1:15 p.m.			*	Presentation: 9/14; class meets at EP Rehab
	▲ <i>Trips, Not the Travel Kind</i> Confidence on Your Feet: Prevention and Powering Up	Noon-1:15 p.m.			*	Presentation: 9/21; class meets at EP Rehab
	■ Introduction to Wu-Style T'ai Chi: Session One	1:30-2:45 p.m.	*			
	●● Basic Spanish Forum - Learning in Action: Session One	1:30-2:45 p.m.	*	*		
	●● Travel Guide to Finland	1:30-2:45 p.m.	*	*		
	●● <i>The Complexities of Humanness</i> Pardon My Immunity: Embarking Upon a New Era of Unprecedented Presidential Pardons and Executive Orders?	1:30-2:45 p.m.	*	*		Single lecture: 9/14
	▲ Nutrition Truths Behind the Headlines	3:15-4:30 p.m.			*	Classes meet at Desert Spoon Food Hub
	■ Capture Everyday Life With Your Smartphone	3:15-4:30 p.m.	*			3 weeks: 9/14, 9/21, 9/28
	■ <i>Intergenerational Bridges</i> How Research Starts: Ideation With OLLI	3:15-4:30 p.m.	*			2 weeks: 9/28, 10/5
	●● Understanding the Language of Filmmaking	3:15-4:30 p.m.	*	*		
	●● <i>Snippets of History</i> Contingency Operation: The 3rd Battle of Ciudad Juárez, June 1919	3:15-4:30 p.m.	*	*		Single lecture: 9/14
	●● <i>Snippets of History</i> Changing Techniques on American Presidential Election Campaigning: From Torchlight Parades to Podcasts	3:15-4:30 p.m.	*	*		Single lecture: 9/21
TUESDAY	■ Tuesday Walks: Session One	9-10 a.m.	*			3 weeks: 9/22, 9/29, 10/13
	● Chair Strength and Stability: Session One	1:30-2:30 p.m.		*		
	●● French Conversation: Session One	1:30-2:45 p.m.	*	*		
	●● Chihuahuan Desert Natural History	1:30-2:45 p.m.	*	*		
	▲ Writing Your Memoir: Past/Present	1:30-2:45 p.m.			*	5 weeks; classes start 9/8; classes meet at RGCF
	●● Meditation: Rising Above the Chaos	3:15-4:30 p.m.	*	*		3 weeks: 9/22, 9/29, 10/13
	●● Documentaries and Discussions	3:15-4:30 p.m.	*	*		
	●● <i>Adapting to the Aspects of Aging</i> A Change of Prescription: Shifting the Pharmacist's Role in Healthcare	3:15-4:30 p.m.	*	*		Single lecture: 9/15
	●● <i>Adapting to the Aspects of Aging</i> Capsule-ating Safety: The Chemistry of Clinical Care	3:15-4:30 p.m.	*	*		Single lecture: 10/6
	■ <i>Tuesdays by Appointment</i> Free Professional Photography Sessions With Fred Eiland	By appointment	*			By appointment only
	▲ <i>History Tours of El Paso County</i> St. Patrick's Cathedral	10-11:30 a.m.			*	Tour: 9/16
	▲ <i>History Tours of El Paso County</i> First Baptist Church	10-11:30 a.m.			*	Tour: 9/23
	▲ <i>History Tours of El Paso County</i> St. George's Antiochian Orthodox Church	10-11:30 a.m.			*	Tour: 9/30
WEDNESDAY	▲ <i>History Tours of El Paso County</i> EL Paso Museum of Archaeology & Firecracker Pueblo	10-11:30 a.m.			*	Tour: 10/7
	▲ <i>History Tours of El Paso County</i> Keystone Heritage & Desert Botanical Park	10-11:30 a.m.			*	Tour: 10/14
	■ Line Dancing: Session One	1:30-2:30 p.m.	*			
	■ <i>Intergenerational Bridges</i> OLLI Meets Technology: What is Your Story?	1:30-2:45 p.m.	*			2 weeks: 9/16, 9/23
	●● History of American Immigration	1:30-2:45 p.m.	*	*		
	●● <i>AI: The Artificial Intelligence</i> The Hidden AI in Your Everyday Life	1:30-2:45 p.m.	*	*		Single lecture: 9/9
	●● <i>AI: The Artificial Intelligence</i> Asimov's Wisdom: Rules for Robots and AI Governance	1:30-2:45 p.m.	*	*		Single lecture: 10/7
	●● <i>AI: The Artificial Intelligence</i> Seeing Isn't Believing: Deepfakes and Misinformation	1:30-2:45 p.m.	*	*		Single lecture: 10/14
	●● <i>Snippets of History</i> On Origen: Universal Salvation in Modern Christianity	1:30-2:45 p.m.	*	*		Single lecture: 9/23
	●● <i>Adapting to the Aspects of Aging</i> Building Cognitive Reserve: Techniques for Successful Aging	1:30-2:45 p.m.	*	*		Single lecture: 9/16
	●● <i>Adapting to the Aspects of Aging</i> The Aging Brain: How Aging Changes Brain Organization and Function	1:30-2:45 p.m.	*	*		Single lecture: 9/30
	■ Sketchbook: Visual Journaling	2:30-4:30 p.m.	*			Additional fee: \$25
	■ A Question of Honor	3:15-4:30 p.m.	*	*		
THURSDAY	■ Community Financial Wellness Series	3:15-4:30 p.m.	*	*		
	■ You-Can-Do-It Yoga With Phyllis: Session One	9:30-10:45 a.m.	*			Classes meet at Memorial Gym
	● Mindful Bodywork: Session One	11 a.m.-Noon		*		
	▲ Inspired Writing	1:30-2:45 p.m.			*	3 weeks: 10/1, 10/8, 10/15; classes meet at RGCF
	●● From A to Z: 100 Countries and 100 Fashion Designers!	1:30-2:45 p.m.	*	*		
	■ Latin Dance - Step into Rhythm: Session One	1:30-2:45 p.m.	*			4 weeks: 9/24, 10/1, 10/8, 10/15
	●● Beethoven's Symphony #9 and Brahms' Symphony #2	3:15-4:30 p.m.	*	*		
	● Italian for Beginners: Session One	3:15-4:30 p.m.		*		
	●● Voyage Through the Austrian States	3:15-4:30 p.m.	*	*		
	●● Exploring the Works of Holocaust Survivor and Best-Selling Author Edith Eger	3:15-4:30 p.m.	*	*		

▶ Please CIRCLE THE ASTERISK of the course you are interested in.

	Course Title	Time	On Campus ■	Online ●	On Site ▲	Information
FRIDAY	▲ Walkercise Friday Hill Climbs: Session One	9-10 a.m.			*	No walk on 10/2
	● Portrait and Landscape Fusion: Drawing and Painting Mastery	9-11 a.m.		*		Additional fee: \$45
	■ OLLI Cookbook - Thoughts on Food: Session One	1:30-2:45 p.m.	*			
	■ It's Never Too Late To...	1:30-2:45 p.m.	*	*		
	● Portraiture Painting Techniques Throughout the Modern Era	1:30-3:30 p.m.		*		Additional fee: \$45
	■ Movie Afternoons "The Quartet"	3:15-4:30 p.m.	*			Viewing: 10/16
SAT.	▲ From Concept to Curtain The Making of Rossini's "The Barber of Seville"	10-11:30 a.m.			*	Meeting: 9/19
	▲ From Concept to Curtain The Making of Rossini's "The Barber of Seville"	10-11:30 a.m.			*	Meeting: 10/17

FALL 2026 SESSION TWO COURSE REGISTRATION FORM

6-WEEK SESSION: OCTOBER 26-DECEMBER 11, 2026

NO CLASSES DURING THANKSGIVING WEEK: NOVEMBER 23-27

OLLI Fall 2026 classes are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours. On-campus classes are limited to 24 students per classroom

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Please note: Courses may have minimum and/or maximum requirements. Courses and tours may have waitlists. Courses with low registrations are subject to cancellation.

▶ Please CIRCLE THE ASTERISK of the course you are interested in.

	Course Title	Time	On Campus ■	Online ●	On Site ▲	Information
MONDAY	● Aging Gracefully - Senior Fitness Workout: Session Two	10-11 a.m.		*		
	▲ Trips, Not the Travel Kind Fall Prevention: Be Prepared	Noon-1:15 p.m.			*	Presentation: 10/26; class meets at EP Rehab
	▲ Trips, Not the Travel Kind Finding Balance and Proactive Power	Noon-1:15 p.m.			*	Presentation: 11/2; class meets at EP Rehab
	■ Introduction to Wu-Style T'ai Chi: Session Two	1:30-2:45 p.m.	*			
	■ Travel Guide to Denmark	1:30-2:45 p.m.	*	*		
	▲ Crochet/Knitting Therapy	1:30-2:45 p.m.			*	Classes meet at RGCF
	■ Basic Spanish Forum - Learning in Action: Session Two	1:30-2:45 p.m.	*	*		
	■ The Complexities of Humanness Being Human at a Glance: Why We Think, Feel and React the Way We Do	1:30-2:45 p.m.	*	*		Single lecture: 10/26
	● The Complexities of Humanness 107 Days at Sea: The Journey That Changed Everything	1:30-2:45 p.m.		*		Single lecture: 11/9
	▲ Flavor Foundations: Cooking With Confidence and Intuition	3:15-4:30 p.m.			*	Classes meet at Desert Spoon Food Hub
TUESDAY	● Smartphone Photo Editing With Lightroom and Photoshop Mobile	3:15-4:30 p.m.	*			2 weeks: 10/26, 11/2
	■ Foreign Films Across the World	3:15-4:30 p.m.	*	*		
	■ Walkercise Tuesdays: Session Two	9-10 a.m.	*			
	● Chair Strength and Stability: Session Two	1:30-2:30 p.m.		*		
	■ French Conversation: Session Two	1:30-2:45 p.m.	*	*		
	■ Awakening in the Wisdom Years: Growing Whole, Not Old	1:30-2:45 p.m.	*	*		
	■ Meditation: Your Personal Space	3:15-4:30 p.m.	*	*		
	■ LGB What? The History and Science of Human Sexual and Gender Diversity	3:15-4:30 p.m.	*	*		
	■ Tuesdays by Appointment Free Professional Photography Sessions With Fred Eiland	By appointment	*			By appointment only
	▲ OLLI Annual Holiday Luncheon	11 a.m.- 2 p.m.			*	Event: 12/15
WEDNESDAY	▲ History Tours of El Paso County Franklin Mountains State Park	10-11:30 a.m.			*	Tour: 11/4
	▲ History Tours of El Paso County Washington Park	10-11:30 a.m.			*	Tour: 11/11
	▲ History Tours of El Paso County United States Border Patrol Museum	10-11:30 a.m.			*	Tour: 11/18
	▲ History Tours of El Paso County Gallery and Studio Tour of the El Paso Art Association	10-11:30 a.m.			*	Tour: 12/2
	■ Line Dancing: Session Two	1:30-2:30 p.m.	*			
	■ The Many Aspects of Color in Our Lives	1:30-2:45 p.m.	*	*		3 weeks: 10/28, 11/4, 11/11
	■ The Magi: Who Were the Astrologers From the East at the Birth of Christ?	1:30-2:45 p.m.	*	*		3 weeks: 11/18, 12/2, 12/9
	■ Yoga Nidra: The Art of Conscious Rest	1:30-2:45 p.m.	*			
	■ Adapting to the Aspects of Aging Mind Wandering: Understanding Attention, Memory and Healthy Aging	1:30-2:45 p.m.	*	*		Single lecture: 10/28
	■ Snippets of History The History of Nike Ajax Missile System on Fort Bliss, Texas 1944-1960	1:30-2:45 p.m.	*	*		Single lecture: 11/4
THURSDAY	■ Snippets of History Founding Fathers: The Young Men of the Revolution	1:30-2:45 p.m.	*	*		Single lecture: 11/11
	■ AI: The Artificial in Intelligence Your Safety, Security and Privacy: Using AI Wisely	1:30-2:45 p.m.	*	*		Single lecture: 11/18
	■ AI: The Artificial in Intelligence AI's Future Impact: From Services to Sustainability	1:30-2:45 p.m.	*	*		Single lecture: 12/2
	■ Creative Stamp Carving With Linocut: A Relaxed Introduction	2:30-4:30 p.m.	*			
	■ Texas Rangers	3:15-4:30 p.m.	*	*		
	■ You-Can-Do-It Yoga With Phyllis: Session Two	9:30-10:45 a.m.	*			Classes meet at Memorial Gym
	● Mindful Bodywork: Session Two	11 a.m.-Noon		*		
	▲ Inspired Writing	1:30-2:45 p.m.			*	3 weeks: 10/29, 11/5, 11/12; classes meet at RGCF
	■ Latin Dance - Step Into Rhythm: Session Two	1:30-2:45 p.m.	*			
	■ Everyday Mindfulness: Bringing the Magic Back Into Your Life	1:30-2:45 p.m.	*	*		4 weeks: 11/12, 11/19, 12/3, 12/10
	■ Snippets of History The Jesus Event: A Turning Point in the Axial Age	1:30-2:45 p.m.	*	*		Single lecture: 11/5
	■ The Beatles: Part Two	3:15-4:30 p.m.	*	*		
	● Italian for Beginners: Session Two	3:15-4:30 p.m.		*		
	■ Voyage More Through the Austrian States	3:15-4:30 p.m.	*	*		

	Course Title	Time	On Campus	Online	On Site	Information
FRIDAY	▲ Walkercise Friday Hill Climbs: Session Two	9-10 a.m.			*	
	● Portrait and Landscape Fusion: Drawing and Painting Mastery	9-11 a.m.		*		Continued from Session One; additional fee of \$45
	■ A Brief Survey of Hemingway	1:30-2:45 p.m.	*	*		3 weeks: 10/30, 11/6, 11/13
	■ OLLI Cookbook - Thoughts on Food: Session Two	1:30-2:45 p.m.	*			
	● Portraiture Painting Techniques Throughout the Modern Era	1:30-3:30 p.m.		*		Continued from Session One; additional fee of \$45
SAT.	■ Movie Afternoons "The Best Exotic Marigold Hotel"	3:15-4:30 p.m.	*			Viewing: 11/13
	▲ From Concept to Curtain The Making of Rossini's "The Barber of Seville"	10-11:30 a.m.			*	Meeting: 11/14
	▲ From Concept to Curtain The Making of Rossini's "The Barber of Seville"	10-11:30 a.m.			*	Meeting: 12/12

REGISTRATION INFORMATION

3 WAYS TO REGISTER

Registration opens online August 4, 2026.

ANNUAL MEMBERSHIP FEE

(*September 1 through August 31; membership fees are not prorated; a \$3 convenience fee will be added to membership transactions)

INDIVIDUAL
\$60*

Each One Reach One! Bring a New Member Discount: Sponsor a NEW member and receive a \$45 credit toward your next registration fee. Share the benefits and help OLLI grow. Discounts apply after new members are verified and will appear as a credit on your membership account.

FALL REGISTRATION FEE: \$100

(*Additional fees apply to OSHER Online courses.)

- Register for as many OLLI at UTEP classes as you can fit in your schedule.
- The Miner Gold Card is available to OLLI members for \$10.
- Ask about the benefits of this UTEP ID card.
- All classes are online, on campus, on campus/online or on site. Please refer to course designations in this catalog. OLLI uses Zoom for online classes. Volunteers and staff are available to assist you.
- Classes may be added or dropped after registration without penalty.
- Contact the office with requests.
- Refunds are handled on a case-by-case basis.

Course Cancellation Policy: Classes that do not meet minimum registration numbers are subject to cancellation.

ONLINE

Register online at utep.edu/olli
For assistance, leave a message at 915.747.6280.

BY MAIL

Fill out one registration form per person and send it with a check, money order and/or credit card information to:

**Osher Lifelong Learning Institute
Memorial Gym, Suite 102
101 W. Robinson Ave.
El Paso, Texas 79968-0602**

El Paso, Texas 79968-0602

Make checks payable to **OLLI at UTEP**.

IN PERSON/BY APPOINTMENT

Contact the OLLI office to schedule an appointment. Staff will be available to take calls from 1-5 p.m., starting August 5, 2026. Appointments will be scheduled between noon and 3 p.m. Registrations will not be taken over the phone or by email.

***New or renewing members must include the annual membership fee with their registrations.**

****A convenience processing fee is included in the membership registration process.**

REGISTRATION (Please fill out one form per person)

Name: _____ Birth Date: ____/____/____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Alternate Phone: _____

Do you have a Miner Gold Card? ☐ YES ☐ NO

If yes, what is your ID#? _____

Are you registering for any of the Osher Online Courses? ☐ YES ☐ NO

Register directly online. Visit utep.edu/olli for details.

PAYMENT

Check # _____ Make checks payable to OLLI at UTEP.

Credit Card: ☐ MC ☐ VISA ☐ AMEX ☐ DISCOVER

Name on Card: _____

Card No. _____

Exp. Date: ____/____/____ CVV: ____

Month Year 4-digits

How did you hear about us?

REGISTRATION FEES

Individual Membership Fee Annual membership is not prorated (September 1-August 31; **includes a convenience processing fee of \$3)	\$63	
Fall 2026 Course Registration Fee	\$100	
Miner Gold Card Fee	\$10	
*Osher Online course Fee List your course selections here (from pages 14-15):	\$60 each	
1.		
2.		
3.		
Art Class Fees	\$25	
	\$45	
Pickleball Court Maintenance Fee	\$5 each	
Donation to OLLI OLLI gratefully accepts donations to continue bringing quality programs to members.		
Total		

*Additional fees may be paid to the instructor based on supplies given to students. ** Convenience processing fee covers bank-related charges.

Bring a New Member discount. Whom did you bring?
Provide the name of the new member here:

Receive a \$45 credit for bringing a new member to OLLI! Credit applies after new members are verified and will appear as a credit on your membership account.

OLLI STUDENTS HAVE THE FOLLOWING PARKING OPTIONS:

Park in the Glory Road Garage at the Glory Road Transfer Station (corner of Mesa St. and Glory Rd.). This is a short, one-block walk to Memorial Gym. Fees at the time of this printing are \$1 per hour. This is currently a public garage.



Monthly and annual parking passes are available through Sun Metro. Call 915-212-3333. More information is also available at <https://sunmetro.net/how-to/park-ride/>.

If you are a current or retired UTEP employee and have a UTEP parking permit, you may cross-park as follows:

- **After 3 p.m.**, any permit allows you to cross-park in any Silver or Blue perimeter lot. This includes the Memorial Gym area.
- **After 4 p.m.**, any permit allows you to park in the Sun Bowl Garage and the Schuster Garage.
- **After 5 p.m.**, any permit allows you to park inside of campus. Cross-parking is also allowed when the Miner Metro shuttles are not running.

OLLI is not responsible for citations. Fees are subject to change.

MINER GOLD CARD

Active registrations with your Miner Gold Card provide you with access to UTEP services plus available student discounts on campus and in the community. The UTEP campus is open and fully operational. If you have a Miner Gold Card that needs to be updated to student status or you have not yet received a Miner Gold Card purchased in the previous term, contact the office for instructions on how to get your new card.



GO MINERS!

Visit OLLI at:

Memorial Gym, Suite 102
101 W. Robinson Ave.
El Paso, TX 79968-0602

Office hours: 11 a.m.-3 p.m., M-F

www.utep.edu/olli

Contact us:

Phone: 915.747.6280

Email: olli@utep.edu



@elpasoolli



@ollielpaso



**We love
our OLLI!**
We are here
for you.

Lynn Provenzano,
OLLI Executive Director

OSHER LIFELONG LEARNING INSTITUTE AT UTEP

Sponsored by UTEP Extended University
Beth Brunk, Ph.D., Dean

OLLI COUNCIL

The OLLI Coordination Council and committee members are volunteers dedicated to making OLLI at UTEP a successful and caring program for members of the OLLI community.

Helen Schmid, Chair
Ramona Marslender, Recording Secretary
John Schmid, Financial Oversight
Mary Harris, Membership
Melanie Thomas, Technology
Beth Ford, Committee Liaison
Sonya Villa-Saenz, Extended University Advisor
Lynn Provenzano, Executive Director/
Curriculum Chair/Marketing Chair

FALL 2026 CURRICULUM COMMITTEE

Lynn Provenzano, Chair
Ruth Bassett
Marie Livingston
Leanne von Mittenwald
Linda Shubeck

ADMINISTRATION

Lynn Provenzano, Executive Director

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All information in this Fall 2026 publication has been checked and verified to the best of the department's ability; the program cannot be held responsible for any mistake or omission in this publication.

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OSHER LIFELONG LEARNING INSTITUTE

500 W. UNIVERSITY
EL PASO, TEXAS 79968-0001

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Be part of the Osher Lifelong Learning network of adults 50+ who are interested in being intellectually and creatively active, and staying connected.

Our members love OLLI. So will you!

“Learning is
Timeless”



Front Cover: "Car" watercolor.
By Michael Faulkner, OLLI Instructor.



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