



OLLI

WHERE CURIOUS MINDS GATHER



SPRING

2024 CATALOG

Spring Registration: **January 8-22**

Session 1: **February 5-March 8**

Session 2: **March 18-April 26**



MESSAGE FROM THE EXECUTIVE DIRECTOR



Welcome to OLLI's Spring 2024 semester.

It's a new year with new opportunities to feed your curiosity. We've been working to give you the best possible courses, tours and lectures this spring. Peruse the pages of this catalog and find something that piques your interest. OLLI is a diverse community where we never really get old in learning, friendships and good times. We are happy to give you options to participate in person and/or online to fit into your personal schedules and lifestyle. If you are not already a member, we welcome you to join, and we look forward to seeing everyone in courses and clubs this spring! OLLI is a gem for you to enjoy!

Lynn Provenzano
OLLI Executive Director
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* The Bernard Osher Foundation makes grants and endowment gifts to colleges, universities and other nonprofit organizations in four program areas: post-secondary scholarships, lifelong learning institutes for seasoned adults, select integrative medicine programs, and arts and educational organizations. Osher Lifelong Learning Institutes are found on the campuses of 125 colleges and universities from Maine to Hawaii and Alaska. The Foundation also supports the National Resource Center for the Osher Lifelong Learning Institutes at Northwestern University.



OSHER LIFELONG LEARNING INSTITUTE

WELCOME TO OLLI SPRING 2024

OUR CATALOG IS SPRINGING FORWARD WITH NEW OPPORTUNITIES FOR YOU.

Welcome! OLLI is where curious minds gather and learning never gets old. Members tell us they come for the intellectual stimulation of the courses and activities, and stay for the people. OLLI provides learning opportunities to enhance the enjoyment, meaning and direction of mature lives, to stay connected, and to support the well-being of adults.

Learn. Connect. Share. Inspire. Create!
Add a spark and new friendships to your life.

LEARNING NEVER GETS OLD.

BECOME A MEMBER. Renew or join for \$45.

Join with a partner or spouse. Joint membership is \$80.

Register online at utep.edu/olli or mail in your registration form.

Spring term registration: \$85

Our members love OLLI. So will you!

OLLI membership has its benefits. Annual membership is only \$45 for the academic year (September 1 through August 31). Classes are on campus, online, on site or a combination of various modes to accommodate OLLI members.

- Take as many courses as you can fit into your schedule for one modest registration fee
- Tap into clubs and special interest groups
- Receive access to free bulletins and newsletters to keep connected and informed
- Enjoy special events
- Share your expertise and skills through volunteer opportunities
- Experience the benefits of OLLI at UTEP as part of a national network of Osher Lifelong Learning Institutes founded by the Bernard Osher Foundation*

COMING THIS SPRING: OSHER ONLINE

A unique supplement to OLLI@UTEP that connects you to OLLI instructors across the country. See page 17 for courses.



RIO GRANDE
CANCER FOUNDATION.

OLLI gratefully partners with the Rio Grande Cancer Foundation (RGCF).



UTEP EXTENDED UNIVERSITY

OLLI Clubs and Special Interest Groups

Updates for clubs will be announced regularly via emails and bulletins.

Game Day

Watch for meeting date announcements.

Have some fun and play! Gather with fellow members to play a familiar (or new) card or board game.

Yoga Discovery Club

**Every Tuesday
9:30-10:30 a.m.**

Zoom in once a week and ease into some gentle yoga and conversation with fellow yoga enthusiasts and OLLI instructor, Phyllis Price. This is a special time for discovery.

Photography Club

**Every Wednesday
10-11:30 a.m.**

Continue capturing the moment and share your photos and discoveries. Participate via Zoom and meet up for field trips.

Italian Club

**Every Wednesday
5-6 p.m.**

Ciao! Get into the flow of the Italian language. Zoom in and practice.

Book Club

**Second Thursday of each month
Noon-1 p.m.**

Enjoy the read. Meet on Zoom to discuss the book. Watch for updates on the book selection and discussion in the OLLI bulletin.

Folk Guitar/ Folk Music Club

**First Tuesday of each month
9 a.m.**

Bring your guitar and enjoy strumming with the group. Meet at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. The emphasis is on fun! ✂

French Club

**Every Friday
Noon-1 p.m.**

Keep your French alive with weekly practice among vos amis/amies. Beginners and rusty conversationalists welcome. Zoom in to participate.

Film and Wine Club

**Every other Friday
4:30-6 p.m.**

End your week with a bit of fun! Get on Zoom for happy hour and a film with your OLLI hosts.

Membership has its benefits!

The activities on this page are available to all OLLI members even if you are not registered for courses.

For more information about our OLLI annual membership fees, go to page 2.

OLLI SPRING REGISTRATION EVENT

**TUESDAY,
JANUARY 9, 2024**

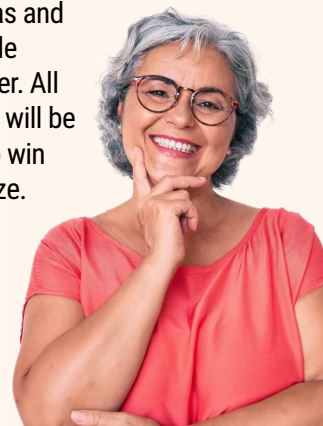
**OLLI Lounge and Office,
Suite 209, Miners Hall at UTEP**

10 a.m.-3 p.m.

RSVP for parking passes

Come in person and register early with the assistance of our volunteers and staff!

Enjoy tapas and treats while you register. All attendees will be entered to win a door prize.



Each one reach one!
Spread the word about OLLI.

Bring a new member to OLLI and receive a discount toward your next registration. See page 23 for details.

NEW for OLLI Members!

Pickleball Club

Tuesdays and Thursdays: 3:15-4:30 p.m.

at the Memorial Gym Auxiliary Gym

- OLLI Membership and Pickleball Club registration are required.
- Courts will be available during OLLI sessions to members on a first come, first served basis.
- Players must provide their own equipment (i.e. paddle and balls) and all pickleball court rules and etiquette apply.
- Beginner instruction is available on the first Tuesday of the month.
- Parking is available at the parking garage/transfer station located at Mesa and Glory Road. The parking fee at the time of this publication is \$1/hour. For OLLI members with SB7 parking passes, it is a 5-minute walk to Memorial Gym.
- Pickleball will not be available during spring camps (3/4-3/15) and Easter week (3/25-3/29).

Online Session

**ZOOM IN:
PRACTICE WITH FUN**

Wednesday, January 31

1:30-3 p.m.

● Online

Are you new to Zoom or do you need to dust off the rustiness and get back into the practice of Zooming in? Join us in a Zoom classroom to practice your skills and have some fun. Facilitated by the OLLI staff.

SPRING 2024 INDEX



ANNUAL MEMBERSHIP	2
ZOOM IN: PRACTICE WITH FUN	3
CLUBS & SPECIAL INTEREST GROUPS	3
SPRING LECTURE SERIES & TOURS	12-16
OSHER ONLINE COURSES	17
REGISTRATION INFORMATION	23
REGISTRATION FORM	24-26
PARKING	26
VOLUNTEER INFORMATION	27
GOVERNANCE	27

Courses are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours.

- **Online:** Courses are delivered through Zoom.
- **On campus:** Courses are delivered at Miners Hall or at a specific location on the UTEP campus. On-campus classes are limited to 24 students per classroom.
- ▲ **On site:** Courses/tours are delivered on site. See course descriptions for address information.

Courses that take place anywhere other than on campus are also designated on as on-site courses with addresses included in the descriptions.

SESSION ONE

February 5-March 8, 2024

(Courses are five weeks long unless otherwise noted) Spring Break: March 11-15

ART APPRECIATION	PAGE
■ ● Murals, Mosaics and Manuscripts: Jewish Art to 1700	8
■ ● The History and Care of Gems and Jewelry (4 weeks: 2/8, 2/15, 2/22, 2/29)	9
■ ● History of Fashion Photography and Fashion's Most Influential Photographers	11
CULTURE	
■ ● Nordic Secrets to Happy Living: Cultural Identity - Having It "Hygge" (whoo-ga)	7
■ ● French Culture: Gothic Cathedrals (3 weeks: 2/8, 2/15, 2/22)	10

CURRENT EVENTS	PAGE
■ ● Law for the Layman Texas Appeals: Inner Workings and Process of the Court of Appeals (Single lecture: 2/8)	10
■ ● Law for the Layman Today's Big Picture of Immigration (Single lecture: 2/15)	10
■ ● Law for the Layman The Reality of Real Estate Taxes (Single lecture: 2/22)	10
■ ● Law for the Layman The Dos and Don'ts of Interacting With Law Enforcement (Single lecture: 2/29)	10
■ ● Law for the Layman Texas and the Death Penalty: An Overview (Single lecture: 3/7)	10

FOOD	
▲ Using Whole Foods for Smart Nutrition: Choices	6
▲ OLLI East Films and More The Cuisines of South America (2 weeks: 2/27, 3/5)	7
■ ● The Origins of Food	10
FITNESS AND FUN	
■ Line Dancing: Session One	9
■ Fencing Fun: Session One	10

HANDS-ON ARTS	
▲ Crochet/Knitting Therapy	6
● Metal Embossing/Repujado (Bilingual; 2 hours, 10 weeks, \$45 fee; limit of 16 students)	7
■ Creating My Family Tree With a Smartphone	9
● Still Life and Landscape Oil Painting (2 hours, 10 weeks, \$45 fee; limit of 16 students)	11
■ Painting Abstracts and Non-Objectives (2 hours, 10 weeks, \$45 fee; limit of 15 students)	11
● Oil Painting: Inside Old Masters' Techniques (2 hours, 10 weeks, \$45 fee; limit of 16 students)	11

HEALTH AND WELLNESS	
▲ Helping Loved Ones: Moving Safely In and Out of the Home (3 weeks: 2/12, 2/19, 2/26)	6
■ ● Healthy Aging How To Become and Stay Physically Active (Single lecture: 2/5)	6
■ ● Healthy Aging Cardiovascular Health and Exercise (Single lecture: 2/12)	6
■ ● Healthy Aging Brain Plasticity: Active Brain for Life (Single lecture: 2/19)	6
■ ● Senior Empowerment Work Out Anywhere, Anytime, Any Environment (Single lecture: 2/29)	10
■ ● Senior Empowerment Lifestyle: Health and Wellness (Single lecture: 3/7)	10

HISTORY	PAGE
▲ El Paso History Tours El Paso County Historical Society (Tour: 2/7)	8
▲ El Paso History Tours El Paso County Courthouse (Tour: 2/14)	8
▲ El Paso History Tours International Museum of Art (Tour: 2/21)	8
▲ El Paso History Tours El Paso Museum of Art (Tour: 2/28)	8
■ ● CIA's Project Azorian: A Marvelous Tale of Subterfuge, American Knowhow and Grit (4 weeks: 2/7, 2/14, 2/21, 2/28)	8
■ ● The Chicago Outfit	9
■ ● Texas History to 1900	9
■ ● Honor Flight: Welcome to Veterans (Single lecture: 2/8)	10

HUMANITIES	
■ Writing Your Memoir: Memory By Memory	7
■ ● Documentaries and Discussions	7
■ ● Racism 2023: Is America a Racist Country?	8
● Across the Political Divide	9
■ ● Reel Politics: Government in Cinema ..	10

INTERGENERATIONAL OPPORTUNITIES	
■ Global Tech Event (3 weeks: 2/5, 2/12, 2/19)	7
■ Intergenerational Brainstorm: Seniors With Seniors (Orientation on 2/8; meet-up dates/times TBD by participants)	9

LANGUAGES	
■ ● French Conversation: Session One	7
■ ● Spanish Forum: Session One - Language in Action (4 weeks; no class on 2/23)	11
● Italian for Beginners	10

LITERATURE	
■ ● The Beat Generation	7
■ ● Henry James: Short Fiction - Three Short Stories	8

MIND, BODY, SPIRIT	
● Buttoning Up: Getting Your Affairs and Paperwork in Order (2 weeks: 2/26, 3/4)	6
■ Wu-Style T'ai Chi: The First Section of the Traditional Long Form Movements 1-9	6
● Chair Yoga: Session One	7
■ ● Finding Your True North: Visiting Sacred Sites (4 weeks: 2/6, 2/13, 2/20, 2/27)	7

MIND, BODY, SPIRIT

PAGE

- ● Meditation: Pathway to Well-Being 8
- Mindful Bodywork: Session One 9
- ▲ Wellness From Within Ongoing..... 9
Workshop Series (Bilingual)
- Phyllis' Easy Yoga for OLLI: 11
Session One

MUSIC

- The Golden Age of Musical Theatre 6
- ● Rudolf Nureyev and Margot Fonteyn: ... 10
The Odd Couple (4 weeks: 2/15, 2/22, 2/29, 3/7)

SCIENCE

- ● Science for the Rest of Us 11
- ▲ *El Paso Natural History Tours* | 11
Kilbourne Hole Volcanic Crater
(Tour: 2/17; 5 hours, 9 a.m.-2 p.m.)
- ▲ *El Paso Natural History Tours* | 11
Earthquakes of El Paso
(Tour: 3/2; 2 hours, 9-11 a.m.)

SÓLO EN ESPAÑOL

- ● Poesía de Mujeres Mexicanas..... 9
del Siglo XX y XXI

THEATER AND FILM

- ● This Was Hollywood 6
- ▲ *OLLI East Films and More* | 7
John Grisham Films (3 weeks: 2/6, 2/13, 2/20)
- ▲ *OLLI East Films and More* | 8
Elvis Presley: Man, Musician and Actor
- ▲ *Special Member Event* | Valentine's 7
Day Plaza Theatre Tour (Tour: 2/13)

SESSION TWO

March 18-April 26, 2024

(Courses are five weeks long)

Easter Week Break: March 25-29

ART APPRECIATION

PAGE

- ● Spanish Art of the 20th Century: 18
Reckoning With a Dictatorship
- ● The Bible Stories Essential to Art 20
History (4 weeks: 3/20, 4/3, 4/10, 4/24; no class
on 4/17)
- ● The Tom Lea Trail: Connecting Texas to the . 21
Italian Renaissance and Children to Learning
(Single lecture: 3/21)

CULTURE

- ● Nordic Secrets to Happy Living: All 18
Things Cozy - Having It "Hygge" (who-ga)
- ● French Culture: The Decorative Arts 21
(3 weeks: 4/11, 4/18, 4/25)

CURRENT EVENTS

- ● Transgenderism at the Crossroads 19
of Science, Culture and Politics

PAGE

- ● *Law for the Layman* | Internet Legal 21
Research: Easy and Free Texas Law
(Single lecture: 3/21)
- ● *Law for the Layman* | Explanations: 21
The Processes of Probate (Single lecture: 4/4)
- ● *Life, the Universe & Everything* | 22
The Barefoot Acupuncture Movement:
Making a Difference in the World
(Single lecture: 4/26)
- ● War in Ukraine (2 weeks: 4/17, 4/24) 20
- ● Special Talk | Building A Brand: 18
10 Years of Chihuahuas Baseball
(Single lecture: 3/18)

FOOD

- ▲ Using Whole Foods for Smart 18
Nutrition: Nature's Prescription
- ● The Future of Food 21

FITNESS AND FUN

- Line Dancing: Session Two 20
(4 weeks: 3/20, 4/3, 4/10, 4/17)
- Fencing Fun: Session Two 21

HANDS-ON ARTS

- Metal Embossing/Repujado 19
(Continued from Session One; bilingual)
- ▲ *OLLI East Films and More* | 19
Explore and Learn in the World of Basic
Art (3 hours, 5 weeks, \$25 fee)
- Still Life and Landscape Oil Painting ... 22
(Continued from Session One)
- Painting Abstracts and Non-Objectives .. 22
(Continued from Session One)
- Photography Studio Workshop 22
- Oil Painting: Inside Old Masters' 22
Techniques (Continued from Session One)

HEALTH AND WELLNESS

- ● *Senior Empowerment* | 20
Recipe Makeover (Single lecture: 3/20)
- ● *Senior Empowerment* | Weight 20
Training 101 for Seniors (Single lecture: 4/3)
- ● *Senior Empowerment* | 20
Balance Bounceback (Single lecture: 4/10)

HISTORY

- ▲ *El Paso History Tours* | Union 19
Passenger Station and the Memorial
Tramway (Tour: 3/20)
- ▲ *El Paso History Tours* | The El Paso 19
Southwestern Station and Freight House
(Tour: 4/3)
- ▲ *El Paso History Tours* | The Texas and... 19
Pacific Freight House and the Santa Fe
Freight House (Tour: 4/10)
- ▲ *El Paso History Tours* | Locomotive #1 ... 19
and the Rail Lines of El Paso (Tour: 4/24)
- ● The WWII 6888th Battalion 20
(Single lecture: 3/20)
- Women Who "Misbehaved" and 21
Changed History (3 weeks: 4/11, 4/18, 4/25)
- ● The Study of Us: An Anthropological ... 22
Dissection of the El Paso Border

HUMANITIES

PAGE

- ● Challenges to Our Democracy 18

LANGUAGES

- ● French Conversation: Session Two 18
- Italian for Beginners 21
- ● Spanish Forum: Language in Action -.. 22
Session Two

LITERATURE

- ● Southern Gothic Literature 18
- ● Henry James: Short Fiction - Two 20
Novellas of His Middle Period

MIND, BODY, SPIRIT

- Wu-Style T'ai Chi: The Last Section of 18
the Traditional Long Form Movements 10-17
- Chair Yoga: Session Two 18
- ● Meditation: Hearts, Minds and 19
Happiness
- Mindful Bodywork: Session Two 21
- ▲ Wellness From Within Ongoing 21
Workshop Series (4 weeks: 4/4, 4/11, 4/18, 4/25)
- Phyllis' Easy Yoga for OLLI: 22
Session Two

MUSIC

- The Classical Side of Broadway 18
- ● "Requiem" by Gabriel Fauré 21
(Single lecture: 3/21)
- ● *Life, the Universe & Everything* | 22
A Troll in the Dungeon: A Brief
Introduction to Dungeon Synth
(Single lecture: 4/5)

SCIENCE

- ● Forensic Science in Law Enforcement: ... 20
Fingerprinting, Crime Scene Sketching
and Photographing (2 weeks: 4/3, 4/10)
- ● Introduction to Criminal Financial 20
Investigations (2 weeks: 4/17, 4/24)
- ● *Life, the Universe & Everything* | 22
Brain Imaging: A Key to Understanding
Distinct Cultural Behavioral Patterns
(Single lecture: 4/12)
- ● *Life, the Universe & Everything* | 22
Introduction to Biomechanics and its
Real-World Applications (Single lecture: 4/19)
- ▲ *El Paso Natural History Tours* | 22
Transmountain Road Super-Volcano
(Tour: 3/23; 10 a.m.-noon)
- ▲ *El Paso Natural History Tours* | 22
Useful Plants Walk: El Paso Museum of
Archaeology (Tour: 4/6; 9-10:30 a.m.)
- ▲ *El Paso Natural History Tours* | Dinosaur ... 22
Footprints of Mount Cristo Rey (Tour: 4/27; 9-11 a.m.)

SÓLO EN ESPAÑOL

- ● Poesía Contemporánea de 20
Mujeres Chicanas

THEATER AND FILM

- ▲ *OLLI East Films and More* | Sticks 20
and Stones: Unethical Journalism in Film

SPRING 2024 Session One

February 5-March 8, 2024

MONDAYS

START DATE: February 5

10-11:30 a.m.

On site

▲ Helping Loved Ones: Moving Safely In and Out of the Home

Dr. Pablo Estrada

Learn safe mobility techniques to help transfer (move) someone from a bed to a wheelchair and/or walker, wheelchair and/or walker to a commode, wheelchair and/or walker to a car, and more. Learn to develop your own strength, use proper transfer techniques, and appropriately use "gait belts," and proper body mechanics to avoid injury to yourself and to your loved one. This is a 3-week course meeting on 2/12, 2/19 and 2/26 at the EP Rehab Specialty Group at 3220 Montana Ave., El Paso, TX 79903.

1:30-2:45 p.m.

Online

● The Golden Age of Musical Theatre

Cristina Jones

What was the "Golden Age of Musical Theatre?" Explore popular Broadway shows during the '50s and '60s with Cristina Jones as she provides an overview of this remarkable time.

On campus

■ Wu-Style T'ai Chi: The First Section of the Traditional Long Form Movements 1-9

Steve Barowsky

This course is an introduction to Wu-style T'ai Chi, which is one of the widely practiced forms of T'ai Chi. It has compact, precise, circular whole body movements. These movements are based on highly developed body mechanics and energy flows directed by mind intent. Learn the first nine movements of this form in this course. This practice is beneficial for the body, mind and spirit.

FOR REGISTRATION

See page 23 for complete registration information. Courses may have minimum and/or maximum enrollment requirements and/or waiting lists. Classes are subject to cancellation.

Courses are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours.

● Online ■ On campus ▲ On site

Courses that take place anywhere other than on campus are also designated as on-site courses with addresses included in the descriptions.

On site

▲ Crochet/Knitting Therapy

Linda Shubeck

Would you like to learn to knit or crochet? Use these skills to make a scarf or maybe a shawl. Those with more experience may choose a more advanced project. Have fun and learn something new, useful and relaxing. Students will need to obtain yarn, a crochet hook and/or knitting needles at a cost of approximately \$5-\$20. A materials list will be emailed to you as soon as possible prior to the first class. This class meets at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. ✂

3:15-4:30 p.m.

Online

● Buttoning Up: Getting Your Affairs and Paperwork in Order

Jamie Novak

Securing important documents is just one of the many tasks we know we need to take care of, sooner rather than later. If you haven't put together your final wishes or noted what to do with your house full of treasures, then join author and expert organizing humorist Jamie Novak. She will walk you through what you need to get together, without getting overwhelmed. You'll log off the program with the exact steps to take to give yourself (and your loved ones) the peace of mind that comes with being prepared. This is a 2-week course meeting on 2/26 and 3/4.

On campus/Online

■ ● This Was Hollywood

Catherine Dickason

Learn about forgotten stars and their stories, the deception, deceit, sex and scandals. Explore mysterious deaths by murder, suicide, accidents and the unknown. Discover the power of the studio system and its moguls who orchestrated major cover-ups and corruption.

OLLI
SPECIAL REGISTRATION
EVENT
SPRING 2024

See page 3 for more details.

HEALTHY AGING LECTURE SERIES

■ ● How To Become and Stay Physically Active

Dr. Camila Torriani-Pasin

Is there a difference between exercising and being physically active? Yes, there is. Even though recommendations for exercising are generally well known, sedentary behaviors can decrease the efficiency and beneficial effects of exercising. During this lecture, Dr. Torriani-Pasin, Associate Professor in UTEP's Department of Physical Therapy and Movement Sciences, will bring insights about these differences and help you choose the best activities to keep you healthy. This is a single lecture on 2/5.

■ ● Cardiovascular Health and Exercise

Dr. Alvaro Gurovich

Cardiovascular diseases are the number one cause of death in the United States and the western world. Most of these diseases are related to atherosclerosis and sedentary lifestyles. From regular exercise to active behaviors, this lecture will try to clarify the beneficial effects of an active life from the cardiovascular perspective. The goal is to engage the audience with an "every step counts" philosophy. This is a single lecture on 2/12.

■ ● Brain Plasticity: Active Brain for Life

Dr. Shashwati Geed

Neuroplasticity, the brain's ability to rewire and reorganize itself, holds the key to maintaining cognitive sharpness and physical vitality as we age. Dr. Geed, Assistant Professor in UTEP's Department of Physical Therapy and Movement Sciences, will delve into the fascinating science behind neuroplasticity, explaining how it applies to your daily life. Learn practical strategies and lifestyle choices that can help you age well with a sharp mind, healthy body and happy life. This is a single lecture on 2/19.

On site

▲ Using Whole Foods for Smart Nutrition: Choices

Jackie Cordova

Have you asked yourself what whole foods really are? What is truth and what is myth about healthy eating? What is the difference between real foods and GMOs? Get the answers to all these questions and more, and learn tips to make healthy cooking easier and more enjoyable. There is a suggested donation of \$5 for prepared foods. Classes meet at Wine Attitude in Sunland Park Mall, Suite G06, El Paso, TX 79912. This course is sponsored by the Rio Grande Cancer Foundation. ✂

4:30-5:30 p.m.

On campus

INTERGENERATIONAL OPPORTUNITIES

■ Global Tech Event

Dr. Soyeon Lee and OLLI Facilitator

UTEP RWS 5383/6383 Global Rhetoric graduate students will assist OLLI members with global technology systems, services and products such as Microsoft Office (Word, Excel, etc.), iPhones, iPads, other technology-relevant matters or user experience (UX) issues. Meet-ups are scheduled for 2/5, 2/12 and 2/19 in the OLLI lounge.

TUESDAYS

START DATE: February 6

10:30-noon

On site

▲ Special Member Event | Valentine's Day Tour of El Paso's Plaza Theatre

Doug Pullen

Make Valentine's Week a special treat and tour the Plaza Theatre, one of El Paso's cherished landmarks. Discover why the theatre's décor led to its nickname of "The Showplace of the Southwest." The Plaza Theatre opened its doors to the public September 12, 1930, has survived the changing of hands, and now holds the title of the "World's Largest Classic Film Festival." This tour is open to all OLLI members on February 13.

1:30-2:45 p.m.

Online

● Chair Yoga: Session One

John Kurberka

Move and breathe with Chair Yoga! Chair Yoga is an excellent way to build core strength, increase flexibility and improve balance. It also reduces anxiety and stress, improves circulation, helps lower blood pressure and protects joints. This course is offered only through Zoom and is sponsored by the Rio Grande Cancer Foundation. ✨

On campus/Online

■● French Conversation: Session One

Jean-Claude Linossi

Learn to speak French! Read stories in French from an assigned book and discuss the content of the stories in French with the instructor and other students. A good knowledge of the French language is a plus. Students will be required to buy the book necessary for this class.

■● Nordic Secrets to Happy Living: Cultural Identity - Having It "Hygge" (who-o-ga)

Lenae Rasmussen

Finland, Norway, Denmark and Iceland are consistently the top four happiest countries in the world, with Sweden coming in fifth to seventh. The Happiness Research Institute in Copenhagen said "hygge" is such an important part of being Danish that it is considered "a defining feature of our cultural identity and an integral part of the national DNA." We'll enjoy "fika" (kaffe, pastry and conversation) each week and learn the Danish secrets to happy living and fellowship.

■● The Beat Generation

Nicolas Cooper

The Beat Generation was a radical group of poets, writers, and musicians who redefined American consciousness and culture after World War II. They were precursors of other counterculture movements that would emerge in the 1960s. Beat writers included Jack Kerouac, Allen Ginsberg and William Burroughs. Their approach to language was intended to mirror jazz and bebop music, introducing new rhythms and improvisations. Read these great authors and learn their stories.

■ Writing Your Memoir: Memory By Memory

Stephen Ledesma

Revisit your life through writing. Each week you will explore some aspect of your past in your own words, within the arc of your own unique history. Write to remember, document and rediscover what you may have forgotten. Much like a treasure hunt, memory by memory, word by word, page by page, you'll uncover the past in a fun and unexpected expedition, taking you back into the journey of your life.

1:30-3:30 p.m.

Online

● Metal Embossing/Repujado

Romy Saenz Hawkins

Metal embossing (aka repujado in Spanish or repoussé in French) is the ancient art of manipulating soft metals, such as aluminum, copper, pewter or brass, entirely by hand with special tools to create unique works of art. New students learn basic techniques, while advanced students review intermediate to advanced techniques. A beginner project kit will be available for \$15 at the first class. This 10-week course is bilingual with a maximum of 16 students. Classes are two hours long and there is an additional fee of \$45 for this course.

On site

OLLI East | Films and More

OLLI is expanding to El Paso's east side with films and other classes over 5 weeks at YISD Adult Learning Center at 121 Padres, El Paso, TX 79907. Free parking is available.

1:30-3:30 p.m.

▲ John Grisham Films

Leanne von Mittenwald

Join classes at the Ysleta Adult Learning Center to view and discuss films adapted from the novels of John Grisham. A prolific novelist with books translated into over fifty languages, John Grisham made sure he had veto power over all of the film adaptations before allowing a book to be turned into a film. Watch three of his most popular legal thrillers in OLLI's new eastside location; screenings will occur on 2/6, 2/13 and 2/20.

▲ The Cuisines of South America

Tanya von Mittenwald

Learn about the different spices and cultures of South American countries, and how their individual histories and environments shaped their cuisines. Every class will have lectures, short video breaks, and finally, a meal that highlights what we talked about that day. There is a suggested \$10 donation per week for the food provided. This is a 2-week course with classes on 2/27 and 3/5.

3:15-4:30 p.m.

On campus/Online

■● Finding Your True North: Visiting Sacred Sites

Michelle Cromer

Author Michelle Cromer takes you on a mystical and meaningful tour around the world of sacred sites she has personally experienced. No matter where we go or how we get there, the goal of the class is to give you a forgotten window to look through, a moment of awe and wonder, and a new path to voyage through the adventure that is your life. This is a 4-week course with classes on 2/6, 2/13, 2/20 and 2/27.

■● Documentaries and Discussions

Aurolyn Luykx

OLLI's popular documentary series returns! Join the class each week for a short (30-60 minutes) documentary film followed by lively discussion. Topics range from current social issues to history, politics, science and technology, the arts, and more. Most films will be subtitled for the hearing impaired.

Courses are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours.

● Online ■ On campus ▲ On site

Courses that take place anywhere other than on campus are also designated as on-site courses with addresses included in the descriptions.

3:15-4:30 p.m.

■ ● Meditation: Pathway To Well-Being

Lynn Provenzano

The pathway to well-being is a personal journey that begins by taking step after step into the present moment. The practice of meditation opens the gates of awareness on physical, mental, emotional and spiritual levels. Discover the benefits of meditation and learn how to develop meditative practices, moments of stillness and greater self-understanding.

■ ● Racism 2023: Is America a Racist Country?

Theodore Williams

Look at America through the eyes of its non-white minorities to answer the question. Class participants will learn about and discuss governmental programs, Native American genocide, land theft, slavery of Africans, Jim Crow, redlining, police brutality, the Chinese Exclusion Act, Japanese internment, the Bracero Program, etc. This course is purely a governmental evaluation of institutional racism and not an indictment of individual American citizens.

NEW OPPORTUNITIES TO LEARN

OSHER COURSES OFFERED NATIONALLY

The Osher National Resource Center has developed a set of **online courses** offered at a national level that are complementary to our local OLLI programs.



See page 17 for more details.

WEDNESDAYS

START DATE: February 7

10-11:30 a.m.

El Paso History Tours: Progress in the Southwest

Prince McKenzie & Ron Leiman

The Southwest developed over time with the growth of the railroads which not only led to a rich history in commerce but also a visible history in architecture and art.

On site

▲ El Paso County Historical Society

Meet at 603 W. Yandell Drive, at the historic Burges House designed by the architect Henry Trost. Society staff will describe the operations of the Society, discuss the archives, publications and programs involved in historic preservation, and display examples of El Paso art and information on file about El Paso artists in the collections. This tour is on 2/7.

▲ El Paso County Courthouse

Meet in the lobby of the Courthouse at 500 E. San Antonio Avenue and examine the oldest sculpture in El Paso, learn how it was displayed, restored and reinstalled, and compare it with contemporary sculpture in the building. Look at El Paso history through the vision of several contemporary artists who have documented Southwest culture with murals and consider the interaction of man with the landscape and environment when we view the murals of Carlos Callejo, James Drake, Hal Marcus and John Valadez. This tour is on 2/14.

▲ International Museum of Art

Meet at the Museum located at 1211 Montana Avenue, in the Turney Mansion designed by the architect Henry Trost. Explore the style, interior, decorative details and stained glass windows of the building, and look over the multimedia art of several great international artists including José Cisneros, John Houser, Rogelio Madero de la Peña, Bill Kolliker and Urbici Soler. The tour will also review the Artists' Hall of Fame and the works of those men and women. This tour is on 2/21.

▲ El Paso Museum of Art

Meet at the El Paso Museum of Art at 1 Arts Festival Plaza, and tour the art galleries to consider and discuss the works of El Paso artists past and present along with their vision of the Southwest. Discuss the original Twelve Travelers drawings, consider an example of the contemporary sculpture project, view the work of Luis Jiménez and other sculptors, and explore the American Gallery and changing gallery to discuss relevant works of art. This tour is on 2/28.

1:30-2:45 p.m.

On campus/Online

■ ● CIA's Project Azorian: A Marvelous Tale of Subterfuge, American Knowhow and Grit

William Key

The CIA lifted a sunken Russian submarine from three miles below the surface of the Pacific Ocean. This is considered the greatest feat of naval architecture/marine engineering. And, thanks to Howard Hughes, the entire operation was hidden from the Russians. These lectures will cover the story from its beginning (Project Mohole) to exposure by The New York Times. By comparison, ancient Egyptians shipped a 750-ton statue, using manpower, hemp rope and wood. Was this not a superior feat? This is a 4-week course with classes on 2/7, 2/14, 2/21 and 2/28.

■ ● Henry James: Short Fiction - Three Short Stories

James Mortimore

Although Henry James is often called the "novelist's novelist" his short fiction, (novellas, short stories and tales), comprise 12 volumes. His late-period novels put off some readers due to his style, yet so much of his fiction is not at all like that late style. Rather, his extraordinary storytelling has earned him the sobriquet, "The Master." In this course, the class will read stories which provide a taste of one of the greatest English writers of the 19th and early 20th century.

■ ● Murals, Mosaics and Manuscripts: Jewish Art to 1700

Karen Blough

Get an introduction to the pre-modern arts of Judaism. These include aesthetically ambitious murals and mosaics that embellished late antique synagogues in the Middle East, most long lost and excavated only in the past century. Explore thematic connections between these monuments and the wall paintings in several 17th- and 18th-century wooden synagogues in eastern Europe, ideas that were transmitted through illustrated manuscripts made for European Jewish communities during the Middle Ages.

1:30-3:30 p.m.

On site

OLLI East | Films and More

OLLI is expanding to El Paso's east side with films and other classes over 5 weeks at YISD Adult Learning Center at 121 Padres Drive, El Paso, TX 79907. Free parking is available.

▲ Elvis Presley: Man, Musician and Actor

Dr. Richard Nevins

Elvis Presley was a phenomenon that changed the world! From music, fashion and movies to race and sexuality, Elvis was the trend-setter. Come see why Elvis was voted by Time magazine subscribers as the most important person of the 20th century.

3:15-4:30 p.m.

On campus

■ Creating My Family Tree With a Smartphone

Young Lee

Learn smartphone photography, then get creative and use your smartphone to create projects such as your family tree. Cut, copy and print family photos to complete your own family tree.

■ Line Dancing: Session One

Genie Gonzalez-Nicholson

Line dancing is a fun way to get physically fit. It is considered low-impact cardio and part of a holistic and total wellness program that promotes brain health, coordination and balance. The choreographed line dance steps are simple and repeated numerous times to country music and other genres of music. You will learn line dances such as the Cupid Shuffle, Electric Slide, Cowboy Hustle, Neon Moon and many others.

On campus/Online

■● The Chicago Outfit

Alfredo Arroyo

Navigate through the murky waters of the Chicago underworld during Prohibition. This was a time that produced some of the bloodiest gun battles and one of the most iconic gangsters in American history: Al Capone. Join the class to infiltrate the darkest confines of the Outfit and gain an understanding of the most famous criminal organization in the world.

■● Sólo en Español | Poesía de Mujeres Mexicanas del Siglo XX y XXI

Zazil Collins

Aprende sobre la lectura y análisis de la producción poética, entre los siglos XX y XXI, escrita por mujeres como Nellie Campobello, Yaroslabi Bañuelos, Lucha Corpi, Elsa Cross y Rocío Cerón, en este curso bilingüe. Se ofrecerán traducciones en inglés de los poemas leídos durante clase.

VOLUNTEER AT OLLI

WE WELCOME VOLUNTEERS!

OLLI is a community of members over the age of 50 who love to learn and grow. We rely on volunteers. You can give a little or a lot of your time in any of these ways or in a way that's unique to you.

Contact Karen Fraser, OLLI Volunteer Coordinator, to ask about volunteering: 915.747.6280.

THURSDAYS

START DATE: February 8

11 a.m.-noon

Online

● Mindful Bodywork: Session One

Wolf Carter

Improve your energy by mindfully working the less used areas of the body, expanding your mobility, creating balance and building body awareness. Exercises are specifically designed for any level of physical ability.

1:30-2:45 p.m.

Online

● Across the Political Divide

Mary Benanti

U.S. citizens face many issues: Politics, the upcoming election; social justice, LGBTQ rights, reproductive justice, climate change/disasters, support for the war in Ukraine and immigration. Can we resolve them if we cannot talk across divisions without rancor? This class will focus on the presentation/discussion of issues and encourage full-class engagement; everyone is encouraged to bring up issues for discussion as well.

On campus

INTERGENERATIONAL OPPORTUNITIES

■ Intergenerational Brainstorm: Seniors With Seniors

Dr. Carolina Valencia

Get the creative brain juices working and meet up with UTEP seniors for intergenerational discussions regarding concerns, opportunities and experiences that can ultimately lead to projects, new insights and good outcomes in our communities. It's a big brainstorm! Orientation is on 2/8. Meeting dates/times to be determined by participants.

On campus/Online

■● Texas History to 1900

Charles Martin

This course explores the myths and realities of Texas history through an examination of key events from the early 1500s through the dawn of the 20th century. Special topics include Spanish-Indian relations, the Texas Revolution, slavery and secession, the Civil War and Reconstruction, and such symbols as the Alamo and the Texas Rangers. The class format will include lectures, video clips and class discussions.

■● The History and Care of Gems and Jewelry

Armando Olague

What do you know about gems and jewelry? Come learn about this world and especially how to care for your special items. Do you know the 4 Cs: Color, clarity, carat weight and cut? Topics will include diamonds, pearls, colored gems, and the history and care of these beautiful items. This is a 4-week course with classes on 2/8, 2/15, 2/22 and 2/29.

On site

▲ Wellness From Within Ongoing Workshop Series

Mónica Gómez

Wellness From Within is a series of workshops exploring mental, spiritual and physical health and wellness. Students will engage in lively discussion, brief meditation, writing and reading aloud. The stand-alone workshops change periodically and cover the impact of creativity, stress, words, self-care, change, boundaries and more. Students who repeat the series discover new insights every time! Classes are bilingual and will meet at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. This course is sponsored by the Rio Grande Cancer Foundation. ✨



NEW for OLLI Members!

Pickleball Club

Tuesdays and Thursdays:
3:15-4:30 p.m.

at the Memorial Gym
Auxiliary Gym

See page 3 for details.

1:30-2:45 p.m. (cont.)

On campus/Online

Law for the Layman Lecture Series

● Texas Appeals: Inner Workings and Process of the Court of Appeals

Yvonne Rodriguez

This is a basic primer for the state court system with an explanation of the Texas appeals process that highlights some of the landmark cases in El Paso. This is a single lecture on 2/8.

● Today's Big Picture of Immigration

Mario Ortiz Saroldi

Learn about the process of applying for lawful permanent residency for family-based petition categories. Attorney Mario Ortiz Saroldi will discuss the naturalization process for lawful permanent residents including qualifications, disqualifiers and when one can begin the application. He will also discuss the deportations of certain permanent residents and non-immigrant status individuals, along with the relief opportunities from deportation. This is a single lecture on 2/15.

● The Reality of Real Estate Taxes

Jeff Siegel

What do you really know about your property taxes? The object of this lecture is to help property owners better understand the property tax system in Texas and learn how to be proactive in ensuring that they are not paying more than their fair share. Topics will include but are not limited to: Why we pay property taxes, how property taxes are determined and things you can do to keep your property taxes in check. This is a single lecture on 2/22.

● The Dos and Don'ts of Interacting With Law Enforcement

Justin Underwood

Learn when and how to communicate with law enforcement in everyday life. Attorney Justin Underwood shares his insights based on experiences during his career with the El Paso's District Attorney's Office and in his own private practice. This is a single lecture on 2/29.

● Texas and the Death Penalty: An Overview

Edythe Payan and Bridget Sakells

Get a brief overview of the legal procedures in a death penalty case: from what offenses qualify for a potential death sentence to selecting a jury, to the final jury questions a jury is required to answer. Discuss what mitigation is and the requirements for defense counsel when representing someone accused of a case in which the state is seeking the death penalty. This is a single lecture on 3/7.

3:15-4:30 p.m.

Online

● Italian for Beginners

Silvia Portillo-Koch

Continue to learn Italian. Progetto Italiano makes learning very pleasant by using situations and dialogues that represent the everyday experience of a typical situation. The book for this class is "Progetto Italiano 1.Livello Elementare A1-A2 Libro Dello Studente."

On campus

■ Fencing Fun: Session One

Nancy Johnson

A fencing bout is primarily a duel of intellect. Regular fencing classes make it possible to postpone the effects of aging. It is a wonderful means of preserving mobility of the joints, flexibility of the body, sharpness of the mind, and a healthy spirit. Fencing has many health and fitness benefits for all ages. It increases endurance, balance, coordination and flexibility. It also satisfies the competitive instincts. Classes will take place at UTEP's Memorial Gym.

On campus/Online

● French Culture: Gothic Cathedrals

Marie Livingston

There are many cathedrals in France of varying architectural styles, from Romanesque to Gothic. The history and cultural significance of three major Gothic cathedrals will be presented in these talks: Notre-Dame de Paris, Notre-Dame de Chartres and Basilique Cathédrale Saint-Denis. This is a 3-week course with classes on 2/8, 2/15 and 2/22.

● The Origins of Food

Tanya von Mittenwald

Learn how cuisines evolved, which foods have been around the longest and how certain natural ingredients shaped entire civilizations. Every class will have lectures, short video breaks and finally, a meal that highlights what we talked about that day. There is a suggested \$30 donation per session for prepared foods.

● Honor Flight: Welcome to Veterans

Alfred Reeves

Honor Flight transports America's World War II, Korean and Vietnam War Veterans from all branches of the military to Washington D.C. to visit the memorials built to honor and remember those who served. This trip of a lifetime provides closure, healing and the welcome home that these heroes deserve. Learn more about this special honor and ongoing recognition to our veterans. This is a single lecture on 2/8.

● Reel Politics: Government in Cinema

Alvino Hernandez & Mayra Childress

This course is a captivating examination of the intersection of the silver screen and government power. Take a look at politics as depicted in film, exploring how filmmakers captured the drama, intrigue, complexities, buffoonery and bad decision-making of government on the big screen. It promises an engaging, light-hearted and thought-provoking trip into politics through the eye of the camera, and will leave you scratching your head asking the age-old question, "Really?"

● Rudolf Nureyev and Margot Fonteyn: The Odd Couple

Steve Schiller

This class will focus on the unusual partnership between Nureyev and Fonteyn. In 1961, Nureyev defected to the U.K. at age 23. Fonteyn was 42. They formed an incredible partnership and Fonteyn danced until age 60, decades beyond the norm. The class will watch a 1965 London performance of "Romeo and Juliet" with these two stars. The class will also watch several new videos of recent rehearsals and preparation for "Romeo and Juliet" by The Royal Ballet. The instructor, Steve Schiller, performed as a member of the National Ballet of Canada Orchestra where Nureyev was in lead roles in over 100 performances during the 1970s. This is a 4-week course with classes on 2/15, 2/22, 2/29 and 3/7.

Senior Empowerment Lecture Series

● Work Out Anywhere, Anytime, Any Environment

Terrence Johnson

No gym, no problem. Find fitness in everyday activities and learn how to exploit these activities for a better health and wellness lifestyle. Discover creative ways of getting a daily workout at home, in the park, in the parking lot, at work, etc. This is a single lecture on 2/29.

● Lifestyle: Health and Wellness

Terrence Johnson

What are the social factors that influence a variety of health, functions, quality-of-life outcomes and risks? Investigate conditions in the settings where people are born, live, learn, work, play, worship and age. This is a single lecture on 3/7.



Each one reach one! Spread the word about OLLI.

Bring a new member to OLLI and receive a discount toward your next registration. See page 23 for details.

FRIDAYS

START DATE: February 9

9-11 a.m.

Online

● Still Life and Landscape Oil Painting

Rosario Ponte

Learn the process—from beginning to end—of "how to see" with different techniques. Your instructor will guide you through the study of values and the understanding of colors. You will learn drawing, composition and mixing colors. This is a 10-week course with a minimum of 12 and a maximum of 16 students. Classes are two hours long and there is an additional fee of \$45 for this course.

10-11:15 a.m.

On campus

■ Phyllis' Easy Yoga for OLLI: Session One

Phyllis Price

Counteract excessive sitting, "text neck," and even fast aging! Practice ancient and contemporary yogic disciplines and postures (some seated on your mat, some standing, some prone, some linked by vinyasa movements). All stimulate every body system. Learn ancient breathing practices that enhance your lung capacity, core strength and organ health. These are breath-of-life tools you can use to calm or energize your emotions and your practice. Class concludes with guided meditation/relaxation. Classes meet at UTEP's Centennial Museum.

1-3 p.m.

On campus

■ Painting Abstracts and Non-Objectives

Davinia Miraval

Learn different techniques to create abstract and non-objective paintings. Drawing inspiration from influences like Picasso, Matisse, Modigliani and others, you will enjoy the application of paint and the process of painting without the pressure of rendering objects as they are, but as they feel. You will be painting the essence of the object and in this class, freedom is the key. This is a 10-week course with a minimum of 12 and maximum of 15 students. Classes are two hours long and there is an additional fee of \$45 for this course.

Michael Greer, M.D., is a retired OB-GYN and integrative medicine specialist who capped his career as a lecturer to medical professionals nationwide. Steve is a retired public relations specialist and food futurist who is now returning to his classical music roots as singer, pianist and author. They are in El Paso caring for Michael's 99-year-old dad, Army Major General Edward Greer (Ret.).

1:30-2:45 p.m.

On campus/Online

■ ● Science for the Rest of Us

Jamie Ackerman

This science course is designed for non-scientists. Explore the latest findings in astronomy, geology, earth history and climate change.

■ ● History of Fashion Photography and Fashion's Most Influential Photographers

Fred Eiland

Learn the history behind the world of high fashion photography and the photographers who most influenced the field, from the earliest fashion shoots to the most contemporary. The class will also focus on portrait photography as it has always played a part in fashion photography.

■ ● Spanish Forum: Session One - Language in Action

Cristina Lourdes Bueno Gorena

Learn and improve your Spanish in a fun way. This is a forum to practice the Spanish language with conversations on different themes, reading stories and singing songs while learning basic rules in grammar. This is a 4-week course, there is no class on 2/23.

1:30-3:30 p.m.

Online

● Oil Painting: Inside Old Masters' Techniques

Maximos Ayoub

Discuss and demonstrate, step by step, how some of the greatest painters of all time created their masterpieces. Learn about the materials and formulas they used, basic color mixing, light and shape, and how to model a form. This course is designed for artists of all levels of ability and will help you develop the essential skills for painting. This is a 10-week course with a minimum of 12 and maximum of 16 students. Classes are two hours long and there is an additional fee of \$45 for this course.



OLLI's awesome staff and generous volunteers are helping to make the most of our retirement. The classes and tours have helped endear El Paso's rich history and culture to us newcomers. The whole experience has been a wonderful way for us to meet and socialize with fellow 50+ students.

Michael Greer and Steve Bryant,
OLLI members

SATURDAYS

START DATE: February 10

On site

El Paso Natural History Tours: Craters, Quakes and More

Geology is the study of the Earth and is also known as geoscience or earth science. See the Earth's evidence and discover the amazing geological history of the El Paso border region. Please note that times will vary for these field trips.

9 a.m.-2 p.m.

▲ Kilbourne Hole Volcanic Crater

Eric Kappus

Join a field trip to visit the Kilbourne Hole volcanic crater in Doña Ana County, NM. This famous volcano is where the Apollo astronauts trained, and the birthstone peridot can be found everywhere! The group will caravan in high-clearance vehicles only, and hiking isn't required. Meet at Rudy's BBQ on Artcraft Road at 9 a.m. with a full tank of gas. Bring water, a snack and sturdy shoes. This tour is on 2/17.

9-11 a.m.

▲ Earthquakes of El Paso

Eric Kappus & Phil Goodell

Learn about the earthquake history of El Paso. This is a field trip in northeast El Paso with three stops to see evidence of the last BIG earthquake in our region. See the geologic evidence for past earthquakes and learn about recent research into this exciting and scary topic. Meet at the picnic area on Transmountain Road near the Archaeology Museum. Dr. Goodell from UTEP's Geology Department is this tour's co-leader. This tour is on 3/2.



SPRING LECTURE SERIES AND TOURS

SOLO EN ESPAÑOL

Los cursos son impartidos en línea y presencial.

PRIMERA SESIÓN

Miércoles a las 3:15 p.m.

■● Poesía de Mujeres Mexicanas del Siglo XX y XXI

Zazil Collins

Aprende sobre la lectura y análisis de la producción poética, entre los siglos XX y XXI, escrita por mujeres como Nellie Campobello, Yaroslabi Bañuelos, Lucha Corpi, Elsa Cross y Rocío Cerón, en este curso bilingüe. Se ofrecerán traducciones en inglés de los poemas leídos durante clase.

SEGUNDA SESIÓN

Miércoles a las 3:15 p.m.

■● Poesía Contemporánea de Mujeres Chicanas

Zazil Collins

En este curso, analizaremos varias obras contemporáneas de poetas que residen en la zona fronteriza entre México y Estados Unidos. Estos autores escriben en Spanglish, un lenguaje híbrido basado en palabras y modismos del Español y el Inglés.

CURSOS BILINGÜES

Ofrecemos cursos bilingües: Sesiones uno y dos

Martes de 1:30 a 3:30 p.m., a partir del 6 de Febrero; 10 semanas.

■● El Repujado

Romy Saenz Hawkins

El Repujado (repoussé en Francés), es una técnica artesanal tradicional que consiste en estampar relieves en hojas (planchas) de metal utilizando las manos y herramientas especiales para crear piezas de arte únicas. Los metales más empleados son el aluminio, estaño, latón, bronce, oro o plata. Los nuevos participantes aprenderán técnicas básicas, mientras que los de nivel intermedio y avanzado aprenderán nuevas técnicas. Un kit de iniciación estará disponible a \$15 durante la primer clase. Cupo máximo de 16 estudiantes por 12 semanas con una duración de 2 horas por clase. Existe una cuota adicional de \$45 para este curso.

Jueves de 1:30 a 2:45 p.m.

▲ Bienestar Desde Adentro: Serie de Talleres

Mónica Gómez

Bienestar Desde Adentro son una serie de talleres donde se explora el crecimiento de la salud mental, espiritual y física. Los estudiantes se desenvuelven por medio de conversaciones constructivas, sesiones de meditación y de lectura y escritura. Cada sesión es diferente, pero cubren el impacto que tienen el estrés, la creatividad, las palabras, el auto-cuidado emocional, los cambios, los límites y mucho más. Los estudiantes que repiten este taller, experimentan algo nuevo en cada sesión. Las clases son patrocinadas por el Rio Grande Cancer Foundation en sus instalaciones en 616 N. Virginia St., Suite D, El Paso, TX 79902. ✨

LIFE, THE UNIVERSE & EVERYTHING LECTURE SERIES

All lectures are offered on campus/online.

SESSION TWO

Friday, April 5 at 1:30 p.m.

■● A Troll in the Dungeon: A Brief Introduction to Dungeon Synth

Joe Miller

Imagine a music genre so small and insular that only a few thousand people around the world have even heard of it. This lecture aims to broaden the reach of this small but beautiful genre: dungeon synth. Listen to several albums throughout the history of the genre to see and discuss how it developed to become the internet's hidden gem.

Friday, April 12 at 1:30 p.m.

■● Brain Imaging: A Key to Understanding Distinct Cultural Behavioral Patterns

Dr. Bruce Cushing, Alexander Lopez & Andrick Perez

Prairie voles have a similar family structure to humans. They also display populational/cultural differences in family relationships and strengths of bonds, the strength and expression of which is further altered in male offspring whose mothers are from Kansas and fathers from Illinois. This lecture will discuss the mechanisms involved in regulating these differences and recent findings that higher order functional connectivity between brain regions plays an important role.

Friday, April 19 at 1:30 p.m.

■● Introduction to Biomechanics and its Real-World Applications

Katelyn Conroy

This lecture introduces biomechanics and how the field is applied. This will include a discussion on what is biomechanics, what is studied, why it is important, and a variety of research that is currently occurring in the field. Additionally, the UTEP Biomechanics Lab, the equipment and current projects will be discussed.

Friday, April 26 at 1:30 p.m.

■● The Barefoot Acupuncture Movement: Making a Difference in the World

Ryan Bemis

Fifty percent of the world lacks access to basic healthcare, and depends on local community workers for it. Barefoot Acupuncture Movement partners with grassroots projects to help build community resilience by teaching people in underserved areas of the globe how to take care of their own people using acupuncture. Discover how this movement is using acupuncture to make a difference in the world.

LAW FOR THE LAYMAN LECTURE SERIES

All lectures are offered on campus/online.

SESSION ONE

Thursday, February 8 at 1:30 p.m.

■● Texas Appeals: Inner Workings and Process of the Court of Appeals

Yvonne Rodriguez

This is a basic primer for the state court system with an explanation of the Texas appeals process that highlights some of the landmark cases in El Paso.

Thursday, February 15 at 1:30 p.m.

■● Today's Big Picture of Immigration

Mario Ortiz Saroldi

Learn about the process of applying for lawful permanent residency for family-based petition categories. Attorney Mario Ortiz Saroldi will discuss the naturalization process for lawful permanent residents including qualifications, disqualifiers and when one can begin the application. He will also discuss the deportations of certain permanent residents and non-immigrant status individuals, along with the relief opportunities from deportation.

Thursday, February 22 at 1:30 p.m.

■● The Reality of Real Estate Taxes

Jeff Siegel

What do you really know about your property taxes? The object of this lecture is to help property owners better understand the property tax system in Texas and learn how to be proactive in ensuring that they are not paying more than their fair share. Topics will include but are not limited to: Why we pay property taxes, how property taxes are determined and things you can do to keep your property taxes in check.

Thursday, February 29 at 1:30 p.m.

■● The Dos and Don'ts of Interacting With Law Enforcement

Justin Underwood

Learn when and how to communicate with law enforcement in everyday life. Attorney Justin Underwood shares his insights based on experiences during his career with the El Paso's District Attorney's Office and in his own private practice.

FOR REGISTRATION

See page 23 for complete registration information. Classes are subject to cancellation.

Thursday, March 7 at 1:30 p.m.

■● Texas and the Death Penalty: An Overview

Edythe Payan and Bridget Sakells

Get a brief overview of the legal procedures in a death penalty case: from what offenses qualify for a potential death sentence to selecting a jury, to the final jury questions a jury is required to answer. Discuss what mitigation is and the requirements for defense counsel when representing someone accused of a case in which the state is seeking the death penalty.

SESSION TWO

Thursday, March 21 at 3:15 p.m.

■● Internet Legal Research: Easy and Free Texas Law

David Ferrell

Learn the easy way to find information on Texas law so you can understand what it is, and then cut and paste it into your document to share it like you wrote it yourself.

Thursday, April 4 at 3:15 p.m.

■● Explanations: The Processes of Probate

Magda Soto

What does probate mean? What is the process of probate? What are probate vs. non-probate assets? How do the above relate to the ownership of real property? Medicaid? Hear the explanations of wills, powers of attorney (statutory and medical), advance directives, guardianships and trusts.

**OLLI
SPECIAL REGISTRATION
EVENT
SPRING 2024**

See page 3 for more details.

INTERGENERATIONAL OPPORTUNITIES

SESSION ONE

**Mondays, 4:30-5:30 p.m. | 3 weeks:
2/5, 2/12 and 2/19**

■ Global Tech Event

UTEP RWS 5383/6383 Global Rhetoric graduate students will assist OLLI members with global technology systems, services and products such as Microsoft Office (Word, Excel, etc.), iPhones, iPads, other technology-relevant matters or user experience (UX) issues. Meet-ups will take place in the OLLI lounge.

Orientation on Thursday 2/8; meet-ups TBD

■ Intergenerational Brainstorm: Seniors With Seniors

Dr. Carolina Valencia and OLLI Facilitator Get the creative brain juices working and meet up with UTEP seniors for intergenerational discussions regarding concerns, opportunities and experiences that can ultimately lead to projects, new insights and good outcomes in our communities. It's a big brainstorm! Orientation is on 2/8. Meeting dates/times to be determined.

SPECIAL MEMBER EVENT
**VALENTINE'S
DAY TOUR**
of El Paso's Plaza Theatre

Tuesday, February 13

10:30-noon

Doug Pullen

Make Valentine's Week a special treat and tour the Plaza Theatre, one of El Paso's cherished landmarks. Discover why the theatre's décor led to its nickname of "The Showplace of the Southwest." The Plaza Theatre opened its doors to the public September 12, 1930, has survived the changing of hands, and now holds the title of the "World's Largest Classic Film Festival." This tour is open to all OLLI members.

El Paso Natural History Tours:

Craters, Quakes and More

All lectures are offered on campus/online.

Geology is the study of the Earth and is also known as geoscience or earth science. See the Earth's evidence and discover the amazing geological history of the El Paso border region. Please note that times will vary for these field trips.

SESSION ONE

Saturday, February 17, 9 a.m.-2 p.m.

■● Kilbourne Hole Volcanic Crater

Eric Kappus

Join a field trip to visit the Kilbourne Hole volcanic crater in Doña Ana County, NM. This famous volcano is where the Apollo astronauts trained, and the birthstone peridot can be found everywhere! The group will caravan in high-clearance vehicles only, and hiking isn't required. Meet at Rudy's BBQ on Artcraft Road at 9 a.m. with a full tank of gas. Bring water, a snack and sturdy shoes.

Saturday, March 2, 9-11 a.m.

■● Earthquakes of El Paso

Eric Kappus and co-leader, Phil Goodell

Learn about the earthquake history of El Paso. This is a field trip in northeast El Paso with three stops to see evidence of the last BIG earthquake in our region. See the geologic evidence for past earthquakes and learn about recent research into this exciting and scary topic. Meet at the picnic area on Transmountain Road near the Archaeology Museum. Dr. Goodell from UTEP's Geology Department is this tour's co-leader.

SESSION TWO

Saturday, March 23, 10 a.m.-noon

■● Transmountain Road Super-Volcano

Eric Kappus and co-leader, Phil Goodell

See the geologic evidence for a super-volcano on Transmountain Road. Everyone will get a piece of the oldest rocks in our region. Meet at the picnic area on Transmountain Road near the Archaeology Museum and carpool up the road, finishing at the top of the mountain (three stops). The best high-visibility outfit wins a prize! The duration of the field trip is 2 hours, from 10 a.m.-noon. Dr. Goodell from UTEP's Geology Department is this tour's co-leader.

Monday, April 6, 9-10:30 a.m.

■● Useful Plants Walk: El Paso Museum of Archaeology

Eric Kappus

This is a leisurely stroll to learn about the useful native plants in the garden outside the El Paso Museum of Archaeology. Get to see how these plants were processed and even farmed in the region. This walk lasts 1.5 hours from 9-10:30 a.m. You may also visit the Museum to see fantastic evidence of indigenous peoples in our region. Meet at the parking lot of the El Paso Museum of Archaeology.

Monday, April 27, 9-11 a.m.

■● Dinosaur Footprints of Mt. Cristo Rey

Eric Kappus

Giant footprints! Visit the only dinosaur fossils in the border region. This field trip is open to OLLI members and those interested in learning about OLLI. There are two stops with only a few hundred feet of light hiking. Hear the story of how these dinosaur tracks were found and what kinds of dinosaurs were roaming around our region. The trail is rocky, so make sure to wear proper footwear.

OLLI EAST: FILMS AND MORE

SESSION ONE

**Tuesdays: 1:30-3:30 p.m. | 3 weeks:
2/6, 2/13 and 2/20**

▲ John Grisham Films

Leanne von Mittenwald

Join classes at the Ysleta Adult Learning Center to view and discuss films adapted from the novels of John Grisham. A prolific novelist with books translated into over fifty languages, John Grisham made sure he had veto power over all of the film adaptations before allowing a book to be turned into a film. Watch three of his most popular legal thrillers in OLLI's new eastside location.

**Tuesdays: 1:30-3:30 p.m. | 2 weeks:
2/27 and 3/5**

▲ The Cuisines of South America

Tanya von Mittenwald

Learn about the different spices and cultures of South American countries, and how their individual histories and environments shaped their cuisines. Every class will have lectures, short video breaks, and finally, a meal that highlights what we talked about that day. There is a suggested \$10 donation per week for the food provided.

**Wednesdays: 1:30-3:30 p.m. | 5 weeks,
starting 2/7**

▲ Elvis Presley: Man, Musician and Actor

Dr. Richard Nevins

Elvis Presley was a phenomenon that changed the world! From music, fashion and movies to race and sexuality, Elvis was the trend-setter. Come see why Elvis was voted by Time magazine subscribers as the most important person of the 20th century.

SESSION TWO

**Tuesdays: 1-4 p.m., | 5 weeks, starting
3/19**

▲ Explore and Learn in the World of Basic Art

Keely McDonald

A course for everyone interested in various art mediums! Have fun exploring the basics of art and learn drawing, light theory and color theory. Stimulate your creative thought processes. Use a sketchbook, pencils, and other mediums that interest you. This is a 5-week intensive course with classes that are three hours long. There is an additional fee of \$25 for this course.

All sessions are on site.

OLLI is expanding to El Paso's east side with films and other classes over 5 weeks at YISD Adult Learning Center at 121 Padres Drive, El Paso, TX 79907. Free parking is available.

Wednesdays: 1:30-3:30 p.m. | 5 weeks, starting 3/20

▲ Sticks and Stones: Unethical Journalism in Film

Catherine Dickason

The power of the media can impact and drive lives. This class will screen some classic and contemporary films that portray reporters who will go to any lengths to sell the story. Films to consider include: "Sweet Smell of Success", "Network", "Nightcrawler" and "A Face in the Crowd". Join the class and bring your press pass!

SENIOR EMPOWERMENT LECTURE SERIES

All lectures are offered on campus/online.

SESSION ONE

Thursday, February 29 at 3:15 p.m.

■ ● Work Out Anywhere, Anytime, Any Environment

Terrence Johnson

No gym, no problem. Find fitness in everyday activities and learn how to exploit these activities for a better health and wellness lifestyle. Discover creative ways of getting a daily workout at home, in the park, in the parking lot, at work, etc.

Thursday, March 7 at 3:15 p.m.

■ ● Lifestyle: Health and Wellness

Terrence Johnson

What are the social factors that influence a variety of health, functions, quality-of-life outcomes, and risks? Investigate conditions in the settings where people are born, live, learn, work, play, worship and age.

SESSION TWO

Wednesday, March 20 at 1:30 p.m.

■ ● Recipe Makeover

Terrence Johnson

Clean up your favorite meals throughout the day: Bring your favorite recipes to class and we'll explore their nutritional value, health benefits, and, of course, how to make them cleaner.

Wednesday, April 3 at 1:30 p.m.

■ ● Weight Training 101 for Seniors

Terrence Johnson

Explore the advantages of working with a trainer, how to fuel and replenish yourself before and after your workout, and the advantages and disadvantages of lifting weight using machines versus free weights. Dive deep into everything you need to know about working out properly in a gym.

Wednesday, April 10 at 1:30 p.m.

■ ● Balance Bounceback

Terrence Johnson

How is your balance? Seniors may find it more challenging to regain their balance if they begin to fall due to a variety of issues that come with aging, including a loss of balance and slower reflexes. Learn how to bounce back.

VOLUNTEERS WELCOME!

OLLI is a community of members over the age of 50 who love to learn and grow. We rely on volunteers. You can give a little or a lot of your time in a variety of gratifying ways.

See page 27 for details.



OLLI Members enjoy Pickleball club at Memorial Gym, Fall 2023. See page 3 for more information.

Healthy Aging: Your Body, Heart and Brain Lecture Series

All lectures are offered on campus/online.

SESSION ONE

Monday, February 5 at 3:15 p.m.

■ ● How To Become and Stay Physically Active

Dr. Camila Torriani-Pasin

Is there a difference between exercising and being physically active? Yes, there is. Even though recommendations for exercising are generally well known, sedentary behaviors can decrease the efficiency and beneficial effects of exercising. During this lecture, Dr. Torriani-Pasin, Associate Professor in UTEP's Department of Physical Therapy and Movement Sciences, will bring insights about these differences and help you choose the best activities to keep you healthy.

Monday, February 12 at 3:15 p.m.

■ ● Cardiovascular Health and Exercise

Dr. Alvaro Gurovich

Cardiovascular diseases are the number one cause of death in the United States and the western world. Most of these diseases are related to atherosclerosis and sedentary lifestyles. From regular exercise to active behaviors, this lecture will try to clarify the beneficial effects of an active life from the cardiovascular perspective. The goal is to engage the audience with an "every step counts" philosophy.

Monday, February 19 at 3:15 p.m.

■ ● Brain Plasticity: Active Brain for Life

Dr. Shashwati Geed

Neuroplasticity, the brain's ability to rewire and reorganize itself, holds the key to maintaining cognitive sharpness and physical vitality as we age. Dr. Geed, Assistant Professor in UTEP's Department of Physical Therapy and Movement Sciences, will delve into the fascinating science behind neuroplasticity, explaining how it applies to your daily life. Learn practical strategies and lifestyle choices that can help you age well with a sharp mind, healthy body and happy life.

El Paso History Tours: Progress in the Southwest

On-site tours | Prince McKenzie & Ron Leiman

The Southwest developed over time with the growth of the railroads which not only led to a rich history in commerce but also a visible history in architecture and art.

SESSION ONE

Wednesday, February 7, 10 a.m.

▲ El Paso County Historical Society

Meet at 603 W. Yandell Drive, at the historic Burges House designed by the architect Henry Trost. Society staff will describe the operations of the Society, discuss the archives, publications and programs involved in historic preservation, and display examples of El Paso art and information on file about El Paso artists in the collections.

Wednesday, February 14, 10 a.m.

▲ El Paso County Courthouse

Meet in the lobby of the Courthouse at 500 E. San Antonio Avenue and examine the oldest sculpture in El Paso, learn how it was displayed, restored and reinstalled, and compare it with contemporary sculpture in the building. Look at El Paso history through the vision of several contemporary artists who have documented Southwest culture with murals and consider the interaction of man with the landscape and environment when we view the murals of Carlos Callejo, James Drake, Hal Marcus and John Valadez.

Wednesday, February 21, 10 a.m.

▲ International Museum of Art

Meet at the Museum located at 1211 Montana Avenue, in the Turney Mansion designed by the architect Henry Trost. Explore the style, interior, decorative details and stained glass windows of the building and look over the multimedia art of several great international artists including José Cisneros, John Houser, Rogelio Madero de la Peña, Bill Kolliker and Urbici Soler. The tour will also review the Artists' Hall of Fame and the works of those men and women.

Wednesday, February 28, 10 a.m.

▲ El Paso Museum of Art

Meet in the El Paso Museum of Art at 1 Arts Festival Plaza, and tour the art galleries to consider and discuss the works of El Paso artists past and present along with their vision of the Southwest. Discuss the original Twelve Travelers drawings, consider an example of the contemporary sculpture project, view the work of Luis Jiménez and other sculptors, and explore the American Gallery and changing gallery to discuss relevant works of art.

SESSION TWO

Wednesday, March 20, 10 a.m.

▲ Union Passenger Station and the Memorial Tramway

Meet in the parking lot of the Union Passenger Station at 700 West San Francisco Avenue (79901). Then tour the outside of the station designed by Daniel Burnham and completed in 1906. View the north end of the Santa Fe Railyards to the southwest and tour the inside of the station noting the basilica design and the AMTRAK ticket office. Walk east to the west end of the Bataan Memorial Trainway which was completed in 1951.

Wednesday, April 3, 10 a.m.

▲ The El Paso Southwestern Station and Freight House

Meet in the parking lot at 420 North Campbell adjacent to El Paso and Southwestern Railroad Station and Freight House. This building is now the St. Rogers Depot, an event center. Tour the outside of the station and note the design elements of the 1904 and 1905 construction. Then, tour the inside of the building and discuss the El Paso and Southwestern Railroad and its acquisition by the Southern Pacific in 1924. Walk west down Franklin Street to the El Paso and Southwestern office building and then back on Main Street to the site of the Southern Pacific Station (1881). View the east end of the Bataan Memorial Trainway and the west end of the Southern Pacific Railyard.

Wednesday, April 10, 10 a.m.

▲ The Texas and Pacific Freight House and the Santa Fe Freight House

Meet in front of the Texas and Pacific Freight House at 216 South Ochoa. Then, tour the outside of this freight house completed in 1912. If possible, the group will tour the inside of the freight house and discuss the Texas and Pacific Railyards which extended east to Cotton Street Drive to a to-be-determined parking area near the Santa Fe Freight House at 805 South Santa Fe Street, which has served as a station since 1881. The current freight house dates to 1941. The group will view the Black Bridge and discuss the early ferry crossing and various bridges near this site. Further discussions will include the Mexican Railroad lines.

Wednesday, April 24, 10 a.m.

▲ Locomotive #1 and the Rail Lines of El Paso

Meet at the site of Locomotive # 1 at the Union Plaza Transit Terminal at 477 West San Antonio Street, tour the former El Paso Railroad and Transportation Museum site, and view the restored 1857 steam locomotive. Discuss the eight rail lines that served El Paso between 1881-1912 and made El Paso the Rail Hub of the Southwest. Walk to San Jacinto Plaza and discuss the Taft-Diaz Meeting of 1909 and look at the decade-by-decade changes since the railroad arrived in 1881.



Over the years, we have [taken] many different classes. Art and music have been our favorites. OLLI is a place to meet new people, share unique experiences and have a lot of fun.

Richard and Janet Dand,
OLLI members, 8 years

OLLI instructors

are current UTEP faculty members, UTEP retired faculty or members of the OLLI community with expertise in a given field. Instructor bios are available at: utep.edu/olli/faculty



SPRING 2024 OSHER ONLINE COURSES

The Jewish Holidays: A Primer (Lecture)

Instructor: Rabbi Alexis Pinsky

Explore the yearly cycle of Jewish holidays. Unlock the mysteries of the Jewish calendar, and learn about major and minor holidays, historical practices, and modern observances. Whether you have grown up with these holidays, or are learning for the first time, enrich your understanding of and connection to these sacred moments in time.

Tuesdays, January 9-February 20 | 9 a.m.

Themes in Philosophy, Part 2 (Lecture)

Instructor: David E. Smith, Ph.D.

Explore and discuss the more fascinating themes in philosophy including philosophical types of religion, religion and politics in America, aesthetics, philosophy of language, philosophy of culture, and philosophy of happiness. The instructor will address questions on these themes and more, and include discussion in each session. Themes in Philosophy 1 is not a prerequisite.

Wednesdays, January 10-February 14 | 11 a.m.

Golden Mysteries: An Exploration of Mystery Novels from the 1920s & 1940s (Discussion)

Instructor: Brittney Rakowski, Ph.D.

Study mystery novels of the 1920s through 1940s and learn what made them so popular. This genre is uniquely positioned to reflect and address fears of the populace, so these novels provide into what people cared about most when they were published. Also examine why it's so fun to read about horrible crimes and try to understand what we get out of it.

Wednesdays, January 10-February 14 | 1 p.m.

Made in America: The History, Mission and Vision of The Public Library (Lecture)

Instructor: Caroline Nappo, Ph.D.

Examine the history of the modern public library from the early nineteenth century through the present. Gain an enhanced appreciation for the role of the public library in a democratic society, as well as the ways in which the public library is a uniquely American invention.

Wednesdays, January 10-February 14 | 5 p.m.

Ruth Bader Ginsburg (Lecture)

Instructor: Lauren Andersen, J.D.

Examine the many contributions the late Justice Ruth Bader Ginsburg made to the legal landscape, from her work as an advocate for gender equality, her role as the co-founder of the ACLU's Women's Rights Project, and her opinions on the D.C. Circuit Court of Appeals and the U.S. Supreme Court. Discuss her early influences and view clips from the documentary, "RBG," and more.

Thursdays, January 11-February 15 | 9 a.m.

Coming to Terms With the Holocaust (Lecture)

Instructor: Steve Sohmer, Ph.D.

Probe the deep roots, proximate causes, methods, personalities and principal events which created the Holocaust in this series of illustrated lectures. The Holocaust in Europe (1933-1945) has much to teach us about hatred, demagoguery, impersonal violence, state-sponsored murder on an industrial scale and ourselves. Discuss many complex and charged questions: The goal is to enable participants of any nationality, faith, or persuasion to come to terms with the Holocaust through information, analysis, public discourse and private reflection.

Saturdays, January 13-February 17 | 11 a.m.

Nero Wolfe: The Best of America's Armchair Detectives (Discussion)

Instructor: Jeff Walker, Ph.D.

Rex Stout's Nero Wolfe, the orchid-fancying, seventh-of-a-ton gourmand, is America's most famous armchair detective who solves murders along with his aide, Archie Goodwin. Investigate and discuss three of Rex Stout's Nero Wolfe novels, one collection of his short stories and a single story published in America Magazine, all designed to see how one detective can use his genius to identify murderers without leaving the comfort of his home.

Tuesdays, January 16-February 20 | 11 a.m.

Native Ground: Indigenous Communities and Colonization Before 1900 (Lecture)

Instructor: Matt Jennings, Ph.D.

Explore the depth and diversity of Native American history in what is now the United States. Consider the implications of the invasion from Europe, the founding of European colonies, and the eventual (not inevitable) establishment of the United States and its expansion across Native North America. Explore the resilience of indigenous communities in the face of relentless colonial pressure, and also learn about several related topics, including the historiography of Native America and the image of the "Indian" in the American mind.

Mondays, February 19-March 25 | 3 p.m.

Fake News: Keys to Ethical and Impactful Journalism (Lecture)

Instructor: Annie Krall

Recent polarization of politics fueled the "fake news" fire, but the concept of conflicting truths is not new. Step into the world of a broadcast journalist to understand what it takes to convey facts and spot shortcomings on TV. Understand first-hand the joys and challenges of standing and reporting in front of major sporting events like an NFL playoff game or MLB spring training to capture the scene for viewers.

Saturdays, February 24-March 30 | 7 a.m.



OSHER Online courses are offered nationwide, giving you access to amazing instructors and more opportunities to learn. The Osher National Resource Center will offer another set of online courses complementary to our local OLLI programming this spring. You must be an OLLI member to participate.

The courses:

- give you access to instructors from other locations in the country
- are six weeks long and focus on diverse topics of interests
- are flexible to fit into your schedule
- are offered fully online through Zoom
- are affordable:

› **\$60 per lecture**

› **\$90 per discussion**

Additional courses may be available. Visit our website and click on the OSHER Online button on the left to see a complete listing.



Register online at utep.edu/olli or call the OLLI office at **915-747-6280** for assistance.

SPRING 2024

Session Two

March 18-April 26, 2024

MONDAYS

START DATE: March 18

1:30-2:45 p.m.

Online

- **The Classical Side of Broadway**
Cristina Jones

Is the show a Broadway musical or an opera? This course explores shows that are sometimes confused for one another like "The Phantom of the Opera."

On campus

- **Wu-Style T'ai Chi: The Last Section of the Traditional Long Form Movements 10-17**
Steve Barowsky

This course is an introduction to Wu-style T'ai Chi, which is one of the widely practiced forms of T'ai Chi. It has compact, precise, circular whole body movements. These movements are based on highly developed body mechanics and energy flows directed by mind intent. Learn the last eight movements of this form in this course. This practice is beneficial for the body, mind and spirit.

On campus/Online

- **Special Talk | Building A Brand: 10 Years of Chihuahuas Baseball**
Brad Taylor

Brad Taylor, General Manager of the El Paso Chihuahuas, talks about the philosophy of brand building, including marketing, logos, community initiatives and the economic impact of baseball. He will also review the El Paso Chihuahuas' mission and vision statements along with the core values that he believes have helped the team have ten consistent and successful years. A point of note: The Chihuahuas Ballpark was a catalyst for renewed downtown El Paso development. This is a single lecture on 3/18.

CLUBS & SPECIAL INTEREST GROUPS

See page 3 and take full advantage of your membership benefits. Join the conversation and become an active participant in one or more of our clubs and special interest groups.

Courses are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours.

● Online ■ On campus ▲ On site

Courses that take place anywhere other than on campus are also designated as on-site courses with addresses included in the descriptions.

3:15-4:30 p.m.

On campus/Online

- **Southern Gothic Literature**
Catherine Dickason

Explore some of our greatest Gothic authors who penned outstanding novels, short stories and mysteries. The class will focus specifically on Gothic literature, and closer to home, Southern Gothic works. Join this class for colorful, entertaining and titillating stories that have withstood the test of time.

- **Challenges to Our Democracy**
James Fynquist

The 2024 campaigns and elections are projected to present unprecedented challenges to our democracy and this course will endeavor to identify and analyze the salient challenges. The class will examine key candidates, scrutinize how the campaigns are affecting our nation's ideals, explore the impact on our institutions (legislative, executive and judicial), and evaluate who and what is likely to benefit or could be expected to be harmed based on the possible outcomes of the election.

On site

- ▲ **Using Whole Foods for Smart Nutrition: Nature's Prescription**

Jackie Cordova

Have you asked yourself what whole foods really are? What is truth and what is myth about healthy eating? What is happy food vs. comfort food? Get the answers to all these questions and more and learn tips to make healthy cooking easier and more enjoyable. There is a suggested donation of \$5 for prepared foods. Classes meet at Wine Attitude in Sunland Park Mall, Suite G06, EL Paso, TX 79912. This course is sponsored by the Rio Grande Cancer Foundation. ✨

FOR REGISTRATION

See page 23 for complete registration information. Courses may have minimum and/or maximum enrollment requirements and/or waiting lists. Classes are subject to cancellation.

TUESDAYS

START DATE: March 19

1:30-2:45 p.m.

Online

- **Chair Yoga: Session Two**
John Kurberka

Move and breathe with Chair Yoga! Chair Yoga is an excellent way to build core strength, increase flexibility and improve balance. It also reduces anxiety and stress, improves circulation, helps lower blood pressure and protects joints. This course is offered only through Zoom and is sponsored by the Rio Grande Cancer Foundation. ✨

On campus/Online

- **Nordic Secrets to Happy Living: All Things Cozy - Having It "Hygge" (whoa-ga)**
Lenae Rasmussen

The national obsession with all things cozy is one of the reasons Denmark is always near the top of the list of the world's happiest countries. This concept cannot be translated to one word but encompasses a feeling of cozy contentment, convivial entertaining, and well-being through enjoying the simple things in life. Recently, the rest of the world has caught on to this wonderful way of life. The Happiness Research Institute in Copenhagen wrote that hygge is such an important part of being Danish that it is considered "a defining feature of our cultural identity and an integral part of the national DNA."

- **French Conversation: Session Two**
Jean-Claude Linossi

Continue with your French lessons! Read stories in French from an assigned book and discuss the content of the stories in French with the instructor and other students. A good knowledge of the French language is a plus. Students will be required to buy the book necessary for this class.

- **Spanish Art of the 20th Century: Reckoning With a Dictatorship**
Nicolas Cooper

Spain in the 20th century was a complex place; between the Spanish Civil War, Francoism, and the end of the dictatorship, many authors and artists were forced into exile or created art that dealt with the end of an era. Important early artists, like Picasso and Miró, as well as the underappreciated school of Abstract Expression that developed in the second half of the century with artists such as Manolo Millares and Barcelona star, Antoni Tàpies, will be examined in this environment.

1:30-3:30 p.m.

Online

● **Metal Embossing/Repujado (Continued)**

Romy Saenz Hawkins

This course is continued from Session One.

1-4 p.m.

On site

OLLI East | Films and More

OLLI is expanding to El Paso's east side with films and other classes over 5 weeks at YISD Adult Learning Center at 121 Padres Drive, El Paso, TX 79907. Free parking is available.

▲ **Explore and Learn in the World of Basic Art**

Keely McDonald

A course for everyone interested in various art mediums! Have fun exploring the basics of art and learn drawing, light theory and color theory. Stimulate your creative thought processes. Use a sketchbook, pencils, and other mediums that interest you. This is a 5-week intensive course with classes that are three hours long. There is an additional fee of \$25 for this course.

3:15-4:30 p.m.

On campus/Online

■● **Transgenderism at the Crossroads of Science, Culture and Politics**

Aurolyn Luykx

The ability to change one's gender is one of the most profound cultural changes our society has seen in a century or more. Not surprisingly, it has sparked intense political and religious debate, emerging as a major theme of the culture wars. This course will examine the emerging science around gender transition and fluidity, along with current controversies related to transgenderism in medicine, sports, schooling and parenting.

■● **Meditation: Hearts, Minds and Happiness**

Lynn Provenzano

How do you perceive happiness? Is it a feeling, a comfort zone, or something you always seek? Discover how the practice of meditation supports the quest for inner happiness along with the benefits of adding meditative and reflective practices into your daily routines.

WEDNESDAYS

START DATE: March 20

10-11:30 a.m.

On site

El Paso History Tours | Progress in the Southwest

Prince McKenzie & Ron Leiman

The Southwest developed over time with the growth of the railroads which not only led to a rich history in commerce but also a visible history in architecture and art.

▲ **Union Passenger Station and the Memorial Tramway**

Meet in the parking lot of the Union Passenger Station at 700 West San Francisco Avenue (79901). Then tour the outside of the station designed by Daniel Burnham and completed in 1906. View the north end of the Santa Fe Railyards to the southwest and tour the inside of the station noting the basilica design and the AMTRAK ticket office. Walk east to the west end of the Bataan Memorial Trainway which was completed in 1951. This tour is on 3/20.

▲ **The El Paso Southwestern Station and Freight House**

Meet in the parking lot at 420 North Campbell adjacent to El Paso and Southwestern Railroad Station and Freight House. This building is now the St. Rogers Depot, an event center. Tour the outside of the station and note the design elements of the 1904 and 1905 construction. Then, tour the inside of the building and discuss the El Paso and Southwestern Railroad and its acquisition by the Southern Pacific in 1924. Walk west down Franklin Street to the El Paso and Southwestern office building and then back on Main Street to the site of the Southern Pacific Station (1881). View the east end of the Bataan Memorial Trainway and the west end of the Southern Pacific Railyard. This tour is on 4/3.



**Each one reach one!
Spread the word about OLLI.**

Bring a new member to OLLI and receive a discount toward your next registration. See page 23 for details.

▲ **The Texas and Pacific Freight House and the Santa Fe Freight House**

Meet in front of the Texas and Pacific Freight House at 216 South Ochoa. Then, tour the outside of this freight house completed in 1912. If possible, the group will tour the inside of the freight house and discuss the Texas and Pacific Railyards which extended east to Cotton Street Drive to a to-be-determined parking area near the Santa Fe Freight House at 805 South Santa Fe Street, which has served as a station since 1881. The current freight house dates to 1941. The group will view the Black Bridge and discuss the early ferry crossing and various bridges near this site. Further discussions will include the Mexican Railroad lines. This tour is on 4/10.

▲ **Locomotive #1 and the Rail Lines of El Paso**

Meet at the site of Locomotive # 1 at the Union Plaza Transit Terminal at 477 West San Antonio Street, tour the former El Paso Railroad and Transportation Museum site, and view the restored 1857 steam locomotive. Discuss the eight rail lines that served El Paso between 1881-1912 and made El Paso the Rail Hub of the Southwest. Walk to San Jacinto Plaza and discuss the Taft-Diaz Meeting of 1909 and look at the decade-by-decade changes since the railroad arrived in 1881. This tour is on 4/24.



I've been an active member of OLLI for eleven years and have taken so many classes. I love the many opportunities to expand and grow my mind. I also enjoy the opportunities to volunteer, be useful and give back.

Jill Boyea,
OLLI member, 11 years

Courses are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours.

● Online ■ On campus ▲ On site

Courses that take place anywhere other than on campus are also designated as on-site courses with addresses included in the descriptions.

1:30-2:45 p.m.

On campus/Online

● The Bible Stories Essential to Art History

Kathleen Key

Great figures from Hebrew Scripture, (what Christians call the Old Testament)—Abraham, Moses, David, Joseph, Judith, Esther and Ruth—and their stories are the main subjects in the history of art. Jesus, Mary, Joseph, Peter, Thomas, Paul—these figures and many more from the New Testament are main subjects in the history of art. This class of four lectures will cover art from both the Old and New Testaments. Join this class for wonderful and inspiring art! This is a 4-week course with classes on 3/20, 4/3, 4/10 and 4/24. There is no class on 4/17.

● Henry James: Short Fiction - Two Novellas of His Middle Period

James Mortimore

Henry James's short fiction (novellas, short stories and tales) comprise 12 volumes. He produced some of the greatest works in 19th-early 20th century English/American literature. While his late-period novels put off some readers due to his style you will find these novellas very readable indeed. His extraordinary storytelling has earned him the sobriquet, "The Master." "The Aspern Papers" and "The Pupil" are examples of truly great novellas from his middle period.

● War in Ukraine

Joe Roach

Take a look at the genocidal treatment of Ukraine caught between Stalin and Hitler. This is an overview of Russia from Lenin to Putin: Kremlin's invasion of Ukraine; the domestic U.S. political and economic consequences of intervention; and Putin's "Mafiosi" style of political dictatorship and teetering economy; the historical Russia on the brink of catastrophe; the Ukrainian and western response to Russia's invasion; and the technology, battlefield and strategies that will result in inevitable Ukrainian liberation. This is a 2-week course with classes on 4/17 and 4/24.

Senior Empowerment Lecture Series

● Recipe Makeover

Terrence Johnson

Clean up your favorite meals throughout the day: Bring your favorite recipes to class and we'll explore their nutritional value, health benefits and, of course, how to make them cleaner. This is a single lecture on 3/20.

● Weight Training 101 for Seniors

Terrence Johnson

Explore the advantages of working with a trainer, how to fuel and replenish yourself before and after your workout, and the advantages and disadvantages of lifting weight using machines versus free weights. Dive deep into everything you need to know about working out properly in a gym. This is a single lecture on 4/3.

● Balance Bounceback

Terrence Johnson

How is your balance? Seniors may find it more challenging to regain their balance if they begin to fall due to a variety of issues that come with aging, including a loss of balance and slower reflexes. Learn how to bounce back. This is a single lecture on 4/10.

1:30-3:30 p.m.

On site

OLLI East | Films and More

OLLI is expanding to El Paso's east side with films and other classes over 5 weeks at YISD Adult Learning Center at 121 Padres Drive, El Paso, TX 79907. Free parking is available.

▲ Sticks and Stones: Unethical Journalism in Film

Catherine Dickason

The power of the media can impact and drive lives. This class will screen some classic and contemporary films that portray reporters who will go to any lengths to tell the story. Films to consider include: "Sweet Smell of Success", "Network", "Nightcrawler" and "A Face in the Crowd". Join the class and bring your press pass!

3:15-4:30 p.m.

On campus

■ Line Dancing: Session Two

Genie Gonzalez-Nicholson

Line dancing is a fun way to get physically fit. It is considered low-impact cardio and part of a holistic and total wellness program that promotes brain health, coordination and balance. The choreographed line dance steps are simple and repeated numerous times to country music and other genres of music. You will learn line dances such as the Cupid Shuffle, Electric Slide, Cowboy Hustle, Neon Moon and many others. This is a 4-week course with classes on 3/20, 4/3, 4/10 and 4/17.

On campus/Online

● The WWII 6888th Battalion

Alfred Reeves

Learn about a forgotten part of our history that was important to U.S. troops during World War II. The 6888th was an all-female Army unit consisting entirely of African Americans. These women were responsible for mail flowing to over seven million soldiers in the European Theater of Operations. This is a single lecture on 3/20.

● Forensic Science in Law Enforcement: Fingerprinting, Crime Scene Sketching and Photographing

Ashley Rosiles

Bonafide CSI Ashley Rosiles, supervisor for the El Paso County Sheriff's Office Crime Scene Unit, takes you through the forensic science of law enforcement. Learn about the process of producing fingerprint evidence and the use of sketches and photographs during a crime scene search. The term "fingerprint" will be used throughout to refer to the friction ridge skin that covers the palmar surfaces of the hands and the plantar surfaces of the feet. This is a 2-week course with classes on 4/3 and 4/10.

● Introduction to Criminal Financial Investigations

Alfredo Arroyo

This course is a study of money laundering, the process of transforming illegally gained money to give the appearance of legal revenue. Money is the lifeblood of a criminal organization, and they must have access to it. You will gain a basic understanding of this technique which is one of the most difficult crimes to investigate and to prosecute. The instructor led an international financial investigation units under the U.S. Department of Justice. This is a 2-week course with classes on 4/17 and 4/24.

● Sólo en Español | Poesía Contemporánea de Mujeres Chicanas

Zazil Collins

En este curso, analizaremos varias obras contemporáneas de poetas que residen en la zona fronteriza entre México y Estados Unidos. Estos autores escriben en Spanglish, un lenguaje híbrido basado en palabras y modismos del Español y el Inglés.

FOR REGISTRATION

See page 23 for complete registration information. Courses may have minimum and/or maximum enrollment requirements and/or waiting lists. Classes are subject to cancellation.

THURSDAYS

START DATE: March 21

11 a.m.-noon

Online

● Mindful Bodywork: Session Two

Wolf Carter

Improve your energy by mindfully working the less used areas of the body, expanding your mobility, creating balance and building body awareness. Exercises are specifically designed for any level of physical ability.

1:30-2:45 p.m.

Online

● Women Who "Misbehaved" and Changed History

Mary Benanti

For centuries, women charted daring courses for themselves despite societal and cultural demands that they "behave like good little girls." This course looks at numerous women who challenged norms and ventured into fields where "good little girls don't go." From pre-revolutionary days to the present, unsung heroines have been ignored by historians. This class will share their contributions and how they changed the meaning of "good girls." This is a 3-week course with classes on 4/11, 4/18 and 4/25.

On campus/Online

● The Tom Lea Trail: Connecting Texas to the Italian Renaissance and Children to Learning

Adair Margo and Holly Cobb

In the fall of 2023, the Tom Lea Trail Mobile Tour was launched. It is the first Texas Heritage Trail in 12 years and the only one named for an artist. Join Adair Margo, Tom Lea Institute founder who conceived of the Tom Lea Trail, and Holly Packard Cobb, who made it a reality. This lecture will take participants on a journey across Texas with the art of Tom Lea as the guide. This is a single lecture on 3/21.

On site

▲ Wellness From Within Ongoing Workshop Series

Mónica Gómez

Wellness From Within is a series of workshops exploring mental, spiritual and physical health and wellness. Students will engage in lively discussion, brief meditation, writing and reading aloud. The stand-alone workshops change periodically and cover the impact of creativity, stress, words, self-care, change, boundaries and more. Students who repeat the series discover new insights every time! This is a 4-week course with classes on 4/4, 4/11, 4/18 and 4/25. Classes are bilingual and will meet at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D., El Paso, TX 79902. This course is sponsored by the Rio Grande Cancer Foundation. ✻

3:15-4:30 p.m.

On campus

■ Fencing Fun: Session Two

Nancy Johnson

More fencing! A fencing bout is primarily a duel of intellect. Regular fencing classes make it possible to postpone the effects of aging. It is a wonderful means of preserving mobility of the joints, flexibility of the body, sharpness of the mind, and a healthy spirit. Fencing has many health and fitness benefits for all ages. It increases endurance, balance, coordination, and flexibility. It also satisfies the competitive instincts. Classes will take place at UTEP's Memorial Gym.

On campus/Online

■ French Culture: The Decorative Arts

Jean-Claude Linossi

The French have a rich history of finery in the decorative arts. Take a look at the porcelains of Limoges and Sèvres, the history of Chinoiserie in France, and French lace and fabrics. This is a 3-week course with classes on 4/11, 4/18 and 4/25.

■ "Requiem" by Gabriel Fauré

Steve Schiller

The class features a video presentation of Faure's "Requiem," one of the most beautiful works in the choral/orchestral literature. Instructor Steve Schiller will discuss the music as well as show a video performance. He will also discuss his personal experiences performing this great work. This is a single lecture on 3/21.

■ The Future of Food

Tanya von Mittenwald

Learn about new fads, what scientists are doing, and what food researchers think is the future of food as we know it. Every class will have lectures, short video breaks, and finally, a meal that highlights what we talked about that day. There is a suggested \$30 donation for prepared foods.

Law for the Layman Lecture Series

■ Internet Legal Research: Easy and Free Texas Law

David Ferrell

Learn the easy way to find information on Texas law so you can understand what it is, and then cut and paste it into your document to share it like you wrote it yourself. This is a single lecture on 3/21.

■ Explanations: The Processes of Probate

Magda Soto

What does probate mean? What is the process of probate? What are probate vs. non-probate assets? How do the above relate to the ownership of real property? Medicaid? Hear the explanations of wills, powers of attorney (statutory and medical), advance directives, guardianships and trusts. This is single lecture on 4/4.

Online

● Italian for Beginners

Silvia Portillo-Koch

Review the basics of the Italian language for beginners. Intermediate speakers are welcome to join to review. Progetto Italiano makes learning very pleasant by using situations and dialogues to teach the language. The book for this class is "Progetto Italiano 1. Livello Elementare A1-A2 Libro Dello Studente."

OLLI

SPECIAL REGISTRATION EVENT

SPRING 2024

See page 3 for more details.



NEW OPPORTUNITIES TO LEARN

OSHER COURSES OFFERED NATIONALLY

The Osher National Resource Center has developed a set of **online courses** offered at a national level that are complementary to our local OLLI programs.



See page 17 for more details.

FRIDAYS

START DATE: March 22

9-11 a.m.

Online

● Still Life and Landscape Oil Painting (Continued)

Rosario Ponte

This course is continued from Session One.

10-11:15 a.m.

On campus

■ Phyllis' Easy Yoga for OLLI: Session Two

Phyllis Price

Counteract excessive sitting, "text neck," and even fast aging! Practice ancient and contemporary yogic disciplines and postures (some seated on your mat, some standing, some prone, some linked by vinyasa movements). All stimulate every body system. Learn ancient breathing practices that enhance your lung capacity, core strength and organ health. These are breath-of-life tools you can use to calm or energize your emotions and your practice. Class concludes with guided meditation/relaxation. Classes meet at UTEP's Centennial Museum.

1-3 p.m.

On campus

■ Painting Abstracts and Non-Objectives (Continued)

Davinia Miraval

This course is continued from Session One.

1:30-2:45 p.m.

On campus

■ Photography Studio Workshop

Fred Eiland

Learn how to shoot great portraits, still lifes, flowers and plants, etc. in both color and black and white. Explore abstract photography and multiple exposures. Learn to use artificial lighting and natural lighting. This will be a fun learning experience for beginners, amateurs and advanced amateurs. Class size is limited to 16 students.

On campus/Online

■ Spanish Forum: Session Two - Language in Action

Cristina Lourdes Bueno Gorená

Continue to learn and improve your Spanish in a fun way. This is a forum to practice the Spanish language with conversations on different themes, reading stories and singing songs while learning basic rules in grammar.

Life the Universe and Everything Lecture Series

■ ● A Troll in the Dungeon: A Brief Introduction to Dungeon Synth

Joe Miller

Imagine a music genre so small and insular that only a few thousand people around the world have even heard of it. This lecture aims to broaden the reach of this small but beautiful genre: dungeon synth. Listen to several albums throughout the history of the genre to see and discuss how it developed to become the internet's hidden gem. This is a single lecture on 4/5.

■ ● Brain Imaging: A Key to Understanding Distinct Cultural Behavioral Patterns

Dr. Bruce Cushing, Alexander Lopez & Andrick Perez

Prairie voles have a similar family structure to humans. They also display populational/cultural differences in family relationships and strengths of bonds, the strength and expression of which is further altered in male offspring whose mothers are from Kansas and fathers from Illinois. This lecture will discuss the mechanisms involved in regulating these differences and recent findings that higher order functional connectivity between brain regions plays an important role. This is a single lecture on 4/12.

■ ● Introduction to Biomechanics and its Real-World Applications

Katelyn Conroy

This lecture introduces biomechanics and how the field is applied. This will include a discussion on what is biomechanics, what is studied, why it is important, and a variety of research that is currently occurring in the field. Additionally, the UTEP Biomechanics Lab, the equipment and current projects will be discussed. This is a single lecture on 4/19.

■ ● The Barefoot Acupuncture Movement: Making a Difference in the World

Ryan Bemis

Fifty percent of the world lacks access to basic healthcare, and depends on local community workers for it. Barefoot Acupuncture Movement partners with grassroots projects to help build community resilience by teaching people in underserved areas of the globe how to take care of their own people using acupuncture. Discover how this movement is using acupuncture to make a difference in the world. This is a single lecture on 4/26.

■ ● The Study of Us: An Anthropological Dissection of the El Paso Border

David Varela

Beginning in 1521, with the initial entry of Europeans into the new world, the region transgressed over the years from the founding of the first mission to an integrated culture. The last 300 years have molded El Paso communities and their singular characteristics through isolation and self-identification. This course focuses on the linguistics, race, food, history, art, geography and events contributing to the border region.

1:30-3:30 p.m.

Online

● Oil Painting: Inside Old Masters' Techniques (Continued)

Maximos Ayoub

This course is continued from Session One.

SATURDAYS

START DATE: March 23

On site

El Paso Natural History Tours: Craters, Quakes and More

Geology is the study of the Earth and is also known as geoscience or earth science. See the Earth's evidence and discover the amazing geological history of the El Paso border region. Please note that times will vary for these field trips.

10 a.m.-noon

▲ Transmountain Road Super-Volcano

Eric Kappus & Phil Goodell

See the geologic evidence for a super-volcano on Transmountain Road. Everyone will get a piece of the oldest rocks in our region. Meet at the picnic area on Transmountain Road near the Archaeology Museum and carpool up the road, finishing at the top of the mountain (three stops). The best high-visibility outfit wins a prize! The duration of the field trip is 2 hours, from 10 a.m.-noon. Dr. Goodell from UTEP's Geology Department is this tour's co-leader. This tour is on 3/23.

9-10:30 a.m.

▲ Useful Plants Walk: El Paso Museum of Archaeology

Eric Kappus

This is a leisurely stroll to learn about the useful native plants in the garden outside the El Paso Museum of Archaeology. Get to see how these plants were processed and even farmed in the region. This walk lasts 1.5 hours from 9-10:30 a.m. You may also visit the Museum to see fantastic evidence of indigenous peoples in our region. Meet at the parking lot of the El Paso Museum of Archaeology. This tour is on 4/6.

9-11 a.m.

▲ Dinosaur Footprints of Mount Cristo Rey

Eric Kappus

Giant footprints! Visit the only dinosaur fossils in the border region. This field trip is open to OLLI members and those interested in learning about OLLI. There are two stops with only a few hundred feet of light hiking. Hear the story of how these dinosaur tracks were found and what kinds of dinosaurs were roaming around our region. The trail is rocky, so make sure to wear proper footwear. This tour is on 4/27.

Registration Information

Registration opens January 8, 2024

ANNUAL MEMBERSHIP FEE

(September 1 through August 31;
membership fees are not pro-rated)

Single: \$45
Joint: \$80

Spring Registration Fee: \$85

(Additional fees apply to specific courses with extended class times)

- Register for as many OLLI at UTEP classes as you can fit in your schedule.
- The Miner Gold Card is available to OLLI members for \$7.50. Ask about the benefits of this UTEP ID card.
- All classes are online, on campus, hybrid or on site. Please refer to course designations in this catalog. OLLI uses Zoom for online classes. Volunteers and staff are available to assist you.
- Classes may be added or dropped after registration without penalty. Contact the office with requests.
- Joint registration is limited to two people living in the same household.
- **Each one reach one!** Bring a New Member Discount: Sponsor ONE NEW member and receive a \$45 credit toward your registration fee. Share the benefits and help OLLI grow. Discounts apply after new members are verified and will appear as a credit on your membership account.

Course Cancellation Policy: Classes that do not meet minimum registration numbers are subject to cancellation.

SPRING REGISTRATION EVENT

TUESDAY, JANUARY 9, 2024

See page 3 for more details.

3 WAYS TO REGISTER



ONLINE

Register online at utep.edu/olli

For assistance, leave a message at 915.747.6280.



BY MAIL

Fill out one registration form per person and send it with a check, money order and/or credit card information to:

Osher Lifelong Learning Institute
Miners Hall, Suite 209
500 W. University Ave.
El Paso, Texas 79968-0602

Make checks payable to **OLLI at UTEP**.



IN PERSON/BY APPOINTMENT

Contact the OLLI office to schedule an appointment. Staff will be available to take calls from 1-5 p.m., starting January 10, 2024. Appointments will be scheduled between 1 and 4:30 p.m. Registrations will not be taken over the phone or by email.

***New or renewing members must include the annual membership fee with their registrations.**

REGISTRATION (Please fill out one form per person)

Name: _____ Birth Date: ____/____/____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Phone: (____) _____ Alternate Phone: (____) _____

Email: _____

Do you have a Miner Gold Card? ☐ YES ☐ NO

If yes, what is your ID#? _____

Are you registering for any of the Osher Online Courses? ☐ YES ☐ NO

Register directly online. Visit utep.edu/olli for details.

PAYMENT

Check # _____ Make checks payable to **OLLI at UTEP**.

Credit Card: ☐ MC ☐ VISA ☐ AMEX ☐ DISCOVER

Card No. _____

Exp. Date: ____/____/____ CVV: ____
Month Year 4-digits

Do you need an SB7 Parking Pass? ☐ YES ☐ NO

If yes, please provide the following information:

License Plate # and State: _____ Vehicle Make: _____

Vehicle Model: _____ Color: _____ Year: _____

Driver's License #: _____ State: _____

Would you like to purchase a Sun Bowl Parking Garage (SBG) Parking Permit? ☐ YES ☐ NO

Contact the OLLI office at olli@utep.edu to purchase a permit. An OLLI representative will contact you to process the SBG permit application and take payment. A pro-rated SBG permit for Spring 2024 is \$263 and good until August 15, 2024. Multiple vehicles can be assigned to a single permit.

REGISTRATION FEES

<input type="checkbox"/> Single \$45 Annual membership is not pro-rated (September 1-August 31)	\$45	
<input type="checkbox"/> Joint \$80 Joint membership applies to two members living in the same household.	Name: _____ Name: _____ \$80	
Spring 2024 Course Registration Fee	\$85	
Miner Gold Card Fee	\$7.50	
Additional Art Class Fee	<input type="checkbox"/> \$25 <input type="checkbox"/> \$45	
Donation to OLLI <i>OLLI gratefully accepts donations to continue bringing quality programs to members.</i>		
TOTAL		

*Additional fees may be paid to the instructor based on supplies given to students.

How did you hear about us?

Bring a New Member discount. Whom did you bring?

Provide the name of the new member here:

Receive a \$45 credit for bringing a new member to OLLI! Discounts apply after new members are verified and will appear as a credit on your membership account.

SPRING 2024 | COURSE REGISTRATION FORM

Session One: Begins February 5, 2024

Session One courses are 5 weeks unless otherwise noted. Spring Break: March 11 - 15

▶ Please CIRCLE THE ASTERISK of the course you are interested in.

OLLI Spring 2024 classes are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours. On-campus classes are limited to 24 students per classroom. For courses offered in more than one format, select the format you prefer.

	Course Title	Time	On campus	Online	On site/ Tour	Information
MONDAY	▲ Helping Loved Ones: Moving Safely In and Out of the Home	10-11:30 a.m.			*	3 weeks: 2/12, 2/19 and 2/26; meets at EP Rehab
	■ Wu-Style T'ai Chi: The First Section of the Traditional Long Form Movements 1-9	1:30-2:45 p.m.	*			
	● The Golden Age of Musical Theatre	1:30-2:45 p.m.		*		
	▲ Crochet/Knitting Therapy	1:30-2:45 p.m.			*	Meets at Rio Grande Cancer Foundation
	▲ Using Whole Foods for Smart Nutrition: Choices	3:15-4:30 p.m.			*	Meets at Wine Attitude
	■● This Was Hollywood	3:15-4:30 p.m.	*	*		
	● Buttoning Up: Getting Your Affairs and Paperwork in Order	3:15-4:30 p.m.		*		2 weeks: 2/26, 3/4
	■● Healthy Aging How To Become and Stay Physically Active	3:15-4:30 p.m.	*	*		Single lecture: 2/5
	■● Healthy Aging Cardiovascular Health and Exercise	3:15-4:30 p.m.	*	*		Single lecture: 2/12
	■● Healthy Aging Brain Plasticity: Active Brain for Life	3:15-4:30 p.m.	*	*		Single lecture: 2/19
	■ Intergenerational Opportunities Global Tech Event	4:30-5:30 p.m.	*			3 weeks: 2/5, 2/12 and 2/19 in the OLLI Lounge
TUESDAY	▲ Special Member Event Valentine's Day Plaza Theatre Tour	10:30-noon			*	Tour: 2/13
	■● Nordic Secrets to Happy Living: Cultural Identity - Having It "Hygge" (whoo-ga)	1:30-2:45 p.m.	*	*		
	■● French Conversation: Session One	1:30-2:45 p.m.	*	*		
	● Chair Yoga: Session One	1:30-2:45 p.m.		*		
	■● The Beat Generation	1:30-2:45 p.m.	*	*		
	■ Writing Your Memoir: Memory By Memory	1:30-2:45 p.m.	*			
	▲ OLLI East Films and More John Grisham Films	1:30-3:30 p.m.			*	3 weeks: 2/6, 2/13 and 2/20 at YISD Adult Learning Center; free parking
	▲ OLLI East Films and More The Cuisines of South America	1:30-3:30 p.m.			*	2 weeks: 2/27 and 3/5 at YISD Adult Learning Center; free parking
	● Metal Embossing/Repujado	1:30-3:30 p.m.		*		2 hours, 10 weeks, \$45 fee; limit of 16 students
	■● Finding Your True North: Visiting Sacred Sites	3:15-4:30 p.m.	*	*		4 weeks: 2/6, 2/13, 2/20, 2/27
	■● Documentaries and Discussions	3:15-4:30 p.m.	*	*		
WEDNESDAY	■● Racism 2023: Is America a Racist Country?	3:15-4:30 p.m.	*	*		
	■● Meditation: Pathway To Well-Being	3:15-4:30 p.m.	*	*		
	▲ El Paso History Tours El Paso County Historical Society	10-11:30 a.m.			*	Tour: 2/7
	▲ El Paso History Tours El Paso County Courthouse	10-11:30 a.m.			*	Tour: 2/14
	▲ El Paso History Tours International Museum of Art	10-11:30 a.m.			*	Tour: 2/21
	▲ El Paso History Tours El Paso Museum of Art	10-11:30 a.m.			*	Tour: 2/28
	■● CIA's Project Azorian: A Marvelous Tale of Subterfuge, American Knowhow and Grit	1:30-2:45 p.m.	*	*		4 weeks: 2/7, 2/14, 2/21, 2/28
	■● Henry James: Short Fiction - Three Short Stories	1:30-2:45 p.m.	*	*		
	■● Murals, Mosaics and Manuscripts: Jewish Art to 1700	1:30-2:45 p.m.	*	*		
	▲ OLLI East Films and More Elvis Presley: Man, Musician and Actor	1:30-3:30 p.m.			*	YISD Adult Learning Center; free parking
	■ Creating My Family Tree With a Smartphone	3:15-4:30 p.m.	*			
THURSDAY	■ Line Dancing: Session One	3:15-4:30 p.m.	*			
	■● The Chicago Outfit	3:15-4:30 p.m.	*	*		
	■● Sólo en Español Poesía de Mujeres Mexicanas del Siglo XX y XXI	3:15-4:30 p.m.	*	*		
	● Mindful Bodywork: Session One	11 a.m.-noon		*		
	● Across the Political Divide	1:30-2:45 p.m.		*		
	▲ Wellness From Within Ongoing Workshop Series	1:30-2:45 p.m.			*	Meets at Rio Grande Cancer Foundation
	■● Texas History to 1900	1:30-2:45 p.m.	*	*		
	■● Law for the Layman Texas Appeals: Inner Workings and Process of the Court of Appeals	1:30-2:45 p.m.	*	*		Single lecture: 2/8
	■● Law for the Layman Today's Big Picture of Immigration	1:30-2:45 p.m.	*	*		Single lecture: 2/15
	■● Law for the Layman The Reality of Real Estate Taxes	1:30-2:45 p.m.	*	*		Single lecture: 2/22
	■● Law for the Layman The Dos and Don'ts of Interacting with Law Enforcement	1:30-2:45 p.m.	*	*		Single lecture: 2/29
	■● Law for the Layman Texas and the Death Penalty: An Overview	1:30-2:45 p.m.	*	*		Single lecture: 3/7
	■● The History and Care of Gems and Jewelry	1:30-2:45 p.m.	*	*		4 weeks: 2/8, 2/15, 2/22 and 2/29
	■ Intergenerational Opportunities Brainstorm: Seniors With Seniors	1:30-2:45 p.m.	*			Orientation on 2/8; meeting dates/times to be determined by participants.
	■● French Culture: Gothic Cathedrals	3:15-4:30 p.m.	*	*		3 weeks: 2/8, 2/15 and 2/22
	■● The Origins of Food	3:15-4:30 p.m.	*	*		

For courses offered in more than one format, select the format you prefer. Please note: Courses may have minimum and/or maximum requirements. Courses may have waiting lists. Additional fees may apply to courses with extended class times.

SPRING 2024 | COURSE REGISTRATION FORM

Session One: Begins February 5, 2024

▶ Please CIRCLE THE ASTERISK of the course you are interested in.

OLLI Spring 2024 classes are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours. On-campus classes are limited to 24 students per classroom. For courses offered in more than one format, select the format you prefer.

	Course Title	Time	On campus	Online	On site/ Tour	Information
THURSDAY	■ Fencing Fun: Session One	3:15 - 4:30 p.m.	*			Meets at Memorial Gym
	■ Reel Politics: Government in Cinema	3:15 - 4:30 p.m.	*	*		
	■ Senior Empowerment Work Out Anywhere, Anytime, Any Environment	3:15 - 4:30 p.m.	*	*		Single lecture: 2/29
	■ Senior Empowerment Lifestyle: Health and Wellness	3:15 - 4:30 p.m.	*	*		Single lecture: 3/7
	● Italian for Beginners	3:15 - 4:30 p.m.		*		
	■ Rudolf Nureyev and Margot Fonteyn: The Odd Couple	3:15 - 4:30 p.m.	*	*		4 weeks: 2/15, 2/22, 2/29 and 3/7
	■ Honor Flight: Welcome to Veterans	3:15 - 4:30 p.m.	*	*		Single lecture: 2/8
	● Still Life and Landscape Oil Painting	9-11 a.m.		*		2 hours, 10 weeks, \$45 fee; limit of 16 students
FRIDAY	■ Phyllis' Easy Yoga for OLLI: Session One	10-11:15 a.m.	*			Meets at Centennial Museum
	■ Painting Abstracts and Non-Objectives	1-3 p.m.	*			2 hours, 10 weeks, \$45 fee; limit of 15 students
	■ Science for the Rest of Us	1:30-2:45 p.m.	*	*		
	■ Spanish Forum: Language in Action - Session One	1:30-2:45 p.m.	*	*		4 weeks; no class on 2/23
	■ History of Fashion Photography and Fashion's Most Influential Photographers	1:30-2:45 p.m.	*	*		
	● Oil Painting: Inside Old Masters' Techniques	1:30-3:30 p.m.		*		2 hours, 10 weeks, \$45 fee; limit of 16 students
SAT.	▲ El Paso Natural History Tours Kilbourne Hole Volcanic Crater	9 a.m.-2 p.m.			*	Tour: 2/17
	▲ El Paso Natural History Tours Earthquakes of El Paso	9-11 a.m.			*	Tour: 3/2

SPRING 2024 | COURSE REGISTRATION FORM

Session Two: Begins March 18, 2024

▶ Please CIRCLE THE ASTERISK of the course you are interested in.

Session Two courses are 5 weeks long unless otherwise noted.
Easter Week Break: March 25-29

	Course Title	Time	On campus	Online	On site/ Tour	Information
MONDAY	■ Wu-Style T'ai Chi: The Last Section of the Traditional Long Form Movements 10-17	1:30-2:45 p.m.	*			
	● The Classical Side of Broadway	1:30-2:45 p.m.		*		
	■ Special Talk Building A Brand: 10 Years of Chihuahuas Baseball	1:30-2:45 p.m.	*	*		Single lecture: 3/18
	▲ Using Whole Foods for Smart Nutrition: Nature's Prescription	3:15 - 4:30 p.m.			*	Meets at Wine Attitude
	■ Southern Gothic Literature	3:15 - 4:30 p.m.	*	*		
	■ Challenges to Our Democracy	3:15 - 4:30 p.m.	*	*		
TUESDAY	■ Nordic Secrets to Happy Living: All Things Cozy - Having It "Hygge" (whoo-ga)	1:30-2:45 p.m.	*	*		
	■ French Conversation: Session Two	1:30-2:45 p.m.	*	*		
	■ Spanish Art of the 20 th Century: Reckoning With a Dictatorship	1:30-2:45 p.m.	*	*		
	● Chair Yoga: Session Two	1:30-2:45 p.m.		*		
	● Metal Embossing/Repujado	1:30-3:30 p.m.		*		Continued from Session One; 2 hours, 10 weeks, \$45 fee; limit of 16 students
	▲ OLLI East Films and More Explore and Learn in the World of Basic Art	1-4 p.m.			*	3 hours, 5 weeks, \$25 fee; YISD Adult Learning Center; free parking
WEDNESDAY	■ Transgenderism at the Crossroads of Science, Culture and Politics	3:15-4:30 p.m.	*	*		
	■ Meditation: Hearts, Minds and Happiness	3:15-4:30 p.m.	*	*		
	▲ El Paso History Tours Union Passenger Station and the Memorial Tramway	10-11:30 a.m.			*	Tour: 3/20
	▲ El Paso History Tours The El Paso Southwestern Station and Freight House	10-11:30 a.m.			*	Tour: 4/3
	▲ El Paso History Tours The Texas and Pacific Freight House and the Santa Fe Freight House	10-11:30 a.m.			*	Tour: 4/10
	▲ El Paso History Tours Locomotive #1 and the Rail Lines of El Paso	10-11:30 a.m.			*	Tour: 4/24
	■ The Bible Stories Essential to Art History	1:30-2:45 p.m.	*	*		4 weeks: 3/20, 4/3, 4/10 and 4/24; no class on 4/17
	■ Henry James: Short Fiction - Two Novellas of His Middle Period	1:30-2:45 p.m.	*	*		
	■ Senior Empowerment Recipe Makeover	1:30-2:45 p.m.	*	*		Single lecture: 3/20
	■ Senior Empowerment Weight Training 101 for Seniors	1:30-2:45 p.m.	*	*		Single lecture: 4/3
	■ Senior Empowerment Balance Bounceback	1:30-2:45 p.m.	*	*		Single lecture: 4/10
	■ War in Ukraine	1:30-2:45 p.m.	*	*		2 weeks: 4/17, 4/24
	▲ OLLI East Films and More Sticks and Stones: Unethical Journalism in Film	1:30-3:30 p.m.			*	YISD Adult Learning Center; free parking
	■ Line Dancing: Session Two	3:15-4:30 p.m.	*			4 weeks: 3/20, 4/3, 4/10, 4/17
	■ The WWII 688 th Battalion	3:15-4:30 p.m.	*	*		Single lecture: 3/20
	■ Forensic Science in Law Enforcement: Fingerprinting, Crime Scene Sketching and Photographing	3:15-4:30 p.m.	*	*		2 weeks: 4/3 and 4/10

For courses offered in more than one format, select the format you prefer. Please note: Courses may have minimum and/or maximum requirements. Courses may have waiting lists. Additional fees may apply to courses with extended class times.

SPRING 2024 | COURSE REGISTRATION FORM

Session Two: Begins March 18, 2024

Session Two courses are 5 weeks long unless otherwise noted.
Easter Week Break: March 25-29

OLLI Spring 2024 classes are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours. On-campus classes are limited to 24 students per classroom. For courses offered in more than one format, select the format you prefer.

▶ Please CIRCLE THE ASTERISK of the course you are interested in.

	Course Title	Time	On campus	Online	On site/ Tour	Information
WED.	● Introduction to Criminal Financial Investigations	3:15-4:30 p.m.	*	*		2 weeks: 4/17 and 4/24
	● <i>Sólo en Español</i> Poesía Contemporánea de Mujeres Chicanas	3:15-4:30 p.m.	*	*		
	● Mindful Bodywork: Session Two	11 a.m.-noon		*		
	● Women Who "Misbehaved" and Changed History	1:30-2:45 p.m.		*		3 weeks: 4/11, 4/18 and 4/25
	▲ Wellness from Within Ongoing Workshop Series	1:30-2:45 p.m.			*	4 weeks: 4/4, 4/11, 4/18 and 4/25; meets at Rio Grande Cancer Foundation
THURSDAY	● The Tom Lea Trail: Connecting Texas to the Italian Renaissance and Children to Learning	1:30-2:45 p.m.	*	*		Single lecture: 3/21
	● "Requiem" by Gabriel Fauré	3:15-4:30 p.m.	*	*		Single lecture: 3/21
	● Law for the Layman Internet Legal Research: Easy and Free Texas Law	3:15-4:30 p.m.	*	*		Single lecture: 3/21
	● Law for the Layman Explanations: The Processes of Probate	3:15-4:30 p.m.	*	*		Single lecture: 4/4
	■ Fencing Fun: Session Two	3:15-4:30 p.m.	*			Meets at Memorial Gym
	● Italian for Beginners	3:15-4:30 p.m.		*		
	● French Culture: The Decorative Arts	3:15-4:30 p.m.	*	*		3 weeks: 4/11, 4/18 and 4/25
	● The Future of Food	3:15-4:30 p.m.	*	*		
	● Still Life and Landscape Oil Painting	9-11 a.m.		*		Continued from Session One; 2 hours, 10 weeks, \$45 fee; limit of 16 students
	■ Phyllis' Easy Yoga for OLLI: Session Two	10-11:15 a.m.	*			Meets at Centennial Museum
FRIDAY	■ Painting Abstracts and Non-Objectives	1-3 p.m.	*			Continued from Session One; 2 hours, 10 weeks, \$45 fee; limit of 15 students
	● Life, the Universe & Everything A Troll in the Dungeon: A Brief Introduction to Dungeon Synth	1:30-2:45 p.m.	*	*		Single lecture: 4/5
	● Life, the Universe & Everything Brain Imaging: A Key to Understanding Distinct Cultural Behavioral Patterns	1:30-2:45 p.m.	*	*		Single lecture: 4/12
	● Life, the Universe & Everything Introduction to Biomechanics and its Real-World Applications	1:30-2:45 p.m.	*	*		Single lecture: 4/19
	● Life, the Universe & Everything The Barefoot Acupuncture Movement: Making a Difference in the World	1:30-2:45 p.m.	*	*		Single lecture: 4/26
	■ Photography Studio Workshop	1:30-2:45 p.m.	*			For courses offered in more than one format, select the format you prefer. Please note: Courses may have minimum and/or maximum requirements. Courses may have waiting lists. Additional fees may apply to courses with extended class times.
	● Spanish Forum: Language in Action - Session Two	1:30-2:45 p.m.	*	*		
	● The Study of Us: An Anthropological Dissection of the El Paso Border	1:30-2:45 p.m.	*	*		
	● Oil Painting: Inside Old Masters' Techniques	1:30-3:30 p.m.		*		Continued from Session One; 2 hours, 10 weeks, \$45 fee; limit of 16 students
	▲ El Paso Natural History Tours Transmountain Road Super-Volcano	10 a.m.-noon			*	Tour: 3/23
SAT.	▲ El Paso Natural History Tours Useful Plants Walk: El Paso Museum of Archaeology	9-10:30 a.m.			*	Tour: 4/6
	▲ El Paso Natural History Tours Dinosaur Footprints of Mount Cristo Rey	9-11 a.m.			*	Tour: 4/27

About Parking

You must be an OLLI member for parking benefits. Your parking hangers or decal permits are good through August 15, 2024.
Consider carpooling or ridesharing to get to campus: easier on your wallet AND the planet!

OLLI students may do one of two things:

1 Park free of charge in remote lot SB7 on Sun Bowl Drive. The WEST shuttle will take you directly to Miners Hall, where OLLI has its offices and holds most classes. You will need a permit to put on your windshield; this will identify you as an OLLI student. If you do not have a decal permit, please apply for one at the OLLI office.

2 You may choose to purchase an annual permit to park in the Sun Bowl Parking Garage (SBG). The SBG is located across from Miners Hall. To purchase an SBG permit, you must fill out a parking request form when you register. Contact the OLLI office to do this. The pro-rated SBG parking permit for Spring 2024 is \$263 and is good until August 15, 2024.

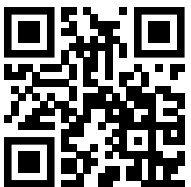
Note: Drivers are responsible for keeping permits visible on the dashboard or they may be cited. OLLI will not be responsible for parking citations.

For more information about parking, scan the QR code below or visit:
www.utep.edu/parking-and-transportation/



PARKING FOR REGISTRATION

OLLI members may park in the visitor lot at SBG. There is a fee.



Scan QR code to view a digital representation of the UTEP campus map.
<https://www.utep.edu/map/>

MINER GOLD CARD

Active registrations with your Miner Gold Card provide you with access to UTEP services plus available student discounts on campus and in the community.

The UTEP campus is open and fully operational. If you have a Miner Gold Card that needs to be updated to student status or you have not yet received a Miner Gold Card purchased in the previous term, contact the office for instructions on how to get your new card.



VOLUNTEER AT OLLI

WE WELCOME VOLUNTEERS!

OLLI is a community of members over the age of 50 who love to learn and grow. We rely on volunteers. You can give a little or a lot of your time in any of these ways or in a way that's unique to you.

OFFICE ASSISTANCE

- Make and return phone calls
- Assist with applications, registrations and filing
- Organize the OLLI library

HOSPITALITY

- Help OLLI stay connected; invite members into clubs and activities, and host chat times
- Welcome new members
- Check in with OLLI friends
- Get involved in events

SERVING ON COMMITTEES

- Help build the curriculum
- Write articles or find photos for bulletins and newsletters
- Be a part of building membership
- Join an active committee supporting OLLI's growth and service to our community

CLASSROOM AND TECH ASSISTANCE

- Host Zoom links and classes
- Take class attendance
- Provide technical assistance to OLLI students

BUILDING COMMUNITY

- Serve as a spokesperson for OLLI
- Distribute catalogs
- Make contacts and promote the value of OLLI programs

VOLUNTEERING ADDS TO THE BENEFITS OF OLLI. VOLUNTEER TODAY TO

- Keep our program affordable
- Work together with old and new friends
- Try something new
- Teach a class or give a lecture
- Share your skills
- Be part of the present for the future

Contact Karen Fraser, OLLI Volunteer Coordinator, to ask about volunteering: 915.747.6280.

OLLI GOVERNANCE

The OLLI Advisory Board and committee members are volunteers dedicated to making OLLI at UTEP a successful and caring program for the OLLI community.

OSHER LIFELONG LEARNING INSTITUTE AT UTEP

Sponsored by UTEP Extended University
Beth Brunk-Chavez, Ph.D., Dean

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Ruth Bassett
Marie Livingston
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Linda Shubeck
Bob Warach

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Lynn Provenzano, Executive Director
Margie Adame Brickey, Office Coordinator
Joe Miller, Administrative Assistant

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El Paso, TX 79968-0602

Office hours: 1-5 p.m., M-F

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All information in this Spring 2024 publication has been checked and verified to the best of the department's ability; the program cannot be held responsible for any mistake or omission in this publication.

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"I have enjoyed OLLI, as a teacher and a student, for several years now. I am always looking forward to my classes so I can learn new things, different points of view, make friends, and be social. Teaching for OLLI is always delightful."

Davinia Miraval (Instructor)



"This is my first time taking classes in OLLI and I'm having so much fun. It's hard to say which is my favorite class because they are all different areas of interest I had for years. Book binding is my new hobby. Thank you so much."

Fatima Camacho (New Member)

LEARNING NEVER GETS OLD

Be part of the Osher Lifelong Learning network of adults 50+ who are interested in being intellectually and creatively active, and staying connected.



Our members love OLLI.
So will you!



Front cover: Image by Extended University's Marketing Department; adapted from "Rio Grande," a photo by Marie Livingston, OLLI member and instructor.



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OLLI at UTEP



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