

OLLI



WHERE CURIOUS
MINDS GATHER

Summer Registration:
May 13-May 31

Summer Session:
June 3-July 12



SUMMER

2024 CATALOG



MESSAGE FROM THE
**EXECUTIVE
DIRECTOR**



Welcome!
It's Another Summer
Staycation at OLLI!

This academic year has flown by us with exceptional opportunities and the gift of smiles among our OLLI members. This summer promises to be just as engaging. Choose your personal adventure with choices that will immerse you good reading, take you on tours, lead you to discover interesting moments in time, or uncover what makes us tick. OLLI is here for you and your friends! We look forward to seeing you and making OLLI a staycation of memorable experiences in our corner of the world.

Lynn Provenzano
OLLI Executive Director
laprovenzano@utep.edu

* The Bernard Osher Foundation makes grants and endowment gifts to colleges, universities and other nonprofit organizations in four program areas: post-secondary scholarships, lifelong learning institutes for seasoned adults, select integrative medicine programs, and arts and educational organizations. Osher Lifelong Learning Institutes are found on the campuses of 125 colleges and universities from Maine to Hawaii and Alaska. The Foundation also supports the National Resource Center for the Osher Lifelong Learning Institutes at Northwestern University.



OSHER LIFELONG LEARNING INSTITUTE

WELCOME TO OLLI SUMMER 2024

OUR CATALOG IS FILLED WITH NEW OPPORTUNITIES FOR YOU!

LEARNING AND CURIOSITY NEVER GET OLD.

Members tell us they come for the intellectual stimulation of the courses and activities, and stay for the people.

Learn. Connect. Share. Inspire. Create!

Add a spark and new friendships to your life.

BECOME A MEMBER. Renew or join for \$45.

Join with a partner or spouse. Joint membership is \$80.

Summer term registration: \$50

Register online at utep.edu/olli or mail in your registration form.

Our members love OLLI. So will you!

NEW LECTURE SERIES AND TOURS FOR SUMMER!

LECTURES

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OLLI Summer Bonus: Aquatherapy Special Event

A special class with the UTEP Occupational Therapy program. Watch for announcements regarding the date and other details.

Summer Extension With OSHER Online Classes

Watch for announcements on these 6-week courses that are nationally offered in July/August.



RIO GRANDE
CANCER FOUNDATION.

OLLI gratefully partners with the Rio Grande Cancer Foundation (RGCF).



UTEP EXTENDED UNIVERSITY

OLLI Clubs and Special Interest Groups

Updates for clubs will be announced regularly via emails and bulletins.

Yoga Discovery Club

**Every Tuesday
9:30-10:30 a.m.**

Zoom in once a week and ease into some gentle yoga and conversation with fellow yoga enthusiasts and OLLI instructor, Phyllis Price. This is a special time for discovery.

Photography Club

**Every Wednesday
10-11:30 a.m.**

Continue capturing the moment and share your photos and discoveries. Participate via Zoom and meet up for field trips.

Italian Club

**Every Wednesday
5-6 p.m.**

Ciao! Get into the flow of the Italian language. Zoom in and practice.

Book Club

**Second Thursday of each month
Noon-1 p.m.**

Enjoy the read. Meet on Zoom to discuss the book. Watch for updates on the book selection and discussion in the OLLI bulletin.

Folk Guitar/Folk Music Club

**First Tuesday of each month
1:30-4:30 p.m.**

Bring your guitar and enjoy strumming with the group. Meet at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. The emphasis is on fun! ✨

French Club

**Every Friday
Noon-1 p.m.**

Keep your French alive with weekly practice among vos amis/amies. Beginners and rusty conversationalists welcome. Zoom in to participate.

Film and Wine Club

**Every other Friday
4:30-6 p.m.**

End your week with a bit of fun! Get on Zoom for happy hour and a film with your OLLI hosts.

VOLUNTEERS WELCOME!

We rely on volunteers. You can give a little or a lot of your time in any of these ways or in a way that's unique to you.

- PROVIDE GENERAL HOSPITALITY
- SERVE ON COMMITTEES
- PROVIDE OFFICE, CLASSROOM OR TECH ASSISTANCE
- BE A COMMUNITY AMBASSADOR
- TEACH A CLASS OR GIVE A LECTURE

Contact Karen Fraser,
OLLI Volunteer Coordinator,
to ask about volunteering:
915.747.6280.

It's never too late to join.
Membership has its benefits!

The activities on this page are available to all OLLI members even if you are not registered for courses.

For more information about our OLLI annual membership fees, go to page 9.

The OLLI Pickleball Club

Tuesdays and Thursdays: 4:15-5:30 p.m.
at the Memorial Gym Auxiliary Gym

- OLLI Membership and Pickleball Club registration are required.
- Courts will be available during OLLI sessions to members on a first come, first served basis.
- Players must provide their own equipment (i.e. paddle and balls) and all pickleball court rules and etiquette apply.
- Beginner instruction is available on the first Tuesday of the month.
- Parking is available at the parking garage/transfer station located at Mesa and Glory Road. The parking fee at the time of this publication is \$1/hour. For OLLI members with SB7 parking passes, it is a 5-minute walk to Memorial Gym.
- Pickleball may not be available during summer camp.

OLLI SUMMER REGISTRATION

**Register in person Monday, May 13-Friday, May 31
OR register online anytime.**

**OLLI Lounge and Office,
Suite 209, Miners Hall at UTEP**

1-4:30 p.m.

RSVP for parking passes

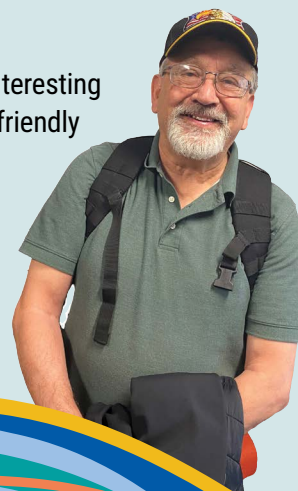
Come in person and register early with the assistance of our volunteers and staff!

Have a cup of coffee or tea and enjoy a snack while you register.

“

Since joining OLLI, I've met some very interesting people who are very friendly and always eager to help and answer questions. ”

-Jesus Tovar,
OLLI member



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- **Online:** Courses are delivered through Zoom.
- **On campus:** Courses are delivered at Miners Hall or at a specific location on the UTEP campus. On-campus classes are limited to 24 students per classroom.
- ▲ **On site:** Courses/tours are delivered on site. See course descriptions for address information.

Courses that take place anywhere other than on campus are also designated on as on-site courses with addresses included in the descriptions.

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Wednesday and Thursday courses are 5 weeks long.
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SUMMER 2024

MONDAYS | START DATE: June 3

1:30-2:45 p.m.

Online

● Hygge Money

Lenae Rasmussen

A vital part of "having it *hyggelig*" day to day is having *hygge* money ("happy/cozy money"). This isn't about teaching your money to tell jokes—no one can do that! But your household budget is neither the grim reaper nor a monster to be fed obsessively. Learn the secrets of having *hygge* money while living a balanced life with purpose and plenty of time for family and friends. This is a 3-week course with classes on 6/24, 7/1 and 7/8.

On campus/Online

● Contemporary Black American Artists

Kathleen Key

If you are lucky, you have seen the work of famous Black American artists like Henry Ossawa Tanner, Romare Bearden, Jacob Lawrence and Faith Ringgold. But there are hundreds more talented Black American artists. This course covers painting, sculpture, mixed media, ceramics, photography, performance and installation art, all created by Black American artists who are living and working today. Join the class for uplifting art! This is a 5-week course with classes on 6/3, 6/10, 6/17, 6/24 and 7/1.

LECTURE SERIES | Artistry: Passion and Perspective

Creativity flows through the passion and perspective of an artist. These are reflected in the many mediums, subjects and colors of their works. Meet the artists in this series to discover their inspirations and love for their craft.

● The Art of Repujado

Romy Saenz Hawkins

Learn about the history and techniques of the art of repujado that have been used for centuries in different cultures. This is considered to be a form of fine art that requires the skills to manipulate soft metals such as aluminum, pewter, brass, copper, silver or gold, using hand tools to create unique and intricate designs in different styles from traditional to contemporary forms. This is a single lecture on 7/8.

LECTURE SERIES | Eclectic Reading: Authors, Novels and Plots

What do you like/love to read? Delve into the world of authors, their novels, intrigue and plots with your fellow readers.

● Daniel Silva's Gabriel Allon Series: Thrillers and Spies

Bob Warach

Read any one of Daniel Silva's books and you will get the idea of intrigue. Come to discuss the Mossad agent posing as an art restorer, dealing with world mayhem, intrigue, unlikely relationships and the pursuit of terrorists in Europe, Asia, Africa, the United States and Middle East. This is a single lecture on 6/3.

Courses are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours.

● Online ■ On campus ▲ On site

Courses that take place anywhere other than on campus are also designated as on-site courses with addresses included in the descriptions.

● Craig Johnson's Sheriff Walt Longmire Novels

Linda Shubeck

Join in the discussion of the Sheriff Walt Longmire novels by award-winning author Craig Johnson. The stories center around a sheriff in a small town but large county in Wyoming. He has at least one crime per novel to solve, usually with the assistance of his lifelong Cheyenne friend or his adult daughter, and sometimes with the help of supernatural forces and events. This is a single lecture on 6/10.

● "Outlander": The Jamie and Claire Story

Lynn Provenzano

Author Diana Gabaldon includes "history, warfare, medicine, sex, violence, spirituality, honor, betrayal, vengeance, hope and despair, relationships, the building and destruction of families and societies, time travel, moral ambiguity, swords, herbs, horses, gambling (with cards, dice and lives), voyages of daring, and journeys of both body and soul" in her historical "Outlander" fiction. All of this comes together in the journeys of Jamie and Claire Fraser. This is a single lecture on 6/17.

● Loving Your Craft: The Artistry of Horror and Terror

Joe Miller

Why do we love horror? From Edgar Allan Poe to H.P. Lovecraft and Shirley Jackson to Stephen King and Mike Flanagan, we love authors who can terrify and horrify us. But what makes a good horror story? What kinds of things burrow into our skin and into our nightmares? This lecture will be a discussion of all those things that go bump in the night. This is a single lecture on Zoom on 6/24.

● Books on Trees: Hidden Lives

Marie Livingston

Although nonfiction, the books discussed in this lecture tell fascinating stories about trees. The history of trees is wound around the history of mankind. The communities of trees tell of a life unique to each species of tree. Even perusing the titles of books on trees is fascinating. This is a single lecture on 7/1.

On site

▲ Writing Your Memoir: Memory by Memory

Stephen Ledesma

Revisit your life through writing. Each week we will explore some aspect of your past in your own words, within the arc of your own unique history. We write to remember, document and rediscover what we may have forgotten. Much like a treasure hunt, memory by memory, word by word, page by page, we uncover our past in a fun and unexpected expedition taking us back into the journey of our lives. This class meets at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. ✨

3-4 p.m.

On site

▲ Yoga for Everyone - Mondays

Deb Pistella

Learn how to calm your mind and strengthen your body with yoga designed for everyone. This class is limited to five registered OLLI participants. This class is sponsored by and meets at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. ✨

3:15-4:30 p.m.

On site

▲ Eating Better: The Science Behind Probiotics and the Flavor of Foods

Jackie Cordova

Why does sourdough in San Francisco taste different than the sourdough anywhere else? Learn about the process of fermentation and how bacteria affects flavor. Jackie Cordova will introduce the trends behind the benefits of probiotics, and simple recipes that have flavor and can improve health. Classes meet at Wine Attitude in Sunland Park Mall, Suite G06, El Paso, TX 79912.

LECTURE SERIES | Mastering Mind and Body

Have you ever wondered about the connections between the mind and body? What are the possibilities for improved health and wellness as we continue to discover more about our human and energetic selves physically, mentally, emotionally and spiritually? Ponder this.

● Faster EFT: Tapping for Better Health

Papo Ramirez

Use the power of the subconscious mind to promote healing by tapping. Faster EFT (Emotionally Focused Transformation) is a powerful stress release technique developed by Robert G. Smith with its origins in EFT (Emotional Freedom Technique). It is fast, simple and holistic. Learn how this simple technique can benefit you. This is a single lecture on 6/3.

● Self-Healing: Introducing Pranic Healing®

Lynn Provenzano

Learn to harness the healing power that exists around us. This course introduces you to prana (the life force) and its role and science in Pranic Healing®. Explore and experience the energy body, how energy affects your health and how basic practices can support wellness. This is a single lecture on 6/10.

Each one reach one!
Spread the word about OLLI.

Bring a new member to OLLI and receive a discount toward your next registration.
See page 9 for details.

SUMMER 2024

TUESDAYS | START DATE: June 4

9-10 a.m.

On site

▲ Walkercise: 1,000 Steps or More

Kevin Blain

Get your steps in! Walk on! Instructor Kevin Blain will lead this group to complete various walkercise activities in different locations around El Paso.

10:30-11:30 a.m.

On site

▲ Yoga For Everyone - Tuesdays

Amanda Lopez

Learn how to calm your mind and strengthen your body with yoga designed for everyone. This class is limited to five registered OLLI participants. This class is sponsored by and meets at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. ✨

1:30-2:45 p.m.

Online

● Brief History of the Civil Rights Movement and Persons With Disabilities

Maria Perez

The '60s Civil Rights Movement inspired historically oppressed groups to seek equality. Their second-class citizens status prompted strong leaders who recognized the power of united forces to emerge among the disabilities community. Key efforts that benefited those living with various disabilities will be highlighted. Lectures, visual aids, film recommendations and open discussion will foster awareness of opportunities and laws that have led to independence and social inclusion of persons with disabilities of all ages. This is a 3-week course with classes on 6/4, 6/11 and 6/18.

On campus

■ Martial Arts for Seniors

Gloria "Joy" Lozano

Experience increases in vitality and radiant good health through ancient Chinese movements of self-defense to improve both physical and mental abilities. The form taught is the 5 Animals Martial Qigong, which can increase flexibility, stamina and overall well-being.

On site

▲ Wellness From Within Ongoing Workshop Series

Mónica Gómez

Wellness From Within is a series of six workshops exploring mental, spiritual and physical health and wellness. Students engage in lively discussion, brief meditation, writing and reading aloud. The stand-alone workshops change periodically and cover the impact of

creativity, stress, words, self-care, change, boundaries and more. Students who repeat the series discover new insights every time! Classes are bilingual and will meet at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. This course is sponsored by the Rio Grande Cancer Foundation. ✨

3:15-4:30 p.m.

On campus/Online

■● The Power of Meditation

Lynn Provenzano

Can meditation benefit you? The practice of meditation has been proven to help develop positive moods and outlooks, self-discipline, lower stress and anxiety, improve concentration and more. Learn how meditation can be integrated into your daily life and become a powerful personal practice.

WEDNESDAYS | START DATE: June 5

Wednesday courses do not meet on June 19.

10-11:30 a.m.

OLLI STAYCATION | Tasting Tours: Flavors of El Paso

Tours are hosted by the venue

Take notice of the local places and flavors that are right here within your reach. Call it a "staycation" and treat yourself to a new experience. Listen to the stories of El Pasoans that make them special to the border region.

On site

▲ Piedmont Café: Featuring the Flavors of Food and Art

The Piedmont Café has tied itself to the roots of its neighborhood. It has grown out of its owners' experience and El Paso history. Piedmont has a casual café vibe with an internationally inspired menu that includes attainable flavors for all dietary needs and the ambience of El Paso's local artists. Sample Piedmont's gateway to good eating and hospitality. This tour meets on 6/5 at 4172 N. Mesa St., Suite A, El Paso, TX 79902.

▲ Desert Spoon: Fresh Fruits and Vegetables With a Mission

Desert Spoon Food Hub was established in 2015 with a mission to build a more local and inclusive food system. The organization serves a crucial, but often invisible part of the local food system: it acts as a facilitator and uses a values-based approach to ensure all entities along the supply chain, from farmers and farmworkers to consumers, benefit from their food systems model. Tour the Spoon Flower Grocery store at 1714 East Yandell, learn more about their programs, why the Desert Spoon cactus is the inspiration behind their name, and enjoy some chef-made goodies. This tour meets on 6/12 at 1714 Yandell Dr., El Paso, TX 79902.

▲ Desert Moon Emporium: Unique Roasted Flavors

Desert Moon Emporium sources beans from around the world from farmers and co-ops who are generally paid

some 50% to 100% over fair trade pricing. The owners, Sven and Sylvia Willenberger and Marie Crowder, roast their own coffee and strive to start with a higher quality green coffee bean so that their final roasted product will delight even the most discriminating coffee connoisseur. Learn more about their step into the world of coffee and savor a taste of a special blend. This tour meets on 6/26 at 4400 N. Mesa St., Suite 2, El Paso, TX 79902.

▲ Salt + Honey Bakery Café: Urban and Unique

Salt + Honey Bakery Café embraces an urban atmosphere with decor and a menu influenced by owner, Maggie Asfahani and her lifelong upbringing on the border, as well as her family's Lebanese background and her travels throughout the U.S., Europe, the Middle East and Asia. Maggie built her dream and now brings the love of fresh and unique food to the neighborhood. Experience this special café. This tour is on 7/3 at 1125 Texas Ave., El Paso, 79901.

1:30-2:45 p.m.

On campus/Online

■● A Shrewd Look at Shrew: Shakespeare's "Taming of the Shrew"

Jay Stratton

This class will be a deep dive into "The Taming of the Shrew" by William Shakespeare, which will be produced at the Madeline Park Shakespeare Festival this coming September. Take a look at the play from the point of view of a director about to take it on.

■● Criminal Street Gangs

José Palomino Jiménez

According to the Department of Justice, there are over one million gang members in the United States and over thirty thousand gangs. El Paso is not immune to this phenomenon. Most ethnic groups have representation in the gang world and the Borderland is affected by its reach. Learn about this underworld, its culture and criminal behavior. This is a 2-week course with classes on 6/5 and 6/12.

■● German Lied and the Age of Enlightenment

Phillip Hill

A new form of art and poetry came out around the Age of Enlightenment. Music's response was the German Lied. This course will focus on composers' contributions to German Lied as well as the poetry that inspired them. This is a 2-week course with classes on 7/3 and 7/10.

2-3 p.m.

On site

▲ Yoga for Everyone - Wednesdays

Deb Pistella

Learn how to calm your mind and strengthen your body with yoga designed for everyone. This class is limited to five registered OLLI participants. This class is sponsored by and meets at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. ✨

3:15-4:30 p.m.

On campus

■ Smartphone Tips: Take and Edit Photos

Young Lee

Learn how to take great photos and videos with your smartphone in hand. You can use our photo editor (Snapseed free software) to create amazing photos. This is a single lecture on 6/12.

On campus/Online

■● Forever Home: A Dog's Journey

Terry Anaya

Kindred Hearts Transportation Connection (KHTC) is a village of like-minded volunteers who are kindred spirits/hearts bonded together to relocate animals. This nonprofit organization (<https://www.kindredheartstransportconnection.org/>) transports animals to their forever homes and new lives. Their mission is "to improve the future of all domestic animals through relocation into rescue, foster and/or adoptive homes" and more. KHTC was recognized with the Top-Rated Nonprofit Award for 2020. Listen to the heartwarming stories of pets united or reunited with their owners. This is a single lecture on 6/5.

LECTURE SERIES | Mastering Mind and Body

Have you ever wondered about the connections between the mind and body? What are the possibilities for improved health and wellness as we continue to discover more about our human and energetic selves physically, mentally, emotionally and spiritually? Ponder this.

■● Understanding Trans Identities 101

Ashley Prieto

As transgender individuals become more visible in popular culture, it can be difficult to keep up with the language used to describe gender identities. This lecture will introduce trans identities and teach you how to interact with members of the transgender community with respect and empathy. This is a single lecture on 6/26.

■● Solving the Dementia Puzzle Through New Drug Discovery

Amol Kulkarni

Join in an engaging journey with a specialized course on Alzheimer's Disease and Dementia Drug Development. We will dive into the latest research on how medications for Alzheimer's are developed and how they work in the brain. Our expert, Dr. Amol Kulkarni, will guide you through a deep understanding of Alzheimer's and dementia. This is a single lecture on 7/3.

■● The Brain on the Move: How Does Exercise Change the Brain?

Sashwati Geed

Our expert speaker will guide you through cutting-edge research on how exercise influences neuroplasticity, the brain's incredible ability to adapt and reorganize itself. Different exercises affect how the brain reorganizes itself in health and after neural injuries like strokes. Learn about these exercise-neuroplasticity links and how they affect our lives. Of note, the lecture will provide insight on how you can apply the research findings in exercise and neuroplasticity to your day-to-day life for a more resilient brain. This is a single lecture on 7/10.

On site

▲ Crochet/Knitting Therapy

Linda Shubeck

Would you like to learn to knit or crochet? Use these skills to make a scarf or maybe a shawl. Those with more experience may choose a more advanced project. Have fun and learn something new, useful and relaxing. Students will need to obtain yarn, a crochet hook and/or knitting needles at a cost of approximately \$5-\$20. A materials list will be emailed to you as soon as possible prior to the first class. This class meets at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. ✂

THURSDAYS | START DATE: June 6

Thursday courses do not meet on July 4.

10:30-11:30 a.m.

On site

▲ Yoga For Everyone - Thursdays

Amanda Lopez

Learn how to calm your mind and strengthen your body with yoga designed for everyone. This class is limited to five registered OLLI participants. This class is sponsored by and meets at the Rio Grande Cancer Foundation at 616 N. Virginia St., Suite D, El Paso, TX 79902. ✂

11 a.m.-noon

Online

● Mindful Bodywork

Wolf Carter

Improve your energy by mindfully working the less used areas of the body, expanding your mobility, creating balance and building body awareness. Exercises are specifically designed for any level of physical ability.

1:30-2:45 p.m.

On campus

■ Intergenerational Brainstorm: Seniors With Seniors

Dr. Carolina Valencia

Get the creative brain juices working and meet up with UTEP seniors for intergenerational discussions regarding concerns, opportunities and experiences that can ultimately lead to projects, new insights and good outcomes in our communities. It's a big brainstorm! Dates and times will be determined by participants.

On campus/Online

■● St. Vitus, St. George and St. Barbara in Bohemian History Plus Some Food Talk

Eva Wooden

These three churches/cathedrals in the central Bohemian region are important monuments illustrating the rich history of the Czech nation. This course delves into the events and people that shaped that culture and history.

3:15-4:30 p.m.

LECTURE SERIES | Mastering Mind and Body

Have you ever wondered about the connections between the mind and body? What are the possibilities for improved health and wellness as we continue to discover more about our human and energetic selves physically, mentally, emotionally and spiritually? Ponder this.

■● A Happiness Blueprint: A Path to Healthier and Fulfilling Lives

Hector Olvera Alvarez

This lecture offers a unique blend of scientific inquiry and personal insights into what makes us happy. It delves into how environmental and biological factors interplay to shape our well-being, and integrates extensive background in health science, spirituality and community service. It addresses important current topics like stress, societal anger, justice, the importance of forgiveness and strategies for personal happiness, making it a transformative journey towards understanding and achieving a more fulfilling life. This is a single lecture on 6/13.

■● Inner Peace: Benefits, Cultivation and Challenges

Kien Lim

What is inner peace? Why cultivate inner peace? How do you cultivate inner peace? What challenges do we typically encounter? Let's talk about this. This is a single lecture on 6/27.

LECTURE SERIES | Time Capsules in History

History holds periods of time that have transformed lives and/or made significant contributions to our American culture, processes and ultimate outcomes.

■● Healing Journey: Honor Flight of Southern New Mexico and El Paso

Denise LeBoeuf

Look at the last mission of veterans from WWII, Korea and Vietnam who embarked on a healing journey to visit their memorials in Washington D.C. This unique trip provided closure, healing and a warm welcome home to our heroes. You can listen to their stories and understand how this experience has transformed their lives. If you are a WWII, Korean or Vietnam War veteran, find out why you should consider taking this journey. The trip is free for all these heroes. This is a single lecture on 6/6.

■● The Big American Mule, the Tough Mexican Mule and Their Contribution to America

William Key

Mules produced by American breeders are considered the world's best. However, the breeder must arrange for the mating of a horse and donkey to "make" a mule. These two lectures will discuss how the American Colonists went about this, the mules they bred, and how the Mexican mule breeders used the horses and donkeys that they inherited from the Spaniards to breed their mules. Both types made a significant contribution to America. This is a 2-week course with classes on 6/13 and 6/20.

SUMMER 2024

3:15-4:30 p.m.

LECTURE SERIES | Time Capsules in History (Cont.)

Disputed Presidential Elections

Charles Martin

Was the disputed presidential election of 2020 unique, or have there been other elections in our past when the results were bitterly contested? This presentation will compare and contrast the elections of 1800, 1824, 1876 and 2000 with that of 2020 in order to evaluate the strengths and weaknesses of our democratic process. This is a single lecture on 6/27.

Bloody Sunday: Selma to Montgomery

Dan Webb

Follow and discuss the details of the historic march from Selma to Montgomery, why that day is referred to as Bloody Sunday, and its significance to the Black community's fight for equality. Along with this, learn about one freedom fighter and her book titled "Selma, Lord, Selma." This is a single lecture on 7/11.

FRIDAYS | START DATE: June 7

10-11:30 a.m.

OLLI STAYCATION | Morning Walking Tours: Sun City Gems - Historic Neighborhoods and Homes

All tours hosted by David Varela

El Paso's neighborhoods are rich with remnants of history that bring us to understand the value of the people and places that have contributed to the city's uniqueness. Explore these neighborhoods and gain insights into the past and present. Meeting locations will be sent to participants.

On site

Hotel Indigo: From Homes to Hotels

The current site of today's Hotel Indigo was one of the first stops on the transcontinental railroad that ran through El Paso. It was a residential neighborhood before it became the garment district, the office district and home to hotels. This tour is on 6/7.

Sunset Heights: Sunsets, Revolutionaries and Suburbia

Discover El Paso's most illustrious names all in one neighborhood. The neighborhood originated on the cliffs of El Paso Canyon with amazing views of the westward sunsets. Well-known revolutionaries such as Pancho Villa either lived or did business in this first suburb of the city. Discover more in this walk. This tour is on 6/14.

Kern Place: From Stormsville to Estates

Explore El Paso's neighborhood on a cliff. See the homes of the oldest neighborhood, including the Hoover House,

UTEP's presidential home, Dr. Schuster's (the founder of Providence Hospital) house, and the remnants of Stormsville, the first Mexican suburb of El Paso, which was razed to make way for today's Kern Place. This tour is on 6/21.

Manhattan Heights: Mining, Mabel and Memorial

Discover how one of El Paso's first neighborhoods began as a mining smelter and later became home to mansions, and learn about Mabel Welch (El Paso's first female architect) and Memorial Park, one of El Paso's most famous residential parks. This tour is on 6/28.

Austin Terrace: Schoolgirls, Soldiers and Scopes

Austin Terrace is home to the most famous and oldest private school in El Paso. A lot of well-known soldiers lived in this area because of Fort Bliss. One of the most prominent residents of this neighborhood was William Weaver, the founder of Weaver Scopes, a gun scope manufacturer. Enjoy this lush area of historic estates and spectacular views. This tour is on 7/5.

10 a.m.-noon

Online

Brushing Up: Online Meet-Up for OLLI Painters

Stephen Ledesma

Attention OLLI artists! Don't let your paint brushes stay idle and dry this summer. Meet up with other OLLI painters and spend time together through Zoom sharing your work, exchanging feedback and ideas. Keep your passion for painting alive on Friday mornings.

OLLI STAYCATION | Tasting Tours: Flavors of El Paso

Take notice of the local places and flavors that are right here within your reach. Call it a "staycation" and treat yourself to a new experience. Listen to the stories of El Pasoans that make them special to the border region.

On site

Bodega Loya: Farm to Table

Hosted by the venue

All fruits and vegetables sold at Bodega Loya are grown using certified organic practices. Produce is harvested from the farmland located behind the bodega. Experience seeing their food being harvested right from the ground and trees, learn about the history of this special place, and taste freshness. This tour is on 7/12.

1:30-2:45 p.m.

On campus/Online

Betraying Oppenheimer

Alfredo Arroyo

The Manhattan Project was the U.S. program to design, build and produce an atomic bomb during WWII. Not only was the program one of the top secrets of WWII, it was a stage for extraordinary scientific achievement. At the same time, the program was the target of incredible acts of treason, betrayal and espionage. Join the class and discover this incredible story that the U.S. government kept classified until 1995.

Spanish Forum: Language in Action

Cristina Bueno

Learn and improve your Spanish in a fun way! This is a forum to practice the Spanish language through conversations on different themes, reading stories and singing songs, while learning basic rules of Spanish grammar.

ARTISTRY: Passion and Perspective

Creativity flows through the passion and perspective of an artist. These are reflected in the many mediums, subjects and colors of their works. Meet the artists in this series to discover their inspirations and love for their craft.

Artist's View: The Legacy of Traditional Painting

Rosario Ponte

Rosario Ponte has traveled globally to develop her artistry. Her personal trajectory is behind each piece of her art. Each painting or drawing has a unique history that brings her artwork to life. She has worked to bring realism and impressionism together. She integrates her passion as an artist with teaching to support the legacy of traditional painting. This is a single lecture on 6/7.

Parables in Glass

Stephanie Beard

Discuss the use of traditional Christian symbols and colors in the stained glass windows at St. Matthew Catholic Church. Parables in the Gospel of St. Matthew are depicted on the windows in the church located in the Upper Valley of El Paso, TX. This is a single lecture on 6/14.

Expressive Portrait in Oil

Maximos Ayoub

Express your feelings through your art in this lecture. We'll dive into the expressionism movement in paintings of expressionist artists, and learn how they converted their inner emotions and subjective experience into their work in Fauvism, Primitivism, Cubism and Surrealism. By learning the techniques for expressive painting, you will be able to paint bold, fast and loose, with confidence and enthusiasm. This is a single lecture on 6/21.

Thinking Art: The Unpredictability of Watercolor

Keely McDonald

Keely McDonald teaches art enthusiasts the basics of art so they can take the spontaneous nature of watercolor paints and have creative fun with it. The artist will not be able to optimize the entertaining effects of watercolor without experience with art basics like drawing and design. Yet, watercolor paint is unpredictable when it hits water. Discover what can happen next. This is a single lecture on 6/28.

Artistic Journey: From Painting to Jewelry

Davinia Miraval

Davinia Miraval has explored the many facets of creativity in her artwork. She has broken the boundaries of two-dimensional and three-dimensional work with paints and unconventional materials. Follow her artistic path and listen to her story. This is a single lecture on 7/12.

Registration Information

Register May 13-May 31, 2024

ANNUAL MEMBERSHIP FEE

(September 1 through August 31; membership fees are not pro-rated)

Single: \$45
Joint: \$80

Summer Registration Fee: \$50

(Additional fees apply to specific courses with extended class times)

- Register for as many OLLI at UTEP classes as you can fit in your schedule.
- The Miner Gold Card is available to OLLI members for \$7.50. Ask about the benefits of this UTEP ID card.
- All classes are online, on campus, hybrid or on site. Please refer to course designations in this catalog. OLLI uses Zoom for online classes. Volunteers and staff are available to assist you.
- Classes may be added or dropped after registration without penalty. Contact the office with requests.
- Joint registration is limited to two people living in the same household.
- Each one reach one!** Bring a New Member Discount: Sponsor ONE NEW member and receive a \$45 credit toward your registration fee. Share the benefits and help OLLI grow. Discounts apply after new members are verified and will appear as a credit on your membership account.

Course Cancellation Policy: Classes that do not meet minimum registration numbers are subject to cancellation.

3 WAYS TO REGISTER



ONLINE

Register online at utep.edu/olli
For assistance, leave a message at 915.747.6280.



BY MAIL

Fill out one registration form per person and send it with a check, money order and/or credit card information to:

Osher Lifelong Learning Institute
Miners Hall, Suite 209
500 W. University Ave.
El Paso, Texas 79968-0602

Make checks payable to **OLLI at UTEP**.



IN PERSON/BY APPOINTMENT

Contact the OLLI office to schedule an appointment. Staff will be available to take calls from 1-5 p.m. Appointments will be scheduled between 1 and 4:30 p.m. Registrations will not be taken over the phone or by email.

*** New or renewing members must include the annual membership fee with their registrations.**

MINER GOLD CARD

Active registrations with your Miner Gold Card provide you with access to UTEP services plus available student discounts on campus and in the community.

The UTEP campus is open and fully operational. If you have a Miner Gold Card that needs to be updated to student status or you have not yet received a Miner Gold Card purchased in the previous term, contact the office for instructions on how to get your new card.

REGISTRATION (Please fill out one form per person)

Name: _____ Birth Date: ____/____/____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Phone: (____) _____ Alternate Phone: (____) _____

Email: _____

Do you have a Miner Gold Card? YES NO

If yes, what is your ID#? _____

Are you registering for any of the Osher Online Courses? YES NO

Register directly online. Visit utep.edu/olli for details.

PAYMENT

Check # _____ Make checks payable to **OLLI at UTEP**.

Credit Card: MC VISA AMEX DISCOVER

Card No. _____

Exp. Date: ____/____/____ CVV: _____
Month Year 4-digits

Do you need an SB7 Parking Pass? YES NO

If yes, please provide the following information:

License Plate # and State: _____ Vehicle Make: _____

Vehicle Model: _____ Color: _____ Year: _____

Driver's License #: _____ State: _____

Would you like to purchase a Sun Bowl Parking Garage (SBG) Parking Permit? YES NO

Contact the OLLI office at olli@utep.edu to purchase a permit. An OLLI representative will contact you to process the SBG permit application and take payment. A pro-rated SBG permit for Summer 2024 is \$88 and good until August 15, 2024. Multiple vehicles can be assigned to a single permit.

REGISTRATION FEES

<input type="checkbox"/> Single \$45 Annual membership is not pro-rated (September 1-August 31)	\$45	
<input type="checkbox"/> Joint \$80 Joint membership applies to two members living in the same household.	\$80	Name: _____ Name: _____
Summer 2024 Course Registration Fee	\$50	
Miner Gold Card Fee	\$7.50	
Donation to OLLI <i>OLLI gratefully accepts donations to continue bringing quality programs to members.</i>		
<i>*Additional fees may be paid to the instructor based on supplies given to students.</i>		TOTAL

How did you hear about us?

Bring a New Member discount. Whom did you bring?

Provide the name of the new member here:

Receive a \$45 credit for bringing a new member to OLLI! Discounts apply after new members are verified and will appear as a credit on your membership account.

SUMMER 2024 | COURSE REGISTRATION FORM

Single Session: June 3-July 13, 2024

Wednesday and Thursday courses are 5 weeks long. No classes on 6/19 and 7/4.

▶ Please CIRCLE THE ASTERISK of the course you are interested in.

OLLI Summer 2024 classes are listed as online, on campus, or on site at a specific location. Some courses are offered in more than one format and others are in the form of on-site tours. On-campus classes are limited to 24 students per classroom. For courses offered in more than one format, select the format you prefer.

	Course Title	Time	On campus	Online	On site/ Tour	Information
MONDAY	● Hygge Money	1:30-2:45 p.m..		*		3 weeks: 6/24, 7/1, 7/8
	● Artistry: Passion and Perspective The Art of Repujado	1:30-2:45 p.m.	*	*		Single lecture: 7/8
	● Contemporary Black American Artists	1:30-2:45 p.m.	*	*		5 weeks: 6/3, 6/10, 6/17, /6/24, 7/1
	● Eclectic Reading: Authors, Novels and Plots Daniel Silva's Gabriel Allon Series: Thrillers and Spies	1:30-2:45 p.m.	*	*		Single lecture: 6/3
	● Eclectic Reading: Authors, Novels and Plots Craig Johnson's Sheriff Walt Longmire Novels	1:30-2:45 p.m.	*	*		Single lecture: 6/10
	● Eclectic Reading: Authors, Novels and Plots "Outlander": The Jamie and Claire Story	1:30-2:45 p.m.	*	*		Single lecture: 6/17
	● Eclectic Reading: Authors, Novels and Plots Loving Your Craft: The Artistry of Horror and Terror	1:30-2:45 p.m.		*		Single lecture: 6/24
	● Eclectic Reading: Authors, Novels and Plots Books on Trees: Hidden Lives	1:30-2:45 p.m.	*	*		Single lecture: 7/1
	▲ Writing Your Memoir: Memory by Memory	1:30-2:45 p.m.			*	Meets at the Rio Grande Cancer Foundation
	▲ Yoga for Everyone - Mondays	3-4 p.m.			*	Meets at the Rio Grande Cancer Foundation
	● Mastering Mind and Body Faster EFT: Tapping for Better Health	3:15-4:30 p.m.	*	*		Single lecture: 6/3
	● Mastering Mind and Body Self Healing: Introducing Pranic Healing®	3:15-4:30 p.m.	*	*		Single lecture: 6/10
TUESDAY	▲ Eating Better: The Science Behind Probiotics and the Flavor of Foods	3:15-4:30 p.m.			*	Meets at Wine Attitude in Sunland Park Mall
	▲ Walkercise: 1,000 Steps or More	9-10 a.m.			*	Different locations around El Paso
	▲ Yoga for Everyone - Tuesdays	10:30-11:30 a.m.			*	Meets at the Rio Grande Cancer Foundation
	● Brief History of the Civil Rights Movement and Persons With Disabilities	1:30-2:45 p.m.		*		3 weeks: 6/4, 6/11, 6/18
	● Martial Arts for Seniors	1:30-2:45 p.m.	*			
	▲ Wellness From Within Ongoing Workshop Series	1:30-2:45 p.m.			*	Bilingual; meets at Rio Grande Cancer Foundation
	● The Power of Meditation	3:15-4:30 p.m.	*	*		
	▲ OLLI Staycation Tasting Tours: Flavors of El Paso Piedmont Café: Featuring the Flavors of Food and Art	10-11:30 a.m.			*	Tour: 6/5
	▲ OLLI Staycation Tasting Tours: Flavors of El Paso Desert Spoon: Fresh Fruits and Vegetables With a Mission	10-11:30 a.m.			*	Tour: 6/12
	▲ OLLI Staycation Tasting Tours: Flavors of El Paso Desert Moon Emporium: Unique Roasted Flavors	10-11:30 a.m.			*	Tour: 6/26
	▲ OLLI Staycation Tasting Tours: Flavors of El Paso Salt + Honey Bakery Café: Urban and Unique	10-11:30 a.m.			*	Tour: 7/3
	WEDNESDAY	● A Shrewd Look at Shrew: Shakespeare's "Taming of the Shrew"	1:30-2:45 p.m.	*	*	
● Criminal Street Gangs		1:30-2:45 p.m.	*	*		2 weeks: 6/5, 6/12
● German Lied and the Age of Enlightenment		1:30-2:45 p.m.	*	*		2 weeks: 7/3, 7/10
▲ Yoga for Everyone - Wednesdays		2-3 p.m.			*	Meets at the Rio Grande Cancer Foundation
● Smartphone Tips: Take and Edit Photos		3:15-4:30 p.m.	*			Single lecture: 6/12
● Forever Home: A Dog's Journey		3:15-4:30 p.m.	*	*		Single lecture: 6/5
● Mastering Mind and Body Understanding Trans Identities 101		3:15-4:30 p.m.	*	*		Single lecture: 6/26
● Mastering Mind and Body Solving the Dementia Puzzle Through New Drug Discovery		3:15-4:30 p.m.	*	*		Single lecture: 7/3
● Mastering Mind and Body The Brain on the Move: How Does Exercise Change the Brain?		3:15-4:30 p.m.	*	*		Single lecture: 7/10
▲ Crochet/Knitting Therapy		3:15-4:30 p.m.			*	Meets at the Rio Grande Cancer Foundation
▲ Yoga for Everyone - Thursdays		10-11:30 a.m.			*	Meets at the Rio Grande Cancer Foundation
THURSDAY		● Mindful Bodywork: Session One	11 a.m.-noon		*	
	● Intergenerational Brainstorm: Seniors With Seniors	1:30-2:45 p.m.	*			Dates and times of meet-ups TBD by participants
	● St. Vitus, St. George and St. Barbara in Bohemian History Plus Some Food Talk	1:30-2:45 p.m.	*	*		
	● Mastering Mind and Body A Happiness Blueprint: A Path to Healthier and Fulfilling Lives	3:15-4:30 p.m.	*	*		Single lecture: 6/13
	● Mastering Mind and Body Inner Peace: Benefits, Cultivation and Challenges	3:15-4:30 p.m.	*	*		Single lecture: 6/27
	● Time Capsules in History Healing Journey: Honor Flight of Southern New Mexico and El Paso	3:15-4:30 p.m.	*	*		Single lecture: 6/6
	● Time Capsules in History The Big American Mule, the Tough Mexican Mule and Their Contribution to America	3:15-4:30 p.m.	*	*		2 weeks: 6/13, 6/20
	● Time Capsules in History Disputed Presidential Elections	3:15-4:30 p.m.	*	*		Single lecture: 6/27
	● Time Capsules in History Bloody Sunday: Selma to Montgomery	3:15-4:30 p.m.	*	*		Single lecture: 7/11
	▲ OLLI Staycation Morning Walking Tours Hotel Indigo: From Homes to Hotels	10-11:30 a.m.			*	Tour: 6/7
	▲ OLLI Staycation Morning Walking Tours Sunset Heights: Sunsets, Revolutionaries and Suburbia	10-11:30 a.m.			*	Tour: 6/14
	▲ OLLI Staycation Morning Walking Tours Kern Place: From Stormsville to Estates	10-11:30 a.m.			*	Tour: 6/21
▲ OLLI Staycation Morning Walking Tours Manhattan Heights: Mining, Mabel and Memorial	10-11:30 a.m.			*	Tour: 6/28	
▲ OLLI Staycation Morning Walking Tours Austin Terrace: School Girls, Soldiers and Scopes	10-11:30 a.m.			*	Tour: 7/5	
FRIDAY	● Brushing Up: Online Meet-Up for OLLI Painters	10 a.m.-noon		*		
	▲ OLLI Staycation Tasting Tours: Flavors of El Paso Bodega Loya: Farm to Table	10 a.m.-noon			*	Tour: 7/12
	● Betraying Oppenheimer	1:30-2:45 p.m.	*	*		
	● Spanish Forum: Language in Action	1:30-2:45 p.m.	*	*		
	● Artistry: Passion and Perspective Artist's View: The Legacy of Traditional Painting	1:30-2:45 p.m.	*	*		Single lecture: 6/7
	● Artistry: Passion and Perspective Parables in Glass	1:30-2:45 p.m.	*	*		Single lecture: 6/14
	● Artistry: Passion and Perspective Expressive Portrait in Oil	1:30-2:45 p.m.	*	*		Single lecture: 6/21
	● Artistry: Passion and Perspective Thinking Art: The Unpredictability of Watercolor	1:30-2:45 p.m.	*	*		Single lecture: 6/28
● Artistry: Passion and Perspective Artistic Journey: From Painting to Jewelry	1:30-2:45 p.m.	*	*		Single lecture: 7/12	

About Parking

You must be an OLLI member for parking benefits. Your parking hangers or decal permits are good through August 15, 2024. Consider carpooling or ridesharing to get to campus: easier on your wallet AND the planet!

OLLI students may do one of two things:

1 Park free of charge in remote lot SB7 on Sun Bowl Drive. The WEST shuttle will take you directly to Miners Hall, where OLLI has its offices and holds most classes. You will need a permit to put on your windshield; this will identify you as an OLLI student. If you do not have a decal permit, please apply for one at the OLLI office.

2 You may choose to purchase an annual permit to park in the Sun Bowl Parking Garage (SBG). The SBG is located across from Miners Hall. To purchase an SBG permit, you must fill out a parking request form when you register. Contact the OLLI office to do this. The pro-rated SBG parking permit for Summer 2024 is \$88 and is good until August 15, 2024.

PARKING FOR REGISTRATION

OLLI members may park in the visitor lot at SBG. There is a fee.



For more information about parking, scan this QR code or visit:

www.utep.edu/parking-and-transportation/

Note: Drivers are responsible for keeping permits visible on the dashboard or they may be cited. **OLLI will not be responsible for parking citations.**

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All information in this Summer 2024 publication has been checked and verified to the best of the department's ability; the program cannot be held responsible for any mistake or omission in this publication.

Graphic design by Claudia Cornejo and Kimberly A. Guerrero | Editing by Arathi Kylasam

All photos used in this publication are courtesy of Osher Lifelong Learning Institute at UTEP and Extended University's Marketing Department.

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OLLI GOVERNANCE

The OLLI Advisory Board and committee members are volunteers dedicated to making OLLI at UTEP a successful and caring program for the OLLI community.

OSHER LIFELONG LEARNING INSTITUTE AT UTEP

Sponsored by UTEP Extended University
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Visit OLLI at:

Miners Hall, Suite 209
500 W. University Ave.
El Paso, TX 79968-0602

Office hours: 1-5 p.m., M-F

www.utep.edu/olli/

Contact us:

Phone: 915.747.6280

Email: olli@utep.edu

@elpasoolli

@ollielpaso



LIGHT

Lotus Integrated Group for Health and Transformation

a 501(c)(3) nonprofit organization

L.I.G.H.T. is for you
...providing services in integrative modalities by weaving together a community that services and enriches the lives of people.

Supporting OLLI and the Community

www.elpasolight.org

Pranic Healing[®] Free Clinic

First Saturday of every month, 2:30-4:30 p.m.

Unity Church

1420 Alabama St., El Paso, TX 79930

@lightelpaso



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 MINERS HALL, SUITE 209
 EL PASO, TEXAS 79968-0001

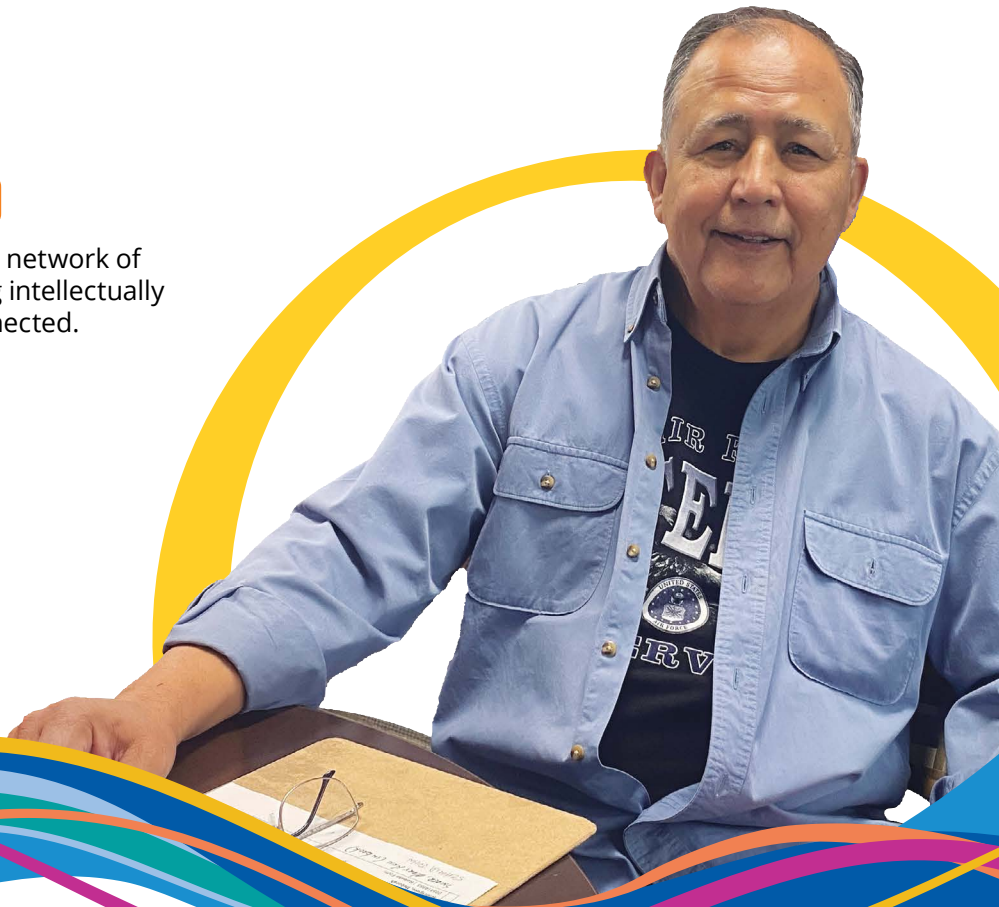
LEARNING NEVER GETS OLD

Be part of the Osher Lifelong Learning network of adults 50+ who are interested in being intellectually and creatively active, and staying connected.

Our members love OLLI. So will you!



Front cover:
"In the Garden" oil painting
 by Stephen Ledesma,
 OLLI instructor.



“ I discovered OLLI about 12 years ago. I continue to attend because of the exceptional educational environment and fellowship. The staff is great!”

-Henry Ocegueda, OLLI member

