Courses in a variety of fun, diverse subjects to enrich the lives of our adult learners.
Adult Leisure and Learning

We offer Adult Leisure and Learning courses in a wide variety of topics. From Crafts and Hobbies, Health and Wellness, Money Matters, Performing Arts and Personal Development, to Technology we have it all. We also offer a small selection of face-to-face Fitness to Live and Health and Wellness courses for your convenience. Our courses - are the perfect way to enjoy some “me” time and learn a new skill - give you the opportunity to connect safely with others and make new friends
See following pages to view our Spring 2022 Adult Leisure and Learning course listings.

Benefits of Regular Physical Activity

Regular physical activity may help you:

- reduce your risk of a heart attack
- manage your weight better
- lower your cholesterol, blood pressure, the risk of type 2 diabetes and some cancers
- strengthen your bones and muscles
- recover from injury more quickly
- feel better overall

For more information, click here.

Featured Courses

Spinning

Enjoy a motivating, non-competitive aerobic workout during which you can move at your own pace.

Start date: January 10, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register

Start date: February 7, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register

Start date: March 7, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register

Start date: April 4, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register

Start date: May 2, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register

For additional information or to register, go to ppp.utep.edu/coursesforadults

Q&A With

Gloria Andrade
Instructor, Spinning

Why did you decide to teach spinning and what makes you so passionate about it?
I felt motivated by my favorite instructor. She told me I was good at spinning. I started teaching spinning because of the immense satisfaction I received at the end of the classes. I thought to myself, everyone should try this.

How long have you been teaching?
I started teaching 21 years ago!

What motivates you to keep teaching?
My health and my family.
Face-to-Face Courses

All the following courses are offered face-to-face for ages 18 and older.

FITNESS TO LIVE

Boxing and Conditioning
Learn training schemes and strategies related to proper boxing technique.
Start date: January 10, 2022
Fee: $45
Early Bird Registration Fee: $40.50
→ Click here to register
Start date: February 7, 2022
Fee: $45
Early Bird Registration Fee: $40.50
→ Click here to register
Start date: March 7, 2022
Fee: $45
Early Bird Registration Fee: $40.50
→ Click here to register

Start date: April 4, 2022
Fee: $45
Early Bird Registration Fee: $40.50
→ Click here to register
Start date: May 2, 2022
Fee: $45
Early Bird Registration Fee: $40.50
→ Click here to register

Boot Camp: Strength Training for Everyone
Use precision techniques upon major muscle groups to “sculpt” a stronger and more defined physique.
Start date: January 10, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register
Start date: February 7, 2022
Fee: $53
Early Bird Registration Fee: $47.70
→ Click here to register
Start date: March 7, 2022
Fee: $53
Early Bird Registration Fee: $47.70
→ Click here to register
Start date: April 4, 2022
Fee: $53
Early Bird Registration Fee: $47.70
→ Click here to register
Start date: May 2, 2022
Fee: $53
Early Bird Registration Fee: $47.70
→ Click here to register
Circuit Training
Improve aerobic fitness, health and muscular strength with this course.
Start date: January 11, 2022
Fee: $98
Early Bird Registration Fee: $88.20
→ Click here to register
Start date: March 8, 2022
Fee: $98
Early Bird Registration Fee: $88.20
→ Click here to register
Start date: May 3, 2022
Fee: $98
Early Bird Registration Fee: $88.20
→ Click here to register

Kickboxing: 45-Minute Workout
Learn training schemes and strategies related to proper boxing technique in this 45-minute course.
Start date: January 10, 2022
Fee: $39
Early Bird Registration Fee: $35.10
→ Click here to register
Start date: February 7, 2022
Fee: $39
Early Bird Registration Fee: $35.10
→ Click here to register
Start date: March 7, 2022
Fee: $39
Early Bird Registration Fee: $35.10
→ Click here to register
Start date: April 4, 2022
Fee: $39
Early Bird Registration Fee: $35.10
→ Click here to register

Martial Arts, Fitness and Weight Loss Workshop
Get the body you want with this unstoppable fitness formula of martial arts, fitness cardio and strength resistance training.
Start date: January 21, 2022
Fee: $59
Early Bird Registration Fee: $53.10
→ Click here to register
Start date: April 1, 2022
Fee: $59
Early Bird Registration Fee: $53.10
→ Click here to register

Spinning
Enjoy a motivating, non-competitive aerobic workout during which you can move at your own pace.
Start date: January 10, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register
Start date: February 7, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register
Start date: March 7, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register
Start date: April 4, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register
Start date: May 2, 2022
Fee: $47
Early Bird Registration Fee: $42.30
→ Click here to register

COVID-19 PRECAUTION STATEMENT
Please stay home if you have been diagnosed with COVID-19 or are experiencing COVID-19 symptoms. If you have tested positive for COVID-19, prior to, after, and/or during your time enrolled in your course(s), you are highly encouraged to report your results to covidaction@utep.edu as well as to let our office know at ppp@utep.edu.

The Center for Disease Control and Prevention recommends that people in areas of substantial or high COVID-19 transmission wear face masks when indoors in groups of people. The best way that we can take care of ourselves and others is to get the vaccine. If you still need the vaccine, it is widely available in the El Paso area. For more information about the current rates, testing, and vaccinations, please visit epstrong.org.
Ultra Strength and Conditioning Fitness
Maintain your fitness level, reduce body fat, reduce the risk and rate of injury, and/or use exercise to combat stress with this personal weight training program.
Start date: January 11, 2022
Fee: $120
Early Bird Registration Fee: $108
→ Click here to register

Start date: March 8, 2022
Fee: $120
Early Bird Registration Fee: $108
→ Click here to register

Start date: May 3, 2022
Fee: $120
Early Bird Registration Fee: $108
→ Click here to register

HEALTH & WELNESS

Cómo Vivir una Vida Feliz
Aprende como ser una persona más feliz y vivir con alegría; practica técnicas de respiración, risoterapia y control mental para una mejor vida.
Start date: April 4, 2022
Fee: $43
Early Bird Registration Fee: $38.70
→ Click here to register

La Ecuación de la Felicidad
Aprende como ser una persona más feliz y vivir con alegría; practica técnicas de respiración, risoterapia y control mental para una mejor vida.
Start date: April 5, 2022
Fee: $43
Early Bird Registration Fee: $38.70
→ Click here to register

How to Live a Happy Life
Learn how to be a happier person and live with joy; practice breathing techniques, laugh therapy and mental control to lead a better life.
Start date: February 8, 2022
Fee: $43
Early Bird Registration Fee: $38.70
→ Click here to register

Andi A., Fitness class participant

"I have enrolled in [Professional and Public Programs] classes for many years, starting with Sal Hernandez’s classes, then on to Patti Fox with Boot Camp, and always with David Lopez and his Circuit Training class. All have been wonderful and a challenge every time. A good workout, a wonderful instructor, very close proximity to my home. I’ve also taken Spinning and enjoy it completely. I hope you keep offering these classes to us. It’s so much better than a great big gym, [it’s in a] secure location, parking is hardly ever a problem, and most everyone is so helpful. I feel like [this] class program really looks at what [can be offered to] all ages and [provides] the best class available."

Andi A., Fitness class participant
Yoga
Learn the fundamental postures and breathing techniques utilized in yoga philosophy.

Start date: January 11, 2022
Fee: $39
Early Bird Registration Fee: $35.10
→ Click here to register

Start date: February 8, 2022
Fee: $39
Early Bird Registration Fee: $35.10
→ Click here to register

Start date: March 8, 2022
Fee: $39
Early Bird Registration Fee: $35.10
→ Click here to register

Start date: April 5, 2022
Fee: $39
Early Bird Registration Fee: $35.10
→ Click here to register

Start date: May 3, 2022
Fee: $39
Early Bird Registration Fee: $35.10
→ Click here to register

If you’re interested in teaching an existing course or have an idea for a new course, we’d love to hear from you!

Make a difference. Earn some extra income. Enhance your resumé.

Join our team of instructors!

To learn more about becoming a Professional and Public Programs instructor, call us at 915-747-5142.

Professional and Public Programs is looking for dedicated, passionate instructors to share their talents, skills and knowledge with youth, adults and professionals in the community.

Join our team of instructors!

For more Fitness to Live courses, click here.
Trying to meet a fitness goal? Bored of the same exercise routine? Sign up for a variety of fitness courses designed for different individual fitness levels.

Get healthier, feel better about yourself, have more energy, and have fun while doing it all!
Online Courses

All the following courses are offered online for ages 18 and older.

CRAFTS AND HOBBIES

Discover Digital Photography
Learn all about digital cameras, from DSLRs to smartphone cameras; for the novice photographer.
Instructor-Led Fee: $120
Self-Paced Fee: $120
→ Click here to register

Introduction to Cryptography (Self-Paced Tutorial)
Study the fundamentals of cryptography and get hands-on experience through the use of live virtual machine labs, lab simulations and case projects.
Self-Paced Fee: $99
→ Click here to register

Introduction to Interior Design
Transform plain living spaces into beautiful and functional rooms.
Instructor-Led Fee: $125
Self-Paced Fee: $115
→ Click here to register

Color Theory
Study the fundamentals of color theory and learn how to apply this framework to your web design practice.
Self-Paced Fee: $89
→ Click here to register

Get Funny!
Learn how to come up with jokes or witticisms on the fly, punch up dull material for an audience, or make a living as a comedy writer.
Instructor-Led Fee: $115
Self-Paced Fee: $115
→ Click here to register

Drawing for the Absolute Beginner
Gain a solid foundation and understanding of the basics of drawing, and become the artist you’ve always dreamed of being.
Instructor-Led Fee: $120
→ Click here to register

Online Courses
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Instructor-Led Fee: $115
Self-Paced Fee: $115
→ Click here to register

Drawing for the Absolute Beginner
Gain a solid foundation and understanding of the basics of drawing, and become the artist you’ve always dreamed of being.
Instructor-Led Fee: $120
→ Click here to register
Mastering Your Digital SLR Camera
Learn how to use your DSLR camera to take beautiful photos.
**Instructor-Led Fee: $115**
**Self-Paced Fee: $115**
→ Click here to register

Photographing Nature With Your Digital Camera
Master your digital camera’s controls and features and start taking exceptional nature photos in no time.
**Instructor-Led Fee: $115**
**Self-Paced Fee: $115**
→ Click here to register

Photographing People With Your Digital Camera
Learn the fundamentals of portrait photography; discover the best way to shoot faces, fix common close-up problems, and use digital photo editing techniques to retouch your photos and make other improvements.
**Instructor-Led Fee: $115**
**Self-Paced Fee: $115**
→ Click here to register

Photography Suite
Get an overview of the basics of digital photography, including equipment, software and practical uses.
**Instructor-Led Fee: $299**
→ Click here to register

Photoshop Elements for the Digital Photogapher
Master the use of Adobe Photoshop Elements to do everything from quick fixes to detailed enhancements that will greatly improve the look of your digital images.
**Instructor-Led Fee: $115**
→ Click here to register

Secrets of Better Photography
Learn how to choose the right photographic equipment and compose images with style.
**Instructor-Led Fee: $115**
**Self-Paced Fee: $115**
→ Click here to register

Start Your Own Edible Garden
Grow delicious, nutritious fruit and vegetables in your own backyard; give your garden a healthy start and keep it growing strong all season.
**Instructor-Led Fee: $125**
**Self-Paced Fee: $125**
→ Click here to register

When it comes to you, we’ve got you covered!
Professional and Public Programs is always looking to improve itself. We would like to hear from you and see how our adult Spring online courses are working for you.
Post a comment on our Facebook account.

HEALTH & WELLNESS

Aging and Health Bundle
Earn a Certificate in Healthy Aging; gain an overview of specific aspects of aging, including the impact of nutrition and physical activity on the aging process, physiologic changes in the healthy aging brain, and the role of intimacy and sexuality in healthy aging.
**Instructor-Led Fee: $249**
→ Click here to register

Certificate in Complementary and Integrative Health
Gain a broad understanding of alternative and integrative therapies to meet the needs of diverse populations.
**Instructor-Led Fee: $215**
**Self-Paced Fee: $215**
→ Click here to register
Certificate in Energy Medicine
Incorporate methods of energy healing with modern health care methods and earn a Certificate in Energy Medicine.
**Instructor-Led Fee:** $99  
**Self-Paced Fee:** $99  
→ Click here to register

Certificate in Gerontology
Gain the knowledge and skills necessary to effectively meet the needs of the aging population in a wide range of careers.
**Instructor-Led Fee:** $175  
**Self-Paced Fee:** $175  
→ Click here to register

Certificate in Meditation
Explore the many meditation techniques that can be used to support the mind-body connection and promote healing and wellness. The course is designed for health professionals and nurses as well as general consumers.
**Instructor-Led Fee:** $125  
**Self-Paced Fee:** $125  
→ Click here to register

Certificate in Mindfulness
Examine the many benefits of mindfulness for both your personal and professional life, and lay the foundation for a career in health and wellness coaching.
**Instructor-Led Fee:** $115  
**Self-Paced Fee:** $115  
→ Click here to register

Certificate in Music Therapy and Sound Healing
Study the benefits of music, music therapy and sound healing in the health profession.
**Instructor-Led Fee:** $115  
→ Click here to register

Healthy Living Suite
Establish a healthy approach to weight loss and weight maintenance.
**Instructor-Led Fee:** $299  
→ Click here to register

Introduction to Natural Health and Healing
Learn about the various stages of health and illness, and discover that true health means wholeness of the mind, body and spirit.
**Instructor-Led Fee:** $115  
**Self-Paced Fee:** $115  
→ Click here to register

Mind-Body Therapies Bundle
Explore the fundamentals of energy medicine in this certificate course.
**Instructor-Led Fee:** $249  
→ Click here to register

Certificate in Stress Management
Explore the physiological, social and psychological impacts of stress, and study modalities to get stress under control.
**Instructor-Led Fee:** $99  
**Self-Paced Fee:** $99  
→ Click here to register

Nutrition and Health Bundle
Earn a Certificate in Food, Nutrition and Health; get a holistic overview of current food and nutrition issues, and their impact on physical, social, emotional and spiritual health.
**Instructor-Led Fee:** $169  
→ Click here to register

Pain Management and End-of-Life Bundle
Enhance your knowledge of how to work with patients who are in pain; earn your Certificate in Pain Assessment and Management.
**Instructor-Led Fee:** $169  
→ Click here to register

Explore a Career in Healthcare Suite
Learn how to find your way through both the CPT manual and the ICD-10-CM manual, and prepare for your career as a medical coder.
**Instructor-Led Fee:** $299  
→ Click here to register
MONEY MATTERS

Accounting Fundamentals I
Gain an understanding of accounting basics for career advancement or for personal use.
Instructor-Led Fee: $150
Self-Paced Fee: $150
» Click here to register

Accounting Fundamentals II
Gain a solid understanding of accounting practices.
Instructor-Led Fee: $150
Self-Paced Fee: $150
» Click here to register

Keys to Successful Money Management
Learn about the steps you need to take in order to achieve true financial success from a certified financial planner.
Instructor-Led Fee: $115
Self-Paced Fee: $115
» Click here to register

Where Does All My Money Go?
Study the basics of how to get control of your finances rather than letting them control you. Get the help you need and learn how to invest, eliminate debt and plan for college.
Instructor-Led Fee: $115
» Click here to register

Stocks, Bonds and Investing: Oh, My!
Get an overview of the fundamentals of investing including stock markets, 401k plans and retirement, as well as personal financial issues that are essential to your success as an investor.
Instructor-Led Fee: $135
Self-Paced Fee: $135
» Click here to register

PERFORMING ARTS

Introduction to Guitar
Learn to play guitar and become the musician you’ve always wanted to be with these fun and informative lessons.
Instructor-Led Fee: $115
» Click here to register

Music Made Easy
Learn to read, write and play simple pieces of music.
Instructor-Led Fee: $115
Self-Paced Fee: $115
» Click here to register

PERSONAL DEVELOPMENT

Achieving Top Search Engine Positions
Gain the knowledge you need to boost your website’s visibility and master proven, step-by-step SEO strategies that you can implement right away.
Instructor-Led Fee: $135
Self-Paced Fee: $135
» Click here to register
You **must be 18 or older** to register for our Adult Leisure and Learning online courses.

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**ASE Technician Test Preparation 2.0 (TTP2): Automotive Service Consultant (C1)**

Prepare for the Automotive Service Excellence (ASE) exams; this bilingual product provides both English- and Spanish-speaking technicians access to preparatory materials delivered in an easy-to-use format, while ensuring learning and retention.

- **Self-Paced Fee:** $79
- [Click here to register](#)

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**Become an Optical Assistant**

Gain entry into the world of optical assisting.

- **Instructor-Led Fee:** $135
- [Click here to register](#)

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**Become a Veterinary Assistant**

Prepare for a career as a veterinary assistant and learn about various pet-related issues including health, safety, nutrition, etc.

- **Instructor-Led Fee:** $135
- **Self-Paced Fee:** $135
- [Click here to register](#)

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** Become a Veterinary Assistant II: Canine Reproduction**

Study the principles of sound dog breeding and the complexities of canine reproduction.

- **Instructor-Led Fee:** $150
- **Self-Paced Fee:** $150
- [Click here to register](#)

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** Become a Veterinary Assistant III: Practical Skills**

Learn everything you need to be a valuable veterinary assistant or educated pet owner. This course is the third installment in the “Become a Veterinary Assistant” series.

- **Instructor-Led Fee:** $135
- **Self-Paced Fee:** $135
- [Click here to register](#)

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**Building Teams That Work**

Learn the components of a successful team and the stages of its development; master the skills needed to effectively manage projects, make decisions and solve problems in a team setting.

- **Instructor-Led Fee:** $135
- **Self-Paced Fee:** $135
- [Click here to register](#)

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**Effective Selling**

Discover how you can easily convert a potential customer into a long-term asset and lay the groundwork for repeat business.

- **Instructor-Led Fee:** $125
- **Self-Paced Fee:** $125
- [Click here to register](#)

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**Employment Law Fundamentals**

Learn the basics of employment law so you can legally hire, evaluate and manage employees as a manager, supervisor, small business owner, human resources specialist or corporate executive.

- **Instructor-Led Fee:** $125
- **Self-Paced Fee:** $125
- [Click here to register](#)

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Connect with us to receive special offers, updates on courses and more!

[UTEP.P3](#)
Explore a Career as an Administrative Medical Assistant
Establish a successful career as an administrative medical assistant and identify the aspect of medical information management that suits you best.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Explore a Career as a Clinical Medical Assistant
Get an overview of the job duties and scope of practice of clinical medical assistants.
Instructor-Led Fee: $115
Self-Paced Fee: $115
→ Click here to register

Fundamentals of Supervision and Management
Become a more effective manager by mastering the basics of business and learning the language of management.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Fundamentals of Supervision and Management II
Develop your communication and people skills and become a more effective manager or supervisor.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

High Speed Project Management
Manage projects at supersonic speeds with ease and learn to effectively deal with truncated timelines, short-staffed project teams, skimpy budgets and crippling risks.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Keys to Effective Communication
Use communication to build rapport and create environments of trust, warmth and respect.
Instructor-Led Fee: $115
Self-Paced Fee: $115
→ Click here to register

Leadership
Use the principles of great leaders to achieve success in almost every aspect of your daily life.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Managing Customer Service
Bring out your best and do the same for the people you work with as you learn about customer service, how to measure and evaluate it, and build long-lasting customer service programs.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Manufacturing Fundamentals
Study and understand the basic skills required to work in the manufacturing field.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

We want to network with you!
Join our LinkedIn community.

Photos courtesy ed2go.com.
Marriage and Relationships: Keys to Success
Gain the relationship skills you need to build a solid foundation for your relationship, nurture it and enjoy a partnership that lasts.

Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Medical Terminology: A Word Association Approach
Understand medical terminology as it pertains to each body system using a unique word association approach.

Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

New Manager Suite
Make a successful transition from employee to manager and learn how to manage your time so that you can deal with the constant demands of a managerial job.

Instructor-Led Fee: $299
→ Click here to register

Project Management Fundamentals
Study the essentials of project management and learn to plan, implement, control and close any type of project with the help of an experienced project management professional.

Instructor-Led Fee: $145
Self-Paced Fee: $145
→ Click here to register

Project Management Fundamentals II
Gain quick training in project management if you are a part-time or accidental project manager.

Instructor-Led Fee: $145
Self-Paced Fee: $145
→ Click here to register

Project Management Fundamentals Series
Master the essentials of project management and become an indispensable member of your project team by discovering and mastering the critical concepts you need to plan, implement, control and close any type of project.

Instructor-Led Fee: $249
→ Click here to register

Sales Training Suite
Learn effective sales techniques that will help you communicate well, gain new customers and turn them into long-term assets.

Instructor-Led Fee: $299
→ Click here to register

You must be 18 or older to register for our Adult Leisure and Learning online courses.
Secrets of the Caterer
Learn how to put your cooking and party-planning skills to work for you; get an understanding of the cooking skills you’ll need as a caterer and also get an introduction to the business side of catering.
Instructor-Led Fee: $115
Self-Paced Fee: $115
Click here to register

Start a Pet-Sitting Business
Master the essentials of starting and running a cat- and dog-sitting business; learn about caring for pets, handling home visits, financing and marketing your business, and more.
Instructor-Led Fee: $125
Self-Paced Fee: $125
Click here to register

Soft Skills Suite
Get information that will help you understand yourself, solve people problems, and improve your relationships as well as your personal and professional productivity.
Instructor-Led Fee: $399
Click here to register

Supervision and Management Series
Master the basics of business by learning the language of management; perfect for employees who have recently become supervisors.
Instructor-Led Fee: $215
Click here to register

Start Your Own Online Business
Build and grow a successful digital business from the convenience of your home with little to no upfront investment.
Instructor-Led Fee: $125
Self-Paced Fee: $125
Click here to register

Starting a Nonprofit
Learn how to form a new nonprofit, convert an informal group to tax-exempt status, or reorganize an existing organization; learn about incorporation, organization, and other issues pertinent to nonprofit start-ups.
Instructor-Led Fee: $125
Click here to register

Twelve Steps to a Successful Job Search
Learn to identify and get the job you want regardless of your level of expertise or state of the economy.
Instructor-Led Fee: $125
Self-Paced Fee: $125
Click here to register

Veterinary Assistant Series
Prepare for work in veterinary hospitals; course taught by a practicing veterinarian and college instructor.
Instructor-Led Fee: $395
Click here to register

Are you a teacher looking for additional professional development? Then click here.
Get the training you need to reach the diverse mix of students you face every day.
You **must be 18 or older** to register for our Adult Leisure and Learning online courses.

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**TECHNOLOGY**

**Accounting With QuickBooks Online Suite**
Acquire a solid understanding of corporate accounting practices.
**Instructor-Led Fee:** $395
→ Click here to register

**Adobe Animate CC Training**
Learn the basics of Animate (formerly Adobe Flash) and start designing rich, interactive animations.
**Self-Paced Fee:** $135
→ Click here to register

**Computer Networking Suite**
Get the foundation you need to begin training for computer certification in a technical field or employment in a computer networking career.
**Instructor-Led Fee:** $299
→ Click here to register

**Computer Skills for the Workplace**
Acquire the fundamental computer competencies you need to survive and prosper in today’s fast-changing workplace.
**Instructor-Led Fee:** $125
**Self-Paced Fee:** $125
→ Click here to register

**Creating WordPress Websites**
Learn how to create attractive, sophisticated blogs and websites without any coding using WordPress, the world’s most popular content management system.
**Instructor-Led Fee:** $125
**Self-Paced Fee:** $125
→ Click here to register

**Creating WordPress Websites Series**
Work hands-on with WordPress and learn about its many features as you create your own WordPress.org site and blog.
**Instructor-Led Fee:** $199
→ Click here to register

**Designing Effective Websites**
Master the basics of web design and learn how to build sites that are better and more effective.
**Instructor-Led Fee:** $125
**Self-Paced Fee:** $125
→ Click here to register

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**Wow, What a Great Event!**
Discover how all the pieces in the event-planning process fit together to make any size or type of event successful, whether it’s for your family or friends, employer or favorite charity.
**Instructor-Led Fee:** $115
**Self-Paced Fee:** $115
→ Click here to register

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**We want to hear from you!**
Post a comment on our Instagram account.

�建立WordPress网站
通过WordPress，无需编写任何代码即可创建出引人入胜、复杂且专业的博客和网站。
**学时费:** $125
**自选课程费:** $125
→ 点击此处注册

建立WordPress网站系列
通过WordPress的实际操作，了解其众多功能，创建自己的WordPress.org网站和博客。
**学时费:** $199
→ 点击此处注册

设计有效的网站
掌握网页设计的基础知识，了解如何构建更好的、更有效的网站。
**学时费:** $125
**自选课程费:** $125
→ 点击此处注册
HTML and CSS Series
Create state-of-the-art websites using modern CSS3 and HTML5 techniques.
Instructor-Led Fee: $299
→ Click here to register

Intermediate InDesign CC
Get hands-on training and experience using many of the more advanced tools and features of InDesign CC; instruction and practice files for any version of InDesign CS4 or newer included.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Intermediate WordPress Websites
Take your WordPress site to the next level and learn how to optimize it for a more dynamic user experience.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Introduction to Digital Scrapbooking
Make the most of your scrapbooking talents and artistic ideas when you combine traditional and digital scrapbooking using Photoshop Elements 11, 12 or 13.
Instructor-Led Fee: $115
Self-Paced Fee: $115
→ Click here to register

Introduction to Illustrator CS6
Use Illustrator CS6 to apply color, create shading effects and painterly brushstrokes, and add special effects such as 3D to your drawings; also move designs back and forth between Photoshop and Illustrator to take advantage of the strengths of both programs.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Introduction to InDesign CC
Learn how to use InDesign CC to design and create professional-quality letterhead, business cards, brochures, forms, interactive PDF files, an eBook and more.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Introduction to Lightroom Classic CC
Using hands-on exercises, master the use of Lightroom Classic CC, Adobe’s easy-to-use software that prepares, edits and organizes photos quickly and effectively.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Introduction to Microsoft Excel 2016
Master Microsoft Excel 2016 with dozens of shortcuts and tricks for setting up fully-formatted worksheets quickly and efficiently.
Instructor-Led Fee: $139
Self-Paced Fee: $139
→ Click here to register

Introduction to Microsoft Excel 2019/Office 365
Learn the 2019 version of Microsoft Excel’s basic functions and uses.
Instructor-Led Fee: $139
Self-Paced Fee: $139
→ Click here to register
Introduction to Microsoft Word 2016
Confidently use Microsoft Word 2016 to write and format reports and letters.
Instructor-Led Fee: $139
Self-Paced Fee: $139
→ Click here to register

Introduction to PC Troubleshooting
Examine the typical hardware and operating system problems encountered by technicians, learn troubleshooting techniques to decipher any problem and gain the skills you need to solve them.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Introduction to Quickbooks Online
Learn the key features of QuickBooks Online and gain hands-on experience creating invoices, receipts and statements; track payables, inventory and receivables; generate reports; and more.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Introduction to SQL
Learn the key concepts of SQL (Structured Query Language), the powerful and standard database management query language for relational databases.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Introduction to Windows 10
Gain the foundation you need to get started right away using Windows 10.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Introduction to XML
Master the essentials of XML through easy-to-follow, real-world examples and produce powerful code even if you are new to computer programming.
Instructor-Led Fee: $125
Self-Paced Fee: $125
→ Click here to register

Instructional Design Training
Learn the basics of instructional design and the phases of the design process, including conducting a needs assessment, designing and delivering training, and evaluating instruction.
Self-Paced Fee: $115
→ Click here to register

Keyboarding
Learn touch-typing or improve your existing typing skills.
Instructor-Led Fee: $115
Self-Paced Fee: $115
→ Click here to register

Java Developer Suite
Create practical and sophisticated computer programs using both Java and XML.
Instructor-Led Fee: $299
→ Click here to register

Photoshop CC for the Digital Photographer
Master techniques to edit and enhance your digital images and add a professional polish to your work.
Instructor-Led Fee: $115
Self-Paced Fee: $115
→ Click here to register

Photoshop Elements for the Digital Photographer
Master the use of Adobe Photoshop Elements to do everything from quick fixes to detailed enhancements that will greatly improve the look of your digital images.
Instructor-Led Fee: $115
→ Click here to register
Using the Internet in the Classroom

Teach your students how to locate and evaluate Internet resources; improve the caliber and amount of discussion through the use of email and discussion boards; and safeguard your students and their personal information online.

**Instructor-Led Fee:** $125  
**Self-Paced Fee:** $125  
→ Click here to register

**Typography**

Understand typography and how to apply this technique to your UI/UX projects.

**Self-Paced Fee:** $99  
→ Click here to register

**Web Design Value Suite**

Learn to create and publish your very own website using HTML.

**Instructor-Led Fee:** $299  
→ Click here to register

**WRITING**

**Advanced Fiction Writing**

Explore the topics a writer needs to create a successful manuscript, including story structure, plot, character, dialogue, setting, suspense, conflict, action, viewpoint, tense and even how to get published.

**Instructor-Led Fee:** $125  
→ Click here to register

**Beginner’s Guide to Getting Published**

Acquire the credibility you need to succeed as a writer and guide your manuscript directly into the hands of an editor and onto the shelves of your favorite stores.

**Instructor-Led Fee:** $135  
**Self-Paced Fee:** $135  
→ Click here to register

**Business and Marketing Writing**

Learn how to write or identify copy that achieves business and marketing goals.

**Instructor-Led Fee:** $135  
**Self-Paced Fee:** $135  
→ Click here to register

**A to Z Grant Writing**

Equip yourself with the skills and tools you need to enter the fulfilling field of grant writing.

**Instructor-Led Fee:** $140  
**Self-Paced Fee:** $140  
→ Click here to register

**Grammar Refresher**

Develop your English grammar skills, and take your writing and speaking to the next level of excellence in this course.

**Instructor-Led Fee:** $115  
**Self-Paced Fee:** $115  
→ Click here to register
Professional and Public Programs –
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Face-to-Face Courses

FITNESS TO LIVE

Boxing and Conditioning
Start date: January 10
Start date: February 7
Start date: March 7
Start date: April 4
Start date: May 2

Boot Camp: Strength Training for Everyone
Start date: January 10
Start date: February 7
Start date: March 7
Start date: April 4
Start date: May 2

Circuit Training
Start date: January 11
Start date: March 8
Start date: May 3

Kickboxing: 45-Minute Workout
Start date: January 10
Start date: February 7
Start date: March 7
Start date: April 4
Start date: May 2

Martial Arts, Fitness & Weight Loss Workshop
Start date: January 21
Start date: April 1

Ultra Strength and Conditioning Fitness
Start date: January 11
Start date: March 8
Start date: May 3

Spinning
Start date: January 10
Start date: February 7
Start date: March 7
Start date: April 4
Start date: May 2

Online Courses

CRAFTS AND HOBBIES

Color Theory
Self-Paced

Drawing for the Absolute Beginner
Instructor-Led

Discover Digital Photography
Instructor-Led
Self-Paced

Get Funny!
Instructor-Led
Self-Paced

Introduction to Cryptography
(Self-Paced Tutorial)
Self-Paced

Introduction to Interior Design
Instructor-Led
Self-Paced

Mastering Your Digital SLR Camera
Instructor-Led
Self-Paced

Photographing Nature With Your Digital Camera
Instructor-Led
Self-Paced

Photographing People With Your Digital Camera
Instructor-Led
Self-Paced

Cómo Vivir una Vida Feliz
Start date: February 7

How to Live a Happy Life
Start date: February 8

La Ecuación de la Felicidad
Start date: April 4

The Equation of Happiness
Start date: April 5

Yoga
Start date: January 11
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Start date: March 8
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#### Explore a Career in Healthcare Suite               | Instructor-Led |

#### Healthy Living Suite                                | Instructor-Led |

#### Introduction to Natural Health and Healing           | Instructor-Led | Self-Paced |

#### Mind-Body Therapies Bundle                           | Instructor-Led |

#### Nutrition and Health Bundle                          | Instructor-Led |

#### Pain Management and End of Life Bundle               | Instructor-Led |

#### Certificate in Complementary and Integrative Health | Instructor-Led | Self-Paced |

#### Certificate in Gerontology                            | Instructor-Led | Self-Paced |

#### Certificate in Meditation                             | Instructor-Led | Self-Paced |

#### Certificate in Mindfulness                            | Instructor-Led | Self-Paced |

#### Certificate in Music Therapy and Sound Healing        | Instructor-Led |

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### Contact Information

- Phone: 915-747-5142
- Website: ppp.utep.edu
- Spring 2022
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Building Teams That Work
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Self-Paced

Effective Selling
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Self-Paced

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Self-Paced

Explore a Career as an Administrative Medical Assistant
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Self-Paced

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Self-Paced

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Managing Customer Service
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Marriage and Relationships: Keys to Success
Instructor-Led
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Medical Terminology: A Word Association Approach
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New Manager Suite
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Project Management Fundamentals
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Project Management Fundamentals Series
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Sales Training Suite
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Secrets of the Caterer
Instructor-Led
Self-Paced

Soft Skills Suite
Instructor-Led

Supervision and Management Series
Instructor-Led

Start a Pet-Sitting Business
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Self-Paced

Starting a Nonprofit
Instructor-Led

Start Your Own Online Business
Instructor-Led
Self-Paced

Twelve Steps to a Successful Job Search
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Self-Paced

Veterinary Assistant Series
Instructor-Led

Wow, What a Great Event!
Instructor-Led
Self-Paced
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Self-Paced

Adobe Animate CC Training
Self-Paced

Creating WordPress Websites
Instructor-Led
Self-Paced

Creating WordPress Websites Series
Instructor-Led

Computer Networking Suite
Instructor-Led

Computer Skills for the Workplace
Instructor-Led
Self-Paced

Designing Effective Websites
Instructor-Led
Self-Paced

HTML and CSS Series
Instructor-Led

Intermediate InDesign CC
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Business and Marketing Writing
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Grammar Refresher
Instructor-Led
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For complete details about our Spring 2022 Adult Leisure and Learning courses, visit
ppp.utep.edu/coursesforadults
Socorro (Soco) began her career at UTEP in 2003 as a part-time customer service representative with PACE, which was the name of Professional and Public Programs at that time.

She was born and raised in Ciudad Juárez, Mexico, and moved to El Paso in 1995. She holds a Bachelor in Business Administration with a Minor in Finance from the Instituto Tecnológico de Ciudad Juárez.

Soco strives to provide excellence through accessible programs that positively impact the well-being of the community. She is a current, active member of the UTEP Staff Council, and a proud mother of two children and several four-legged fur babies.

Favorite inspirational quote:
“You’re alive. That means you have infinite potential. You can do anything, make anything, dream anything.” – Neil Gaiman