



## PROFESSIONAL PUBLIC PROGRAMS

We are a unique learning agent within The University of Texas at El Paso. Our mission is to provide high-quality continuing education. This includes nontraditional academic and lifelong learning opportunities for professional development, personal enrichment and academic growth. We foster and support the larger University mission to serve as a gateway to an improved quality of life for people of the Paso del Norte Region.

#### **OUR VISION**

Professional and Public Programs will be the premier provider of comprehensive, quality, educational, professional and personal enrichment programs in collaboration with UTEP departments and external organizations.



Receive 10% off eligible courses each semester when you register early.

For spring courses, enroll by December 15.

Don't miss your chance to save with this limited-time offer each semester!

### Scan the QR Code

for each semester's deadlines and other available discounts.

Don't miss your chance to save!



\*Discounts do not apply to certain programs, including but not limited to: English Language Institute Core Program, aquatics courses and online courses offered in partnership with third parties. Discounts outlined here may not be combined with any other discounts.

## Can't come to us? We'll come to you!

Professional and Public Programs serves as UTEP's resource for community members interested in engaging in continuing education through a variety of noncredit programs and certifications. Through collaboration, partnership and mutually beneficial relationships, we help provide continuing education, resources and assistance to our community.

If you would like to partner with us, please contact Socorro Herrera, Program Manager for Community Outreach and Marketing at **915-747-5106** or via email at **p3ce@utep.edu** or **sherrera1@utep.edu**.



## ADULT LEISURE AND LEARNING





We offer face-to-face and online courses for adults in a wide variety of topics. From Crafts and Hobbies, Health and Wellness, Money Matters, Performing Arts and Personal and Professional Enrichment, to Technology, we have it all. Our courses

- are the perfect way to enjoy some "me" time and learn a new skill.
- give you the opportunity to connect with others and make new friends.

**Note:** You must be 18 or older to register for our Adult Leisure and Learning courses.

## **GUIDE INDEX**

Click a section to view courses.

### **Aquatics Courses**

See page 5

#### Face-to-Face Courses

See page 6

#### **Online Courses**

See pages 8-18

For course index, go to page 19.

# CONTACT OUR TEAM



#### **BY PHONE**

Call **915-747-5142**, Monday-Friday, 8 a.m.-5 p.m.



#### **BY EMAIL**

Email us at p3all@utep.edu

**See pages 5-18** for available courses for Spring 2026.

For additional information or to register, go to ppp.utep.edu/coursesforadults

## UTEP Employees and Retirees Discounts

Current and retired UTEP employees may receive **15% discount** on eligible courses\*. You must call in to claim discounts.

\*Discounts do not apply to certain programs, including but not limited to: Aquatics courses and the English Language Institute Core Program and online courses. Discounts outlined here may not be combined with any other discounts.

#### **Refund Policies**

Refund policies are available at ppp.utep.edu/refund-policy

# FEATURED CAMPS

#### **AQUATICS**

#### **Swimming Classes:**

#### **Beginner and Intermediate**

Join our adult swimming classes for beginners and intermediate-level swimmers, where we tailor each session to your comfort and skill level.

02/03-02/26

Tu and Th | 6:30 - 7:30 p.m. Fee: \$125

Click here to register

03/03-03/26

Tu and Th 6:30 - 7:30 p.m.

Fee: \$125

Click here to register

04/07-04/30

Tu and Th | 6:30 - 7:30 p.m. Fee: \$125

→ Click here to register



The instructor helped everyone individually and I was able to improve my breast stroke and butterfly stroke."

**Anonymous Participant** 

**Classes attended:** Swimming Classes: Beginner and Intermediate



#### FITNESS TO LIVE

#### Ultra Fitness and Strength Training

Maintain your fitness level, reduce body fat and the risk and rate of injury, and/ or use exercise to combat stress in this personal weight training program.

01/13-02/19

Tu and Th | 7:15 - 8:45 p.m.

Fee: \$150

Early Bird Registration Fee: \$135

Click here to register

04/07-05/14

Tu and Th | 7:15 - 8:45 p.m.

Fee: \$150

Early Bird Registration Fee: \$135



# AQUATICS COURSES

## Swimming Classes: Beginner and Intermediate

Join our adult swimming classes for beginners and intermediate-level swimmers, where we tailor each session to your comfort and skill level.

Tu and Th 02/03-02/26 6:30 - 7:30 p.m.

Fee: \$125

→ Click here to register

Tu and Th 03/03-03/26 6:30 - 7:30 p.m.

Fee: \$125

→ Click here to register

Tu and Th 04/07-04/30 6:30 - 7:30 p.m.

Fee: \$125

→ Click here to register

#### Swimming and Conditioning

Dive into our intermediate to advanced swim training class for an intensive aquatic experience tailored to swimmers seeking both a robust workout and enhanced technique.

Tu and Th 02/03-02/26 6:30 - 7:30 p.m.

Fee: \$125

Click here to register

Tu and Th 03/03-03/26 6:30 - 7:30 p.m.

Fee: \$125

Click here to register

Tu and Th 04/07-04/30 6:30 - 7:30 p.m.

Fee: \$125

→ Click here to register

## Have a **young** swimmer at home?

We have a variety of fun swimming courses that will let your child learn and practice their swimming techniques.

For more details, visit ppp.utep.edu/youthcourses

#### **POOL ID CARD** for Continuing Education Participants

All swimming pool participants must purchase a Professional and Public Programs Pool ID Card to enter the Student Recreation Center. The Pool ID Card is offered for a one-time, non-refundable fee of \$15 and can be used for future paid swimming courses as long as it is for the same person. Pool ID Cards are activated

and usable ONLY during the time and schedule of the purchased course.







# FACE-TO-FACE COURSES

#### **CRAFTS AND HOBBIES**

## Mastering Photoshop and Lightroom for Photography

Improve your post-processing skills and unleash the full potential of Adobe Photoshop.

M and W 03/09-04/15 6 - 8 p.m. Fee: \$185 Early Bird Registration Fee: \$166.50

Click here to register

#### The Fundamentals of Digital Photography

Acquire a solid foundation in the art and craft of photography.

M and W
O2/O2-O3/O4
6 - 8 p.m.

Fee: \$135
Early Bird Registration Fee: \$121.50

Click here to register

#### **FITNESS TO LIVE**

#### **Ultra Strength and Conditioning Fitness**

Maintain your fitness level, reduce body fat and the risk and rate of injury, and/or use exercise to combat stress in this personal weight training program.

Tu and Th 01/13-02/19 7:15 - 8:45 p.m. Fee: \$150 Early Bird Registration Fee: \$135

→ Click here to register

Tu and Th 04/07-05/14 7:15 - 8:45 p.m. Fee: \$150 Early Bird Registration Fee: \$135

→ Click here to register

#### **PERFORMING ARTS**

#### **Introduction to Guitar - Beginners**

Study at your own pace and learn terms, minor theory, and how to play basic chords in this introductory course. Required materials: Acoustic guitar. Please ensure you purchase guitars appropriate to your size and consult the salesperson at the music store when doing so.

Saturdays 02/07-03/21 9 -10 a.m. Fee: \$75 Early Bird Registration Fee: \$67.50







# WE ARE HIRING INSTRUCTORS

If you're interested in teaching an existing course or have an idea for a new course, we'd love to hear from you!

To learn more about becoming a **Professional and Public Programs instructor,**\* call us at 915-747-5142 or email ppp@utep.edu

\*Must create own curriculum and course syllabus.



# NOT FEELING WELL? STAY HOME!

If you're feeling unwell with symptoms like a sore throat, fever, or cough, please take care of yourself, stay home and contact your doctor. Remember, your health is a priority. Do your part to keep yourself and your UTEP Miner family safe and healthy.



hands often



Wear a face mask if you are sick



Use tissue when cough/sneeze



Avoid close contact with people who are sick



Our online courses are affordable, fun and convenient.

Note: Courses may be instructor-moderated or self-guided. **Pricing for the following courses is available on the course website;** simply follow the "

Click here to register" link under each course description to get more information.

#### **CRAFTS & HOBBIES**

#### **Color Theory**

Study the fundamentals of color theory and apply this framework to your web design practice.

Click here to register

#### **Discover Digital Photography**

Learn all about digital cameras, from DSLRs to smartphone cameras; for the novice photographer.

Click here to register

#### **Drawing for the Absolute Beginner**

Gain a solid foundation and understanding of the basics of drawing, and become the artist you've always dreamed of being.

Click here to register

#### **Genealogy Basics**

Understand the genealogy research process and learn how to interpret the information you find.

Click here to register

#### **Get Funny!**

Learn how to come up with jokes or witticisms on the fly, punch up dull material for an audience, or make a living as a comedy writer.

Click here to register

#### **Growing Plants for Fun and Profit**

Turn your love of plants into an enjoyable and profitable home business.

Click here to register

#### **Interior Design Basics**

Transform plain living spaces into beautiful and functional rooms.

Click here to register

#### Luscious, Low-Fat, Lightning-Quick Meals

Reduce fat in recipes without sacrificing flavor or texture.

Click here to register

#### Mastering Your Digital SLR Camera

Learn how to use your DSLR camera to take beautiful photos.









#### **CRAFTS & HOBBIES (CONT.)**

#### **Photographing Nature With Your Digital**

#### Camera

Master your digital camera's controls and features and start taking exceptional nature photos in no time.

Click here to register

## Photographing People With Your Digital Camera

Learn the fundamentals of portrait photography; discover the best way to shoot faces, fix common close-up problems, and use digital photo editing techniques to retouch your photos and make other improvements.

Click here to register

#### **Photography Suite**

Get an overview of the basics of digital photography, including equipment, software and practical uses.

Click here to register

#### **Secrets of Better Photography**

Learn how to choose the right photographic equipment and compose images with style.

Click here to register

#### Start Your Own Edible Garden

Grow delicious, nutritious fruit and vegetables in your own backyard; give your garden a healthy start and keep it growing strong all season.

Click here to register

#### **HEALTH & WELLNESS**

#### **Aging and Health Bundle**

Earn a Certificate in Healthy Aging; gain an overview of specific aspects of aging, including the impact of nutrition and physical activity on the aging process, physiologic changes in the healthy aging brain, and the role of intimacy and sexuality in healthy aging.

Click here to register

## Certificate in Complementary and Integrative Health

Gain a broad understanding of alternative and integrative therapies to meet the needs of diverse populations.

Click here to register

#### **Certificate in Energy Medicine**

Incorporate methods of energy healing with modern health care methods and earn a Certificate in Energy Medicine.

Click here to register

#### Certificate in Food, Nutrition and Health

Learn how food interacts with your body and discover how to make healthy nutritional choices that will impact your well-being.

Click here to register

#### **Certificate in Gerontology**

Gain the knowledge and skills necessary to effectively meet the needs of the aging population in a wide range of careers.

Click here to register

#### **Certificate in Global Healing Systems**

Gain an understanding of various global healing practices to more effectively support your clients who use various traditional healing practices and techniques.



#### **HEALTH & WELLNESS (CONT.)**

#### Certificate in Healing Environments for Body, Mind and Spirit

Explore Optimal Healing Environments (OHEs), focusing on the social, psychological, physical and spiritual elements that enhance healing.

Click here to register

#### **Certificate in Healthy Aging**

Learn about the specific aspects of aging, including the impact of nutrition and physical activity on the aging process, physiologic changes in the healthy aging brain, the role of intimacy and sexuality on healthy aging, keys to longevity in the centenarian population, and important behavioral and mental health issues in the aging adult.

Click here to register

#### Certificate in Holistic and Integrative Health

Study the fundamentals of person-centered and personempowered health care, including details on some of the more popular therapies today.

Click here to register

## Certificate in Holistic and Integrative Health: Foundations 1

Focus on foundational concepts in holistic and integrative health, including stress management, physical activity and movement, nutrition, and healing environments.

Click here to register

## Certificate in Holistic and Integrative Health: Foundations 2

Examine the healing systems of Ayurvedic and traditional Chinese medicine, explore the connection between health and the human spirit, and learn about ancient and diverse practices of meditation.

Click here to register



## Certificate in Holistic and Integrative Health: Foundations 3

Explore the concepts of four holistic therapeutic modalities as you focus on the use of humor, music and sound, energy healing, and massage and bodywork in healing.

→ Click here to register

#### **Certificate in Meditation**

Discover the many meditation techniques that can be used to support the mind-body connection and promote healing and wellness. The course is designed for health professionals and nurses as well as general consumers.

Click here to register

#### **Certificate in Mindful Relationships**

Learn the characteristics of mindful self-care, intimate relationships, communication processes, and how mindfulness impacts climate change and human health.

Click here to register

#### Certificate in Mindfulness

Examine the many benefits of mindfulness for both your personal and professional life, and lay the foundation for a career in health and wellness coaching.

Click here to register

#### **Certificate in Music Therapy and Sound Healing**

Study the benefits of music, music therapy and sound healing in the health profession.

Click here to register

#### Certificate in Spirituality, Health and Healing

Study the characteristics of spirituality, its essential elements, and the connection between spirituality and healing.





#### **HEALTH & WELLNESS (CONT.)**

#### Certificate in Starting Your Own Business in Health and Healing

Get everything you need to embark on creating your own health and wellness business.

Click here to register

#### Certificate in Stress Management

Explore the physiological, social and psychological impacts of stress, and study modalities to get stress under control.

Click here to register

#### **Healthy Living Suite**

Establish a healthy approach to weight loss and weight maintenance.

Click here to register

#### **Homeschool With Success**

Learn how to homeschool your kids and become familiar with the terminology the homeschool community uses.

Click here to register

#### Introduction to Natural Health and Healing

Learn about the various stages of health and illness and discover that true health means wholeness of the mind, body and spirit.

Click here to register

#### Listen to Your Heart and Success Will Follow

Enjoy the rewards that come from doing what really makes you happy and begin designing a life that really works for you.

Click here to register

#### Lose Weight and Keep It Off

Establish a healthy approach to weight loss and weight management.

Click here to register

#### Mind-Body Therapies Bundle

Get an overview of alternative medical therapies and their positive effects on the mind and body.

Click here to register

#### **Nutrition and Health Bundle**

Earn a Certificate in Food, Nutrition and Health; get a holistic overview of current food and nutrition issues, and their impact on physical, social, emotional and spiritual health.

Click here to register

#### Pain Management and End-of-Life Bundle

Enhance your knowledge of how to work with patients who are in pain; earn your Certificate in Pain Assessment and Management.

Click here to register

## **WE ARE HIRING YOGA INSTRUCTORS**

Join our team!

To learn more about becoming a yoga instructor' for Professional and Public Programs call us at 915-747-6907 or email p3all@utep.edu.

\*Must create own curriculum and course syllabus.

#### **MONEY MATTERS**

#### Accounting With QuickBooks Online Suite

Acquire a solid understanding of corporate accounting practices.

→ Click here to register

#### Introduction to QuickBooks Online

Learn to manage the financial aspects of your small business quickly and efficiently using QuickBooks Online.

→ Click here to register

#### Intermediate QuickBooks Online

Dive deeper into the software's intermediate features, such as tracking product and service items, managing inventory, and customizing sales forms.

Click here to register

#### **Introduction to Stock Options**

Learn to evaluate, buy, sell and profit from stocks.

Click here to register

#### Keys to Successful Money Management

Learn about the steps you need to take in order to achieve true financial success from a certified financial planner.

Click here to register

#### Learn to Buy and Sell on eBay

Acquire all the knowledge necessary for success in the online marketplace.

Click here to register

#### Math Refresher

Use math to your advantage in daily life.

Click here to register

#### **Personal Finance**

Gain control over the financial impact of your choices with tools that are useful, realistic and easy to work with.

Click here to register

#### **Stock Trading Suite**

Learn the fundamentals of investing by learning the ins and outs of the stock market, 401K plans, retirement planning, and personal financial goals; move on to techniques for valuing stocks, including how to read financial statements and conduct economic research, and how to buy, sell, and profit with tools used by professional investors. Complete this series and learn to leverage your investment dollars in any type of market.

Click here to register



#### Stocks, Bonds and Investing: Oh, My!

Study the basics of stocks, bonds and investing so you can be independent and confident about your financial decisions.

→ Click here to register

#### The Analysis and Valuation of Stocks

Study conventional and advanced techniques in researching and valuing stocks.

Click here to register

#### Where Does All My Money Go?

Study the very basics of how to get control of your finances rather than letting them control you. Get the help you need and learn how to invest, eliminate debt and plan for college.

Click here to register



Register by December 15 and receive

10% OFF eligible courses.\*

Don't miss your chance to save with this limited-time offer each semester!

\*Discounts do not apply to certain programs, including but not limited to: English Language Institute Core Program, aquatics courses and online courses offered in partnership with third parties. Discounts outlined here may not be combined with any other discounts.



#### **PERFORMING ARTS**

#### Introduction to Guitar

Learn to play guitar and become the musician you've always wanted to be with these fun and informative lessons.

→ Click here to register

#### **Music Made Easy**

Learn to read, write and play simple pieces of music.

Click here to register

# PERSONAL & PROFESSIONAL ENHANCEMENT

#### **Achieving Success With Difficult People**

Learn how to interact with anyone, regardless of how difficult you perceive them to be.

Click here to register

#### **Effective Selling**

Discover how you can easily convert a potential customer into a long-term asset and lay the groundwork for repeat business.

Click here to register

#### **Get Assertive!**

Learn specific techniques to become more assertive in all types of situations, with all types of people, and in all aspects of your life.

Click here to register

#### Individual Excellence

Develop a fulfilling career plan and the skills to improve your interpersonal relationships.

Click here to register

#### Interpersonal Communication

Manage the conscious and unconscious codes of meaning people send to each other and how to respond with appropriate codes in turn.

Click here to register

#### Introduction to Lightroom Classic CC

Using hands-on exercises, master the use of Lightroom Classic CC, Adobe's easy-to-use software that prepares, edits and organizes photos quickly and effectively.

Click here to register

For complete details about Spring 2026 courses for adults, visit ppp.utep.edu/coursesforadults

#### **New Career Suite**

Design a life that makes you happy you and create an effective resume to help you acquire a career that fulfills you.

Click here to register

#### **Real Estate Investing**

Discover how to make money in real estate, regardless of how much you have to start with.

Click here to register

#### **Real Estate Suite**

Gain the skills you need to make calculated and successful real estate investments.

Click here to register

#### **Secrets of the Caterer**

Put your cooking and party-planning skills to work for you; get an understanding of the cooking skills you'll need as a caterer and also get an introduction to the business side of catering.

Click here to register

#### **Skills for Making Great Decisions**

Learn how to make excellent everyday decisions from an experienced counselor and life coach.

→ Click here to register

#### **Small Business Marketing on a Shoestring**

Market your small business like the big guys without making a big dent in your wallet.

Click here to register

#### Soft Skills Suite

Soft skills enable you to interact and engage with others to fully utilize your hard skills. Learn the secret to achieving success with this course.

→ Click here to register

#### **Start a Pet-Sitting Business**

Master the essentials of starting and running a cat- and dogsitting business; learn about how the care of pets, handling home visits, financing and marketing your business, and more.







## PERSONAL & PROFESSIONAL ENHANCEMENT (CONT.)

## Start and Operate Your Own Home-Based Business

Be your own boss and eliminate the stress of having a job.

→ Click here to register

#### Start Your Own Arts and Crafts Business

Get tips from a professional artist on how to start your own arts and crafts business.

Click here to register

#### Start Your Own Gift Basket Business

Learn everything you need to know about starting a gift basket business and running it successfully.

Click here to register

#### Start Your Own Online Business

Get the skills needed to create and build a business from the convenience of your own home.

Click here to register

#### **Start Your Own Small Business**

Transform your passion and talent into a viable small business.

Click here to register

#### **Starting a Consulting Practice**

Acquire the knowledge needed to set up your own consulting practice.

Click here to register

#### Starting a Nonprofit

Learn how to form a new nonprofit, convert an informal group to tax-exempt status, or reorganize an existing organization; learn about incorporation, organization, and other issues pertinent to nonprofit start-ups.

Click here to register

#### Twelve Steps to a Successful Job Search

Identify and get the job you want regardless of your level of expertise or state of the economy.

Click here to register

#### **Understanding Adolescents**

Acquire valuable information on how adolescents feel, how their identities develop and how you can best meet their needs.

Click here to register

#### READING

#### **Merrill Ream Speed Reading**

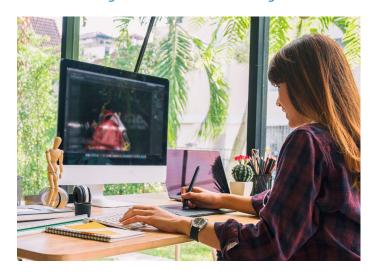
Save time by reading faster and with better comprehension.

Click here to register

#### Ready, Set, Read!

Learn how a child becomes literate from the moment of birth and how children really learn to read and write.





#### **TECHNOLOGY**

#### Adobe Animate CC Training

Learn the basics of Animate (formerly Adobe Flash) and start designing rich, interactive animations.

Click here to register

#### Creating Web Pages

Learn the basics of HTML as you design, create and post your very own website.

Click here to register

#### Creating WordPress Websites

Learn how to create attractive, sophisticated blogs and websites without any coding, using WordPress; the world's most popular content management system.

Click here to register

#### Intermediate WordPress Websites

Take your WordPress site to the next level and learn how to optimize it for a more dynamic user experience.

Click here to register

#### Creating WordPress Websites Series

Work hands-on with WordPress and learn about its many features as you create your own WordPress.org site and blog.

Click here to register



#### **Designing Effective Websites**

Master the basics of web design and learn how to build sites that are better and more effective.

Click here to register

#### Introduction to Digital Scrapbooking

Make the most of your scrapbooking talents and artistic ideas when you combine traditional and digital scrapbooking using Photoshop Elements 11, 12 or 13.

Click here to register

#### Introduction to PC Troubleshooting

Examine the typical hardware and operating system problems encountered by technicians, learn troubleshooting techniques to decipher any problem and gain the skills you need to solve them.

Click here to register

#### Introduction to Photoshop CC

Learn easy-to-follow, detailed step-by-step instructions that teach you how to edit and manipulate images, and create basic compositions using Photoshop in the Creative Cloud.

Click here to register

#### Introduction to Windows 10

Gain the foundation you need to get started right away using Windows 10.

Click here to register



X UTEP\_P3



Connect with us to receive special offers, updates on courses and more!

#utepp3



ppp.utep.edu/coursesforadults

For complete details about Spring 2026 courses for adults, visit

#### **TECHNOLOGY (CONT.)**

#### Keyboarding

Become faster and more confident at the keyboard.

→ Click here to register

#### Photoshop CC for the Digital Photographer

Master techniques to edit and enhance your digital images and add a professional polish to your work.

→ Click here to register

## Photoshop Elements for the Digital Photographer

Use Adobe Photoshop Elements to do everything from quick fixes to detailed enhancements that will greatly improve the look of your digital images.

Click here to register

## Photoshop Elements for the Digital Photographer II

Build on skills you have acquired in the first Photoshop Elements for the Digital Photographer course.

→ Click here to register

#### **Typography**

Understand typography and how to apply this technique to your UI/UX projects.

Click here to register

#### Web Design Value Suite

Learn to create and publish your very own website using HTML.

Click here to register

#### TEST PREPARATION

#### **Prepare for GED Test Series**

Analyze your strengths and weaknesses so you can focus your studying on the areas you need the most in this GED prep course.

→ Click here to register

#### **WRITING & PUBLISHING**

#### A to Z Grant Writing

Equip yourself with the skills and tools you need to enter the fulfilling field of grant writing.

→ Click here to register

#### A to Z Grant Writing Series

Get hands-on experience and knowledge about writing grants, fundraising and organizing a grant writing campaign.

Click here to register

#### **Advanced Fiction Writing**

Explore the topics a writer needs to create a successful manuscript, including story structure, plot, character, dialogue, setting, suspense, conflict, action, viewpoint, tense and even how to get published.

Click here to register

#### Beginner's Guide to Getting Published

Acquire the credibility you need to succeed as a writer and guide your manuscript directly into the hands of an editor and onto the shelves of your favorite stores.

Click here to register





Note: Courses may be instructor-moderated or self-guided. **Pricing for the following courses is available on the course** 

website; simply follow the "> Click here to register" link under each course description to get more information.



#### **WRITING & PUBLISHING (CONT.)**

#### **Beginning Writers Workshop**

Improve your writing skills and discover new ways to stretch your creative muscles.

Click here to register

#### Fundamentals of Technical Writing

Learn all the fundamental techniques of successful technical writers.

Click here to register

#### **Get Grants!**

Acquire the grant-writing skills required to outshine the competition.

→ Click here to register

#### Grammar Refresher II

Gain the advanced grammar skills you need and understand how to use them in practical ways.

Click here to register

#### How to Make Money From Your Writing

Get all the practical information you need to make money with your writing.

Click here to register

#### Introduction to Screenwriting

Learn the basics of writing a great script, market and sell your screenplay.

Click here to register

#### **Mystery Writing**

Learn everything you need to know to become a best-selling mystery author.

Click here to register

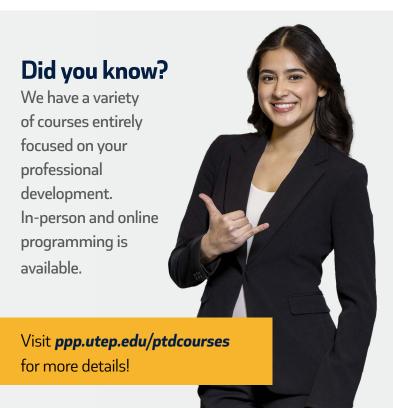
#### **Research Methods for Writers**

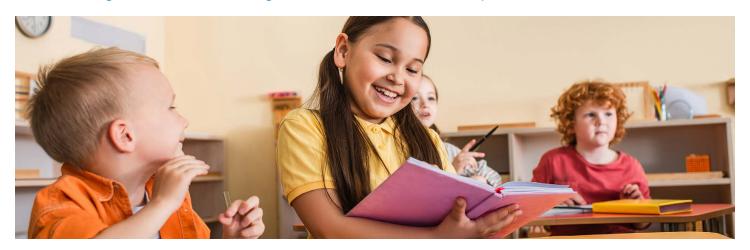
Learn how to efficiently and effectively conduct research for any writing project.

Click here to register

#### Resume-Writing Workshop

Create an effective resume or improve the one you already have.





#### **WRITING & PUBLISHING (CONT.)**

#### **Romance Writing**

Broaden your skills and understand exactly what makes a romance reader finish a book with satisfaction.

Click here to register

#### The Craft of Magazine Writing

Turn your dreams into bylines and help yourself to a bright future as a magazine writer.

Click here to register

#### The Keys to Effective Editing

Learn the essential skills and resources required to become a successful and confident copyeditor.

Click here to register

#### Write and Publish Your Nonfiction Book

Leanr how to plan, research, write, edit and publish your masterpiece.

Click here to register

#### Write Fiction Like a Pro

Start writing like a professional with the help of a published author.

Click here to register

#### Writeriffic: Creativity Training for Writers

Study and acquire a number of invaluable tricks from the published writer's toolbox.

Click here to register

#### **Writing Essentials**

Acquire all the writing skills you need for success.

→ Click here to register

#### **Writing for Children**

Successfully navigate the world of children's publishing and grow your skills as a writer for children.

Click here to register



## Did you know?

We have an extensive selection of fun spring courses for your child to enjoy!

Visit ppp.utep.edu/youthcourses for more details!

# ADULT LEISURE AND LEARNING COURSE INDEX

**Interested in a course?** Click on the course title to learn more and register!

## FACE-TO-FACE **COURSES**

#### **AQUATICS**

Swimming Classes: Beginner and Intermediate

Start Date: January 3, 2026 Start Date: March 3, 2026 Start Date: April 7, 2026

#### **Swimming and Conditioning**

Start Date: January 3, 2026 Start Date: March 3, 2026 Start Date: April 7, 2026

#### **CRAFTS AND HOBBIES**

Mastering Photoshop and Lightroom for Photography

Start Date: March 9, 2026

The Fundamentals of Digital Photography

Start Date: February 2, 2026

#### **FITNESS TO LIVE**

**Ultra Fitness and Strength Training** 

Start Date: January 13, 2026 Start Date: April 7, 2026

#### **PERFORMING ARTS**

Introduction to Guitar - Beginners

Start Date: February 7, 2026

## ONLINE COURSES

## CRAFTS AND HOBBIES

**Color Theory** 

**Discover Digital Photography** 

Drawing for the Absolute Beginner

**Genealogy Basics** 

**Get Funny!** 

Growing Plants for Fun and Profit

**Interior Design Basics** 

Luscious, Low-Fat, Lightning-Quick Meals

Mastering Your Digital SLR Camera

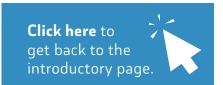
Photographing Nature With Your Digital Camera

Photographing People With Your Digital Camera

Photography Suite

Secrets of Better Photography

Start Your Own Edible Garden



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# ONLINE **COURSES**

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Aging and Health Bundle

Certificate in Complementary and Integrative Health

**Certificate in Energy Medicine** 

Certificate in Food, Nutrition and Health

Certificate in Gerontology

Certificate in Global Healing
Systems

Certificate in Healing Environments for Body, Mind and Spirit

**Certificate in Healthy Aging** 

Certificate in Holistic and Integrative Health

Certificate in Holistic and Integrative Health: Foundations 1

Certificate in Holistic and Integrative Health: Foundations 2

Certificate in Holistic and Integrative Health: Foundations 3

Certificate in Meditation

Certificate in Mindful Relationships

**Certificate in Mindfulness** 

Certificate in Music Therapy and Sound Healing

Certificate in Spirituality, Health and Healing

Certificate in Starting Your Own Business in Health and Healing Certificate in Stress Management

**Healthy Living Suite** 

**Homeschool With Success** 

Introduction to Natural Health and Healing

Listen to Your Heart and Success Will Follow

Lose Weight and Keep It Off

Mind-Body Therapies Bundle

**Nutrition and Health Bundle** 

Pain Management and End-of-Life Bundle

#### **MONEY MATTERS**

Accounting With QuickBooks
Online Suite

Introduction to Quickbooks
Online

Intermediate QuickBooks
Online

**Introduction to Stock Options** 

Keys to Successful Money Management

Learn to Buy and Sell on eBay

Math Refresher

Personal Finance

**Stock Trading Suite** 

Stocks, Bonds and Investing: Oh, Mv!

The Analysis and Valuation of Stocks

Where Does All My Money Go?

#### **PERFORMING ARTS**

Introduction to Guitar

**Music Made Easy** 

# PERSONAL & PROFESSIONAL ENHANCEMENT

Achieving Success With Difficult People

**Effective Selling** 

**Get Assertive!** 

**Individual Excellence** 

**Interpersonal Communication** 

Introduction to Lightroom Classic CC

**New Career Suite** 

Real Estate Investing

**Real Estate Suite** 

Secrets of the Caterer

**Skills for Making Great Decisions** 

Small Business Marketing on a Shoestring

Soft Skills Suite

**Start a Pet-Sitting Business** 

Start and Operate Your Own Home-Based Business

Start Your Own Arts and Crafts Business

Start Your Own Gift Basket Business

Start Your Own Online Business

Start Your Own Small Business

Starting a Consulting Practice

Starting a Nonprofit

Twelve Steps to a Successful Job Search

**Understanding Adolescents** 

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#### READING

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**Creating Web Pages** 

**Creating WordPress Websites** 

**Intermediate WordPress Websites** 

Creating WordPress Websites
Series

**Designing Effective Websites** 

Introduction to Digital Scrapbooking

Introduction to PC
Troubleshooting

Introduction to Photoshop CC

Introduction to Windows 10

Keyboarding

Photoshop CC for the Digital Photographer

Photoshop Elements for the Digital Photographer

Photoshop Elements for the Digital Photographer II

**Typography** 

Web Design Value Suite

#### TEST PREPARATION

**Prepare for GED Test Series** 

## WRITING & PUBLISHING

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A to Z Grant Writing Series

**Advanced Fiction Writing** 

Beginner's Guide to Getting Published

**Beginning Writers Workshop** 

Fundamentals of Technical Writing

**Get Grants!** 

Grammar Refresher II

How to Make Money From Your Writing

Introduction to Screenwriting

**Mystery Writing** 

**Research Methods for Writers** 

**Resume-Writing Workshop** 

**Romance Writing** 

The Craft of Magazine Writing

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# ADULT LEISURE AND TRAINING

meet THE team



## VICTORIA SEAGROVE

SENIOR COORDINATOR

Victoria Seagrove is a proud El Paso native and a graduate of Arizona State University. With a deep passion for education and personal development, she serves as the Senior Coordinator for Youth Programs & Camps and Adult Leisure & Learning at the University of Texas at El Paso (UTEP). In her role, Victoria is committed to supporting students as they pursue higher education and personal growth, believing that education is a transformative tool that opens doors and improves lives.

Victoria's dedication to student success is driven by her strong belief that every individual has the potential to reach their academic goals. She takes immense pride in being part of her students' journeys and is deeply motivated by helping them discover and realize their full potential. Her love for learning and passion for supporting others are at the heart of her daily work.

Favorite inspirational quote: "Education is the most powerful weapon which you can use to change the world." - Nelson Mandela Spring
2026
course guide



#### **CONTACT US**







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#### **JORGE THOMPSON**

**PROGRAM MANAGER** 

Jorge was born and raised in El Paso, Texas, and graduated in the fall of 2017 with a Bachelor's degree in Psychology from The University of Texas at El Paso. Prior to joining Professional and Public Programs as a Youth Coordinator, Jorge worked as a program coordinator for GEAR UP and Communities in Schools serving students at Montana Vista Elementary and Riverside High School. He also served with AmeriCorps for a nonprofit called College Forward in Austin, Texas and earned the Segal Americorps Award. In May 2021, after his experience with Americorps, he graduated with a master's degree in education from Angelo State University with a focus in Student Development and Leadership.

Jorge has had wonderful opportunities to work with first-generation students from K-12 and college and believes he would never have developed his passion for education without these experiences. He enjoys encouraging and motivating students to chase their dreams while challenging and supporting them during their journey. His goal is to pursue a doctoral degree and either become a director in the student affairs division of a higher education institution or start his own nonprofit where he can continue to inspire students.

Favorite inspirational quote: "One of the most important things in life is to try and inspire other people so that they can be great in whatever they want to do." – Kobe Bean Bryant



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