UTEP
PROFESSIONAL AND
PUBLIC PROGRAMS
EXTENDED UNIVERSITY

ADULT LEISURE AND LEARNING



New Skills, New Passions, New Possibilities.

SPRING 2027 COURSE GUIDE

CONTINUING EDUCATION AT UTEP

PPP.UTEP.EDU | 915-747-5162

Guide Index

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Graphic design by Claudia Cornejo and Kimberly Guerrero.

Writing/editing by Arathi Kylasam.

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Welcome!

Your Spring 2026 Course Guide to Adult Leisure and Learning

This guide is designed to help you explore all of our upcoming learning opportunities for adults ages 18 and older. Inside, you will find details for all courses offered during the fall, along with schedules, registration steps and everything you need to get started.



Our Adult Leisure and Learning program is the perfect way to enjoy some dedicated "me" time, learn a new skill, and connect with a community of like-minded lifelong learners. Best of all, you get to experience the joy of the classroom without the stress of tests, projects, or assignments.



Whether you want to revitalize your career or dive into a new passion, we offer flexible face-to-face and online courses tailored to fit your lifestyle.

Use this guide to explore a wide variety of courses:

- **Creative Arts:** Crafts, Hobbies and Performing Arts
- **Lifestyle & Well-being:** Health, Wellness and Gardening
- **Growth & Development:** Money Matters, Language Studies and Creative Writing
- **Skills & Innovation:** Technology, Personal and Professional Enrichment



Flip through the pages, find the subjects that inspire you, and let's start your next learning adventure today!

How to Register

There are four easy ways to register for our classes: online, by phone, by mail or in person.

Online

1. Find your desired course
2. Click on the "**CLICK HERE TO REGISTER**" link
3. Click on "Enroll"
4. Log in or create your profile
5. Check out & pay
6. Check your email for confirmation

You can register online 24 hours a day. If you need any assistance, please call 915-747-5142 between 8 a.m. and 5 p.m.

By Phone

Call 915-747-5142 to register using your Visa, MasterCard, American Express, or Discover Card between 8 a.m. and 5 p.m., Monday through Friday.

In Person

Visit our office at Memorial Gym, Suite 107B, Monday through Friday, 8 a.m.-5 p.m. to register in person. To avoid a parking ticket, park at Glory Road Garage.

Registration Confirmation

Once you have registered (by phone, email or online), a confirmation will be emailed to you within 48 hours with all pertinent course information. You may also request your confirmation be sent by mail. If you do not receive your enrollment confirmation within 48 hours of the course start date, please call 915-747-5142 during office hours. If there are any changes to the class, you will be promptly notified.

Featured Face-to-Face Courses

All of the following face-to-face courses are offered in Spring 2027 for individuals ages 18 and older.



Crafts and Hobbies

The Fundamentals of Digital Photography

Acquire a solid foundation in the art and craft of photography.
Date(s): 02/01-03/04
Day/Time: Monday and Wednesday from 6-8 p.m.
Fee: $135 Early Bird Registration Fee: $121.50
CLICK HERE TO REGISTER

Digital Storytelling: From Photography to Video

Learn the process of putting together a short-form digital story through idea development, capturing photographs and video, and editing the material for a finished product.
Date(s): 3/08-04/07
Day/Time: Monday and Wednesday from 6-8 p.m.
Fee: $135 Early Bird Registration Fee: $121.50
CLICK HERE TO REGISTER



Fitness to Live

Body Sculpting and Conditioning

Learn proper form and flexibility while incorporating elements of cardio, circuit training, balance and strength training.
Day/Time: Monday and Wednesday from 6-7 p.m.
Fee: $83 Early Bird Registration Fee: $75

For date(s): 03/08-03/31: CLICK HERE TO REGISTER

For date(s): 04/05-04/28: CLICK HERE TO REGISTER

For date(s): 05/03-05/26: CLICK HERE TO REGISTER



Online Courses

All of the following courses are offered for ages 18 and older.
Note: Courses may be instructor-moderated or self-guided. Pricing for the following courses is available on the course website; simply follow the "**CLICK HERE TO REGISTER**" link under each course description to get more information.

Crafts & Hobbies

Color Theory
Study the fundamentals of color theory and learn how to apply this framework to your web design practice.
CLICK HERE TO REGISTER

Drawing for the Absolute Beginner
Gain a solid foundation and understanding of the basics of drawing, and become the artist you've always dreamed of being.
CLICK HERE TO REGISTER

Genealogy Basics
Understand the genealogy research process and learn how to interpret the information you find.
CLICK HERE TO REGISTER

Get Funny!
Learn how to come up with jokes or witticisms on the fly, punch up dull material for an audience, or make a living as a comedy writer.
CLICK HERE TO REGISTER

Growing Plants for Fun and Profit
Turn your love of plants into an enjoyable and profitable home business.
CLICK HERE TO REGISTER

Interior Design Basics
Transform plain living spaces into beautiful and functional rooms.
CLICK HERE TO REGISTER

Luscious, Low-Fat, Lightning-Quick Meals
Learn how to reduce fat in recipes without sacrificing flavor or texture.
CLICK HERE TO REGISTER

Discover Digital Photography
Learn all about digital cameras, from DSLRs to smartphone cameras; for the novice photographer.
CLICK HERE TO REGISTER

Photographing Nature With Your Digital Camera
Master your digital camera's controls and features and start taking exceptional nature photos in no time.
CLICK HERE TO REGISTER

Photographing People With Your Digital Camera
Learn the fundamentals of portrait photography; discover the best way to shoot faces, fix common close-up problems, and use digital photo editing techniques to retouch your photos and make other improvements.
CLICK HERE TO REGISTER

Photography Suite
Get an overview of the basics of digital photography, including equipment, software and practical uses.
CLICK HERE TO REGISTER

Mastering Your Digital SLR or Mirrorless Camera
Learn how to use your DSLR camera to take beautiful photos.
CLICK HERE TO REGISTER

Secrets of Better Photography
Learn how to choose the right photographic equipment and compose images with style.
CLICK HERE TO REGISTER

Start Your Own Edible Garden
Grow delicious, nutritious fruit and vegetables in your own backyard; give your garden a healthy start and keep it growing strong all season.
CLICK HERE TO REGISTER

Health & Wellness

Aging and Health Bundle
Earn a Certificate in Healthy Aging; gain an overview of specific aspects of aging, including the impact of nutrition and physical activity on the aging process, physiologic changes in the healthy aging brain, and the role of intimacy and sexuality in healthy aging.
CLICK HERE TO REGISTER

Certificate in Complementary and Integrative Health
Gain a broad understanding of alternative and integrative therapies to meet the needs of diverse populations.
CLICK HERE TO REGISTER

Certificate in Energy Medicine
Incorporate methods of energy healing with modern health care methods and earn a Certificate in Energy Medicine.
CLICK HERE TO REGISTER

Certificate in Food, Nutrition and Health
Learn how food interacts with your body and discover how to make healthy nutritional choices that will impact your well-being.
CLICK HERE TO REGISTER

Certificate in Gerontology
Gain the knowledge and skills necessary to effectively meet the needs of the aging population in a wide range of careers.
CLICK HERE TO REGISTER

Certificate in Global Healing Systems
Gain an understanding of various global healing practices to more effectively support your clients who use various traditional healing practices and techniques.
CLICK HERE TO REGISTER

Certificate in Healing Environments for Body, Mind and Spirit
Explore Optimal Healing Environments (OHEs), focusing on the social, psychological, physical and spiritual elements that enhance healing.
CLICK HERE TO REGISTER

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Certificate in Healthy Aging

Learn about the specific aspects of aging, including the impact of nutrition and physical activity on the aging process, physiologic changes in the healthy aging brain, the role of intimacy and sexuality on healthy aging, keys to longevity in the centenarian population, and important behavioral and mental health issues in the aging adult.

CLICK HERE TO REGISTER

Certificate in Holistic and Integrative Health

Study the fundamentals of person-centered and person-empowered health care, including details on some of the more popular therapies today.

CLICK HERE TO REGISTER

Certificate in Holistic and Integrative Health: Foundations 1

Study the fundamentals of person-centered and person-empowered health care, including details on some of the more popular therapies today.

CLICK HERE TO REGISTER

Certificate in Holistic and Integrative Health: Foundations 2

Focus on foundational concepts in holistic and integrative health, including stress management, physical activity and movement, nutrition, and healing environments.

CLICK HERE TO REGISTER

Certificate in Holistic and Integrative Health: Foundations 3

Examine the healing systems of Ayurvedic and traditional Chinese medicine, explore the connection between health and the human spirit, and learn about ancient and diverse practices of meditation.

CLICK HERE TO REGISTER

Certificate in Meditation

Discover the many meditation techniques that can be used to support the mind-body connection and promote healing and wellness. The course is designed for health professionals and nurses as well as general consumers.

CLICK HERE TO REGISTER

Certificate in Mindful Relationships

Explore the concepts of four holistic therapeutic modalities as you focus on the use of humor, music and sound, energy healing, and massage and bodywork in healing.

CLICK HERE TO REGISTER

Certificate in Mindfulness

Examine the many benefits of mindfulness for both your personal and professional life, and lay the foundation for a career in health and wellness coaching.

CLICK HERE TO REGISTER

Certificate in Music Therapy and Sound Healing

Study the benefits of music, music therapy and sound healing in the health profession.

CLICK HERE TO REGISTER

Certificate in Spirituality, Health and Healing

Study the characteristics of spirituality, the connection between spirituality and healing, and the essential elements of spirituality.

CLICK HERE TO REGISTER

Certificate in Starting Your Own Business in Health and Healing

Get everything you need to embark on creating your own health and wellness business.

CLICK HERE TO REGISTER

Certificate in Stress Management
Explore the physiological, social and psychological impacts of stress and study modalities to get stress under control.
CLICK HERE TO REGISTER

Healthy Living Suite
Establish a healthy approach to weight loss and weight maintenance.
CLICK HERE TO REGISTER

Homeschool With Success
Learn how to homeschool your kids and become familiar with the terminology the homeschool community uses.
CLICK HERE TO REGISTER

Introduction to Natural Health and Healing
Learn about the various stages of health and illness and discover that true health means wholeness of the mind, body and spirit.
CLICK HERE TO REGISTER

Listen to Your Heart and Success Will Follow
Enjoy the rewards that come from doing what really makes you happy and begin designing a life that really works for you.
CLICK HERE TO REGISTER

Lose Weight and Keep It Off
Establish a healthy approach to weight loss and weight management.
CLICK HERE TO REGISTER

Mind-Body Therapies Bundle
Get an overview of alternative medical therapies and their positive effects on the mind and body.
CLICK HERE TO REGISTER

Nutrition and Health Bundle
Earn a Certificate in Food, Nutrition and Health; get a holistic overview of current food and nutrition issues, and their impact on physical, social, emotional and spiritual health.
CLICK HERE TO REGISTER

Pain Management and End of Life Bundle
Enhance your knowledge of how to work with patients who are in pain; earn your Certificate in Pain Assessment and Management.
CLICK HERE TO REGISTER

Money Matters

Introduction to QuickBooks Online
Learn about the steps you need to take in order to achieve true financial success from a certified financial planner.
CLICK HERE TO REGISTER

Intermediate QuickBooks Online
Learn about the steps you need to take in order to achieve true financial success from a certified financial planner.
CLICK HERE TO REGISTER

Interpersonal Communication
Manage the conscious and unconscious codes of meaning people send to each other and how to respond with appropriate codes in turn.
CLICK HERE TO REGISTER

Introduction to Stock Options
Learn to evaluate, buy, sell and profit from stocks.
CLICK HERE TO REGISTER

Keys to Successful Money Management
Learn about the steps you need to take in order to achieve true financial success from a certified financial planner.
CLICK HERE TO REGISTER

Learn to Buy and Sell on eBay
Gain all of the knowledge necessary for success in the online marketplace.
CLICK HERE TO REGISTER

Math Refresher
Use math to your advantage in daily life.
CLICK HERE TO REGISTER

Personal Finance
Gain control over the financial impact of your choices with tools that are useful, realistic and easy to work with.
CLICK HERE TO REGISTER

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Stock Trading Suite
Learn the fundamentals of investing by learning the ins and outs of the stock market, 401K plans, retirement planning, and personal financial goals; move on to techniques for valuing stocks, including how to read financial statements and conduct economic research and how to buy, sell, and profit with tools used by professional investors; complete this series and learn to leverage your investment dollars in any type of market.
CLICK HERE TO REGISTER

The Analysis and Valuation of Stocks
Study conventional and advanced techniques in researching and valuing stocks.
CLICK HERE TO REGISTER

Where Does All My Money Go?
Study the very basics of how to get control of your finances rather than letting them control you. Get the help you need and learn how to invest, eliminate debt and plan for college.
CLICK HERE TO REGISTER

Performing Arts

Introduction to Guitar
Learn to play guitar and become the musician you've always wanted to be with these fun and informative lessons.
CLICK HERE TO REGISTER

Music Made Easy
Learn to read, write and play simple pieces of music.
CLICK HERE TO REGISTER

Personal & Professional Enhancement

Achieving Success With Difficult People
Learn how to interact with anyone, regardless of how difficult you perceive them to be.
CLICK HERE TO REGISTER

Effective Selling
Discover how you can easily convert a potential customer into a long-term asset and lay the groundwork for repeat business.
CLICK HERE TO REGISTER

Get Assertive!
Learn specific techniques to become more assertive in all types of situations, with all types of people, and in all aspects of your life.
CLICK HERE TO REGISTER

Individual Excellence
Develop a fulfilling career plan and the skills to improve your interpersonal relationships.
CLICK HERE TO REGISTER

Introduction to Lightroom Classic CC
Using hands-on exercises, master the use of Lightroom Classic CC, Adobe easy-to-use software that prepares, edits and organizes photos quickly and effectively.
CLICK HERE TO REGISTER

New Career Suite
Learn how to design a life that makes you happy you and create an effective resume to help you acquire a career that fulfills you.
CLICK HERE TO REGISTER

Prepare for GED Test Series
Analyze your strengths and weaknesses, so you can focus your studying on the areas you need the most in this GED prep course.
CLICK HERE TO REGISTER

Real Estate Investing
Discover how to make money in real estate, regardless of how much you have to start with.
CLICK HERE TO REGISTER

Real Estate Suite
Gain the skills you need to make calculated and successful real estate investments.
CLICK HERE TO REGISTER

Secrets of the Caterer
Learn how to put your cooking and party-planning skills to work for you; get an understanding of the cooking skills youÕll need as a caterer and also get an introduction to the business side of catering.
CLICK HERE TO REGISTER

Skills for Making Great Decisions
Learn how to make excellent everyday decisions from an experienced counselor and life coach.
CLICK HERE TO REGISTER

Small Business Marketing on a Shoestring
Market your small business like the big guys without making a big dent in your wallet.
CLICK HERE TO REGISTER

Soft Skills Suite
Soft skills enable you to interact and engage with others to fully utilize your hard skills. Learn the secret to achieving success with this course.
CLICK HERE TO REGISTER

Start a Pet-Sitting Business
Master the essentials of starting and running a cat- and dog-sitting business; learn about how the care of pets, handling home visits, financing and marketing your business, and more.
CLICK HERE TO REGISTER

Start and Operate Your Own Home-Based Business
Learn how to be your own boss and eliminate the stress of having a job.
CLICK HERE TO REGISTER

Start Your Own Arts and Crafts Business
Learn how to start your own arts and crafts business from a professional artist.
CLICK HERE TO REGISTER

Start Your Own Gift Basket Business
Learn everything you need to know about starting a gift basket business and running it successfully.
CLICK HERE TO REGISTER

Start Your Own Online Business
Get the skills needed to create and build a business from the convenience of your own home.
CLICK HERE TO REGISTER

Start Your Own Small Business
Learn how to transform your passion and talent into a viable small business.
CLICK HERE TO REGISTER

Starting a Consulting Practice
Learn everything you need to set up your own consulting practice.
CLICK HERE TO REGISTER

Starting a Nonprofit
Learn how to form a new nonprofit, convert an informal group to tax-exempt status, or reorganize an existing organization; learn about incorporation, organization, and other issues pertinent to nonprofit start-ups.
CLICK HERE TO REGISTER

Stocks, Bonds and Investing: Oh, My!
Learn the basics of stocks, bonds and investing so you can be independent and confident about your financial decisions.
CLICK HERE TO REGISTER

Twelve Steps to a Successful Job Search
Learn to identify and get the job you want regardless of your level of expertise or state of the economy.
CLICK HERE TO REGISTER

Understanding Adolescents
Acquire valuable information on how adolescents feel, how their identities develop and how you can best meet their needs.
CLICK HERE TO REGISTER

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Reading

Merrill Ream Speed Reading
Save time by reading faster and with better comprehension.
CLICK HERE TO REGISTER

Ready, Set, Read!
Learn how a child becomes literate from the moment of birth and how children really learn to read and write.
CLICK HERE TO REGISTER

Technology

Accounting With QuickBooks Online Suite
Acquire a solid understanding of corporate accounting practices.
CLICK HERE TO REGISTER

Adobe Animate CC Training
Learn the basics of Animate (formerly Adobe Flash) and start designing rich, interactive animations.
CLICK HERE TO REGISTER

Creating Web Pages
Learn the basics of HTML as you design, create, and post your very own website.
CLICK HERE TO REGISTER

Creating WordPress Websites
Learn how to create attractive, sophisticated blogs and websites without any coding, using WordPress; the world's most popular content management system.
CLICK HERE TO REGISTER

Creating WordPress Websites Series
Work hands-on with WordPress and learn about its many features as you create your own WordPress.org site and blog.
CLICK HERE TO REGISTER

Intermediate WordPress Websites
Take your WordPress site to the next level and learn how to optimize it for a more dynamic user experience.
CLICK HERE TO REGISTER

Designing Effective Websites
Master the basics of web design and learn how to build sites that are better and more effective.
CLICK HERE TO REGISTER

Introduction to Digital Scrapbooking
Make the most of your scrapbooking talents and artistic ideas when you combine traditional and digital scrapbooking using Photoshop Elements 11, 12 or 13.
CLICK HERE TO REGISTER

Introduction to PC Troubleshooting
Examine the typical hardware and operating system problems encountered by technicians, learn troubleshooting techniques to decipher any problem and gain the skills you need to solve them.
CLICK HERE TO REGISTER

Introduction to Windows 10
Gain the foundation you need to get started right away using Windows 10.
CLICK HERE TO REGISTER

Keyboarding
Become faster and more confident at the keyboard.
CLICK HERE TO REGISTER

Introduction to Photoshop CC
Learn easy-to-follow, detailed step-by-step instructions that teach you how to edit and manipulate images, and create basic compositions using Photoshop in the Creative Cloud.
CLICK HERE TO REGISTER

Photoshop CC for the Digital Photographer
Master techniques to edit and enhance your digital images and add a professional polish to your work.
CLICK HERE TO REGISTER

Photoshop Elements for the Digital Photographer
Master the use of Adobe Photoshop Elements to do everything from quick fixes to detailed enhancements that will greatly improve the look of your digital images.
CLICK HERE TO REGISTER

Photoshop Elements for the Digital Photographer II
Build on skills you have acquired in the first Photoshop Elements for the Digital Photographer course.
CLICK HERE TO REGISTER

Typography
Understand typography and how to apply this technique to your UI/UX projects.
CLICK HERE TO REGISTER

Web Design Value Suite
Learn to create and publish your very own website using HTML.
CLICK HERE TO REGISTER

Writing & Publishing

A to Z Grant Writing
Equip yourself with the skills and tools you need to enter the fulfilling field of grant writing.
CLICK HERE TO REGISTER

A to Z Grant Writing Series
Get hands-on experience and knowledge about writing grants, fundraising and organizing a grant writing campaign.
CLICK HERE TO REGISTER

Advanced Fiction Writing
Explore the topics a writer needs to create a successful manuscript, including story structure, plot, character, dialogue, setting, suspense, conflict, action, viewpoint, tense and even how to get published.
CLICK HERE TO REGISTER

Beginner's Guide to Getting Published
Acquire the credibility you need to succeed as a writer and guide your manuscript directly into the hands of an editor and onto the shelves of your favorite stores.
CLICK HERE TO REGISTER

Beginning Writers Workshop
Improve your writing skills and discover new ways to stretch your creative muscles.
CLICK HERE TO REGISTER

Fundamentals of Technical Writing
Learn all the fundamental techniques of successful technical writers.
CLICK HERE TO REGISTER

Get Grants!
Acquire the grant-writing skills required to outshine the competition.
CLICK HERE TO REGISTER

How to Make Money From Your Writing
Get all the practical information you need to make money with your writing.
CLICK HERE TO REGISTER

Introduction to Screenwriting
Learn the basics of writing a great script, market and sell your screenplay.
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Mystery Writing
Learn everything you need to know to become a best-selling mystery author.
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Research Methods for Writers
Learn how to efficiently and effectively conduct research for any writing project.
CLICK HERE TO REGISTER

Resume-Writing Workshop
Create an effective resume or improve the one you already have.
CLICK HERE TO REGISTER

Romance Writing
Broaden your skills and understand exactly what makes a romance reader finish a book with satisfaction.
CLICK HERE TO REGISTER

The Craft of Magazine Writing
Turn your dreams into bylines and help yourself to a bright future as a magazine writer.
CLICK HERE TO REGISTER

The Keys to Effective Editing
Learn the essential skills and resources required to become a successful and confident copyeditor.
CLICK HERE TO REGISTER

Write and Publish Your Nonfiction Book
This fun and information-packed course will teach you how to plan, research, write, edit and publish your masterpiece.
CLICK HERE TO REGISTER

Write Fiction Like a Pro
Start writing like a professional with the help of a published author.
CLICK HERE TO REGISTER

Writeriffic: Creativity Training for Writers
In this high-energy course, you will learn a number of invaluable tricks from the published writer's toolbox.
CLICK HERE TO REGISTER

Writing Essentials
Acquire all the writing skills you need for success.
CLICK HERE TO REGISTER

Writing for Children
Successfully navigate the world of children's publishing and grow your skills as a writer for children.
CLICK HERE TO REGISTER

SHARE YOUR TALENT.
INSPIRE OTHERS!



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Do you have a passion for creativity, music, or wellness?

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To learn more about becoming a Professional and Public Programs instructor, call us at **915-747-5142** or email **ppp@utep.edu**

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- Foundations 2
- Foundations 3

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Math Refresher

Personal Finance

Stock Trading Suite

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Where Does All My Money Go?

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Music Made Easy

Personal & Professional Enhancement

Achieving Success With Difficult People

Effective Selling

Get Assertive!

Individual Excellence

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Introduction to Windows 10

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How to Make Money From Your Writing

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Mystery Writing

Research Methods for Writers

Resume-Writing Workshop

Romance Writing

The Craft of Magazine Writing

The Keys to Effective Editing

Write and Publish Your Nonfiction Book

Write Fiction Like a Pro

Writeriffic: Creativity Training for Writers

Writing Essentials

Writing for Children



For a complete selection of our Spring 2027 courses, please visit ppp.utep.edu.

Note for face-to-face courses:

Not feeling well? Stay home!

If you're feeling unwell with symptoms like a sore throat, fever, or cough, please take care of yourself, stay home and contact your doctor. Remember, your health is a priority. **Do your part to keep yourself and your UTEP Miner family safe and healthy.**

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Meet the Team

PROFESSIONAL AND PUBLIC PROGRAMS

We are a unique learning agent within The University of Texas at El Paso. Our mission is to provide high-quality continuing education. This includes nontraditional academic and lifelong learning opportunities for professional development, personal enrichment and academic growth. We foster and support the larger University mission to serve as a gateway to an improved quality of life for people of the Paso del Norte Region.

OUR VISION

Professional and Public Programs will be the premier provider of comprehensive, quality, educational, professional and personal enrichment programs in collaboration with UTEP departments and external organizations.



JORGE THOMPSON
PROGRAM MANAGER

CONTACT US

ONLINE
Visit us at
ppp.utep.edu/adults

BY PHONE
Call 915-747-5142,
Monday–Friday,
8 a.m.-5 p.m.

BY EMAIL
Email us at
p3all@utep.edu

Connect with us to receive special offers, updates on courses and more!

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THE UNIVERSITY OF TEXAS AT EL PASO

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