An important role faculty play in student success is to serve as a mentor. The following points focus on empowering our students by teaching them how to become agents of their own change. This Grab-N-Go partners with the Entering Student Experience (ESE) for some best practices in effective mentoring.

**What is Mentoring?**
- A reciprocal relationship encouraging academic and professional growth in students
- Support for students to develop resilience and character
- Has goals that can be measurable or unstructured
- Can be formal or informal

**How to Mentor?**
- Demonstrate a culture of care by building relationships and connections
- Evaluate needs and wants to serve as a guide and resource
- Support and encourage growth
- Provide constructive feedback

**Do**
- Promote school-work-life balance
- Work alongside students and facilitate learning
- Teach by example
- Encourage independence

**Don’t**
- Get ahead and only “show” how it’s done
- Assume the role of a problem solver
- Be overly critical of mistakes
- Allow mentorship to blend into favoritism

**Why Mentor?**
- To advocate for students’ best interest
- To partner with students in processing new skills, gaining confidence, and overcoming fears
- To gain generational and cultural perspectives
- To strengthen leadership and interpersonal skills

**Resources**
- Key Factors in Successful Student Mentoring
- Mentoring Students
- New Mexico Mentoring Institute
- Mentoring Models
- BGSU’s Mentoring Do’s and Don’ts

CLICK THIS LINK TO VIEW THE GRAB-N-GO VIDEO