RETRIEVAL PRACTICES

Value
• Supplements understanding of the course content
• Increases long-term memory
• Helps students prepare for high-stakes tests

Examples
• Quizlets/Practice quizzes
• Small group discussions
• Weekly reflection memos

Best practices
• Use regularly rather than just before a test
• Allow multiple attempts
• Make it low stakes or incentivize with bonus points
• Provide feedback quickly

Encourage
• Repetition (practice makes perfect!)
• Students to reflect on their learning and progress
• Long-term retention of knowledge and understanding

Ask
• Are the activities too easy? Too difficult?
• Do they align with the learning objectives?
• How can you motivate students to make good use of them?

Resources
• What’s Retrieval Practice?
• The Cognitive Science of Studying: Rereading vs. Retrieval
• Respondus Lockdown Browser and Monitor

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