

# STUDENT BEHAVIORAL INTERVENTION TEAM

## IMPORTANT RESOURCES

### What is the Student Behavioral Intervention Team (SBIT)?

SBIT is a university-wide team of trained professionals which addresses and manages multi-faceted, and often, complex cases, to determine the best mechanism for assistance, intervention and response in an effort to support a student's academic and professional aspirations.

Some common issues or concerns that might get referred through the SBIT and/or a Student of Concern report would be if a student:

- Exhibits an abrupt change in performance, behavior, or appearance
- Engages in bizarre behavior or seems to be disconnected from reality
- Is disruptive within campus environment and does not stop when instructed to do so
- Engages in behavior that causes you or others to be concerned for safety (e.g. yelling, intimidation, name-calling)
- Threatens to harm him/herself or others
- Writes about committing violent acts
- Is consistently angry or depressed
- Has housing or food insecurity
- May need community referrals and/or resources

Members of the SBIT provide consultation, advice, and resources to members of the university community to address behavioral concerns of students.

### Making a Student Referral

UTEP has simplified the process for getting information into a central database that will forward to the necessary parties to connect back to you as well as the student of concern.

1. Information is gathered through a Student of Concern Report. It's easy to find: [utep.edu/REPORT](http://utep.edu/REPORT)
2. The report is reviewed to determine urgency of situation.
3. The SBIT team meets regularly or as needed to review all reports.
4. The SBIT Team will review the situation, assess the parties involved using a risk rubric, and identify possible intervention strategies.
5. A case contact is assigned through our case management team and the plan is implemented.



**FILE a REPORT:**  
[UTEP.EDU/REPORT](http://UTEP.EDU/REPORT)



**REFER A STUDENT**, 24-7,  
for Counseling Support:  
(915) 747-5302

- During normal business hours, the full-time staff at UTEP Counseling and Psychological Services answer this number and can provide in-person crisis support.
- In the evening, the line rings directly to the Miners Crisis Talk Line with a licensed mental health professional available to assist.



**CONSULT ON A SITUATION**

by calling the Dean of Students Office:  
915-747-5648  
One of the SBIT members will return your call, answer questions, and provide advice.



**FOR ALL EMERGENCIES,**  
**CALL UTEP POLICE:**  
911 or 915-747-5611

# “WHAT SHOULD I DO?”

EVERY SITUATION INVOLVING THREATENING, AGGRESSIVE, VIOLENT OR SIMPLY WORRISOME BEHAVIOR BY A STUDENT IS UNIQUE.

## IT'S AN EMERGENCY



– DIAL 911 –

FOR EMERGENCIES THAT REQUIRE POLICE, THE FIRE DEPARTMENT, OR AN AMBULANCE

## IT'S A WORRY



IT IS NOT AN EMERGENCY, BUT IT IS A WORRY. SUBMIT A STUDENT OF CONCERN REPORT

[WWW.UTEP.EDU/REPORT](http://WWW.UTEP.EDU/REPORT)

## WARNING SIGNS OF SUICIDE AND RESPONDING TO SUICIDAL CONCERNS

Suicide is the second leading cause of death among college students. There are basically four types of warning signs:

1. **Situational:** stressful or traumatic experience.
2. **Depressive:** changes in usual behavior, inability to concentrate, socially withdrawn, easily agitated, apathy, crying, sense of worthlessness, appears sad, abusing substances
3. **Verbal:** direct or indirect, verbally or in written material (i.e. assignments, papers, etc.)
4. **Behavioral:** giving away possessions, writing a suicide note, acquiring means to commit suicide, organizing business and personal matters, suddenly resigning from organizations or clubs

To save a life, remember QPR (Question, Persuade, and Refer)

- Question the person about suicide
- Persuade the person to get help
- Refer for help

Look for a cluster of clues. A suicidal person who gives warning signs will most often present more than one clue. Suicide attempts are first and foremost a medical emergency. If danger or suicidal behavior appears imminent:

1) Stay calm and 2) Contact UTEP Police Department at 915-747-5611 or dial 911.

UTEP utilizes the QPR training model to support staff through these situations, but referring a student to a mental health professional is always the best option.

Are you interested in being QPR trained? We are always looking for partners at UTEP to help us prevent suicide and/or becoming an RUOK Ambassador? Visit [CAMPUSEDGE.UTEP.EDU](http://CAMPUSEDGE.UTEP.EDU) to learn more.



STUDENT SUPPORT | DEAN OF STUDENTS OFFICE