Curriculum Vitae Nazanin Mina Heydarian nmheydarian@miners.utep.edu

The University of Texas at El Paso, Department of Psychology 500 W. University Avenue El Paso, TX 79968 Cell: (915) 867-5440

EDUCATION

Aug 2012–Present Doctor of Philosophy in Health Psychology

University of Texas at El Paso

El Paso, Texas

Prospective graduation, May 2017

Quantitative Methods Graduate Certificate

Aug 2011–Dec 2015 Master of the Arts in Clinical Psychology

University of Texas at El Paso

Thesis: Perspectives on feminine cultural gender role values from Latina leaders and community residents

Aug 2007–Dec 2010 Bachelor of the Arts with honors in Psychology, Cum Laude

University of Texas at El Paso Minor: Academic Music

RESEARCH ARTICLES

Heydarian, N. M., (manuscript under review). Developing theory with the grounded theory approach and thematic analysis, *The Observer: Student Notebook*.

Espinoza, P. P., Genna, G. M., Boren, R. L., & **Heydarian**, N. M., (manuscript in preparation). Hi, I Want to Talk to You About Your Progress:

An Email Intervention in Large Classes for At-Risk College Students

Bangert, A. S. & **Heydarian**, **N. M.**, (in press). Normal recall data from English-Swahili vocabulary translation and facts about the history and government of Kenya, *Journal of Behavior Research*.

Castro, F. G., **Heydarian**, N. M., et al., (in preparation). Ecological contexts for designing culturally-adapted prevention interventions.

Bangert, A. S., **Heydarian**, **N. M.**, & Hughes, A. S., (in preparation). The benefits of retrieval practice and spacing on older adults' memory for facts and foreign language vocabulary.

Frankowski, S., Armendariz, M., Lupo, A., **Heydarian, N**., & Zárate, M.A. (in preparation). Cover up, darling: Sexist attitudes predict dehumanization of women and men when dress codes affecting women's attire are implemented.

RESEARCH COMPETITION

Heydarian, N. M., Aguirre, K. M., Frietze, G. A., Dane'El, M, Carlson, M. T., & Castro, F. G. (2013, May). The Society for Prevention Research (SPR) 21st Annual Meeting, Panel presented for the SPR Sloboda and Bukowski Cup competition, San Francisco, CA.

RESEARCH PANELS AND TALKS

Marin, I. & **Heydarian**, N. M. (2015, October). Measures of attitudes about disabilities for research purposes. To be presented at the University of Texas at El Paso Interdisciplinary Health Symposium: Defining the future of health promotion and disability outreach, El Paso, TX.

Frankowski, S., Armendariz, M., Lupo, A., **Heydarian, N.**, & Zárate, M.A. (2014, November). Cover up, darling: Sexist attitudes predict dehumanization of women and men when dress codes affecting women's attire are implemented. Presented at the University of Texas at El Paso Graduate Research Exposition, El Paso, TX.

Heydarian, N. M., (2014, October). Interventions for adjusting maladaptive attitudes about disabilities: A summary of a review by MacMillan & Colleagues. Presented at the University of Texas at El Paso Interdisciplinary Health Symposium: Defining the future of health promotion and disability outreach, El Paso, TX.

Perkins, T.G., Perez, A., **Heydarian, N.M.**, Hughes, A.S., & Castro, F.G. (2014, September). Using integrative mixed methods to explore resilience in drug dependent males. Panel presented at the National Hispanic Science Network annual convention, El Paso, TX. *was selected as one of outstanding national abstracts

Heydarian, N.M., (2014, January). Influence of parental expectations and cultural motivation on resilience and life satisfaction in Latinos. First-year research project presented for the University of Texas at El Paso's Department of Psychology, El Paso, TX.

Perkins, T.G., Oviedo Ramirez, S.L., Hughes, A.S., & **Heydarian, N.M.** (2013, November). Using integrative mixed methods to examine stress, perceived personal control, acculturation and resilience. Panel presented at the University of Texas at El Paso Graduate Research Expo, El Paso, TX.

Heydarian, N.M., Hughes, A.S., & Castro, F.G., (2013, May). Retrospective parent-child relationships, gender identity, and their effects on current resilience. Panel Presentation at the Society for Prevention Research annual meeting, San Francisco, CA.

White, K.R. & **Heydarian**, **N.M.** (2011, March). Gender stereotypes. Presented at the University of Texas at El Paso's Women's History conference, El Paso, TX.

Heydarian, N.M., White, K.R., & Crites, S.L. (2010, December). The effect of musically-induced mood on gender stereotype activation. Presented for the University of Texas at El Paso's Department of Psychology, El Paso, TX.

RESEARCH POSTER PRESENTATIONS

- Oviedo-Ramirez, S., **Heydarian, N.M.**, Barreda, M.C., & Castro, F. G. (2015, May). Health consciousness as a predictor of life satisfaction in Latino men and women, Presented at the Society for Prevention Research annual convention, Washington, D.C.
- Bangert, A.S., **Heydarian, N.M.,** & Hughes, A.S. (2015, March). Education in the golden age: The impact of different schedules of distributed practice and encoding variability on older adult learning, Presented at the International Convention for Psychological Science, Amsterdam, Netherlands.
- Bangert, A.S., **Heydarian, N.M.,** & Hughes, A.S. (2015, February). Exploring the impact of different schedules of spacing and presentation styles for learning of novel information in older adults, Presented at the Learning and the Brain conference, San Francisco, CA.
- Castro, F.G., Aguirre, K.M., Hughes, A.S. & **Heydarian**, **N.M.** (2015, January) Predictors of resilience in men coping with a serious life problem, Presented at the Society for Social Work and Research, New Orleans, LA
- **Heydarian, N.M.,** Hughes, A.S., & Bangert, A. S. (2014, November). Enhancing memory for facts and foreign language vocabulary in older adults. Presented at the University of Texas at El Paso Graduate Research Expo, El Paso, TX.
- **Heydarian, N.M.,** & Castro, F.G. (2014, May). Parental expectations and cultural motivation as influences on resilience and life satisfaction in Latinos. Presented at the Association for Psychological Science annual convention, San Francisco, CA.
- Bangert, A.S., **Heydarian, N.M.,** & Hughes, A.S. (2014, May). Investigating the ideal schedules and conditions to facilitate older adult learning. Presented at the Association for Psychological Science annual convention, San Francisco, CA.
- **Heydarian, N.M.,** Hughes, A.S., & Bangert, A.S. (2013, November). The search for optimal learning conditions for boosting vocabulary and fact memory in older adults. Presented at the University of Texas at El Paso Graduate Research Expo, El Paso, TX.
- **Heydarian, N.M.,** Hughes, A.S., Aguirre, K.M., & Castro, F.G., (2013, July). Retrospective parent-child relationships, cultural orientations, resilience and life satisfaction. Presented at the American Psychological Association annual convention, Honolulu, HI.
- Bangert, A.S, **Heydarian**, **N.M.**, Hughes, A.S., (2013, May). The benefits of retrieval practice and spacing on older adults' memory for facts and foreign language vocabulary. Presented at the Association for Psychological Science, Washington, D.C.

Bangert, A.S., Dorgo, S., Reed-Jones, R.J., **Heydarian, N.,** Montes, R. & Bulusu, C.S. (2012, November). Impact of a 12-week fitness training program on associative memory and attentional control processes in older adults. Presented at the annual meeting of the Psychonomic Society, Minneapolis, MN.

Heydarian, N.M., Hughes, A., & Bangert, A.S. (2012, November). Space matters: Older adult foreign language learning. Presented at the PUENTES Graduate Research Expo, El Paso, TX.

Heydarian, N.M., Hughes, A., & Bangert, A.S. (2012, October). Space matters: Older adult foreign language learning. Presented at the Armadillo Conference, Laredo, TX.

Bangert, A.S., **Heydarian, N.M.,** & Hughes, A. (2012, April). Optimal schedules and conditions of learning for older adult recall of facts and foreign language vocabulary. Presented at the biennial Cognitive Aging Conference, Atlanta, GA.

Bangert, A.S., Hughes, A., & **Heydarian**, **N.M.** (2011, October). Crossing timescales: Is there something special about 1 second? Presented at the Armadillo Conference, Commerce, TX.

Shaw, M., Quezada, S., Duron, A.J., **Heydarian, N.M.**, & Zárate, M.A. (2010, February). Cultural change and cultural empowerment among Latinos. Presented at the Society for Personality and Social Psychology, Las Vegas, NV.

Herring, D.R., Crites, S.L., Jr., Taylor, J.H., Corral, G., White, K.R., **Heydarian, N.M.,** Zambrano-Vazquez, L., & Guereca, Y. (2009, October). Examining the neural substrates of the affective priming effect. Presented at the Society for Psychophysiological Research Conference, Berlin, Germany.

OTHER PROFESSIONAL PRESENTATIONS

Heydarian, N.M. (2013, August). The Baha'i faith and Chicana feminism as postulated in Gloria Anzaldua's Borderlands La Frontera: A discourse to promote mutual understanding and learning. Workshop conducted at the Association for Baha'i Studies' Annual Convention, Irvine, CA.

Heydarian, N.M. (2012, March). The life and poetry of Tahirih; A renowned poetess and influential figure of a social and spiritual revolution. Talk presented at the University of Texas at El Paso's Women's History conference, El Paso, TX.

RESEARCH INTERESTS

Attitudes and attributions about people with Disability, prejudice and shared medical decision-making

PROFESSIONAL WORK EXPERIENCE

Jan –May 2016 <u>Teaching Assistant Instructor</u>

General Experimental Psychology Laboratory (PSYC 3101) University of Texas at El Paso, Department of Psychology Professor: Ashley S. Bangert, Ph.D.

Duties: Preparing and conducting weekly lectures, grading homework assignments and provides feedback on writing, holding office hours

Aug – Dec 2015 Teaching Assistant

Classes: History and Systems (PSYC 4309), Introduction to Abnormal Psychology (PSYC 2312), Introduction to Psychology (PSYC 1301)

University of Texas at El Paso, Department of Psychology

Duties: Proctoring and grading exams and quizzes, guest lectures, holding office hours, corresponding with students

Jan – May 2015 Teaching Assistant

Experimental Design and Analysis of Variance (PSYC 6308) University of Texas at El Paso, Department of Psychology

Professor: Wendy S. Francis, Ph.D.

Duties: Preparing and conducting weekly review sessions, attending class lectures, proctoring exams, grading homework assignments, holding office hours

Aug – Dec 2014 Teaching Assistant Instructor

General Experimental Psychology Laboratory (PSYC 3101) University of Texas at El Paso, Department of Psychology

Professor: Stephen L. Crites, Ph.D.

Duties: Preparing and conducting weekly lectures, grading homework assignments and provides feedback on writing, holding office hours

May 2011-Dec 2015 Research Assistant

University of Texas at El Paso, Department of Psychology

Advisor: Ashley S. Bangert, Ph.D.

Duties: Comparing different study schedules (massed, equal and expanded spacing) for tasks like the United States Naturalization test; the benefits of exercise for cognitive processes; the benefits of social engagement for cognition in older adults; Cognitive mechanisms of temporal perception

Jan – May 2011 Teaching Assistant

Behavior Modification (PSYC 3347)

University of Texas at El Paso, Department of Psychology

Instructor: Kevin M. Gutierrez, M.A.

RESEARCH EXPERIENCE

Aug 2015-May 2016 Project: Health Self efficacy and attitudes about people with

disabilities.

Senior Honor's Thesis

Role: Mentor

University of Texas at El Paso, Department of Psychology

Mentee: Isabella Marin

Aug 2015-present

Projects: Attitudes and attributions of people with disabilities

scale development, belief perseverance and vaccination

Role: Research assistant

University of Texas at El Paso, Department of Psychology

Mentor: Osvaldo F. Morera, Ph.D.

Nov 2015-present

Project: Email intervention for medium-to-high risk students

in large university classrooms

Role: Data analyst

University of Texas at El Paso, Department of Education

PI: Penelope P. Espinoza, Ph.D.

Aug 2009-May 2011

Project: Does mood affect stereotype activation? Comparing

stereotype and prejudice activation.

Senior Honor's Thesis and follow-up data collection

Role: Primary investigator

University of Texas at El Paso, Department of Psychology Supervisors: Katherine R. White, M.A., Stephen L. Crites Jr.,

Ph.D.

Mar 2012-Jul 2015

Project: Integrated mixed methodology approach to studying

family relationships, gender, acculturation, and resilience

Role: Research assistant

University of Texas at El Paso, Department of Psychology

Supervisor: Felipe G. Castro, MSW, Ph.D.

Apr 2014—present

Project: How dress codes lead to dehumanization of women

and men

Role: Co-investigator

University of Texas at El Paso

PIs: Scott D. Frankowski, M.A., Michael A. Zárate, Ph.D.

Aug 2011-May 2012

Project: Health communication survey, Sunk-cost bias, Use of

mortality salience to reduce cell phone use while driving

Role: Research assistant

University of Texas at El Paso, Department of Psychology

Supervisor: Lawrence D. Cohn, Ph.D.

Jun-Aug 2009

Project: Cultural change and cultural empowerment, Moral

identity

Role: Research assistant

University of Texas at El Paso, Department of Psychology Supervisors: Moira P. Shaw, M.A., Michael A. Zárate, Ph.D.

Jan 2008-Dec 2010

Project: Affective priming, gender stereotyping, lie detection

Role: Research assistant

University of Texas at El Paso, Department of Psychology

Supervisor: Stephen L. Crites, Ph.D.

CLINICAL INTERNSHIP

Jan 2014–May 2014 Family Service of El Paso

Role: Psychotherapist Total hours: 208 Client contact hours: 21

Supervisor: Richard Salcido, LPC, James A. Wood, Ph.D.

RELEVANT COURSEWORK

Meta-analysis, Multi-level Modeling, Psychometrics, Analysis of Variance, Applied Correlation and Regression, Statistical Methods, Foundations of Research, Experimental Design, Grant Writing, Program Evaluation (Spring 2016), Public Health and Community Interventions, Health Psychology Theory and Application, Psychotherapy, Personality Assessment, Psychopathology, Intelligence and Neuropsychological Assessment, Developmental Psychology, Social Behavior, Cognitive Psychology

TRAINING WORKSHOPS AND SEMINARS

- Association for Psychological Science workshop: The Moderation of Mediation: Fundamentals of Conditional Process Analysis, Presenter: Andrew F. Hayes, May 2014
- Family Service of El Paso training: Cognitive Behavioral Therapy, Presenter: Griselda Villalobos, November 2013
- Hispanic Health Disparities Research Center (HHDRC) workshop: Multilevel structural equation modeling and Mplus. Presenter: Kristopher Preacher, June 2013
- UTEP Graduate School Workshop: Developing a research plan. Presenter: Benjamin Flores, February 2013

- University of Texas at El Paso (UTEP)
 Symposium. Presenters: Valerie Reyna & James Stahl, February 2013
- UTEP Workshop: Coding for language suggesting relapse in drug users Presenter: Paul Amhrein, March 2012
- HHDRC grant writing workshop, April 2012
- HHDRC workshop: SPSS PROCESS macro and mediation. Presenter: Andrew F. Hayes, June 2012
- Institute for Studies in Global Prosperity, Seminar, August 2010-2014

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

Jan 2015–PresentInternational Convention for Psychological ScienceJan 2015–PresentAssociation for Psychologists in Academic Health CentersFeb 2014–PresentAssociation for Psychological ScienceMar 2013–PresentSociety for Prevention ResearchDec 2012–PresentAmerican Psychological AssociationDivision 38 – Health Psychology

APAGS

Oct 2009–Present Psi Chi Psychology National Honor's Society

TRAVEL AWARDS

May 2015	Society for Prevention Research (SPR), Minority travel award to attend 2015 SPR annual convention in Washington, DC, (\$500)
May 2015	University of Texas at El Paso, College of Liberal Arts, Dodson grant to attend 2015
	SPR convention in Washington, DC, (\$500)
May 2014	Society for Prevention Research (SPR), Early Career Prevention Network travel
	award to attend 2014 SPR annual convention in Washington, DC, (\$300)
Aug 2013	University of Texas at El Paso, College of Liberal Arts, Dodson grant to attend
	American Psychological Association annual convention, Honolulu, HI (\$500).
May 2013	Society for Prevention Research (SPR), Early Career Prevention Network travel
-	award to attend 2013 SPR annual convention in San Francisco, CA, (\$400)
May 2013	University of Texas at El Paso, College of Liberal Arts, Dodson grant to attend 2013
	SPR convention in San Francisco, CA (\$500).

ACADEMIC SCHOLARSHIPS, HONORS, AND AWARDS

- UTEP Graduate School Scholarship, 2015-2016, \$2,000.
- UTEP Scholarship, 2013, \$1,000.
- Podus Perpetual Fund, 2008-2010, \$5,000.
- Michael Salzman Scholarship for Musicians, 2008-2009, \$3,000.
- Valedictorian Scholarship, 2007-2008, \$6,000.
- University of Texas at El Paso, Choir Service Award, 2008, \$100.
- National Honor Society, 2007-present.

OTHER TEACHING

June 2007–Present Children's class, certified by the Ruhi Institute

Teacher

Thunderbird-Shadow Mountain area

Description: Teaching children from age 3-8 about morals and virtues

through memorization, songs, stories, games, and art.

Dec 2008-Mar 2009 Piano Instructor

Private Lessons.

SPECIAL EVENT PLANNING COMMITTEES

Feb-Apr 2015 Education is not a Crime Event Planning Committee

Role: Member

Description: Education is not a Crime is a campaign designed to raise awareness of the systematic denial of higher education to Baha'is and other religious minorities in Iran and elsewhere. It seeks to inspire individuals to help call attention and address these injustices.

Sep 2013–Feb 2014 Workshop Series on the Advancement towards the Equality of Women and

Men

Role: Event coordinator.

Feb-Apr 2012 Education Under Fire Event Planning Committee

Role: Member.

May–Oct 2011 Unit Convention Planning Committee

Role: Member

Description and responsibilities: The Unit convention for west Texas is when Baha'is from the western cities of Texas come together to elect a delegate to elect the members of the National Spiritual Assembly of the Baha'is of the United States. My role as a member of this committee included assisting with planning and advertising the Unit Convention to the cities in the West

Texas unit.

OTHER SERVICE

Jan 2013, 2014 Science Fair, Vilas Elementary School, El Paso Independent School District Judge

Aug 2007–May 2015 Baha'i Student Association

Chairperson (Aug 2010—May 2015), member (August 2007-present) University of Texas at El Paso

PROFESSIONAL SKILLS

- SPSS, LISREL, E-Prime 2
- Audacity
- Fluency in Microsoft Applications including Excel, Word, and Power Point
- English/Farsi bilingual, functional-level Spanish
- Performance experience: Piano, vocal, ukulele, and percussion in various productions

REFERENCES

Ashley S. Bangert, Ph.D.

Research Assistant Professor Department of Psychology University of Texas at El Paso El Paso, Texas

Phone: (915) 747-8987

Email: <u>asbangert2@utep.edu</u>

Moira P. Rivera, Ph.D.

Public Health Scientist
Public Health Command
United States Army

Cell: (302) 521-0282 Work: (410) 417-2311

Email: moira.p.shaw@gmail.com

Katherine R. White, Ph.D.

Assistant Professor Department of Psychology Columbus State University Columbus, GA 31907

Phone: (706) 568-5085

Email: white katherine2@columbusstate.edu

Other references available upon request.