

**PHYSICAL EXAM FORM FOR
UTEP SCHOOL OF NURSING**

| | | |
|-----------------------------|-----------------|-------------|
| NAME (Please print): | PROGRAM: | DOB: |
|-----------------------------|-----------------|-------------|

FAMILY HISTORY: please give a general medical history (enter N/A if not applicable)

PERSONAL HISTORY: please answer ALL questions. *Comment below on ALL positive answers below.*

| Have you had: | YES | NO | Have you had: | YES | NO |
|--------------------------------|-----|----|--------------------------------|-----|----|
| INFECTIOUS DISEASES | | | CARDIOPULMONARY | | |
| Measles | | | Shortness of breath | | |
| German Measles | | | Palpitations | | |
| Mumps | | | Chest pains/pressure | | |
| Chicken Pox | | | Chronic cough | | |
| Malaria | | | High blood pressure | | |
| Tuberculosis | | | Rheumatic fever | | |
| Mononucleosis | | | Heart murmur | | |
| Hepatitis | | | Recurrent colds | | |
| Sexually Transmitted | | | Other (<i>Comment Below</i>) | | |
| Other (<i>Comment Below</i>) | | | | | |

| DENTAL DISORDERS | MUSCULOSKELETAL | | | | |
|-------------------------|------------------------|--|--------------------------------|--|--|
| Gum or Dental problems | | | Disease or injury of joints | | |
| Sinusitis | | | Arthritis | | |
| Eye problems | | | "trick" knee/shoulder, etc. | | |
| Ear problems | | | Back problems | | |
| Throat problems | | | Other (<i>Comment Below</i>) | | |

| IMMUNOLOGICAL | ENDOCRINE/METABOLIC | | | | |
|------------------------------------|----------------------------|--|--------------------------------|--|--|
| Hay fever | | | Diabetes | | |
| Asthma | | | Thyroid problems | | |
| Allergies (<i>Comment Below</i>) | | | Other (<i>Comment Below</i>) | | |

| GASTROINTESTINAL & GENITOURINARY | NEUROLOGICAL DISORDERS | | | | |
|---|-------------------------------|--|----------------------|--|--|
| Frequent nausea | | | Frequent headaches | | |
| Frequent diarrhea | | | Dizziness or vertigo | | |
| Constipation | | | Head injury | | |
| Frequency of urination | | | Epilepsy | | |
| Burning on urination | | | Fainting | | |
| Gall bladder problems | | | Weakness | | |
| Other (<i>Comment Below</i>) | | | Paralysis | | |
| | | | Convulsions | | |

| BLOOD DISORDERS | MISCELLANEOUS | | | | |
|------------------------|----------------------|--|--------------------------------|--|--|
| Clotting disorder | | | Tumors | | |
| Hemophilia | | | Cancer | | |
| Leukemia | | | Cysts | | |
| Anemia (type) | | | Other (<i>Comment Below</i>) | | |

| PSYCHOLOGICAL | FEMALES ONLY | | | | |
|--------------------------------|---------------------|--|--------------------------------|--|--|
| Insomnia | | | Irregular periods/excess | | |
| Anxiety | | | Severe cramps | | |
| Depression | | | Pregnant? | | |
| Other (<i>Comment Below</i>) | | | Other (<i>Comment Below</i>) | | |

COMMENTS:

List ALL medications you take regularly (*enter N/A if not applicable*):

List any Surgeries (*enter N/A if not applicable*):

| Please answer all questions. Comment below on ALL positive answers below. | | YES | NO |
|---|--|-----|----|
| A. Has your physical activity been restricted during the past 5 years? | | | |
| Comment: | | | |
| B. Have you had difficulty with school studies or teachers? | | | |
| Comment: | | | |
| C. Have you received treatment or counseling for a nervous condition, personality or character disorder, emotional problems or chemical/alcohol dependence? | | | |
| Comment: | | | |
| D. Have you had an illness or injury or been hospitalized other than that already noted? | | | |
| Comment: | | | |
| E. Have you consulted or been treated by clinics, doctors, healers or other practitioners within the past 5 years? | | | |
| Comment: | | | |
| F. Have you been rejected or discharged from military service or employment because of physical, emotional or other reasons? | | | |
| Comment: | | | |
| G. Do you have any learning or physical disabilities for which you may require assistance? | | | |
| Comment: | | | |
| ADDITIONAL INFORMATION (enter N/A if not applicable): | | | |
| | | | |

| Height | Weight | BP | P | R | Corrected Vision | |
|--------|--------|----|---|---|------------------|---|
| | | | | | R | L |
| | | | | | | |

Are there any abnormalities in the following systems:

| | NORMAL | ABNORMAL | NOT EXAMINED | COMMENTS |
|-----------------------------|--------|----------|--------------|----------|
| Head, Ears, Nose, or Throat | | | | |
| Respiratory | | | | |
| Cardiovascular/Blood | | | | |
| Gastrointestinal | | | | |
| Hernia | | | | |
| Eyes | | | | |
| Genitourinary | | | | |
| Musculoskeletal | | | | |
| Metabolic/Endocrine | | | | |
| Neurological | | | | |
| Skin | | | | |
| Psychiatric/Emotional | | | | |

| Healthcare Provider Recommendations (comment on ALL positive answers below): | | Yes | No |
|--|--|-----|----|
| Recommendations for accommodations for any physical activity (including lifting, carrying, standing) | | | |
| Comment: | | | |
| Recommendations for accommodations for any learning or emotional disabilities | | | |
| Comment: | | | |
| General Comments (enter N/A if not applicable): | | | |
| | | | |

EXAMINER'S SIGNATURE (Note: Doctor or Advanced Nurse Practitioner must be licensed to practice in the United States)

_____ Date: _____

_____ Examiners name and title (typed or printed)

_____ Address