



Winter 2018

Miner Rx Nugget

Spot Light:

Preceptor:

The quarterly UTEP School of Pharmacy (SOP) Preceptor Newsletter highlights pharmacists and non-pharmacist preceptors providing Introductory and/or Advanced Pharmacy Practice Experiences for UTEP SOP pharmacy students.



2017-2018 Introductory Pharmacy Practice Experience Preceptor of the Year winner:

Sarin Patel, PharmD

What does this award mean to you?

I am honored to win preceptor of the year! I would like to thank my mentors for their guidance and students for choosing me from amongst all of the amazing preceptors here in El Paso. The Preceptor Recognition dinner and this award serves to recognize all the contribution we give to help mold

the future of pharmacy and health care by investing in our students. Throughout my career, I have many mentors and teachers that have helped me grow to reach my goals. Similarly, it is my aim to help pharmacy students find their passion, help them flourish, and prepare them for the future. Winning this award shows me that I am headed in the right direction. I will continue to work hard to positively influence pharmacy students and the profession as a whole

What do you enjoy most about being a preceptor?

I enjoy being able to help students develop their pharmacy skills and apply what they have learned. It gives me satisfaction seeing students piece concepts together to have that "Aha!" moment. Furthermore, I get a sense of pride seeing the students use what they have been taught to help improve a patient's health. I can directly see the influence I have on my students. This drives my passion to continuously grow not only as a pharmacist, but also as a preceptor.

Congratulations, Dr. Patel. Thank you for your contributions in precepting UTEP SOP pharmacy students! Your passion for teaching and active learning activities have made an impact on students. Thank you for utilizing your "knowledge, skills, experiences and values to prepare the next generation of pharmacists" as part of the Oath of a Pharmacist¹.

¹ Adopted by the membership of the American Pharmacists Association October 27, 1994.

Upcoming Events:

Jan 14: APhA Student Counseling Competition

Jan 28: Spring IPPEs begin

Feb 8: Pharmacy Job Fair

Feb 22 1-4pm: Transgender Interprofessional Education Case

March 1: APhA Counseling Awards ceremony

March 18-23: Spring Break

March 23: EPASHP Frontiers in Pharmacy (Preceptor CE available)

April 12-14: TSHP Annual Seminar

May 9: Spring IPPEs end

June 2: Summer IPPEs begin

September 2019: Save the Date- Biannual Preceptor Conference

UPDATE OUR CALENDAR

Send us your events!



P1 Student Spotlight: Samuel Urenda

What sparked your interest in pharmacy?

Right after high school I started a job as a clerk in a local independent pharmacy named Coleman Pharmacy. Throughout my time working there I got to know the pharmacist owner well, his name was Barry Coleman. I worked my way up into the pharmacy where I helped prepare prescriptions for the pharmacist and was intrigued by the amount of drugs available for patients. Learning what the Pharmacist did and the knowledge about these medications sparked my interest in pharmacy.



What class(es) have you enjoyed the most?

I honestly have enjoyed all my classes. I have worked in pharmacy for sometime now and I can see how important each and every class is. Because of my experience and knowledge of working in a Pharmacy community setting, I know the high importance and impact of patient counseling. So, I will say that my course in Principles of Drug Action has been the one I have most enjoyed.

Do you have any relatives in the health care field?

I have a niece who is working as an LVN and also going to school to become a Registered Nurse. I also have another niece who lives near Seattle and works for a large pharmacy retailer as a Pharmacy Technician trainer.

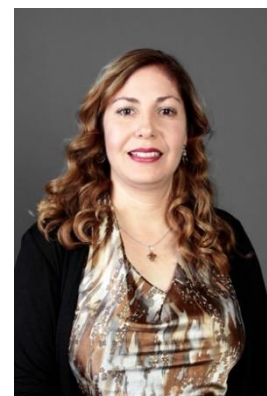
When you started Pharmacy school practice setting did you see yourself in? And, has that changed?

My experience in pharmacy prior to school was in the retail setting. I really enjoy the work and importance of this type of pharmacy. When I started Pharmacy School I saw myself working in retail pharmacy. I like the fact that patients will be able to come to me without an appointment and get the information about their medicines or get recommendations on over the counter remedies whenever the need arises. After this first year as a Student Pharmacist I understand even more the importance of patient counseling. All drugs have the potential to do harm and I'd like the opportunity to educate and inform the community on the safety and the importance of drug compliance.

P2 Student Spot Light: Marlene Gallegos

What sparked your interest in pharmacy?

I have always appreciated the sciences and their role in the healthcare field. As a former high school and junior college chemistry teacher, the medicinal chemistry aspect of pharmacy intrigued me enough to leave my former career and pursue a new one. I am fascinated by molecules, and even nanoparticles, which make up the drugs used to alleviate and manage symptoms, treat illness and, at times, cure disease. This fascination with structures, mechanisms and their ability to effect better quality of life, became more relevant to me when I became primary caregiver of my elderly, sick parent who lost her battle with Parkinson's Disease. While caring for my sick mom, I learned how to manage her polypharmacy; I learned how to talk to her medical providers; I was able to empathize and show compassion. Who knew these were skills that would be further developed in my pharmacy career?



What class(es) have you enjoyed the most?

I am half-way into my second year of pharmacy school and I have enjoyed all my classes, thus far. I have found my niche in the pharmaceutical sciences, and most recently, have taken a great interest in working in the pharmaceutical lab for my capstone project. In addition, I have also learned so much about our pharmacy roles in the clinical setting. I am thankful for learning techniques I will use in my IPPEs, APPEs, and in residency, which will help me be a better healthcare team member. Being part of a health care team is an important paradigm shift in the field of pharmacy.

Do you have any relatives in the health care field?

My younger sister is a board-certified pediatric emergency medicine physician at Cook Children's Medical Center in Fort Worth, Texas. Just recently, my sister mentioned to me she leans so much on her pharmacists. "They are indispensable. They make our [physician's] lives easier and because of them our patients' safety is assured. They are the extra set of eyes, our checks and balances. They are true experts and an invaluable source of information!" Her words of gratitude and appreciation has made me realize how important pharmacists are to the healthcare team. I want to be a pharmacist like the ones my sister boasts about; one with invaluable knowledge; one which supports the healthcare team; one who advocates for patients and embraces and guides their families.

When you started Pharmacy school practice setting did you see yourself in? And has that changed?

When I first started the pharmacy program at UTEP, I was unsure what field of pharmacy I would pursue. Now, in my second year, I am leaning towards emergency medicine and critical care. The advice I would seek from P4 students would be in terms of what to expect my P3 and P4 years, especially as it pertains to residency. I am blessed to have my professors, who have always provided guidance. To be able to seek counsel from someone who has just recently gone through similar educational experience, such as a P4 student, would be something I would appreciate tremendously. I firmly believe this career change is what God had in mind for me. I know He, too, will continue to be my guide and mentor.

P4 Co-OP Student Spotlight: Carmen Kerstiens

What sparked your interest in pharmacy?

By the time I started high school, I knew I wanted to be in the healthcare field. I attended the Bel Air Center for Health Professions where I was able to shadow many different healthcare professionals. What peaked my interest in pharmacy was the chemistry courses I took, as the teacher expanded and challenged my knowledge greatly. I continued my love of chemistry into undergrad where I was a peer leader for second semester general chemistry.

What class(es) have you enjoyed the most?

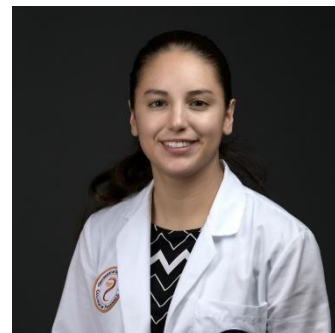
The courses I enjoyed were ones where I got to apply my knowledge and skills, this included OTC course, patient assessment, and communication. Going from courses on book learning to being able to apply what I learned to real life situations is where I feel that I benefited the most.

Do you have any relatives in the health care field?

I have multiple relative that are nurses within my family. I also have an aunt that is a laboratory technologist and a cousin that is an occupational therapist. From my immediate family I have no member in the healthcare field, but I do have a brother and father that are engineers, which helped me to develop good skills in mathematics.

When you started Pharmacy school practice setting did you see yourself in? And now as P4, has that changed?

Originally, I had seen myself going into academia. As I got more experience outside of the classroom, I learned I liked being out in the community helping patients. As of now I am looking at residency and would like to specialize in ambulatory care.



Awards and Achievements:



Board Certification Obtainment:

Giovanna Betancourt, BCPP

Catherine A. Ho, BCIDP

Enrique Soto-Ruiz, BCIDP

Christopher Perez, BCPS

William Long, BCPS

Congratulations

School of Pharmacy News:

Spring and Summer IPPEs:

Requesting all Spring and Summer Preceptor availability by Jan. 10th, 2019 through CORE ELMS. Not sure how you can fit in? Talk to the Office of Experiential Education. We would be happy to help guide you to appropriate experiences.

Spring 2019 (IPPEs begin 1/28/19; end 5/9/19)			
P1			
Course IPPE	# hrs	Objectives	Activities
Spanish 1b	2	Converse with a patient in Spanish in the community pharmacy setting	Using the Ask me 3 questions, converse with the patient in Spanish about their medications.
Health and Wellness	4	1. Explain how health education and health screenings contribute to health and wellness 2. Explain how health education and health screenings fit into the Pharmacist's Patient Care Process	Participate in health fairs. Students have skills related to verbal assessments. However, do not have physical assessment (e.g. blood pressure skills)
Patient Counseling	4	Apply linguistically and culturally appropriate communication skills in a community pharmacy practice setting under the direct supervision of a pharmacist	<ul style="list-style-type: none"> Observe and apply counseling skills Reflect on effectiveness of counseling techniques Reflect on areas of counseling skills growth
P2			
PSL – OTC/Self Care	6	Apply OTC and self-care counseling principles	For the first 4 hours, UTEP SOP faculty to reinforce OTC/self-care. The Preceptor would precept the students on a 2 hour "Ask Me" about OTC/Self care. Target for the "Ask Me" sessions is April 2019
Summer 2019 (See table below for date ranges)			
Community Course IPPE	90	Students will apply concepts from didactic course work to situations in community pharmacy practice settings such as direct patient care, management and use of resources and promotion of wellness, disease prevention, assessing patient data and reviewing and evaluating medications orders.	
Hospital Course IPPE	90	Students will apply concepts from didactic course work to situations in hospital pharmacy practice settings such as medication order processing, unit dose, intravenous admixture, purchasing and inventory control, clinical pharmacy services, regulatory requirements of drug distribution, drug disposal, controlled substances, and medical literature.	

Preceptor Recognition Dinner:

On Nov 8th, 2018, the UTEP School of Pharmacy Office of Experiential Education hosted the first annual preceptor recognition dinner at Carlos & Miceys. The dinner recognized the IPPE preceptor of the year nominees and winner, along with all the contributions our preceptors make. The dean spoke to the importance of giving back to the profession through precepting. Congratulations Dr. Sarin Patel for the award, and Drs. Joanne Savage and André Montes on their nominations.



Dean Rivera speaking to the attendees about precepting



Dean Rivera and Dr. Navarrete with the IPPE Preceptor of the Year Nominees – Drs. Savage and Montes

CORE ELMS Corner: Evaluations

Have you reviewed your Student Evaluations in CORE?

The evaluation consists of statements the student indicates their agreement on a Likert Scale (Rarely, Sometimes, Frequently, Always). Those statements are as follows:



- The preceptor provided sufficient activities/opportunities to allow for completion of rotational objectives
- The preceptor is a good role model
- The preceptor is a knowledgeable teacher.
- The preceptor demonstrated an acceptable level of professionalism regarding responsibility, commitment to excellence, respect for others, honesty and integrity, care and compassion, and relationships with the members of the health care team.
- I would recommend this preceptor to other students.

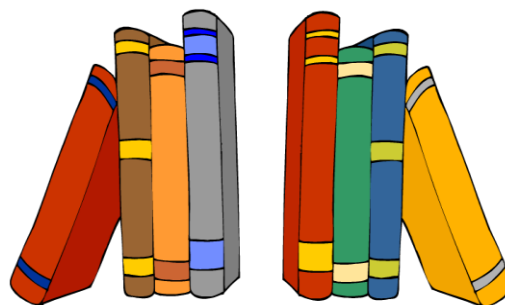
Preceptors are able to view evaluations after five evaluations have been submitted. All evaluations are anonymous. Individual evaluations can be viewed under the “Evaluations” tab. Additionally, a summary report of completed evaluations from the Fall 2018 semester can be run through the “Reporting” tab.

If you have any concerns or questions about your evaluations, reach out to the Office of Experiential Education.

Additional Preceptor Resources:

The following APhA books are available to preceptors:

- Abrons JP. **2018-2019 Peripheral Brain for the Pharmacist.**
- Vellurattil RP. **Pharmacy Research: a How-To Guide for Students, Residents, and New Practitioners**
- Bennett MS, et al. **How to Implement the Pharmacists’ Patient Care Process**
- Sias JJ, et al. **Spanish for the Pharmacy Professional.**
- Berger BA, et al. **Motivational Interviewing for Health Care Professionals: a Sensible Approach.**
- Berger BA. **Communication Skills for Pharmacists: Building Relationships, Improving Patient Care, 3e**



To “check out” any of the above books, contact to OEE

Office of Experiential Education:

Need to reach out to the Office of Experiential Education? The below table contains our contact information. Please reach out! We are here to assist our preceptors. If we are not the right person, we will put you in touch with the correct one.

Position	Person	Email	Phone	Role
Director	Jackie Navarrete, PharmD, BCACP	jpnavarrete@utep.edu	915-747-8520	Oversees the experiential education program. Point person for affiliation agreements.
Compliance Officer	Alma Dominguez	arsaldana2@utep.edu	915-747-5574	Handles student onboarding requirements and student site clearance.
Clinical Coordinator – Didactic and Hospital	Vicki Howe, PharmD, BCPS	vlhowe@utep.edu	915-747-8270	Coordinates didactic IPPEs and hospital course IPPE.
Clinical Coordinator-Community	John Rudder, RPh	jrudder@utep.edu	915-747-8270	Coordinates community course IPPE.



This is a quarterly publication of the UTEP Office of Experiential Education/Preceptor Excellence team. We'd love to hear from **YOU** – article ideas, events, awards/achievements/celebrations, or interested in becoming more involved.

For Submissions: exedpharmacy@utep.edu