UTEP Cheerleading Tryouts

May 2, 2020
10:30 a.m. – Memorial Gym

The University of Texas at El Paso is looking for athletic men and women to audition for the cheer and stunt team. Book scholarships and academic scholarships are available to select members of the team. Members will have an opportunity to cheer for football, volleyball, soccer and basketball; travel to numerous away games; make public appearances; and compete for spots on our national competition team.

The UTEP Cheer Team consists of two (2) teams:

**Orange Team** (large coed partner-stunt team). **Girls must have a minimum standing tuck and standing back-hand spring back tuck. Males need no experience.**

**Blue Team** (all-girl/small coed group stunt team). **Girls must have a minimum standing back-hand spring and running tumbling. Males need no experience.**

***ALL interested applicants must have the following documents on the first day of clinic:

- Copy of a current physical
- Sickle cell test (the results take 2-3 days. Get this done asap)
- Proof and copy of insurance
- Tryout application with liability waiver (last 5 pages).
- Photo
- Character Profile

*Character Profile from current cheer coach, sport coach or teacher must be emailed by April 30, 2020, to Coach Bianca at bmarquez6@utep.edu to proceed with tryouts.

You may not participate without all the documents listed above.

No exceptions!!!!
Eligibility Requirements:
- Incoming freshman must have already applied to UTEP.
- Good Academic Standing (minimum 2.0 GPA).
- Undergraduates must be enrolled in at least twelve (12) semester hours.
- Graduate students must be enrolled in at least nine (9) semester hours.
- **Current Medical Insurance.** Please bring a copy to the first practice. If you are not currently insured, you may not participate. No exceptions!

Pre-Tryout Clinic: (To be held in Memorial Gym on UTEP Campus)
- April 27th – May 2nd, 5:30–8:00 p.m. (Tentatively no 30th practice).
  **These are mandatory practices (conflicts should be addressed with the coach).**

Tryouts:
- May 2, 2020, 10:30a.m. – 4:00p.m in Memorial Gymnasium (Auxiliary Gym)
- If you have any questions contact: Coach Bianca Marquez (915) 747-6113 or bmarquez6@utep.edu
- Important—Tentative **First Cut on April 29th**. Only those coming in from out-of-town are exempt from this.

Paydirt Pete Interviews
Interviews will also be held for UTEP’s mascot, Paydirt Pete. Interviews can be scheduled with Coach Caesar Cubillos at bccubillos@utep.edu

Cheer Tryout Rules and Regulations
All participants should have medical insurance before attending pre-tryouts practices. No Exceptions!!
All participants must turn in a physical and copy of sickle cell test in order to participate at tryout clinic!

- Please wear workout clothes and appropriate shoes (no running shoes) to practices.
- Males should be able to lift at least 130lbs pounds above their heads.
- Males are not required to have cheerleading experience, but must either be able to stunt (technique will be taught at tryout clinic) or tumble.

*The coach must clear girls weighing over 120lbs. before they can stunt.
1. Those weighing over 120lbs. are restricted to liberties.
2. Those 125 lbs. are restricted to extensions.
3. Those weighing over 130 lbs. will be recommended for all-girl/smoed team.

**Remember only those cleared by the coach can stunt if they are over 120 lbs. This will be based on musculature and body structure, the safety of the men doing lifting and the safety of the women being lifted.

Females MUST be able to perform, at minimum, a standing back handspring (Blue Team eligible). Only those with a solid standing back and standing back handspring back tuck will be eligible for Orange Team (varsity coed).

**Tryouts will include:**
1. Game Day Cheer/Chants (use of signs, megs, poms, etc…)
2. Appearance/Physique
3. Toe Touch (Girls Double)
4. Tumbling (Standing & Running)
5. Fight Song - **Orange Team** incorporation must be handspring back tuck OR hands new males and hands extend/liberty veterans);
6. **Blue Team** incorporation must be a back handspring.
7. Stunts as listed below:

**Required Stunts:** All applicants will learn stunting techniques at tryout clinic.
- Toss-hands extend: bump down (coed)
- Walk -up hands/extend (coed)
- Toss hands: liberty cradle (coed)
- Toss hands: stretch full down (veterans)
- Full up stretch to full down cradle and switch up to liberty (all-girl/small coed).

Tryouts and clinics will be closed to the public. A panel of highly qualified judges will select finalists who will compete for varsity positions.

Everyone is a finalist until grades and transcripts are checked at the end of the spring semester. **YOU MUST HAVE AND MAINTAIN AT LEAST A 2.0 TO PARTICIPATE.**
Finalists will be notified by email by 8p.m. on Monday, May 4, 2020. There will be a mandatory meeting the following week for all finalists on May 14th at 5:30p.m.

Please keep in mind that cheering at UTEP is a full-time commitment. We begin practicing immediately. Summer vacations will not be excused. There will be a mini vacation the end of July (July 15th–July 31st). There will be consequences for anyone who misses practices. In addition to games, travel, and public appearances, squad members practice Mondays, Wednesdays and Fridays from 11:00am–1:30pm during the summer. In the fall and spring, practices will continue at 11:00am–1:30pm on Mondays, Wednesdays and Fridays. Members are also required to attend mandatory strength & conditioning two–three times a week on Mondays and Wednesdays (3p–5p). Next year’s team will go through rigorous and extensive conditioning in order to be ready for summer camp, games and mandatory national competition. In addition, EVERYONE will have four (4) hours of mandatory study hall each week. Cheerleading–Practice, games, strength and conditioning, and your academics must have priority over work schedules and any other extracurricular activity! Make sure you are willing to make the commitment. You are not permitted to be on an all–star team and cheer at UTEP. Make a choice!

Please bring the following information to first day of tryout clinic.

- **a copy of a current physical**
- **sickle cell test (the results take 2-3 days. Get this done asap)**
- **proof and copy of insurance**
- **tryout application (next 4 pages) with liability waiver**
- **photo**
- **Character Profile from current cheer coach must be emailed by April 30th to Coach Bianca at bmarquez6@utep.edu to proceed with tryouts.**
UTEP Cheerleader Tryout Application

Check one: Orange Team-(Lg Coed) _____ Blue Team (All-girl/Smoed) _____

Full Name: _________________________ UTEP ID #: _________________________
(As it appears on ID)
Address: ___________________________ Cell Phone: _________________________

Emergency Contact Name: _______________ Phone: _________________________

Email: _______________________________ (please write clearly)

Age: _______ Birthdate: _______

Circle one:
High School Senior  College: Freshman Sophomore Junior Senior Graduate Student
School Attending: _________________ Current GPA: _______
UTEP Major: _______________________

Health/Hospitalization Insurance:

  Insurance Company Name: _________________________
  Person Insurance is under: _________________________
  Group Number: _________________________

Please Indicate Any Past or Current Physical Limitations and/or Health Problems:
____________________________________________________________________________________
Please List Previous Experience in Cheerleading, Dancing, Sports, or Other Extra-Curricular Activities:

_____________________________________________________________________________________

_____________________________________________________________________________________

Please List Cheerleading and Gymnastics Skills

_____________________________________________________________________________________

_____________________________________________________________________________________

COACH RECOMMENDATION

Each applicant must have their current cheer coach (if a member of a cheer team) or a current teacher (if applicant is not currently a cheerleader) write a character profile and email to Coach Bianca Marquez, bmarquez6@utep.edu, no later than April 30, 2020, in order to proceed with tryouts.

Coaches, please include the following information pertaining to the applicant’s character in your recommendation letter:

- Work ethic
- Attitude
- Academics
- Discipline
- Infractions
RELEASE AND INDEMNIFICATION AGREEMENT /
CONVENIO DE LIBERACION DE RESPONSABILIDAD E INDEMNIZACION
(Minor Participant/ Menor de Edad)

Student Participant/Participante Estudiante:
(Name and Address)/(Nombre y Domicilio)

Institution/Institución:
The University of Texas at El Paso
Department/Departamento:

Description of Activity or Trip / Descripción de la Actividad o Viaje:

______________________________

Location/Lugar: 

Date(s)/Fecha(s): 

I am the Parent/Guardian of the above named Participant who is under 18 years of age and am fully competent to sign this Agreement. I give permission for Participant to participate in the above-referenced Activity or Trip. I acknowledge that the nature of the Activity or Trip may expose Participant to hazards or risks that may result in Participant’s illness, personal injury, or death and I understand and appreciate the nature of such hazards and risks.

In consideration of Participant being permitted to participate in the Activity or Trip, I hereby accept all risk to Participant’s health and of his/her injury or death that may result from such participation.

I hereby release the above named Institution, its governing board (The University of Texas System Board of Regents), officers, employees and representatives, in their individual and official capacities, from any liability to Participant, Participant’s personal representatives, estate, heirs, next of kin, and assigns for any and all claims and causes of action for loss of or damage to Participant’s property and for any and all illness or injury to Participant’s person, including his/her death, that may result from or occur during Participant’s participation in the Activity or Trip, WHETHER CAUSED BY NEGLIGENCE OF THE INSTITUTION, ITS GOVERNING BOARD, OFFICERS, EMPLOYEES, OR REPRESENTATIVES, OR OTHERWISE.

Yo soy padre/madre o tutor(a) legal del Participante cuyo nombre aparece arriba, el (la) cual es menor de 18 años de edad, y soy competente para firmar este Acuerdo. Doy permiso para que el/la Participante participe en la Actividad o Viaje identificado arriba. Reconozco que por su naturaleza, dicha Actividad o Viaje puede exponer al Participante a peligros o riesgos que pueden resultar en enfermedad, lesiones o la muerte del Participante, y entiendo y aprecio la naturaleza de dichos riesgos y peligros.

En consideración a que el Participante le sea permitido participar en la Actividad o Viaje, por medio de la presente acepto todos los riesgos a la salud del Participante y el riesgo de lesiones o muerte que puedan resultar con motivo de dicha participación.

En este acto libero a la Institución arriba identificada, su consejo directivo (The University of Texas System Board of Regents), oficiales, empleados y representantes en lo personal y en su capacidad oficial, de toda responsabilidad hacia el Participante, los representantes personales del Participante, su patrimonio, sucesió nhereditaria, herederos, parientes o cesionarios con respecto a todas y cada una reclamación, causal o acción legal por concepto de pérdida o daños ocasionados a la propiedad del Participante y toda enfermedad o lesiones a su persona, incluso su muerte, que puedan resultar de u ocurrir durante la participación del Participante en dicha Actividad o Viaje, SEAN CAUSADOS POR NEGLIGENCIA POR PARTE DE LA INSTITUCIÓN, SU JUNTA DIRECTIVA (THE UNIVERSITY OF TEXAS SYSTEM BOARD OF REGENTS), OFICIALES, EMPLEADOS, REPRESENTANTES U OTRAS ENTIDADES, O DE CUALQUIER OTRA FORMA.

Rev. 10/2011
I further agree to indemnify and hold harmless the above-named Institution and its governing board (The University of Texas System Board of Regents), officers, employees, and representatives, in their individual and official capacities, from liability for the injury or death of any person(s) and damage to property that may result from Participant’s negligent or intentional act or omission while participating in the described Activity or Trip.

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND IT TO BE A RELEASE OF ALL CLAIMS AND CAUSES OF ACTION FOR PARTICIPANT’S INJURY OR DEATH OR DAMAGE TO PARTICIPANT’S PROPERTY THAT OCCURS WHILE PARTICIPATING IN THE DESCRIBED ACTIVITY OR TRIP AND IT OBLIGATES ME TO INDEMNIFY THE PARTIES NAMED FOR ANY LIABILITY FOR INJURY OR DEATH OF ANY PERSON AND DAMAGE TO PROPERTY CAUSED BY PARTICIPANT'S NEGLECTFUL OR INTENTIONAL ACT OR OMISSION.

______________________________  Date/Fecha: ______________________
Signature of Parent/Guardian/
Firma del Padre/la Madre o Tutor(es)

______________________________  Date/Fecha: ______________________
Address, if different than Participant’s/
Domicilio (Si es diferente del Participante)

______________________________  Date/Fecha: ______________________
Witness/Testigo
# ATHLETE PHYSICAL FORM

**NAME**: ________________  
**DATE**: ________________  

**LAST** | **FIRST** | **MIDDLE**
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**HEIGHT** | **WEIGHT** | **BP** | **PULSE**
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**VISION**: Left: _____ Right: _____  
Glasses: _____  
Contacts: _____

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**To be completed by Team Physician**

1. **GENERAL APPEARANCE**

2. **SKIN** (rashes, lesions, etc)

3. **HEAD** (hair, scalp, fluid)

4. **EYES** (pupils, EOM’s)

5. **EARS/NOSE**

6. **MOUTH/THROAT** (including hygiene)

7. **CHEST/LUNGS**

8. **HEART** (size, rhythm, sound)

9. **ABDOMEN** (masses, tenderness, BS)

10. **MALE GENITALIA**

11. **EXTREMITIES/SPINE**

12. **NEUROLOGIC**

13. **PSYCHIATRIC** (any known psychiatric deviations)

14. **LAB WORK**/ADDITIONAL or TESTS NEEDED:

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**TESTED FOR SICKLE CELL Trait (circle only): YES/NO**

**INITIALS OF ADMINISTRATOR**: ________________  
**RESULTS (circle one): POSITIVE/NEGATIVE**  
**COMMENTS**: ________________

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**CLEARED FOR PARTICIPATION**: (circle one)  
YES  
NO (EXPLAIN)

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**FOLLOW-UP NEEDED**:  
YES  
NO

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**Physician Signature**: ________________  
**Date**: ________________

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**Updated**: May 2017  
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