COMMUNITY REFERRAL LIST

Graphic by NAMI

Come grow with us!
Counseling and Psychological Services
The University of Texas at El Paso • 2019-2020
The University Counseling Center does not endorse or recommend any specific mental health service provider community agency. This list is mainly for your convenience and is not intended to be a complete list of all mental health agencies in our area.

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**Counseling and Psychotherapy**

**Catholic Counseling Services**
499 St. Matthews  
(915) 872-8424  
M-W-Th 9:00am – 6:00pm  
Tues 1:00pm – 8:00pm  
Fridays: Clients are not seen, but the office is open  
Closed for lunch from 12:00pm – 1:00pm  
http://www.elpasodiocese.org/

**Accept:** Sliding scale, Medicare, Medicaid, CHIP and most insurances  
**Documents required:** proof of income (last 3 pay stubs), utility bill, picture ID and medical insurance (if available).  
**Services:** Individual, family and marital therapy.  
Walk-in to fill out paperwork: 9:30am – 11:30am and 1:30pm – 5:30pm. Initial appointment scheduled upon completion of paperwork.  
Bilingual therapists are available.

**El Paso Child Guidance Center**
2701 East Yandell  
(915) 562-1999  
Yandell Office: M – Th 8:00am – 7:00pm;  
F 8:00am – 12:00pm  
Closed for lunch 12:00pm – 1:00pm  
9001 Cashew Ste. 300  
Cashew Office: M-Th 8:00am – 7:00pm;  
F 8:00am – 12:00pm  
Closed for lunch 12:00pm – 1:00pm  
epcgc.org

Registered Billing & Credential Coordinators:  
Luz Rivas & Fabby Nevarez  
**Accept:** Sliding Scale, Medicaid and some insurances  
**Services:** Individual and family therapy for children and adults.  
Bilingual therapists available. Psychiatrist on staff, but only for children. Walk-in to register.  
**Rollercoaster program:** Offered twice a year, for children whose parents are going through a divorce (primary program for ages 5 to 8 and intermediate program for ages 9 to 13). Divorce parent group/rollercoaster program offered at the same time.

**Children’s Grief Center of El Paso**
11625 Pelicano Ste. B  
(915) 532-6004  
M – F 9:00am – 4:00pm  
cgcelpaso.org

Director: Laura Olague, Contact Person: Alice  
**Accept:** Cash, check and debit  
**Services:** Peer support group for grieving children and their families. Children and young adults, ages 5 and up to 22. While children attend, parents also need to go to a support group. Groups meet twice a month on Thursdays from 6:30pm – 8 pm. Must call to schedule interview for family members involved. Initial interview per family $50. Each group session $40 for 2 family members and $5 for each additional family member. Slight discount if needed.  
**No Spanish services offered until further notice.**

**Family Service of El Paso**
6040 Surety  
(915) 781-9900  
M – Th 8:00am – 8:00pm  
F 8:00am – 7:00pm  
familyserviceofelpaso.org

**Accept:** Medicaid, sliding scale, insurances, CHIP and Tri-care (need a referral)  
**Documents required:** Completion of registration agreement, prior 30 days of family income or prior month’s bank statement or prior year’s income tax return  
**Provides services regardless of the ability to pay**  
**Services:** Individual, family and marital therapy. Walk-ins for intake. Proof of income is required.  
Bilingual therapists available.  
**Project Vida:** Offers primary health care including family planning, wellness exams, medication, and referrals based on medical need. Also offers psychiatric services that include an evaluation and treatment recommendations. Project Vida is at Family Service’s center on Tuesdays and Wednesdays.
Living Hope Christian Counseling Services
(Christian Based Counseling)
1801 Wyoming Ste. 102
(915) 772-2237
M 5:00pm – 8:00pm
T-W 8:00am – 8:00pm
Th-F 8:00am – 6:00pm
livinghopeccs.org

Accept: Sliding scale and insurance (Tri-care, Aetna, Blue Cross/Blue Shield, CIGNA)
Services: Individual, family, and marital therapy. Call to make an appointment. Walk-in not available.
*Office hours are also based on counselors so times may vary
Psychiatric and Related Services

**Aliviane Inc.**
1626 Medical Center
(in front of Providence)
(915) 782-4000 (Admin)
(915) 779-3764 (Outpatient)

**Services:** Adult outpatient; 10-15 weeks depending on severity; groups, relationships, relapse prevention; Counseling is 1 hr/week; Group is 6 hrs. State funding if person qualifies. No insurances; they do take Medicaid.

**Aliviane Women and Children Treatment Program**
7722 North Loop
(915) 782-4014
M-F 8:00am – 5:00pm (for assessment)
[aliviane.org](http://aliviane.org)

Residential Program – Open 24 hours/day
Director: Ricki Estrada

**Accept:** Medicaid, Insurance, and sliding fee scale

**Services:** Call to make appointment if using drugs or alcohol in the last 12 months. Individual and group therapy for drug/alcohol issues, and dual diagnosis. Intense case management, individual and group therapy. Family therapy is provided at the Behavioral Health. Bilingual therapists available. Inpatient average stay: 30-90 days
Accept children with their mother, however, the limit is 2 children, ages 12 and under. Children’s therapist available. Must have custody of child and be TX resident.

**Army Community Services**
Family Advocacy Program
2494 Ricker (on Ft. Bliss)
(915) 568-9129
M-F 7:30am – 4:30 pm
[bliss.armymwr.com](http://bliss.armymwr.com)

**Family Advocate Program:** Anyone affiliated with the military must present military ID. Services provided on a walk-in basis.

**Domestic Violence hotline:** (915) 269-2013
**Sexual Assault hotline:** (915) 245-8991

**Services:** Classes are provided. Times and dates vary each month. These include marriage, stress management, anger management, life skills, parenting classes. Individuals must call for class times and dates. Check website for more info.

**New Parent Support Program (NPSP):** parent education and support services; divorce classes also available.

**Community Counseling Center**
785 Anthony Dr.
Anthony, NM
(575) 882-5100
M-F 8:00am – 5:00pm

**Accept:** Only New Mexico insurances. If paying out of pocket, inquire if payment plan available. Psychiatric services also available. Call for an appointment.

**Night clinic is sometimes available once a month – please inquire if this is needed.**

**Services:** Diagnostic evaluations, medication management, psychological testing, individual counseling, family and couples, child abuse counseling, domestic abuse, behavior management services, drug and alcohol abuse, and medical marijuana evaluations.
El Paso Psychiatric Center
4615 Alameda
(915) 532-2202
Open 8:00am – 8:30 pm
http://www.dshs.state.tx.us/mhhospitals/ElPasoPC/

Accept: Medicaid, Medicare and insurance
Services: Inpatient treatment for adults and children 17 & under.
First assessed at Emergence Health Network on Montana St.

El Paso Vet Center
1155 Westmoreland Suite 121
(915) 772-0013
M - F 8:00am – 4:30pm
Sat CLOSED
www.VetCenters.va.gov

Services: Mainly deal with combat veterans. Individual, group, couple’s therapy. Call for appointment.
Requirements: Bring in a copy of DD214

Emergence Health Network
1600 Montana
24 hour Crisis Line (915) 779-1800
(915) 887-3410 (Central administration office and customer relations number)
Please visit website for updated info: www.emergencehealthnetwork.org

Outpatient Clinics in various areas (8am-5pm)
Accept: Medicaid, Medicare and most insurances
Services: Depends on diagnosis and state mandates. Crisis screenings are free of charge.
Medication monitoring and case management are offered if person qualifies for services.
Therapy groups are provided as needed.
Person is screened and evaluated to determine if they are sent to EPPC, PEAK (in Santa Teresa, NM) or EPBHS (formerly UBH).

Emergence Health Network
Outreach, Screening, Assessment and Referral
(Addiction Services)
To schedule a confidential appointment, please call:
OSAR Main: (915) 747-3605
EHN Centralized Scheduling: (915) 242-0555
7760 Alabama, (915) 779-1800
1550 Montana (Adults)
8500 Boeing (Adolescents)
M – F 8:00am – 5:00pm
OSAR@ehnelpaso.org

Services: Through the OSAR program, which is the first point of contact for those who are seeking substance abuse treatment, individuals can receive free confidential services by licensed chemical dependency counselors. Regardless of pay source, OSAR will provide a screening, assessment, referrals, placement, and follow up for drug treatment services to 13-years and older Texas residents.
Appointments are given over the phone; walk-ins welcomed. Services are at no cost to any Texas Resident 13 years and older.

Priority populations for treatment include:
- Pregnant individuals
- Injection drug users will be admitted within 14 days
- Department of Family Protective Services-referred individuals will be admitted within 72 hours

A qualified professional Licensed Dependency Counselor/Counselor Intern is available to conduct assessments and will be able to help with a treatment plan; Co. will also provide brief interventions as pre-treatment services; use Motivational Interviewing (MI), education information about overdose prevention, and service coordination to reduce barriers to treatment.

Peer Support Specialist (Recovery) will assist with sustaining engagement with substance use disorder treatment services.
Documents needed: I.D., proof of residence, work stub, proof of any source of income; Medicaid, Medicare

Contact Person: Elizabeth Zarate
La Clinica de Familia New Mexico
100 West Griggs
Las Cruces, NM 88001
M-F 8:00am – 5:00pm
Behavioral Health: (575) 647-2800
Crisis Line 844-622-7099
www.lcdfnm.org

Accept: Sliding scale, Medicaid, and private insurance.


Behavior Management Services (BMS): Intended for children and adolescents that present with a diagnosed behavioral health condition and are at risk of out-of-home placement due to unmanageable behaviors in the home or within the community; youth that require behavioral management intervention to avoid inpatient treatment. Trained BMS provider provides 1:1 services through coaching and training.

Assertive Community Treatment (ACT): Program designed to deliver full range of services to those who have been diagnosed with severe disabling mental illnesses.

Psychosocial Rehabilitation (PSR): An adult mental health day program. Group activity is structured and provided by mental health professionals that ensure a safe and nurturing environment.

Supportive Housing: Follows housing first model which is an approach to end all chronic homelessness. Call to schedule an intake appointment.

Texas Tech Department of Neuropsychiatry and Behavioral Sciences
4615 Alameda (within EPPC) (Basement)
(915) 215-5850
Call to make an appointment
M-F 8:00a.m – 5:00pm

Services: Psychiatric evaluations and medication monitoring
Intake done by phone, not a walk-in clinic; appointment is set up if criteria is met. Bilingual services.

Trinity Center of El Paso
8716 Independence St.
El Paso, TX 79907
(915) 772-9111
homewardboundinc.org

Services: Provide rehabilitation services through detox programs such as Residential Detoxification and Ambulatory Detoxification. Government Funded: Sliding scale available, private pay, some insurances.

Intensive Residential Services: 28 day treatment in our residential setting that facilitates recovery from substance dependence. Also for patients who experience mental disorders and substance abuse simultaneously. This is only available when funding is available.

Outpatient Services: Group Meetings, relapse prevention, and individual group sessions.
Individuals are referred out for some outpatient services.
*Call to see if funding is available; usually it is on a case by case basis.

Accepts: Sliding scale; state funded

University Medical Center
4815 Alameda Ave
(915) 544-1200

Services: Ambulatory surgery unit, emergency services, laboratory, imaging services, rehabilitation, employee health centers, inpatient services, outpatient clinics

University Medical Center Emergency Room
4815 Alameda
Open 24 hours
(915) 521-7700

If an individual is in need of immediate psychiatric services:
The individual will be evaluated by an ER physician who will then determine the need for psychiatric services. A Texas Tech psychiatrist from EHN will be contacted to further evaluate the individual and provide the necessary follow-up.
Services: Individual, and group counseling for veterans and their families. Drug/alcohol counseling, military sexual trauma, PTSD, some support groups for Iraq and Afghanistan returning veterans CWT (Counseling and work therapy) is provided as needed. Disabled American Veterans Commission provides transportation, rehabilitation for those with disabilities. Bilingual therapists.

Documents needed: DD214, another form of identification. Call for an intake.
Additional Service Agencies

Center Against Sexual and Family Violence (CASFV)
580 Giles
Family Resource Center: (915) 595-2238
24-hour Crisis Hopeline: (915) 593-7300 (domestic)
M-Th 8:00am – 6:00pm and F 8:00am – 12:00pm
Closed for lunch 12:00pm-1:00pm
casfv.org

Services: Free counseling (individual and group) for survivors of domestic violence and individual therapy for their families (depends on situation). There are also parenting classes and teen programs. Emergency shelter and a transitional living center available. Bilingual therapists available. Call for an intake appointment.

Other programs: Battering intervention and prevention, community education and outreach and volunteer services.

Next to Nuevo: Store sells clothes and furniture and proceeds go to the shelter. First of the month 8:00am – 12:00pm.

Contact Person: Candice Brown (915) 593-1000 x400; cbrown@casfv.org

Dress for Success: Clothes for job interviews for both men and women are provided.

Child Crisis Center of El Paso
2100 North Stevens Street
(915) 562-7955
www.childcrisiselp.org

24/7 Children’s emergency shelter, ages newborn to 13 years when there is a family crisis.

Circle of Love Nursery: temporary care for infants 0 to 4 years. If child is admitted, the following is required: shot record, birth certificate, social security card, and Medicaid card.

Fatherhood: Weekly fatherhood classes in English and Spanish. Call to be put on waiting list.

El Paso HOPES (Healthy Outcomes Through Prevention and Early Support): Instruction in the home; additional supportive services available for families as needed.

Military Families and Veterans Prevention Program (MFVPP): Offered to active duty and veterans. All branches of service and their families. Offered parenting classes, special topics classes, and in some cases monetary assistance.

DARS: The Deaf and Hard of Hearing Services
www.dars.state.tx.us/dhhs/

**Now under TWC**

Department of Human Services
1-877-541-7905 or 211
Can apply for Medicaid, TANF(foodstamps) online at:
yourtexasbenefits.com

Services: SNAP Food Benefits, TANF helps families with children age 18 and younger pay for basic needs.
Helps cover visits to doctors, dentists, and hospitals. Also covers medical prescription, helps people with daily needs, caregivers, and people with mental health, drug, or alcohol issues; WIC food benefits. Prescreening tool on-site.

El Paso Center for Children
2200 N. Stevens
(915) 565-8361
M – Th 8:30am – 5:30pm and F 8:30am – 5:30pm
epccinc.org

24-hour Runaway shelter for ages 14 to 17 years.

Services: Therapeutic foster care and individual therapy for the teens receiving services within the center.

Therapeutic Homes Program: (915)565-5021
Runaway Emergency Shelter: (915) 562-4765
El Paso HOPES: (915)562-7955
Star Program: (915) 565-5021

El Paso Public Library

Various classes are offered such as job and career preparation, computer skills and test preparation.
www.elpasolibrary.org
**Services:** Provide the necessary medical support for patients who are terminally ill and also support for the family.

**Process:** A call to request services can be made by a family member, doctor, friend, or person who is terminally ill. The agency will need to obtain a referral from the doctor in order for services to be provided. Information is first taken over the phone and the assessment is completed by a visit to the individual who is sick. Hospice provides the patient’s required medication and medical equipment depending on the diagnosis.

**Bereavement Support Group:** Family members can attend during patient’s illness and upon patient being deceased. Time of group varies based on availability of family. Chaplain also available. Agency will follow up with the family up to 13 months after the loss.

- Provides young adults with information about basic healthcare and facts about pregnancy.
- Medicaid support program if financial assistance is needed, there is a Medicaid eligibility program representative on site to assist with application process.

**Documents needed:** Picture I.D.

No appointment necessary.

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**Hospice of El Paso**

1440 Miracle Way  
(915) 532-5699  
M-F 8:00am – 5:00pm  
[www.hospiceelpaso.org](http://www.hospiceelpaso.org)

**Services:** Provide the necessary medical support for patients who are terminally ill and also support for the family.

**Process:** A call to request services can be made by a family member, doctor, friend, or person who is terminally ill. The agency will need to obtain a referral from the doctor in order for services to be provided. Information is first taken over the phone and the assessment is completed by a visit to the individual who is sick. Hospice provides the patient’s required medication and medical equipment depending on the diagnosis.

**Bereavement Support Group:** Family members can attend during patient’s illness and upon patient being deceased. Time of group varies based on availability of family. Chaplain also available. Agency will follow up with the family up to 13 months after the loss.

- Provides young adults with information about basic healthcare and facts about pregnancy.
- Medicaid support program if financial assistance is needed, there is a Medicaid eligibility program representative on site to assist with application process.

**Documents needed:** Picture I.D.

No appointment necessary.

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**Hospitals of Providence Teen Health Resource Ctr.**

I. 4717 Hondo Pass, Ste. A  
(915) 755-8336

II. 8899 Alameda Ave., Ste. 120  
(915) 859-8336

III. 907 Chelsea Ste. D  
(915) 532-8336

IV. 12210 Montwood Ste. 101  
(915) 855-8336

V. 5000 Doniphan Ste. 109  
(915) 584-8336

VI. 200 Franklin, Ste. 500  
(915) 577-8336

VII. 2400 N. Oregon Ste. D  
(915) 351-8336


**Services:** Not just for teens. Free pregnancy testing; prenatal education, childbirth classes just for teens and basic infant care classes.

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**Sun Metro**

(915) 212-3333  
[sunmetro.net](http://sunmetro.net)
Texas Tech Clinics
4801 Alberta (behind University Medical Center)
M-F 8am-10pm
Sat. 10am-4pm

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<tr>
<th>Clinic</th>
<th>Phone Number</th>
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<td>Breast Care Center</td>
<td>(915) 215-6040</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>Internal Medicine</td>
<td>(915) 215-5200</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>Neurology</td>
<td>(915) 215-5900</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>OB &amp; OB-GYN</td>
<td>(915) 215-5000</td>
<td>M-F 8am-5pm</td>
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<td>Ophthalmology</td>
<td>(915) 215-6050</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>Orthopedic</td>
<td>(915) 215-5400</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>Surgery</td>
<td>(915) 215-5300</td>
<td>M-F 8am-5pm</td>
</tr>
<tr>
<td>Pediatrics</td>
<td>(915) 215-5700</td>
<td>M-F 8am-5pm</td>
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http://www.elpaso.ttuhsce.edu/elpaso/clinics/

Accept: Medicare, Medicaid and Insurances
Services: Internal medicine, neurology, Ob/Gyn, pediatrics, breast care, psychiatry, neurosurgery. There are different clinics throughout the city.

Breast Care Center - Survivorship Program: Survivors who have ongoing physical, psychological, and emotional needs, as well as other needs stemming from their previous cancer diagnosis. Program provides the opportunity to address unmet needs with experts. The program complements the care at no extra cost. It is a holistic follow-up treatment in a healing and nurturing environment.

Documents Needed: A referral from your primary doctor is needed to obtain service for neurology
Documents Needed for Discount: Current I.D., utility bill with name and current address, prior year’s income tax return.

University Medical Center
Patient Financial Services
4824 Alberta (Annex Bldg.)
(915) 521-7900
M-F 8:00am – 5:00pm
By appointment.

Assistance with finances when Receiving any services within the UMC system.

University Medical Center
Prescription Patient Assistance
4815 Alameda Dept. 728
(915) 521-7275
M-F 8:00am to 6:00pm

Services: prescription assistance, enroll patients to help with medications if patients are non-insured and are in need of non-generic medications
Patient needs to ask about psychotropic medications
Documents needed: proof of income or social security benefits. Other documents may be needed, but it depends on the program that the individual qualifies for.
No appointment required; it is on a walk-in basis.

University Medical Center
Women’s Health Center
(915) 532-5454
4824 Alberta Suite 403
M, Th and F 8:00am- 11:00am and 1:00pm – 4:00pm
T 10:00am – 7:00pm
W 10:00am - 2:00pm and 3:00pm - 6:30pm

Accept: Women’s health program discount of the hospital and sliding scale fee
Services: Prenatal care and family planning services
Male clinic offered on Wednesdays
Call to make an appointment; they receive only a certain number of walk-ins
If funds are not available, patients are still seen.
Second Saturday of every month is designated for teenagers; 8:00am to 12:00pm

Texas WorkForce Solutions Borderplex
Admin Office: 300 E. Main St., Ste 800
(915) 887-2600
www.borderplexjobs.com

Come in and set up appointment. Walk ins.
Services: Vocational opportunities for individuals with disabilities (mental or physical). Assistance provided in obtaining or retaining employment. Contact the office to schedule an appointment with a counselor. Bilingual services and sign language interpreter available.
Information about vocational services can also be obtained from the Center for Accommodations and Support Services (747-5148) at UTEP.
Documents needed: ID, social security card, Medicaid and insurance information.
Self Help and Support Groups

**Adult Children of Alcoholics (ACOA)**
Bethany Christian Church
10453 Springwood (off of Yarbrough)
M-F 9:00am – 2:00pm
Meeting time: Tuesdays @7:00pm
(915) 592-5977

**Gamblers Anonymous**
Bethany Christian Church
10453 Springwood (off of Yarbrough)
M-F 9:00am – 2:00pm
Meeting time: Wednesdays @7:00pm
(915) 592-5977

**Alateen**
Alanon information service of El Paso
P.O. Box 3489 El Paso, TX 79923
(915) 562-4083
778-3686 (For groups in spanish)

**Alcoholics Anonymous**
3318 Douglas Ave
(915) 562-4081 (24 hour answering service)
aaelpaso.org

**Narcotics Anonymous**
riograndena.org

**Overeaters Anonymous**
Search for meetings at www.oa.org

**Co-Dependent Anonymous**
Search for meetings at http://coda.org/

**Luminarias Catholic LGBT Group**
No physical address.
If information needs to be sent best to do it through e-mail.
Contact: Angie Lugo (915) 549-4095
luminariascathglbt@sbcglobal.net

**MADD (Mothers Against Drunk Drivers)**
7500 Viscount, Suite 295
1-877-MADD-HELP
8:00am – 5:00pm
madd.org

**NAMI (National Alliance on Mental Illness)**
6044 Gateway Boulevard East, Suite 401
(Inside the Compass Building)
915-778-5726
M – F 9:00am – 5:00pm
www.namiep.org

**Services:** Support groups for client and client’s family members of those who are mentally ill.
Groups provided in English and Spanish
A lending library provides educational videos and books to the family members.
Person needs to call to inquire about the days and times of the groups.
Family education services - free all year round.

**P-Flag (Parents, Families and Friends of Lesbians and Gays)**
pflagelpaso.org

**Victim Impact Panel Classes:** Court ordered classes for those arrested and who received a DWI.
Call for information on the times and days for classes.
Community Service offered and volunteer opportunities offered.
Social Service Agencies

**Adventist Family Clinic**
3379 Wedgewood Dr. Suite A  
(915) 790-1038

Provider Everyday Medical Services Available:
- MWF: 8:00am – 12:00pm  
- Tuesdays: 2:00pm – 5:00pm  
- Thursdays: 1:00pm – 5:00pm

**GYN and Women’s Health Care:**  
Tuesdays: 8:00am – 12:00pm

**Eye Exam:**  
Tuesdays: 9:00am – 12:00pm; 3:00pm – 5:00pm

**Vegetarian Cooking Classes:**  
2nd and 4th Tuesday of every month  
9:00am – 11:00am

**Requirements:** One form of identification (driver’s license, I.D., birth certificate, social security card, passport, school verification); One form of proof of income (last two check stubs, previous year income tax return, declaration of income, benefits from social security, welfare, food stamps, or general assistance)  
**NOT FOR PATIENTS WITH MEDICARE, MEDICAID, PRIVATE INSURANCE OR MONEY**

**Services:**
- Free acute medical problems: sore throat, allergies, bronchitis, asthma, etc.
- Free chronic medical problems management: diabetes, hypertension, gastritis, etc.
- Free women’s health care: PAP smear, gynecological exams, breast exam
- Free minor surgeries: wart removal, biopsies, skin cancer, etc.
- Free injection treatment: anti-inflammatory steroids, anti-emetics, antibiotics, etc.
- Free lab services: diabetes, thyroid, cholesterol, etc.
- Free diagnostic procedures: EKG, basic x-ray
- Free optometry: basic eye exam for glasses
- Free durable medical equipment: crutches, walking canes, wheelchairs
- Free health education: vegetarian cooking classes, life style changes, natural remedies, nutrition classes, food basket on the 3rd Thursday of the month, and annual Thanksgiving gift to most needy families

**Annunciation House**
1003 East San Antonio  
(915) 545-4509  
6:00am – 10:00pm (time for interview)

annunciationhouse.org

Lodging for immigrants in El Paso  
24 hour shelter for undocumented individuals (3 meals a day). Families, single, and if a couple, separated sleeping quarters.  
Interview in person to see if person is a good fit.

**El Pasoans Fighting Hunger Food Bank**  
(915) 298-0353  
Call for location nearest you or visit their website:  
elpasoansfightinghunger.org

**Guiding Star El Paso**
1411 Montana  
Clinic hours:  
MW: 8:00am – 4:00pm  
Office hours:  
M-Th 8:00am – 5:00pm  
Fridays: Open until 3:00pm  
For a confidential appointment:  
(915) 544-9600  
guidingstarelpaso.org

**Services:** Pregnancy resource center: natural fertility, family planning, prenatal care, pregnancy, childbirth, breastfeeding, postpartum, and family life resources. Offers free ultrasounds, pregnancy tests, and counseling for pregnancy options. Parenting classes as well.  
**Note:** Not faith-based; was founded on Christian principles
General Assistance
9521 Socorro Rd., Ste. B1
6314 Delta
M-F 8:00am – 5:00pm
(915) 546-8150
www.epcounty.com/famcom/generalassistance.htm

Services: Utilities, rent, mortgage, medications.
Funeral services: they assist with providing cremation services through the mortuary. All based on person’s income & situation.
Utilities: Assist with only one bill per year. Income guidelines must not be exceeded.
Rent/Mortgage: To qualify, person must not have any income, no financial benefits, and not be living in government housing.
Medication program: Only for life threatening medication such as for diabetes and hypertension.
Application process: person needs to call first to inquire when applications are being provided and then apply in person. The application is reviewed and an explanation of the process is provided.

La Fe
700 S. Ochoa: Adult Clinic
(915) 545-4550
721 S. Ochoa: Pediatric Clinic
(915) 545-7090
M-F 8:00am – 5:00pm
lafe-ep.org

Services: General medical services, prenatal, WIC, dental services, pediatrics and immunizations. There are discounts on dental and medical services if the person lives within a specified zip code area and also depending on income.
Documents needed: Proof of residence, check stub or W2 form, ID and Medicare, Medicaid or insurance card.
Technology Department (545-7190): Offer classes such as computer classes, GED, computer graphics, citizenship, guitar and many more. It is recommended that a person become a member of the agency, but no one will be refused services.

Housing Authority of the City of El Paso
5300 E. Paisano
(915) 849-3742
M-F 8:00am – 5:00pm
hacep.org

Information on availability and type of housing is accessible on the 1st of the month. Next step is filling out an application. There are two types of housing: Public Housing: Based on person’s income, person may not choose where to live and housing is assigned upon availability.
Section 8 Voucher: Based on income, process starts with waiting list. Person needing assistance looks for a rental property (a house) of their choice and the rental property is processed through the housing authority. Housing is available for elderly, disabled and families. Housing will help with a portion of their rent.

La Posada Home
1020 N. Campbell
(915) 544-4595
M-F 9:00am – 5:00pm
Sat & Sun 10:30am – 3:00pm
(Donations)
laposadahome.org

Not an emergency shelter.
Services: Housing for homeless women who are dealing with domestic violence and have children. If they do not have children, an exception may be made depending on the case (boys must be younger than 12 years old). Person must call first to set up initial interview. Women can stay up to 6 months. Reference letter is needed from any emergency shelter.
Open Arms/Centro Santa Fe
8210 North Loop
(915) 595-0589
Office hours: T-F 9:30am -4:30pm
openarmscommunity.org

***Appointment necessary for food bank and resource center

**Services:** Food and thrift store available. If person qualifies for a program they will be eligible to receive food every month. For any special situation, a referral letter for food is required.

**Documents needed:** ID, and utility bill. If person lives in Juarez, passport is needed.

Project Vida
Administrative Office
3607 Rivera
(915) 533-7057
Appointment line, press #1
Several clinic locations
M – F 8:00am – 5:00pm
http://www.pvida.net/

**Services:** Medical and Behavioral health services, Dental Clinic, Housing Department, Health Education program for diabetes, OB/GYN clinic, Family Planning program, pediatrics, after school program, day care, economic development program for those wanting to start a small business. Homeless services are also available.

**Documents needed:** Proof of residence and income, ID and SSN (if available); Texas driver’s license, birth certificate

Opportunity Center
1208 Myrtle
(915) 577-0069

Seven days a week: 6:30am – 9:00pm
Homeless shelter for single men and women over the age of 19. Social services provides clothing. Three meals a day are offered. Dinner provided before 4:30pm. Having an ID could be helpful.

**Services:** Medical clinic available, laundry service, employment and mental health services (going to clinic to see psychiatrist)

Project Bravo
Main Office
2000 Texas
(915) 562-4100
M-F 8:00am – 5:00pm
MT 8:00am – 11:00am without appointment
projectbravo.org

Appointment is required.

**Services:** Assistance with prescriptions, housing and utilities. 6 locations in the city

**PAP (patient assistance program):** Call for hours of service and to inquire about the application process. Application needs to be filled out and sent to a pharmaceutical company; if qualified, medications will be mailed to one’s home.

**Documents needed:** Based on what application.

**Energy program (SEAP):** Financial assistance for electric and gas bills

**Weatherization program:** Weatherize your home (sealing doors or windows). (Call for availability)
Rescue Mission
221 N. Lee Street
(915) 532-2575
http://www.rmelp.org/
info@rmelp.org
Open to the public: 8:00am-3:00pm

Homeless Shelter: Able to house 192 people at a time, and average about 130 per night. Men, single women, families, those with medical needs, low-income renters, and those going through Relapse Prevention Program are housed.
Residents are provided with a place to stay, three meals a day, clothing, laundry facilities, and basic needs such as toiletries.
Residents are asked to meet with one of the Mission’s social workers, nurse, chaplain, and job search coordinator.
Activities are also provided for residents. Chaplain and other pastors host Bible studies, there are game nights, movie nights, art nights, and festivals.
Corner of Hope: located at 130 N. Cotton St., COH is an outreach to the homeless community who are in need but are not residents. Facility provides food and drink, a place to shower, clean clothes, and laundry machines, all for free. About 60 to 90 people are served Mondays through Fridays from 8:00am to 2:00pm. Mondays, Wednesdays, and Fridays are reserved for men. Tuesdays and Thursdays are reserved for women. Las
Relapse Prevention Program: 13 week faith-based and non-denominational program that addresses bio-psycho-social-spiritual concepts in recovery. Each problem area is dealt with on an individual, one on one basis. The program is an in-house course that requires commitment and cooperation. Enrollment begins 2 weeks prior to the beginning of each session and is limited to 12 individuals.
All individuals who are interested in the program should go in for an interview with the Case Manager Supervisor:
Darlene Domingue
(W) (915) 532-2575
(C) (915) 328-1102
Email: d.domingue@rmelp.org

Salvation Army
4300 E. Paisano
(915) 544-9811
salvationarmy.org

24 hour shelter for families
Not accepting new clients after 8:00pm
Social Service Department: M-F 9:00am – 5:00 pm
Food Boxes to pick up: M-Th 9:00 – 11:00am
Assist with food and shelter
6:00pm: Soup kitchen for everyone
Documents needed for food: Picture ID (adults), social security card, proof of address, proof of income and letter from department of human services stating “not receiving food stamps”.

St. Vincent Family Health Center
8061 Alameda Avenue
(915) 859-7545
Toll free: 1-877-415-5106
Fax: (915) 859-9862
For After Hours or Weekend Emergencies:
(915) 859-7545

Services:
Primary Care: Outpatient care services include medical treatment of illness and disease as well as preventive care for all ages.
Dental Services: San Vicente's Dental Clinic provides emergency, restorative, and preventive care for all ages.
Behavioral Health: A Psychiatrist and Licensed Counselor provide individual and group counseling for homeless clients. Case Management staff assists clients with referrals to other services and shelters.
Spiritual Care: San Vicente is constructing a Spirituality Center to further its commitment to holistic healthcare. The Spirituality Center is to be a reverent, sacred space that welcomes patients, staff, and the community-at-large to participate in a variety of programs related to spirituality and healthcare.
St. Vincent de Paul
Thrift Store Locations (2 of them):
2104 N. Piedras
(915) 564-4357
M – Sat 10:00am – 6:00pm
6950 3rd St. (Canutillo, TX)
(915) 877-7030
T-F 9:30am – 5:00pm
www.svdelpaso.org

Food Pantry: (613-3984)
W 9:30am – 11:30am; Th-F 1:00pm – 3:00pm
(if food available will be given or will be put on a waiting list)
Services: Referral for furniture and clothes would be from a catholic church in their area.
Documents needed: Person needs to bring an I.D
Families can only be helped once a year.

Texas Rio Grande Legal Aid, Inc.
1331 Texas Ave.
(915) 585-5100
1-800-369-2792
www.trla.org

M-F 9:00am – 11:30am
1:00pm -4:30pm
Call (915) 585-5183

Services: Several legal clinics to help educate on wide range of legal issues.

YWCA Child Care Services Program (CCS)
1600 N. Brown
(915) 533-7528 ext. 0
M – F 8:00am – 5:00pm
(hours depend on the location)
Can apply online at: ywcaelpaso.org

Services: Can help assist parents in meeting their childcare payments.
Requirements: A parent must be working or participating in eligible training programs or classes, and must meet income guidelines. Applications may be completed in person. Must join the CCS wait list on the website.
Locations:
• Central
  1600 Brown Street
  (915) 519-0030 (general)
  (915) 500-7665 (eligibility)
  fax (915) 225-0248
• Lower Valley
  8825 North Loop Suite 122
  (915) 887-2413
  fax (915) 881-4824
• Northeast
  8941 Dyer Street
  (915) 887-2413
  fax (915) 881-4890
YWCA Consumer Credit Counseling Services
201 E. Main
Suite 400
Main: (915) 519-0000
http://www.ywcaelpaso.org/
(915) 519-0034
cccs@ywcaelpaso.org

Services: CCCS provides consumers with budget, debt, and housing advice. Counselors help identify the causes of financial problems and ways to fix them. All services are available in English and Spanish. The following are provided at free or low cost:

- Credit and budget counseling
- Credit review counseling
- Debt management
- First time homebuyer counseling – educational workshops are free
- Housing counseling
- Pre-file bankruptcy counseling
- Children Cope with Divorce – an educational course, for parents of minor children, which teaches effective parenting during the transition of divorce. Cost: $50
- Financial education programs – covers topics in a classroom or online setting. Online option available for a small fee.
- Stretching Your Dollar – basic budgeting
- Credit When Credit is Due – comprehensive credit management
- Money in Motion – financial management overview

**For full listing of classes offered please visit ywca.org**
### Catholic Affiliated Organizations

#### Casa Vides
**(subsidiary house for Annunciation House)**
325 Leon St.
(915) 544-8451

Director: Ruben Garcia  
First need to go through the Annunciation house  
Emergency shelter for single women and families

#### Nazareth Hall Nursing Center
1475 Raynolds St.
(915) 565-4677  
nazarethliving.org

Administrator/CEO: Kenny Welch  
Skilled nursing facility, provides rehabilitation services including physical, occupational and speech therapy for the elderly

#### Las Americas Immigrant Advocacy Center
1500 E. Yandell  
(915) 544-5126  
M – Th 9:00am – 4:00pm  
las-americas.org

**Services:** Provides high quality legal representation for undocumented immigrants in this community.  
**Fee:** Walk-ins $50; consultations for new clients are 1\textsuperscript{st} and 3\textsuperscript{rd} of the month from 9:00am -12:00pm.

#### Villa Maria Home for Women
920 S. Oregon  
(915) 544-5500  
villamaria_elp@sbcglobal.net

Executive Director: Linda Velarde  
Person needs to call and will speak with Naomi Orona; needs to set up interview.  
Transitional living shelter for homeless women
UTEP Resources

Dean of Students
Dr. Catie McCorry Andalis
Associate Vice President and Dean of Students
cmandalis@utep.edu
(915) 747-5648

Office of Student Conduct and Conflict Resolution
(OSCCR)
Union East Rm 303
(915) 747-8694
studentconduct@utep.edu

Food pantry: M-F 8:00am – 5:00pm (times change during the summer)
- Location: Memorial Gym 105
- Contact person: Roberto Martinez 747-7484
Please call for details.

Family Friendly Room
Union West Rm 112
8:00am to 5:00pm
(915) 747-5670

Military Student Success Center
Library Room 205
(915) 747-5342
msssc@utep.edu

University Career Center
Workforce Solutions (Upper Rio Grande)
103 W. Union Bldg.
(915) 747-5640
M – F 8:00am – 5:00pm
sa.utep.edu/careers/

“Career Closet” – clothes to borrow for interviews

FHAR (Foster, Homeless, Adoption Resources)
Academic Advising Center
(915) 747-5290
M – F 8:00am – 5:00pm
utep.edu/advising/fhar

Miners Advocacy & Prevention Services (MAPS)
1101 N. Campbell St.
care@utep.edu

Contacts:
- Arely Hernandez, Director
  (915) 747-8154
  azaragozahernandez@utep.edu
- Justin Tompkins, Case Manager
  (915) 747-7500
  ijtomkins@utep.edu
- Elisa Chaides, Case Advocate
  (915) 747-7452
  echaidesreye@utep.edu
- Adiel Holguin, LPC
  (915) 747-7439

For Additional Resources:
All student affairs resources on campus via the Division of Student Affairs website:
http://www.utep.edu/student-affairs/resources/index.html

Services: Provides free and confidential services to any UTEP student who is a victim of crime and their support system. Provide a safety and security plan. Provide confidential counseling. Offer on and off campus resources. Assist with medical/legal matters as a direct result of a crime, if applicable.
Resources in Ciudad Juárez, Mexico

**Centro de Apoyo Psicológico para la Familia y la Industria A.C.**
Calle Avenida de la Raza #5909
Colonia Raúl Garcia
(01152656) 618-05-00
M – Sa 9:00am – 6:00pm

**Services:** Individual, couple, and family therapy. Need to call to make an appointment.

**Cost:** 700 Pesos; $30

**Centro de Derechos Humanos Paso Del Norte, A.C.**
Calle Independencia #7073
Colonia Lino Vargas
(01152656) 170-42-03
M – F 9:00am – 4:00pm
contactoac@cvhelpasodelnorte.org

Promoting and defending human rights

**Services:** Individual and group therapy and legal consultation for victims who have gone through a “forced disappearance” ( “kidnapped”) or have experienced some type of torture

Services offered to both men and women; any age

**Cost:** Free

**Programa Compañeros**
Avenida de las Razas #2643
Fraccionamiento Sylvias
(a la altura del parque Borunda)
(01152656) 611-37-92
M- F 9:00am – 7:00pm
www.programacompaneros.org

**Services:** Counseling and testing for HIV, medical, psychological, and pathology services

**Cost:** Whatever can be paid by patient

**DIF Municipal de Juárez**
*(Desarrollo Integral para la Familia)*
Administrative Offices
Abraham Lincoln y Benjamín Franklin
Circuito Pronaf y Colonia Margarita
(Behind Plaza de las Americas)
(01152656) 613-81-41 or 613-10-81 or 616-69-66
M – F 8:00am – 3:00pm

**Contact:** Lic. Nubia Rodriguez Marquez
(coordinator for social services)

**Services:** Assist with food, clothing and shoes and medications available with prescription

**Program: Armando Familias Plenas (Putting Together Complete Families):**
Workshops are provided regarding different life values for the entire family at no cost – depending on academic year

**Coordinator:** Delimar Certa o Rosario Cortez
direcciongeneraldif@juarez.gov.mx

**Centro de psicología integral y fortalecimiento familiar:**
**individual, group and family therapy**

**Cost:** Free

Call to make an appointment/hablar para hacer cita:
(01152656) 625-13-23
Calle Fresnel #9225
Colonia Partido Senecu
Parque industrial Bermúdez

**Coordinator:** Lic. Julio Cesar Ruiz
Suprocuraduría de Protection Ausilar de Niñas, Niños, y Adolescentes para el Distrito Judicial Bravos
Calle Panama #980 / Esquina con Pedro S. Varela
Colonia Hidalgo
(01152656) 629-33-44 or 629-33-00
Ext. 53-304
M – F 8:00am – 4:00pm
Report both ways; by phone and in person
Child Abuse Reporting: They have contact with CPS, the Mexican Consulate and Immigration.
Lic. Jorge Omar Gaspar Pereira (coordinator)
Ext. for reporting: 53-306 or 53-314
Services: Legal guidance only for those individuals who have current cases with this agency.
Adoption services are available M- F, 8:00am - 4:00pm

Universidad Autónoma de Ciudad Juárez (UACJ)
Avenida Universidad y Avenida Heroico Colegio Militar
Zona Chamizal
Centro de Atención Psicológica Sure
Instituto de Ciencias Sociales y Administración (ICSA)
Edificio G
(01152656) 688-38-48
M – F 9:00am – 8:00pm
www.uacj.mx
Initial interview is first and then the therapist schedules the next appointment.
Students are the ones providing the therapy under the supervision of the professor in charge of the program.

Psicólogos en Juarez

Colegio de Psicólogos
(a national affiliation)
Gildardo Magaña #431 (consultorio)
(01152656) 618-13-56
(01152656) 326-56-37
M-F 9:00am – 7:00pm
Sa 10:00am – 2:00pm
Contact: Martha Margarita Perez Cruz
This is a group of psychologists who provide therapy and also refer to any psychologist in Mexico and South America, depending on the need of the individual. Call to inquire which psychologist a person can be referred to.

Rosalia Delgado
Rio Tonala 1824
Fracc. Vista del Norte
Cd. Juarez, Chihuahua, MX
Psychotherapy/terapia psicologica 500.00 (about $28)
Important Numbers

211 Texas
Nationwide Referral Service
1-877-541-7905
24-HOUR SERVICE (food, bills, shelter etc.)

Borderland Rainbow Center**
2714 Wyoming Ave.
(915) 263-4623
www.borderlandrainbow.org

Campus Police (915) 747-5611

CPS/APS 1-800-252-5400

CRISIS LINE: (915) 779-1800

Diocesan Migrant & Refugee Services
2400A East Yandell Dr.
(915) 532-3975 or (915) 546-2153
www.dmrs-ep.org

National Domestic Violence Helpline
1-800-799-7233
www.thehotline.org
(online chat available)

National Human Trafficking Hotline
1-888-373-7888

National Runaway Safeline
1-800-RUNAWAY
1-800-786-2929
https://www.1800runaway.org/

National Suicide Prevention Lifeline
1-800-273-TALK
www.suicidepreventionlifeline.org

Paso Del Norte Civil Rights Project
(915) 532-3799
www.texascivilrightsproject.org

PFLAG El Paso**
(915) 209-2667
www.pflagelpaso.org

SHELTER FOR BATTERED WOMEN
24-Hour Hotline
(915) 593-7300

Rape, Abuse & Incest National Network (RAINN)
1-800-656-4673
www.rainn.org
(online chat available)

The Texas Attorney General
Crime Victims Service Division
(915) 834-5815
1-800-983-9933 (Hotline; Austin)
Can also call:
(512) 936-1200
www.oag.state.tx.us

Texas Department of Family and Protective Services
Hotline: 1-800-252-5400
www.txabusehotline.org

The Trevor Project**
Hotline: 1-866-488-7386
www.thetrevorproject.org
(online chat and text available)

Veteran Crisis Line
1-800-273-8255 Press 1
Text: 838255

**LGBTQ+ Resource