The University Counseling Center does not endorse or recommend any specific mental health service provider community agency. This list is mainly for your convenience and is not intended to be a complete list of all mental health agencies in our area.

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Counseling and Psychotherapy

Catholic Counseling Services
499 St. Matthews
(915) 872-8424
M-W-Th 9:00am – 6:00pm
Tues 9:00am – 8:00pm
F 9:00am – 5:00pm
Closed for lunch from 12:00pm – 1:00pm
http://www.elpasodiocese.org/

Accept: Sliding scale, Medicare, Medicaid, CHIP and most insurances
Documents required: proof of income (last 3 pay stubs), utility bill, picture ID and medical insurance (if available).
Services: Individual, family and marital therapy. Walk-in to fill out paperwork: 9:30am – 11:30am and 1:30pm – 5:30pm. Initial appointment scheduled upon completion of paperwork. Bilingual therapists are available.

El Paso Child Guidance Center
2701 East Yandell
(915) 562-1999
Yandell Office: M – Th 8:00am – 6:00pm
F 8:00am – 12:00pm
9001 Cashew Ste. 300
Cashew Office: M-Th 8:00am – 7:00pm;
F 8:00am – 12:00pm
epgc.org

Registered Billing & Credential Coordinators:
Luz Rivas & Sabby Nevarez
Accept: Sliding Scale, Medicaid and some insurances
Bilingual therapists available. Psychiatrist on staff, but only for children. Walk-in to register.
Rollercoaster program: Offered twice a year, for children whose parents are going through a divorce (primary program for ages 5 to 8 and intermediate program for ages 9 to 13). Divorce parent group/rollercoaster program offered at the same time.

Children’s Grief Center of El Paso
11625 Pelicano Ste. B
(915) 532-6004
M – F 9:00am – 4:00pm
cgcelpaso.org

Director: Laura Olague, Contact Person: Alice
Accept: Cash, check and debit
Services: Peer support group for grieving children and their families. Children and young adults, ages 5 and up to 22. While children attend, parents also need to go to a support group. Groups meet twice a month on Thursdays from 6:30pm – 8 pm (in Spanish, if needed, and English). Must call to schedule interview for family members involved. Initial interview per family $50. Each group session $40 for 2 family members and $5 for each additional family member. Slight discount if needed.

Family Service of El Paso
6040 Surety
(915) 781-9900
M – Th 8:00am – 8:00pm
F 8:00am – 7:00pm
familyserviceofelpaso.org

Accept: Medicaid, sliding scale, insurances, CHIP and Tri-care (need a referral)
Documents required: Completion of registration agreement, prior 30 days of family income or prior month’s bank statement or prior year’s income tax return
**Provides services regardless of the ability to pay
Project Vida: Offers primary health care including family planning, wellness exams, medication, and referrals based on medical need. Also offers psychiatric services that include an evaluation and treatment recommendations. Project Vida is at Family Service’s center on Tuesdays and Wednesdays.
Living Hope Christian Counseling Services
(Christian Based Counseling)
1801 Wyoming Ste. 102
(915) 772-2237
M 5:00pm – 8:00pm
T-W 8:00am – 8:00pm
Th-F 8:00am – 6:00pm
livinghopeccs.org

Accept: Sliding scale and insurance (Tri-care, Aetna, Blue Cross/Blue Shield, CIGNA)
Services: Individual, family, and marital therapy. Call to make an appointment. Walk-in not available.
*Office hours are also based on counselors so times may vary

Letty Counseling Services
1201 Airway Blvd. Suite C2
(915) 542-4200
M – Sat 10:00am to 8:00pm
Sometimes appointments available on Sundays

Accept: Insurance, Medicaid/Pro Bono if no insurance
Bilingual therapists available
Services: Individual or Family and couple therapy; anger management; children who are able to verbally communicate
Pricing: First appointment is $125; follow up $90
Psychiatric and Related Services

Aliviane Inc.
1626 Medical Center
(in front of Providence)
(915) 782-4000 (Admin)
(915) 779-3764 (Outpatient)

Services: Adult outpatient; 10-15 weeks depending on severity; groups, relationships, relapse prevention; Counseling is 1 hr/week; Group is 6 hrs. State funding if person qualifies. No insurances; they do take Medicaid.

Aliviane Women and Children Treatment Program
7722 North Loop
(915) 782-4014
M-F 8:00am – 6:00pm (for assessment)
aliviane.org

Residential Program – Open 24 hours/day
Director: Ricki Estrada
Accept: Medicaid, Insurance, and sliding fee scale
Services: Call to make appointment if using drugs or alcohol in the last 12 months. Individual and group therapy for drug/alcohol issues, and dual diagnosis. Intense case management, individual and group therapy. Family therapy is provided at the Behavioral Health. Bilingual therapists available. Inpatient average stay: 30-90 days Accept children with their mother, however, the limit is 2 children, ages 12 and under. Children’s therapist available. Must have custody of child and be TX resident.

Army Community Services
Family Advocacy Program
2494 Ricker (on Ft. Bliss)
(915) 568-9129
(915) 568-9134
M-F 7:30am – 4:30 pm
bliss.armymwr.com

Family Advocate Program: Anyone affiliated with the military must present military ID. Services provided on a walk-in basis.
Domestic Violence hotline: (915) 269-2013
Sexual Assault hotline: (915) 245-8991
Services: Classes are provided. Times and dates vary each month. These include marriage, stress management, life skills, parenting classes. Individuals must call for class times and dates. Check website for more info.
New Parent Support Program (NPSP): parent education and support services; divorce classes also available.

Community Counseling Center
785 Anthony Dr.
Anthony, NM
(575) 882-5100
M-F 8:00am – 5:00pm

Accept: Only New Mexico insurances. If paying out of pocket, inquire if payment plan available. Psychiatric services also available. Call for an appointment.
El Paso Psychiatric Center
4615 Alameda
(915) 532-2202
Open 24 hours
http://www.dshs.state.tx.us/mhhospitals/ElPasoPC/

Accept: Medicaid, Medicare and insurance
Services: Inpatient treatment for adults and children 17 & under.
First assessed at Emergence Health Network on Montana St.

El Paso Vet Center
1155 Westmoreland Suite 121
(915) 772-0013
M 8:00am – 4:30pm
Tues 10:30am – 7:00pm
W-F 8:00am – 7:00pm
Sat CLOSED
www.VetCenters.va.gov

Services: Mainly deal with combat veterans.
Individual, group, couple’s therapy.
Call for appointment.
Requirements: Bring in a copy of DD214

Emergence Health Network
1600 Montana
24 hour Crisis Line (915) 779-1800
(915) 887-3410 (Central administration office and customer relations number)
Please visit website for updated info:
www.emergencehealthnetwork.org

Outpatient Clinics in various areas (8am-5pm)
Accept: Medicaid, Medicare and most insurances
Services: Depends on diagnosis and state mandates.
Crisis screenings are free of charge.
Medication monitoring and case management are offered if person qualifies for services.
Therapy groups are provided as needed.
Person is screened and evaluated to determine if they are sent to EPPC, PEAK (in Santa Teresa, NM) or EPBHS (formerly UBH).

Emergence Health Network
Outreach, Screening, Assessment and Referral
(Addiction Services)
To schedule a confidential appointment, please call:
OSAR Main: (915) 747-3605
EHN Centralized Scheduling: (915) 242-0555
7760 Alabama, (915) 779-1800
2400 Trawood
1551 Montana
8500 Boeing Drive
OSAR@ehnelpaso.org

Services: Through the OSAR program, which is the first point of contact for those who are seeking substance abuse treatment, individuals can receive free confidential services by licensed chemical dependency counselors. Regardless of pay source, OSAR will provide a screening, assessment, referrals, placement, and follow up for drug treatment services to 13-years and older Texas residents.
Appointments are given over the phone; walk-ins welcomed. Services are at no cost to any Texas Resident 13 years and older.

Priority populations for treatment include:
- Pregnant individuals
- Injection drug users will be admitted within 14 days
- Department of Family Protective Services-referred individuals will be admitted within 72 hours

A qualified professional Licensed Dependency Counselor/Counselor Intern is available to conduct assessments and will be able to help with a treatment plan; Co. will also provide brief interventions as pre-treatment services; use Motivational Interviewing (MI), education information about overdose prevention, and service coordination to reduce barriers to treatment.

Peer Support Specialist (Recovery) will assist with sustaining engagement with substance use disorder treatment services.

Documents needed: I.D., proof of residence, work stub, proof of any source of income; Medicaid, Medicare

Contact Person: Elizabeth Zarate
La Clinica de Familia New Mexico
385 Calle de Alegra
Las Cruces, NM 88005
Admin: (575) 526-1105
M-F 8:00am – 5:00pm
Behavioral Health: (575) 647-2800
Crisis Line 844-622-7099
www.lcdfnm.org

Accept: Sliding scale, Medicaid, and private insurance.


Behavior Management Services (BMS): Intended for children and adolescents that present with a diagnosed behavioral health condition and are at risk of out-of-home placement due to unmanageable behaviors in the home or within the community; youth that require behavioral management intervention to avoid inpatient treatment. Trained BMS provider provides 1:1 services through coaching and training.

Assertive Community Treatment (ACT): Program designed to deliver full range of services to those who have been diagnosed with severe disabling mental illnesses.

Psychosocial Rehabilitation (PSR): An adult mental health day program. Group activity is structured and provided by mental health professionals that ensure a safe and nurturing environment.

Supportive Housing: Follows housing first model which is an approach to end all chronic homelessness. Call to schedule an intake appointment.

Trinity Center of El Paso
8716 Independence St.
El Paso, TX 79907
(915) 772-9111
homewardboundinc.org

Services: Provide rehabilitation services through detox programs such as Residential Detoxification and Ambulatory Detoxification. Government Funded: Sliding scale available, private pay, some insurances.

Intensive Residential Services: 28 day treatment in our residential setting that facilitates recovery from substance dependence. Also for patients who experience mental disorders and substance abuse simultaneously. This is only available when funding is available.

Outpatient Services: Group Meetings, relapse prevention, and individual group sessions. Individuals are referred out for some outpatient services. *Call to see if funding is available; usually it is on a case by case basis.

Accepts: Sliding scale; state funded

Trinity Center of El Paso
8716 Independence St.
El Paso, TX 79907
(915) 772-9111
homewardboundinc.org

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Accepts: Sliding scale; state funded

Texas Tech Department of Neuropsychiatry and Behavioral Sciences
4615 Alameda (within EPPC) (Basement)
(915) 215-5850
M-F 8:00a.m – 5:00pm

Services: Psychiatric evaluations and medication monitoring
Intake done by phone, not a walk-in clinic; appointment is set up if criteria is met. Bilingual services.

University Medical Center
4815 Alameda Ave
(915) 544-1200

Services: Ambulatory surgery unit, emergency services, laboratory, imaging services, rehabilitation, employee health centers, inpatient services, outpatient clinics

University Medical Center Emergency Room
4815 Alameda
Open 24 hours
(915) 521-7700

If an individual is in need of immediate psychiatric services:
The individual will be evaluated by an ER physician who will then determine the need for psychiatric services. A Texas Tech psychiatrist from EPPC will be contacted to further evaluate the individual and provide the necessary follow-up.
VA Behavioral Healthcare Center
5001 N. Piedras
(assigned to William Beaumont Army Medical)
(915) 564-6100
Press 2 for Appointment & Scheduling
Press 4 for Eligibility Inquiries

TelephoneCare: 866-862-7863

Eastside Community-Based Outpatient Clinic
2400 Trawood
(915) 217-2428

Las Cruces Community-Based Outpatient Clinic
3401 Del Rey Boulevard
Las Cruces, NM 88012
(575) 522-1241
MWThF 8:00am – 4:30pm
Tues 9:00am – 4:30pm
Doors open at 7:30am
www.elpaso.va.gov

Services: Individual, and group counseling for
veterans and their families.
Drug/alcohol counseling, military sexual trauma,
PTSD, some support groups for Iraq and Afghanistan
returning veterans CWT (Counseling and work
therapy) is provided as needed
Disabled American Veterans Commission provides
transportation, rehabilitation for those with disabilities
Bilingual therapists

Documents needed: DD214, another form of
identification.
Call for an intake.
Additional Service Agencies

Center Against Sexual and Family Violence (CASFV)
580 Giles

Family Resource Center: (915) 595-2238
24-hour Crisis Hopeline: (915) 593-7300 (domestic)
M-Th 8:00am – 6:00pm and F 8:00am – 12:00pm
casfv.org

Services: Free counseling (individual and group) for survivors of domestic violence and individual therapy for their families (depends on situation). There are also parenting classes and teen programs. Emergency shelter and a transitional living center available. Bilingual therapists available. Call for an intake appointment.

Other programs: Battering intervention and prevention, community education and outreach and volunteer services.

Next to Nuevo: Store sells clothes and furniture and proceeds go to the shelter. First of the month 8:00am – 12:00pm.

Contact Person: Candice Brown (915) 593-1000 x400; cbrown@casfv.org

Dress for Success: Clothes for job interviews for both men and women are provided.

Child Crisis Center of El Paso
2100 North Stevens Street
(915) 562-7955
www.childcrisiselp.org

24/7 Children’s emergency shelter, ages newborn to 13 years when there is a family crisis.

Circle of Love Nursery: temporary care for infants 0 to 4 years. If child is admitted, the following is required: shot record, birth certificate, social security card, and Medicaid card.

Fatherhood: Weekly fatherhood classes in English and Spanish. Call to be put on waiting list.

Teen Talk: Sexual health education

El Paso HOPES (Healthy Outcomes Through Prevention and Early Support): Instruction in the home; additional supportive services available for families as needed.

Military Families and Veterans Prevention Program (MFVPP): Offered to active duty and veterans. All branches of service and their families. Offered parenting classes, special topics classes, and in some cases monetary assistance.

DARS: The Deaf and Hard of Hearing Services
www.dars.state.tx.us/dhhs/

**Now under TWC**

Department of Human Services
1-877-541-7905 or 211
Can apply for Medicaid, TANF(foodstamps) online at:
yourtexasbenefits.com

Services: SNAP Food Benefits, TANF helps families with children age 18 and younger pay for basic needs. Helps cover visits to doctors, dentists, and hospitals. Also covers medical prescription, helps people with daily needs, caregivers, and people with mental health, drug, or alcohol issues; WIC food benefits. Prescreening tool on-site.

El Paso Center for Children
2200 N. Stevens
(915) 565-8361
M – Th 8:30am – 5:30pm and F 8:30am – 5:30pm
epccinc.org

24-hour Runaway shelter for ages 14 to 17 years.

Services: Therapeutic foster care and individual therapy for the teens receiving services within the center.

Therapeutic Homes Program: (915)565-5021
Runaway Emergency Shelter: (915) 562-4765
El Paso HOPES: (915)562-7955
Star Program: (915) 565-5021

El Paso Public Library
Various classes are offered such as job and career preparation, computer skills and test preparation.

www.elpasolibrary.org
**Services:** Provide the necessary medical support for patients who are terminally ill and also support for the family.

**Process:** A call to request services can be made by a family member, doctor, friend, or person who is terminally ill. The agency will need to obtain a referral from the doctor in order for services to be provided. Information is first taken over the phone and the assessment is completed by a visit to the individual who is sick. Hospice provides the patient’s required medication and medical equipment depending on the diagnosis.

**Bereavement Support Group:** Family members can attend during patient’s illness and upon patient being deceased. Time of group varies based on availability of family. Chaplin also available. Agency will follow up with the family up to 13 months after the loss.

- Provides young adults with information about basic healthcare and facts about pregnancy.
- Medicaid support program if financial assistance is needed, there is a Medicaid eligibility program representative on site to assist with application process.

**Documents needed:** Picture I.D.
No appointment necessary.

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**Sun Metro**
(915) 533-3333
sunmetro.net
Texas Tech Clinics
4801 Alberta (behind University Medical Center)
M-F 8am-10pm
Sat. 10am-4pm

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<td>M-F 8am-5pm</td>
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<tr>
<td>Internal Medicine</td>
<td>(915) 215-5200</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>Neurology</td>
<td>(915) 215-5900</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>OB &amp; OB-GYN</td>
<td>(915) 215-5000</td>
<td>M-F 8am-5pm</td>
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<td>Ophthalmology</td>
<td>(915) 215-6050</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>Orthopedic</td>
<td>(915) 215-5400</td>
<td>M-F 8am-5pm</td>
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<td>Surgery</td>
<td>(915) 215-5300</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>Pediatrics</td>
<td>(915) 215-5700</td>
<td>M-F 8am-5pm</td>
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<td>Sat. 10am-4pm</td>
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http://www.elpaso.ttuhsc.edu/elpaso/clinics/

Accept: Medicare, Medicaid and Insurances
Services: Internal medicine, neurology, Ob/Gyn, pediatrics, breast care, psychiatry, neurosurgery. There are different clinics throughout the city.

- Breast Care Center - Survivorship Program: Survivors who have ongoing physical, psychological, and emotional needs, as well as other needs stemming from their previous cancer diagnosis. Program provides the opportunity to address unmet needs with experts. The program complements the care at no extra cost. It is a holistic follow-up treatment in a healing and nurturing environment.

Documents Needed: A referral from your primary doctor is needed to obtain service for neurology
Documents Needed for Discount: Current I.D., utility bill with name and current address, prior year’s income tax return.

Texas WorkForce Solutions Borderplex
Admin Office: 300 E. Main St., Ste 800
(915) 887-7600
www.borderplexjobs.com

Call first for appointment
Services: Vocational opportunities for individuals with disabilities (mental or physical). Assistance provided in obtaining or retaining employment. Contact the office to schedule an appointment with a counselor. Bilingual services and sign language interpreter available.
Information about vocational services can also be obtained from the Center for Accommodations and Support Services (747-5148) at UTEP.
Documents needed: ID, social security card, Medicaid and insurance information.

University Medical Center
Patient Financial Services
4824 Alberta (Annez Bldg.)
(915) 521-7900
M-F 8:00am – 5:00pm
Assistance with finances when receiving any services within the UMC system.

University Medical Center
Prescription Patient Assistance
4815 Alameda Dept. 728
(915) 521-7275
M-F 8:00am to 6:00pm

Services: prescription assistance, enroll patients to help with medications if patients are non-insured and are in need of non-generic medications
Patient needs to ask about psychotropic medications
Documents needed: proof of income or social security benefits. Other documents may be needed, but it depends on the program that the individual qualifies for.
No appointment required; it is on a walk-in basis.

University Medical Center
Women’s Health Center
(915) 532-5454
4824 Alberta Suite 403
M, Th and F 8:00am-11:00am and 1:00pm – 4:00pm
T 10:00am – 7:00pm
W 10:00am-2:00pm and 3:00pm – 6:30pm

Accept: Women’s health program discount of the hospital and sliding scale fee
Services: Prenatal care and family planning services
Male clinic offered on Wednesdays
Call to make an appointment; they receive only a certain number of walk-ins
If funds are not available, patients are still seen.
Second Saturday of every month is designated for teenagers; 8:00am to 12:00pm
Self Help and Support Groups

**Alanon/Alateen**
Alanon information service of El Paso
P.O. Box 3489 El Paso, TX 79923
(915) 562-4083
778-3686 (For groups in spanish)
nmal-anon.com

**Gamblers Anonymous**
Bethany Christian Church
10453 Springwood (off of Yarbrough)
M-F 9:00am – 2:00pm; Also, W @ 7:00pm
Sunday School 9:15am
(915) 592-5977
bcc-elp.org

**Alcoholics Anonymous**
3318 Douglas Ave
(915) 562-4081 (24 hour answering service)
aaelpaso.org

**Narcotics Anonymous**
riograndena.org

**Overeaters Anonymous**
For newcomers: oa.elpaso@yahoo.com or (888) 590-9625
Search for meetings at oa.org
Para información en Español – http://espanol.oa.org/

**Luminarias Catholic LGBT Group**
No physical address.
If information needs to be sent best to do it through e-mail.
Contact: Angie Lugo (915) 549-4095
luminariascathglbt@sbcglobal.net

**NAMI (National Alliance on Mental Illness)**
6044 Gateway Boulevard East, Suite 401
(Inside the Compass Building)
915-778-5726
M – F 9:00am – 5:00pm
http://namiep.org/

Services: Support groups for client and client’s family members of those who are mentally ill. Groups provided in English and Spanish. A lending library provides educational videos and books to the family members. Person needs to call to inquire about the days and times of the groups. Family education services - free all year round.

Support groups meet every other week on second Wednesday of every month.
For victims of alcohol related crashes at 5:30pm (Bilingual)

**Alcohol awareness classes**: for youth and adult

**Victim Impact Panel Classes**: Court ordered classes for those arrested and who received a DWI.
Call for information on the times and days for classes. Community Service offered and volunteer opportunities offered.

MADD (Mothers Against Drunk Drivers)
7500 Viscount, Suite 295
(915) 779-1987
24 hour Helpline: 1-800-GET-MADD
madd.org

Support groups meet every other week on second Wednesday of every month.
For victims of alcohol related crashes at 5:30pm (Bilingual)

**NAMI (National Alliance on Mental Illness)**
6044 Gateway Boulevard East, Suite 401
(Inside the Compass Building)
915-778-5726
M – F 9:00am – 5:00pm
http://namiep.org/

Services: Support groups for client and client’s family members of those who are mentally ill. Groups provided in English and Spanish. A lending library provides educational videos and books to the family members. Person needs to call to inquire about the days and times of the groups. Family education services - free all year round.

Support groups meet every other week on second Wednesday of every month.
For victims of alcohol related crashes at 5:30pm (Bilingual)

**Alcohol awareness classes**: for youth and adult

**Victim Impact Panel Classes**: Court ordered classes for those arrested and who received a DWI.
Call for information on the times and days for classes. Community Service offered and volunteer opportunities offered.
P-Flag (Parents, Families and Friends of Lesbians and Gays)
915-209-2667
pflagelpaso.org
community.pflag.org
facebook.com/pflagelpaso
hello@pflagelpaso.org

**Purpose:** Support, education and advocacy

**Meetings:**

- Weekly Family Transgender Meetings:
  Every Thursday at 7:00pm at
  Borderland Rainbow Center
  2714 Wyoming Ave.

- Westside: Every 4th Tuesday at 7:00pm at
  West Presbyterian Church
  244 N. Resler

- Eastside: Every 3rd Wednesday at 7:00pm
  St. Andrew Presbyterian Church
  2155 Wedgewood Dr.
Social Service Agencies

Annunciation House
1003 East San Antonio
(915) 545-4509
6:00am – 10:00pm (time for interview)
annunciationhouse.org

24 hour shelter for undocumented individuals (3 meals a day). Families, single, and if a couple, separated sleeping quarters. Interview in person to see if person is a good fit.

Guiding Star El Paso
1411 Montana
Clinic hours:
MWF: 8:00am – 4:00pm
Office hours:
M-F 8:00am – 5:00pm
For a confidential appointment:
(915) 544-9600
guidingstarelpaso.org

Services: Pregnancy resource center: natural fertility, family planning, prenatal care, pregnancy, childbirth, breastfeeding, postpartum, and family life resources. Offers free ultrasounds, pregnancy tests, and counseling for pregnancy options. Parenting classes as well.
Note: Not faith-based; was founded on Christian principles

El Pasoans Fighting Hunger Food Bank
(915) 298-0353
Call for location nearest you or visit their website:elpasoansfightinghunger.org

General Assistance
9521 Socorro Rd., Ste. B1
(915) 859-4101
M-F 8:00am – 5:00pm
6314 Delta
(915) 546-8150
www.epcounty.com/famcom/generalassistance.htm

Services: Utilities, rent, mortgage, medications. Funeral services: they assist with providing cremation services through the mortuary. All based on person’s income & situation.
Utilities: Assist with only one bill per year. Income guidelines must not be exceeded.
Rent/Mortgage: To qualify, person must not have any income, no financial benefits, and not be living in government housing.
Medication program: Only for life threatening medication such as for diabetes and hypertension.
Application process: person needs to call first to inquire when applications are being provided and then apply in person. The application is reviewed and an explanation of the process is provided.

Housing Authority of the City of El Paso
5300 E. Paisano
(915) 849-3742
M-F 8:00am – 5:00pm
hacep.org

Information on availability and type of housing is accessible on the 1st of the month. Next step is filling out an application. There are two types of housing:
Public Housing: Based on person’s income, person may not choose where to live and housing is assigned upon availability.
Section 8: Based on income, process starts with waiting list. Person needing assistance looks for a rental property (a house) and the rental property is processed through the housing authority. Housing is available for elderly, disabled and families.
La Fe
700 S. Ochoa: Adult Clinic
(915) 545-4550
721 S. Ochoa: Pediatric Clinic
(915) 545-7090
M-F 8:00am – 5:00pm
lafe-ep.org

Services: General medical services, prenatal, WIC, dental services, pediatrics and immunizations. There are discounts on dental and medical services if the person lives within a specified zip code area and also depending on income.

Documents needed: Proof of residence, check stub or W2 form, ID and Medicare, Medicaid or insurance card.

Technology Department (545-7190): Offer classes such as computer classes, GED, computer graphics, citizenship, guitar and many more. It is recommended that a person become a member of the agency, but no one will be refused services.

Open Arms/Centro Santa Fe
8210 North Loop
(915) 595-0589
Office hours: T-F 9:30am -4:30pm
openarmscommunity.org

***Appointment necessary for food bank and resource center

Services: Food and thrift store available. If person qualifies for a program they will be eligible to receive food every month. For any special situation, a referral letter for food is required.

Documents needed: ID, and utility bill. If person lives in Juarez, passport is needed.

La Posada Home
1020 N. Campbell
(915) 544-4595
M-F 8:00am – 5:00pm
Sat & Sun 10:30am – 3:00pm
(Donations)
laposadahome.org

Not an emergency shelter.

Services: Housing for homeless women who are dealing with domestic violence and have children. If they do not have children, an exception may be made depending on the case (boys must be younger than 12 years old). Person must call first to set up initial interview. Women can stay up to 6 months. Reference letter is needed from any emergency shelter.

Opportunity Center
1208 Myrtle
(915) 577-0069
Seven days a week: 6:30am – 9:00pm
Homeless shelter for single men and women over the age of 19. Social services provides clothing. Three meals a day are offered. Dinner provided before 4:30pm. Having an ID could be helpful.

Services: Medical clinic available, laundry service, employment and mental health services (going to clinic to see psychiatrist)
**Project Bravo**  
Main Office  
2000 Texas  
(915) 562-4100  
M-F 8:00am – 5:00pm  
projectbravo.org

Appointment is required.

**Services:** Assistance with prescriptions, housing and utilities. 6 locations in the city

**PAP (patient assistance program):** Call for hours of service and to inquire about the application process. Application needs to be filled out and sent to a pharmaceutical company; if qualified, medications will be mailed to one’s home.

**Documents needed:** Based on what application.

**Energy program (SEAP):** Financial assistance for electric and gas bills

**Weatherization program:** Weatherize your home (sealing doors or windows). (Call for availability)

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**Project Vida**  
Administrative Office  
3607 Rivera  
(915) 533-7057  
Appointment line, press #1  
Several clinic locations  
M – F 8:00am – 5:00pm  
http://www.pvida.net/

**Services:** Medical and Behavioral health services, Dental Clinic, Housing Department, Health Education program for diabetes, OB/GYN clinic, Family Planning program, pediatrics, after school program, day care, economic development program for those wanting to start a small business. Homeless services are also available.

Bilingual therapists

Discount and payment for services are based on one’s income

**Documents needed:** Proof of residence and income, ID and SSN (if available); Texas driver’s license, birth certificate

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**Rescue Mission**  
221 N. Lee Street  
(915) 532-2575  
http://www.rmelp.org/  
info@rmelp.org

Open to the public: 8:00am-7:00pm

**Homeless Shelter:** Able to house 192 people at a time, and average about 130 per night. Men, single women, families, those with medical needs, low-income renters, and those going through Relapse Prevention Program are housed.

Residents are provided with a place to stay, three meals a day, clothing, laundry facilities, and basic needs such as toiletries.

Residents are asked to meet with one of the Mission’s social workers, nurse, chaplain, and job search coordinator.

Activities are also provided for residents. Chaplain and other pastors host Bible studies, there are game nights, movie nights, art nights, and festivals.

**Corner of Hope:** located at 130 N. Cotton St., COH is an outreach to the homeless community who are in need but are not residents. Facility provides food and drink, a place to shower, clean clothes, and laundry machines, all for free. About 60 to 90 people are served **Mondays through Fridays from 8:00am to 2:00pm.** Women can come Mondays, Wednesdays, and Fridays 11:30 to 12:30 for their privacy.

**Relapse Prevention Program:** 13 week faith-based and non-denominational program that addresses bio-psycho-social-spiritual concepts in recovery. Each problem area is dealt with on an individual, one on one basis. The program is an in-house course that requires commitment and cooperation. Enrollment begins 2 weeks prior to the beginning of each session and is limited to 12 individuals.

All individuals who are interested in the program should go in for an interview with the Case Manager Supervisor:

Darlene Domingue  
(W) (915) 532-2575  
(C) (915) 328-1102  
Email: d.domingue@rmelp.org
Salvation Army
4300 E. Paisano
(915) 544-9811
salvationarmy.org

24 hour shelter for families
Not accepting new clients after 8:00pm
Social Service Department: M-F 9:00am – 5:00 pm
Food Boxes to pick up: M-Th 9:00 – 11:00am
Assist with food and shelter
6:00pm: Soup kitchen for everyone
Documents needed for food: Picture ID (adults), social
security card, proof of address, proof of income and
letter from department of human services stating “not
receiving food stamps”.

St. Vincent Family Health Center
8061 Alameda Avenue
(915) 859-7545
Toll free: 1-877-415-5106
Fax: (915) 859-9862
For After Hours or Weekend Emergencies:
(915) 859-7545

Services:
Primary Care: Outpatient care services include
medical treatment of illness and disease as well as
preventive care for all ages.
Dental Services: San Vicente's Dental Clinic provides
emergency, restorative, and preventive care for all
ages.
Behavioral Health: A Psychiatrist and Licensed
Counselor provide individual and group counseling
for homeless clients. Case Management staff assists
clients with referrals to other services and shelters.
Spiritual Care: San Vicente is constructing a
Spirituality Center to further its commitment to
holistic healthcare. The Spirituality Center is to be a
reverent, sacred space that welcomes patients, staff,
and the community-at-large to participate in a variety
of programs related to spirituality and healthcare.

St. Vincent de Paul
Thrift Store Locations (2 of them):
2104 N. Piedras
(915) 564-4357
M – Sat 10:00am – 6:00pm
6950 3rd St. (Canutillo, TX)
(915) 877-7030
T-F 9:30am – 5:00pm
www.svdelpaso.org

Food Pantry: (613-3984)
W 9:30am – 11:30am; Th-F 1:00pm – 3:00pm
(if food available will be given or will be put on a
waiting list)
Services: Referral for furniture and clothes would
be from a catholic church in their area.
Documents needed: Person needs to bring an I.D
Families can only be helped once a year.

Texas Rio Grande Legal Aid, Inc.
1331 Texas Ave.
(915) 585-5100
1-800-369-2792
www.trla.org

M-F 9:00am – 11:30am
1:00pm -4:30pm
Call (915) 585-5183

Services: Several legal clinics to help educate on
wide range of legal issues.
YWCA Child Care Services Program (CCS)
1600 N. Brown
(915) 533-7528 ext. 0
M – F 8:00am – 5:00pm
(hours depend on the location)
Can apply online at: ywcaelpaso.org

Services: Can help assist parents in meeting their childcare payments.
Requirements: A parent must be working or participating in eligible training programs or classes, and must meet income guidelines. Applications may be completed in person. Must join the CCS wait list on the website.
Locations:
- Central
  1600 Brown Street
  (915) 519-0030 (general)
  (915) 500-7665 (eligibility)
  fax (915) 225-0248
- Lower Valley
  8825 North Loop Suite 122
  (915) 887-2413
  fax (915) 881-4824
- Northeast
  8941 Dyer Street
  (915) 887-2413
  fax (915) 881-4890

YWCA Consumer Credit Counseling Services
201 E. Main
Suite 400
Main: (915) 519-0000
http://www.ywcaelpaso.org/
(915) 519-0034
cccs@ywcaelpaso.org

Services: CCCS provides consumers with budget, debt, and housing advice. Counselors help identify the causes of financial problems and ways to fix them. All services are available in English and Spanish. The following are provided at free or low cost:
- Credit and budget counseling
- Credit review counseling
- Debt management
- First time homebuyer counseling – educational workshops are free
- Housing counseling
- Pre-file bankruptcy counseling
- Children Cope with Divorce – an educational course, for parents of minor children, which teaches effective parenting during the transition of divorce. Cost: $50
- Financial education programs – covers topics in a classroom or online setting. Online option available for a small fee.
- Stretching Your Dollar – basic budgeting
- Credit When Credit is Due – comprehensive credit management
- Money in Motion – financial management overview

**For full listing of classes offered please visit ywca.org**
### Catholic Affiliated Organizations

<table>
<thead>
<tr>
<th>Casa Vides</th>
<th>Nazareth Hall Nursing Center</th>
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<tr>
<td><em>(subsidiary house for Annunciation House)</em></td>
<td>1475 Raynolds St.</td>
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<tr>
<td>325 Leon St.</td>
<td><em>(915) 565-4677</em></td>
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<tr>
<td><em>(915) 544-8451</em></td>
<td>Nazarethliving.org</td>
</tr>
<tr>
<td>Director: Ruben Garcia</td>
<td>Administrator/CEO: Kenny Welch</td>
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<tr>
<td>First need to go through the Annunciation house</td>
<td>Skilled nursing facility, provides rehabilitation services including physical, occupational and speech therapy for the elderly</td>
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<tr>
<td>Emergency shelter for single women and families</td>
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### Las Americas Immigrant Advocacy Center

| 1500 E. Yandell                | Villa Maria Home for Women  |
| *(915) 544-5126*               | 920 S. Oregon               |
| M – Th 9:00am – 4:00pm         | *(915) 544-5500*            |
| las-americas.org               | Villamaria_elp@sbcglobal.net |

**Services:** Provides high quality legal representation for undocumented immigrants in this community.

<table>
<thead>
<tr>
<th>Executive Director: Linda Velarde</th>
<th>Person needs to call and will speak with Naomi Orona, first.</th>
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<tbody>
<tr>
<td>Transitional living shelter for homeless women</td>
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UTEP Resources

Dean of Students
Dr. Catie McCorry Andalis
Associate Vice President and Dean of Students
cmandalis@utep.edu
(915) 747-5648

Office of Student Conduct and Conflict Resolution
(OSCCR)
Union East Rm 303
(915) 747-8694
studentconduct@utep.edu

Food pantry: M-F 8:00am – 5:00pm
- Location: Memorial Gym 105
- Contact person: Roberto Martinez 747-7484
  Please call for details.

Family Friendly Room
Union West Rm 112
8:00am to 5:00pm
(915) 747-5670

FHAR (Foster, Homeless, Adoption Resources)
Academic Advising Center
(915) 747-5290
M – F 8:00am – 5:00pm
utep.edu/advising/fhar

University Career Center
Workforce Solutions (Upper Rio Grande)
103 W. Union Bldg.
(915) 747-5640
M – F 8:00am – 5:00pm
sa.utep.edu/careers/

“Career Closet” – clothes to borrow for interviews

Miners Advocacy & Prevention Services (MAPS)
1101 N. Campbell St.
care@utep.edu

Contacts:
- Arely Hernandez, Director
  (915) 747-8154
  azaragozahernandez@utep.edu
- Justin Tompkins, Case Manager
  (915) 747-7500
  jjtompkins@utep.edu
- Elisa Chaides, Case Advocate
  (915) 747-7452
  echaidesreye@utep.edu
- Adiel Holguin, LPC
  (915) 747-7439

Services: Provides free and confidential services to any UTEP student who is a victim of crime and their support system. Provide a safety and security plan. Provide confidential counseling. Offer on and off campus resources. Assist with medical/legal matters as a direct result of a crime, if applicable.
Resources in Ciudad Juárez, Mexico

**Centro de Apoyo Psicológico para la Familia y la Industria A.C.**
Calle Avenida de la Raza #5909
Colonia Raúl García
(01152656) 618-05-00
M – Sa 9:00am – 6:00pm

**Services:** Individual, couple, and family therapy. Need to call to make an appointment.

**Cost:** 600 Pesos; $30

**Centro de Derechos Humanos Paso Del Norte, A.C.**
Calle Independencia #7073
Colonia Lino Vargas
(01152656) 170-42-03
M – F 9:00am – 4:00pm
contactoac@cvhelpasodelnorte.org

Promoting and defending human rights

**Services:** Individual and group therapy and legal consultation for victims who have gone through a “forced disappearance” (“kidnapped”) or have experienced some type of torture

Services offered to both men and women; any age

**Cost:** Free

**DIF Municipal de Juárez (Desarrollo Integral para la Familia)**
Administrative Offices
Abraham Lincoln y Benjamín Franklin
Circuito Pronaf y Colonia Margarita
(Behind Plaza de las Americas)
(01152656) 613-81-41 or 613-10-81 or 616-69-66
M – F 8:00am – 3:00pm

**Contact:** Lic. Nubia Rodriguez Marquez
(coordinator for social services)

**Services:** Assist with food, clothing and shoes and medications available with prescription

**Program:** Armando Familias Plenas (Putting Together Complete Families):
Workshops are provided regarding different life values for the entire family at no cost – depending on academic year

**Coordinator:** Delimar Certa o Rosario Cortez
direcciongeneraldif@juarez.gov.mx

**Centro de psicología integral y fortalecimiento familiar:** individual, group and family therapy

**Cost:** Free

Call to make an appointment/hablar para hacer cita:
(01152656) 625-13-23
Calle Fresnel #9225
Colonia Partido Senecu
Parque industrial Bermúdez

**Coordinator:** Lic. Julio Cesar Ruiz

**Programa Compañeros**
Avenida de las Razas #2643
Fraccionamiento Sylvias
(a la altura del parque Borunda)
(01152656) 611-37-92
M- F 9:00am – 7:00pm
www.programacompaneros.org

**Services:** Counseling and testing for HIV, medical, psychological, and pathology services

**Cost:** Whatever can be paid by patient
Suprocuraduría de Protection Ausiliar de Niñas,
Niños, y Adolescentes para el
Distrito Judicial Bravos
Calle Panama #980 / Esquina con Pedro S. Varela
Colonia Hidalgo
(01152656) 629-33-44 or 629-33-00
Ext. 53-304
M – F 8:00am – 4:00pm

Report both ways; by phone and in person

Child Abuse Reporting: They have contact with
CPS, the Mexican Consulate and Immigration.
Lic. Jorge Omar Gaspar Pereira (coordinator)
Ext. for reporting: 53-306 or 53-314
Services: Legal guidance only for those individuals
who have current cases with this agency.
Adoption services are available M- F, 8:00am -
4:00pm

Universidad Autónoma de Ciudad Juárez (UACJ)
Avenida Universidad y
Avenida Heroico Colegio Militar
Zona Chamizal
Centro de Atención Psicológica Sure
Instituto de Ciencias Sociales y
Administración (ICSA)
Edificio G
(01152656) 688-38-48
M – F 9:00am – 8:00pm
www.uacj.mx

Initial interview is first and then the therapist
schedules the next appointment.
Students are the ones providing the therapy under the
supervision of the professor in charge of the program.

Psicólogos en Juarez

Colegio de Psicólogos
(a national affiliation)
Gildardo Magaña #431 (consultorio)
(01152656) 618-13-56
(01152656) 326-56-37
M-F 9:00am – 7:00pm
Sa 10:00am – 2:00pm

Contact: Martha Margarita Perez Cruz
This is a group of psychologists who provide therapy
and also refer to any psychologist in Mexico and
South America, depending on the need of the
individual. Call to inquire which psychologist a
person can be referred to.

Rosalia Delgado
Rio Tonala 1824
Fracc. Vista del Norte
Cd. Juarez, Chihuahua, MX
(01152656) 613-12-57
(01152656) 281-32-85
Psychotherapy/terapia psicologica 500.00 (about $28)
Important Numbers

211 Texas
Nationwide Referral Service
1-877-541-7905
24-HOUR SERVICE (food, bills, shelter etc.)

Borderland Rainbow Center**
2714 Wyoming Ave.
(915) 263-4623
www.borderlandrainbow.org

Campus Police (915) 747-5611

CPS/APS 1-800-252-5400

CRISIS LINE: (915) 779-1800

Diocesan Migrant & Refugee Servicves
2400A East Yandell Dr.
(915) 532-3975 or (915) 546-2153
www.dmrs-ep.org

National Domestic Violence Helpline
1-800-799-7233
www.thel HOTline.org
(online chat available)

National Human Trafficking Hotline
1-888-373-7888

National Runaway Safeline
1-800-RUNAWAY
https://www.1800runaway.org/

National Suicide Prevention Lifeline
1-800-273-TALK
www.suicidepreventionlifeline.org

Pablo Del Norte Civil Rights Project
(915) 532-3799
www.texascivilrightsproject.org

PFLAG El Paso**
(915) 209-2667
www.pflagelpaso.org

SHELTER FOR BATTERED WOMEN
24-Hour Hotline
(915) 593-7300

Rape, Abuse & Incest National Network (RAINN)
1-800-656-4673
www.rainn.org
(online chat available)

The Texas Attorney General
Crime Victims Service Division
(915) 834-5815
1-800-983-9933 (Hotline; Austin)
Can also call:
(512) 936-1200
www.oag.state.tx.us

Texas Department of Family
and Protective Services
Hotline: 1-800-252-5400
www.txabusehotline.org

The Trevor Project**
Hotline: 1-866-488-7385
www.thetrevorproject.org
(online chat and text available)

Veteran Crisis Line
1-800-273-8255 Press 1
Text: 838255

**LGBTQ+ Resource