COMMUNITY REFERRAL LIST

Graphic by NAMI

COUNSELING AND PSYCHOLOGICAL SERVICES

Come Grow With Us

The University of Texas at El Paso • 2022-2023
Counseling and Psychological Services does not endorse or recommend any specific mental health service provider community agency. This list is mainly for your convenience and is not intended to be a complete list of all mental health agencies in our area.

Directory Information subject to change at any time. Call the agency of clinic you need to confirm information.

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Counseling and Psychotherapy

**Catholic Counseling Services**
499 St. Matthews
(915) 872-8424
Email: ccs@elpasodiocese.org
M-F 9:00am – 12:00pm & 1:00pm – 5:00pm
http://www.elpasodiocese.org/

**Accept:** Sliding scale, Medicare, Medicaid, CHIP and most insurances

**Documents required** proof of income (last 3 pay stubs), utility bill, picture ID and medical insurance (if available), and client forms from website.

**Services:** Individual, marital, family, and group psychotherapy. Program serves clients from ages 5-65. Bilingual clinical social workers are available.

**Children’s Grief Center of El Paso**
11625 Pelicano Ste. B
(915) 532-6004
Email: laura@cgcelpaso.org
M – Th: 9am-4pm
Friday: 9am-3pm
In person only
cgcelpaso.org

Director: Laura Olague, Contact Person: Alice Rangel

**Accept:** Cash, check and debit

**Services:** Peer support group for grieving children and their families. Children 5-18 and their parents or guardians, & young adults 18-25. While children attend, parents also need to go to a support group. Groups meet at 6:30pm o alternate Thursdays. Must call to schedule interview for family members involved. Initial Interview per family is $50. Each group session is $40 for 1 parent and 1 child and $5 for each additional family member. *Support groups are bilingual & culturally sensitive.

**El Paso Child Guidance Center**
Central: 2211 E. Missouri, Ste 310
East: 9001 Cashew Dr. Ste 300
(915) 562-1999
M-F 8:00am-5:00pm
epcgc.org

Registered Billing & Credential Coordinators: Luz Rivas & Cynthia Henry

**Accept:** Medicaid & most private insurances. Services are also provided on a sliding scale based on a family’s income.

**Services:** Individual and family therapy for children & adults. Bilingual therapists available. Psychiatrist on staff. Walk-in to register, virtual & in-person counseling.

**Coordinated Mental Wellness Program:** A group of highly trained mental health professionals including a coordinator, a therapist, a psychiatrist, and a family partner, form a mental wellness team for the client. Call to set up an appointment.

**Family Service of El Paso**
6040 Surety Drive
(915) 781-9900
M & F 8:00am-5:00pm, T-Th 8:00am-8:00pm,
familyserviceofelpaso.org

**Accept:** Aetna, Blue Cross, Blueshield, El Paso First Health Plans Inc., Medicare, Tricare, Amerigroup Resolutions, Molina Healthcare, Humana, Cigna, United Behavioral Health OPTUM

**Services:** Individual, family and couples therapy; youth counseling

**Project Vida:** Offers primary health care including family planning, wellness exams, medication, and referrals based on medical need. Also offers psychiatric services that include an evaluation and treatment.

**Living Hope Christian Counseling Services**
(Christian Based Counseling)
1801 Wyoming Ste. 102
(915) 772-2237
Email: livinghopeccs@aol.com

**Accept:** Sliding scale and insurance (Tri-care, Aetna, Blue Cross/Blue Shield, CIGNA)

**Services:** Individual, family, and marital, and military counseling. *All counselors are Christian & knowledgeable in the application of biblical principles.
Psychiatric and Related Services

**Aliviane Inc.**
1626 Medical Center (in front of Providence)
(915) 782-4000
Email: info@aliviane.org
Aliviane.org

**Accept:** Financial screening to determine eligibility for financial coverage, some programs are state-funded, Medicaid, private insurance, self-pay.

**Services:** Adult outpatient treatment clinic, youth and family outpatient clinic.

**Aliviane Women and Children Treatment Program**
7722 North Loop Ste 3
(915) 782-4014, ext. 1616

24-hour care, shelter, food, & transportation
aliviane.org

Residential Program – Open 24 hours/day
Director: Ricki Estrada

**Accept:** Medicaid, Insurance, and sliding fee scale.
Financial screenings to determine eligibility for financial coverage. State-funded treatment programs may be available.

**Services:** daily individualized therapy, medication managements, routine consultation with psychiatrists, therapeutic recreational activities, playrooms for children, and case management.

**El Paso Psychiatric Center**
4615 Alameda
(915) 532-2202
hhs.texas.gov

**Services:** Adult psychiatric services. Child & adolescent services (children ages 5-12 and adolescents to the age of 17)

**El Paso Vet Center**
1155 Westmoreland Suite 121
(915) 772-0013

Call center 24/7: (877) 927-8387
M -T- F 8:00am – 4:30pm W - TH 8:00 a.m. – 8:00 p.m.
va.gov/el-paso-vet-center

**Services:** Offers help to veterans, service members, and their families at no cost in a non-medical setting. Counseling for needs including depression, PTSD, & psychological effects of military sexual trauma

**Requirements:** On first visit, bring one or more of discharge documents (DD214), receipt of certain awards, deployment orders, or other documents that show qualifying military service.

**Emergence Health Network**
Admin office: 201 E. Main, Ste 600
(915) 242-0555, (915) 877-3410

Other locations: 1551 Montana Ave #204 (915) 747-3510
425 S Mesa Hills Dr. #1, (915) 887-3414
M-F 8:00am-5:00pm
Crisis Services: 1601 Yandell Dr. (915) 779-1800, open 24/7
Emergencehealthnetwork.org

24 hr. crisis hotline: (915) 779-1800
Toll free crisis line: 1 (877) 562-6467

**Accept:** Medicare, Medicare Advantage Plans, CHIP, Texas Medicaid/ Medicaid Programs – STAR, STAR Plus, STAR Kids, private health insurance plans

**Services:** Mental Health- crisis & suicide prevention, mental health community trainings, outpatient clinics, partial hospitalization program, intensive outpatient program, counseling services, coordinated specialty care program, jail diversion services, intervention & prevention programs, veteran assistance, child & adolescent services, homeless assistance, assertive community treatment, START Team program. Also, help with developmental disabilities and addiction.

**Army Community Services**
2494 Ricker (on Ft. Bliss)
(915) 569-5375
M-F 7:30am – 4:30 pm
bliss.armymwr.com

**Family Advocate Program:** provides military families with prevention services & educational programs

**Survivor Outreach Services (SOS):** benefits coordinators, financial counselors, and support coordinators

**Military Crisis Line:** +1 (800) 273- 8255

**Amanecer Community Counseling Center**
785 Anthony Dr. Anthony, NM
(575) 882-5100
M-F 8:00am – 5:00pm

Accept: Sliding Fee discount program – call for info

**Services:** Diagnostic evaluations, medication management, psychological testing, individual counseling, family counseling, child abuse counseling, domestic abuse, behavior management services, drug and alcohol abuse, case management services.
Emergence Health Network Outreach,
Screening, Assessment and Referral
(Addiction Services)
Information/appointments: (915) 242-0555
9565 Diana Dr.
Services: Any Texas resident 13-years and older may receive free screenings and community referrals for assistance with substance disorder. Call number for further information.

La Clinica de Familia New Mexico
385 Calle de Alegra. Las
M-F 8:00am – 5:00pm
Behavioral Health: (575) 647-2800
Crisis Line 844-622-7099
Laclinicadefamilia.org
Accept: most private insurance plans, Medicare & Medicaid centennial care card
Services: Comprehensive community support services, comprehensive medication management, crisis intervention services, integrated behavioral health, multi-systematic therapy and MST/problem sexual behavior adaptation, outpatient counseling for children and adults, treatment foster care.

Assertive Community Treatment (ACT): Program designed to deliver full range of services to those who have been diagnosed with severe disabling mental illnesses.

Psychosocial Rehabilitation (PSR): Program that offers psychosocial interventions to help consumers cope with a severe mental illness (SMI) diagnosis. Four domains: basic living skills development, psychosocial skills training, therapeutic socialization, & consumer empowerment.

Supportive Housing: Linkages subsidy, move-in assistance eviction prevention grant (MIAEP), Casa Bonita, Local Lead Agency (LLA). Call or go to website to check for eligibility and further information.

Trinity Center of El Paso
8716 Independence St.
(915) 772-9111
Email: cgarcia@homewardboundinc.org
Open 24 hours/ by appointment only
Accept: some programs are state funded; Medicaid is accepted for certain programs, private insurance from Blue Shield and Molina Health Care.
Services: Medically supervised crisis stabilization, detoxification services, & intensive residential treatment of a 24-hour-a-day, 7-day-a-week basis.

University Medical Center
4815 Alameda Ave
(915) 544-1200
Services: Ambulatory surgery unit, emergency services, laboratory, imaging services, rehabilitation, employee health centers, inpatient services, outpatient clinics

University Medical Center Emergency Room
4815 Alameda
Open 24 hours
(915) 521-7700
If an individual is in need of immediate psychiatric services: The individual will be evaluated by an ER physician who will then determine the need for psychiatric services. A Texas Tech psychiatrist from EHN will be contacted to further evaluate the individual and provide the necessary follow-up.

Texas Tech Department of Neuropsychiatry and Behavioral Sciences
4615 Alameda (within EPPC) (Basement)
(915) 215-5850
Call to make an appointment
Services: Comprehensive evaluations of complex diagnostic conditions.
VA Behavioral Healthcare Center
5001 North Piedras St.
(915) 564-6100
M-Sat: 8:00am-4:45pm
Eastside Community-Based Outpatient Clinic
2400 Trawood
(915) 217-2428
Westside Community Based Outpatient Clinic
1870 Northwestern Dr.
Northeast Community Based Outpatient Clinic
5229 Sanders
Las Cruces Community-Based Outpatient Clinic
3401 Del Rey Boulevard
Las Cruces, NM 88012
(575) 522-1241
M-F 8:00am-4:30pm
www.elpaso.va.gov

Services: Mental health counseling for issues including addiction, depression, anxiety, trauma, PTSD, bipolar disorder, schizophrenia, & OCD. Call to schedule appointment, no walk-ins accepted.

Documents needed: Veteran Health ID Card (VHIC), health coverage card (Medicare, Medicaid, TRICARE, private insurance), appointment confirmation letter, list of your current medications including prescriptions, over-the-counter medicines, vitamins, and any herbal supplements.

William Beaumont Army Medical Center
Family Advocacy Program
18511 Highlander Medics St.
(915) 742-2273, option 2
Open 24 hours

Services: Inpatient and outpatient psychiatric care, evaluation & management of psychotropic medications, individual & group psychotherapy, diagnostic evaluation & psychological testing, neuropsychological services, child & adolescent care, command evaluations, medical social work services, and child and spousal abuse services.
Additional Service Agencies

**Center Against Sexual and Family Violence (CASFV)**
580 Giles Rd.
Casfv.org
24-hour Crisis Hopeline: (915) 593-7300
M-W-TH 8:00am-6:00pm, T 9:00am-6:00pm, F 8:00am-12:00pm

**Services:** Provide individuals and families safe places to live, counseling, support groups, therapy & the resources they need to survive domestic violence and sexual assault.

**Child Crisis Center of El Paso**
2100 North Stevens Street
(915) 562-7955
M-F 8:00am-5:00pm
Childcrisiscenterofelpaso.org

**Services:** Emergency shelter services include individual beds/cribs, nutritious snacks and meals, clothing, toiletries, medical attention, transportation to/from medical appointments and to/from their home, school, indoor/outdoor recreation, & case management for the entire family

**Parenting Classes:** Evidence-based parent education with the Systematic Training for Effective Parenting (STEP) curriculum. Individual or group classes. In person and online options available. Classes can be in English and/or Spanish. Call for more information.

**DARS: The Deaf and Hard of Hearing**
Services
www.dars.state.tx.us/dhhs/

**Now under TWC**

**Department of Human Services**
1-877-541-7905 or 211
Can apply for Medicaid, TANF(foodstamps) online at:
yourtexasbenefits.com

**Services:** SNAP Food Benefits, TANF helps families with children age 18 and younger pay for basic needs. Helps cover visits to doctors, dentists, and hospitals. Also covers medical prescription, helps people with daily needs, caregivers, and people with mental health, drug, or alcohol issues; WIC food benefits. Prescreening tool on-site.

**El Paso Center for Children**
2200 N. Stevens
(915) 565-8361
M-F 8:30am – 5:30pm
epccinc.org

**Early Childhood Services:** (915) 500-4105
**Youth Outreach & Housing:** 24-hour helpline: (915) 330-9513, drop-in center: 3710 Altura Ave., bldg. D, emergency shelter for youth (11-17 years): 3720 Altura Ave., bldg. E, (915) 562-4765

**Young adult rental assistance:** (915) 330-9513
**Counseling & Life Skills:** (915) 565-5021, 24-hour helpline: (915) 588-6542

**Victims of Crime Counseling:** (915) 565-5021
**Foster care help:** (915) 256-6382 or foster@epccinc.org

**Strong Families:** (915) 307-8043 or info@epccinc.org
**Family Resource Center:** (915) 565-5021

**El Paso Public Library**
Various classes are offered such as job and career preparation, computer skills and test preparation. www.elpasolibrary.org

**Hospice of El Paso**
Admin office: 1440 Miracle way
Center for Compassionate Care: 1575 Belvidere St.
(915) 532-5699

**Center for Compassionate Care:** Provides 24-hour specialized care for patients with needs beyond what can be provided in a home setting.
**Process:** A call to request services can be made by a family member, doctor, friend, or person who is terminally ill. The agency will need to obtain a referral from the doctor in order for services to be provided. Information is first taken over the phone and the assessment is completed by a visit to the individual who is sick. Hospice provides the patient’s required medication and medical equipment depending on the diagnosis.

**Bereavement Support Group:** Family members can attend during patient’s illness and upon patient being deceased. Time of group varies based on availability of family. Chaplin also available. Agency will follow up with the family up to 13 months after the loss.
Hospitals of Providence Teen Health Resource Ctr.
I. 4717 Hondo Pass, Ste. A
   (915) 755-8336
II. 8899 Alameda Ave., Ste. 120
   (915) 859-8336
III. 907 Chelsea Ste. D
    (915) 532-8336
IV. 12210 Montwood Ste. 101
    (915) 855-8336
V. 5000 Doniphan Ste. 109
    (915) 584-8336
VI. 200 Franklin, Ste. 500
    (915) 577-8336
VII. 2400 N. Oregon Ste. D
     (915) 351-8336
https://www.thehospitalsofprovidence.com/ourlocations/teen-health-resource-centers

Services: Not just for teens. Free pregnancy testing; prenatal education, childbirth classes just for teens and basic infant care classes.
- Provides young adults with information about basic healthcare and facts about pregnancy.
- Medicaid support program if financial assistance is needed, there is a Medicaid eligibility program representative on site to assist with application process.

Sun Metro
(915) 212-3333
sunmetro.net

Texas Tech Clinics
4801 Alberta (behind University Medical Center)

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<td>(915) 215-6040</td>
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<td>Internal Medicine</td>
<td>(915) 215-5200</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>Neurology</td>
<td>(915) 215-5900</td>
<td>M-F 8am-5pm</td>
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<tr>
<td>OB &amp; OB-GYN</td>
<td>(915) 215-5000</td>
<td>M-F 8am-5pm</td>
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<td>Ophthalmology</td>
<td>(915) 215-6050</td>
<td>M-F 8am-5pm</td>
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<td>Orthopedic</td>
<td>(915) 215-5400</td>
<td>M-F 8am-5pm</td>
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<td>Surgery</td>
<td>(915) 215-5300</td>
<td>M-F 8am-5pm</td>
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<td>Pediatrics</td>
<td>(915) 215-5700</td>
<td>M-F 8am-5pm, S 10am-4pm</td>
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http://www.elpaso.ttuhsc.edu/elpaso/clinics/

Accept: Medicare, Medicaid and Insurances
Services: Internal medicine, neurology, Ob/Gyn, pediatrics, breast care, psychiatry, neurosurgery.
There are different clinics throughout the city.
- Breast Care Center – Survivorship Program: Survivors who have ongoing physical, psychological, and emotional needs, as well as other needs stemming from their previous cancer diagnosis. Program provides the opportunity to address unmet needs with experts. The program complements the care at no extra cost. It is a holistic follow-up treatment in a healing and nurturing environment.

Documents Needed: A referral from your primary doctor is needed to obtain service for neurology

Documents Needed for Discount: Current I.D., utility bill with name and current address, prior year’s income tax return.

Workforce Solutions Borderplex
Admin Office: Blue Flame Building, 304 Texas Ave. Ste. 1401
(915) 887-2600
Business Hours: M-Th: 7:00am-6:00pm, F 8:00am-12:00pm
Office Hours: M-Th: 7:00am-6:00pm
Visit website for other locations: www.borderplexjobs.com

Services: Job seekers, employers, childcare, education & training. Call to make an appointment.
University Medical Center
Patient Financial Services
4824 Alberta (Annex Bldg.)
(915) 521-7900
M-F 8:00am – 5:00pm
By appointment.
Assistance with finances when receiving any services within the UMC system.

University Medical Center
Prescription Patient Assistance
4815 Alameda Dept. 728
(915) 521-7275
M-F 8:00am to 6:00pm
Services: prescription assistance, enroll patients to help with medications if patients are non-insured and are in need of non-generic medications. Patient needs to ask about psychotropic medications
Documents needed: proof of income or social security benefits. Other documents may be needed, but it depends on the program that the individual qualifies for. No appointment required; it is on a walk-in basis.

University Medical Center
Women’s Health Center
(915) 532-5454
4824 Alberta Suite 403
M,W,Th 8:00am-5:00pm, F 10:00am-7:00pm
Accept: Commercial insurance, Medicaid, Medicaid HMO, Health Texas Women Program, CHIP Perinate, Hospital financial assistance programs, Title X grant program, self-pay
Services: Birth control method counseling, crime victims program, diabetes management, nurse-family partnership, outpatient clinics, pharmacy, reproductive health education, sexual assault nurse examiner, teen advisory board, teen services, women & teen center.

El Paso United Family Resiliency Center
Located in Family Youth Services Center
6314 Delta Drive
(915) 775-2783
M – F 9am – 5pm
Elpasounitedfrc.org
Services: Referrals, support groups and therapy for those indirectly and directly affected by the Aug.3, 2019 tragedy.
Self Help and Support Groups

**Adult Children of Alcoholics (ACOA)**
Bethany Christian Church
10453 Springwood (off of Yarbrough)
M-F: 9:00am – 2:00pm
Sun: 9-11:30am
Meeting time: Tuesdays @7:00pm
(915) 592-5977
www.bethanychristianchurchofelpaso.com

**Alcoholics Anonymous**
3318 Douglas Ave
(915) 562-4081 (24 hour answering service)
M-F: 8:30am-4:30pm
aaelpaso.org

**Alonon/Alateen**
Alanon information service of El Paso
P.O. Box 3489 El Paso, TX 79923
(915) 562-4083
778-3686 (For groups in Spanish)

**Gamblers Anonymous**
Bethany Christian Church 10453 Springwood (off of Yarbrough)
M-F: 9:00am – 2:00pm
Meeting time: Wednesdays @7:00pm
(915) 592-5977
bce-elp.org

**Narcotics Anonymous**
www.epnma.org
(800) 249-9428

**Overeaters Anonymous**
Search for meetings at www.oa.org

**Co-Dependent Anonymous**
Search for meetings at http://coda.org/

**NAMI (National Alliance on Mental Illness)**
201 E. Main St. 600
915-778-5726
M – F 9:00am – 4:00pm
www.namiep.org

**Luminarias Catholic LGBT Group**
No physical address.
If information needs to be sent best to do it through e-mail.
Contact: Angie Lugo (915) 549-4095
luminariascathglbt@sbcglobal.net

**MADD (Mothers Against Drunk Drivers)**
7500 Viscount, Suite 295
1-877-MADD-HELP
M-F: 8:00am – 5:00pm
madd.org

**Findhelp.org**
https://www.findhelp.org/
Use this website by putting in your zip code anywhere in the U.S. you live and it will provide you with many resources. Find food assistance, help paying bills and other free or reduced, cost programs, including new programs for the COVID-19 pandemic.

**P-Flag (Parents, Families and Friends of Lesbians and Gays)**
1500 Yandell Dr.
(915) 209-2667
pflagelpaso.org
Social Service Agencies

**Adventist Family Clinic**
3379 Wedgewood Dr. Ste. A
(915) 790-1038
Tuesdays only. First 12 walk-ins

Provider Everyday Medical Services Available:
MWF 8am-1pm, T 2pm-5pm, Th 1pm-5pm

GYN and Women’s Health Care:
T 8am-12pm

Eye Exam:
T 9am-12pm & 3pm-5pm

Vegetarian Cooking Classes
2nd & 4th Tuesday of every month 9am-11am

Requirements: One form of identification (driver’s license, I.D., birth certificate, social security card, passport, school verification); One form of proof of income (last two check stubs, previous year income tax return, declaration of income, benefits from social security, welfare, food stamps, or general assistance)

**Guiding Star El Paso**
1411 Montana Clinic hours:
M-F: 8:00am – 4:00pm
For a confidential appointment:
(915) 544-9600
guidingstarelpaso.org

Services: Pregnancy resource center: natural fertility, family planning, prenatal care, pregnancy, childbirth, breastfeeding, postpartum, and family life resources. Offers free ultrasounds, pregnancy tests, and counseling for pregnancy options. Parenting classes as well.

Note: Not faith-based; was founded on Christian principles

**General Assistance**
9521 Socorro Rd. Ste B16314 Delta
M-F 8am-5pm
(915) 546-8150
Offices closed due to COVID-19
www.epcounty.com/famcom/generalassistance.htm

**La Fe (Centro de Salud Familia)**
700 S. Ochoa: Adult Clinic
(915) 545-4550
721 S. Ochoa: Pediatric Clinic
(915) 545-7090

Services: Utilities, rent, mortgage, medications. Funeral services: they assist with providing cremation services through the mortuary. All based on person’s income & situation.

Utilities: Assist with only one bill per year. Income guidelines must not be exceeded. Rent/Mortgage: To qualify, person must not have any income, no financial benefits, and not be living in government housing.

Medication program: Only for life threatening medication such as for diabetes and hypertension.

Application process: person needs to call first to inquire when applications are being provided and then apply in person. The application is reviewed and an explanation of the process is provided.

**Annunciation House**
(915) 545-4509
6:00am – 10:00pm (time for interview)
anunciationhouse.org

Lodging for immigrants in El Paso
24-hour shelter for undocumented individuals (3 meals a day). Families, single, and if a couple, separated sleeping quarters. Interview in person to see if person is a good fit.

**El Pasoans Fighting Hunger Food Bank**
(915) 298-0353
9541 Plaza Circle
Office hours: M-F 8am-5pm
Food distribution: M-F 9am-4pm
elpasoansfightinghunger.org
Information on availability and type of housing is accessible on the 1st of the month. Next step is filling out an application. There are two types of housing:

**Public Housing:** Based on person’s income, person may not choose where to live and housing is assigned upon availability.

**Section 8 Voucher:** Based on income, process starts with waiting list. Person needing assistance looks for a rental property (a house) of their choice and the rental property is processed through the housing authority. Housing is available for elderly, disabled and families. Housing will help with a portion of their rent.

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**La Fe (Care Center)**
1505 Mescalero Dr.
(915) 772-3366
M-F 8:00am – 5:00pm
lafé-ep.org

**Services:** General medical services, prenatal, WIC, dental services, pediatrics and immunizations. There are discounts on dental and medical services if the person lives within a specified zip code area and depending on income.

**Care Center:** Clinic for HIV treatment.

**Documents needed:** Proof of residence, check stub or W2 form, ID and Medicare, Medicaid or insurance card.

**Technology Department (545-7190):** Offer classes such as computer classes, GED, computer graphics, citizenship, guitar and many more. It is recommended that a person become a member of the agency, but no one will be refused services.

Optometrist-Dr. Samuel Favela, lab x-rays, pharmacy.

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**La Posada Home**
1020 N. Campbell
(915) 544-4595
M-F 8:00am – 7:00pm
Sat & Sun 9am-5pm (Donations)
laposadahome.org

Not an emergency shelter.

**Services:** Housing for homeless women who are dealing with domestic violence and have children. If they do not have children, an exception may be made depending on the case (boys must be younger than 12 years old).

Person must call first to set up initial interview. Women can stay up to 6 months. Reference letter is needed from any emergency shelter.

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**Open Arms/Centro Santa Fe**
8210 North Loop
(915) 595-0589
Office hours: T-F 9:30am -4:00pm
openarmscommunity.org

***Appointment necessary for food bank and resource center

**Services:** Food and thrift store available. If person qualifies for a program they will be eligible to receive food every month. For any special situation, a referral letter for food is required. Referral needed only for furniture, household items and clothing. If live in Juarez need to have an El Paso address and phone number.

**Documents needed:** ID, and utility bill. If person lives in Juarez, passport is needed. (Not required due to Covid-19)

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**Opportunity Center**
1208 Myrtle
(915) 577-0069
homelessopportunitycenter.org

Seven days a week: 24 hours

Homeless shelter for single men and women over the age of 19. Social services provides clothing.

Three meals a day are offered. Dinner provided 5:00pm - 5:30pm. Having an ID could be helpful.

**Services:** Medical clinic available, laundry service, employment and mental health services (going to clinic to see psychiatrist)
Project Vida
Administrative Office
3607 Rivera Ave.
(915) 465-1191
Appointment line, press #1
Several clinic locations
M – F 8:00am – 5:00pm
http://www.pvida.net/
*online registration*

Services: Medical and Behavioral health services, Dental Clinic, Housing Department, Health Education program for diabetes, OB/GYN clinic, Family Planning program, pediatrics, after school program, day care, economic development program for those wanting to start a small business. Homeless services are also available. Bilingual therapists Discount and payment for services are based on one’s income

Documents needed: Proof of residence and income, ID and SSN (if available); Texas driver’s license, birth certificate

Project Bravo
Main Office
2000 Texas
(915) 562-4100
M-F 8:00am – 4:30pm
Implemented open and closed application periods
projectbravo.org
Appointment is required. Office closed due to COVID-19.

Services: Assistance with prescriptions, housing and utilities. 6 locations in the city

PAP (patient assistance program): Call for hours of service and to inquire about the application process. Application needs to be filled out and sent to a pharmaceutical company; if qualified, medications will be mailed to one’s home.

Documents needed: based on what application.

Energy program (SEAP): Financial assistance for electric and gas bills

Weatherization program: Weatherize your home (sealing doors or windows). (Call for availability)

Rescue Mission
221 N. Lee Street
(915) 532-2575
http://www.rmelp.org/info@rmelp.org

Open to the public: OPEN 24 hours
Intake: Tuesday-Thursday: 8-12pm

Homeless Shelter: Able to house 192 people at a time, and average about 130 per night. Men, single women, families, those with medical needs, low-income renters, and those going through Relapse Prevention Program are housed.

Residents are provided with a place to stay, three meals a day, clothing, laundry facilities, and basic needs such as toiletries.

Residents are asked to meet with one of the Mission’s social workers, nurse, chaplain, and job search coordinator.

Activities are also provided for residents. Chaplain and other pastors host Bible studies, there are game nights, movie nights, art nights, and festivals.

Corner of Hope: located at 130 N. Cotton St., COH is an outreach to the homeless community who are in need but are not residents. Facility provides food and drink, a place to shower, clean clothes, and laundry machines, all for free. About 60 to 90 people are served Mondays through Fridays from 8:00am to 2:00pm. Mondays, Wednesdays, and Fridays are reserved for men. Tuesdays and Thursdays are reserved for women.

Relapse Prevention Program: 13 week faith-based and non-denominational program that addresses biopsychosocial-spiritual concepts in recovery. Each problem area is dealt with on an individual, one on one basis. The program is an in-house course that requires commitment and cooperation. Enrollment begins 2 weeks prior to the beginning of each session and is limited to 12 individuals.

All individuals who are interested in the program should go in for an interview with the Case Manager Supervisor:
Darlene Dominguez
(W) (915) 532-2575
(C) (915) 328-1102
Email: d.domingue@rmelp.org
Salvation Army
4300 E. Paisano
(915) 544-9811
salvationarmytexas.org

24 hour shelter for families
Not accepting new clients after 8:00pm

Social Service Department: M-F 9:00am – 5:00 pm

Food Boxes to pick up: M-Th 9:00am – 4:00pm Assist with food and shelter
6:00pm: Soup kitchen for everyone
Documents needed for food: Picture ID (adults), social security card, proof of address, proof of income and letter from department of human services stating “not receiving food stamps”.

St. Vincent Family Health Center
8061 Alameda Avenue
(915) 859-7545
Toll free: 1-877-415-5106
Fax: (915) 859-9862
For After Hours or Weekend Emergencies:
(915) 859-7545
Appointment line: (915) 859-7799

Services:
Primary Care: Outpatient care services include medical treatment of illness and disease as well as preventive care for all ages.
Dental Services: San Vicente's Dental Clinic provides emergency, restorative, and preventive care for all ages.
Behavioral Health: A Psychiatrist and Licensed Counselor provide individual and group counseling for homeless clients. Case Management staff assists clients with referrals to other services and shelters. Spiritual Care: San Vicente is constructing a Spirituality Center to further its commitment to holistic healthcare. The Spirituality Center is to be a reverent, sacred space that welcomes patients, staff, and the community-at-large to participate in a variety of programs related to spirituality and healthcare.

St. Vincent de Paul
Thrift Store Locations (2 of them):
2104 N. Piedras
(915) 564-4357
M – Sat 9:00am – 6:00pm
910 Redd Rd. #537
www.svdpel paso.org

Food Pantry: (613-3984)
W 9:30am – 11:30am; Th-F 1:00pm – 3:00pm
(if food available will be given or will be put on awaiting list)

Services: Referral for furniture and clothes would be from a catholic church in their area.

Documents needed: Person needs to bring an I.D

Families can only be helped once a year.

Texas Rio Grande Legal Aid, Inc.
1331 Texas Ave.
(915) 585-5100
956-996-8752
www.trla.org
M-F 8am – 12pm
1pm -5pm

To apply for services Call (915)585-5183
Remote services due to COVID-19

Services: Several legal clinics to help educate on wide range of legal issues.
Workforce Solutions Borderplex Child Care

**Services - YWCA**
1600 N. Brown

(915) 533-7528 ext. 0

M – F 8:00am – 5:00pm

(hours depend on the location) Can apply online at: ywcaelpaso.org

**Services:** Can help assist parents in meeting their childcare payments.

**Requirements:** A parent must be working or participating in eligible training programs or classes, and must meet income guidelines. Applications may be completed in person. Must join the CCS wait list on the website.

**Locations:**
- **Central**
  1600 Brown Street
  (915) 519-0002 (general)
  (915) 500-7665 (eligibility)

  Fax (915) 225-0248
- **Lower Valley**
  8825 North Loop Suite 122
  (915) 887-2413

  Fax (915) 881-4824
- **Northeast**
  8941 Dyer Street
  (915) 887-2413

  Fax (915) 881-4890

YWCA Consumer Credit Counseling Services

201 E. Main
Suite 400

Main: (915) 519-0000

http://www.ywcaelpaso.org/

(915) 519-0034
cccs@ywcaelpaso.org

**Services:** CCCS provides consumers with budget, debt, and housing advice. Counselors help identify the causes of financial problems and ways to fix them. All services are available in English and Spanish. The following are provided at free or low cost:

- Credit and budget counseling
- Credit review counseling
- Debt management
- First time homebuyer counseling – educational workshops are free
- Housing counseling
- Pre-file bankruptcy counseling
- Children Cope with Divorce – an educational course, for parents of minor children, which teaches effective parenting during the transition of divorce. Cost: $50
- Financial education programs – covers topics in a classroom or online setting. Online option available for a small fee.
- Stretching Your Dollar – basic budgeting
- Credit When Credit is Due – comprehensive credit management
- Money in Motion – financial management overview.

**For full listing of classes offered please visit ywca.org**
Catholic Affiliated Organizations

Casa Vides
(subsidiary house for Annunciation House)
325 Leon St.
(915) 544-8451
annunciationhouse.org
Director: Ruben Garcia
First need to go through the Annunciation house Emergency shelter for single women and families

Las Americas Immigrant Advocacy Center
1500 E. Yandell
(915) 544-5126
M – Th 9:00am – 4:00pm
las-americas.org
General Inquiries
Ph: (915) 544-5126
Appointments only Fridays
Services: Provides high quality legal representation for undocumented immigrants in this community.
Fee: Walk-ins $50; consultations for new clients are 1st and 3rd of the month from 9:00am -12:00pm.

Nazareth Hall Nursing Center
1475 Raynolds St.
(915) 565-4677
Nazarethliving.org
Located in Loretto Academy
Administrator/CEO: Kenny Welch
Skilled nursing facility, provides rehabilitation services including physical, occupational and speech therapy for the elderly

Villa Maria Home for Women
920 S. Oregon
(915) 544-5500
villamariaep.square.site
M-F: 8am-5pm
Executive Director: Linda Velarde
Person needs to call and will speak with Naomi Orona; needs to set up interview.
Transitional living shelter for homeless women
UTEP Resources

Dean of Students
Dr. Catie McCorry Andalís
Associate Vice President and Dean of Students
cmandalis@utep.edu
(915)747-5648

Food pantry: M-F 8am-5pm (times change during the summer)
- Location: Memorial Gym 105
- Call: (915) 747-8053
- Email: foodpantry@utep.edu

Family Friendly Room
Union West Rm 112
8:00am to 5:00pm
(915) 747-5670

FHAR (Foster, Homeless, Adoption Resources)
Academic Advising Center
(915) 747-5290
M – F 8:00am – 5:00pm
utep.edu/advising/fhar

Campus Advocacy, Resources & Education (CARE)
1101 N. Campbell St.
care@utep.edu

Contacts:
- Arely Hernandez, Director (915) 747-8154
  azaragozahernandez@utep.edu
- Justin Tompkins, Case Manager (915) 747-7500
  jjtompkins@utep.edu
- Elisa Chaides, Case Advocate (915) 747-7452
  echaidesreye@utep.edu
- Adiel Holguín, LPC (915) 747-7439

Services: Provides free and confidential services to any UTEP student who is a victim of crime and their support system. Provide a safety and security plan. Provide confidential counseling. Offer on and off campus resources. Assist with medical/legal matters as a direct result of a crime, if applicable.

University Career Center
Workforce Solutions (Upper Rio Grande)103 W. Union Bldg.
(915) 747-5640
M – F 8:00am – 5:00pm
sa.utep.edu/careers/

“Career Closet” – clothes to borrow for interviews

Office of Student Conduct and Conflict Resolution (OSCCR)
Union East Rm 303
(915) 747-8694
studentconduct@utep.edu

For Additional Resources:
All student affairs resources on campus via the Division of Student Affairs website:
https://www.utep.edu/studentaffairs/resources/index.html

Student Health and Wellness Center
Union Building East
351 W. University Ave. Ste 100 El Paso, Texas 79968
(915)747-5624
M – F 8:00am to 12:00pm 1:00pm to 5:00 pm
(Closed at lunch from 12 to 1 pm)

Services:
- Men and Women’s Health
- Immunizations
- Lab services
- Minor injury assistance
- Nutrition counseling and education
- Physical Exams
- Testing a treatment of sexually transmitted diseases
- Treatment for common illnesses
- Testing for COVID-19

Call ahead for all services and to schedule an appointment.
Resources in Ciudad Juarez, Mexico

**Centro de Apoyo Psicológico para la Familia y la Industria A.C.**
Calle Avenida de la Raza #5909 Colonia Raúl García
01 52 (656) 618-05-00
M – F 9:00am – 6:00pm
Sat 9:00am – 3:00pm
**Services:** Individual, couple, and family therapy. Need to call to make an appointment.
**Cost:** 800 Pesos; $40USD

**Centro de Derechos Humanos Paso Del Norte, A.C.**
Calle Independencia #7073
Colonia Lino Vargas
(01152656) 170-42-03
M – F 9:00am – 1:00pm (Covid-19)
contactoac@cdhpasodelnorte.org
Promoting and defending human rights
**Services:** Individual and group therapy and legal consultation for victims who have gone through a “forced disappearance” (“kidnapped”) or have experienced some type of torture
Services offered to both men and women; any age
**Cost:** Free

**Programa Compañeros**
Avenida de la Raza #2643
Fraccionamiento Sylvias
(a la altura del parque Borunda)
(01152656) 611-37-92
MWF 10:00am – 8:00pm
T&TH 10:00 a.m. – 5:00 p.m.
www.programacompaneros.org
**Services:** Counseling and testing for HIV, medical, psychological, and pathology services
**Cost:** 50 – 100 pesos

**DIF Municipal de Juarez (Desarrollo Integral para la Familia)**
Cicuito Pronaf y Colonia Margarita
(En el centro comercial de la Plaza de las Americas)
Contact: Lic. Rosario Perez Garcia

**Centro de Atencion Psicologica Sevilla**
Calle Sevilla y Sanders #4165
Colonia Santa Rosa
(01152656) 630-70-40 or 630-70-41
**Services:** Individual, group and family therapy. There is also physical rehabilitation therapy offered
**Cost:** Free

**Subprocuraduría de Protección Auxiliar de Niñas, Niños, y Adolescentes para el Distrito Judicial Bravos**
Calle Panama #980 / Esquina con Pedro S. Varela
Colonia Hidalgo
(01152656) 629-33-00 or 629-33-44
Ext. 53-304
M – F 8:00am – 4:00pm
Report both ways; by phone and in person
**Child Abuse Reporting:** They have contact with CPS, the Mexican Consulate and Immigration.
Lic. Abril Grisel Barrera Deborah (coordinador)
**Ext. for reporting:** 53-303 or 53-304
**Services:** Legal guidance only for those individuals who have current cases with this agency.
Adoption services are available M- F 8:00am -4:00pm

**Universidad Autónoma de Ciudad Juárez (UACJ)**
Avenida Universidad y Avenida Heroico Colegio Militar, Zona Chamizal
Centro de Atención Psicológica Sur Instituto de Ciencias Sociales y Administración (ICSA)
Edificio C, cubículo #108
(01152656) 688-38-48
M – F 9:00am – 3:00pm
www.uacj.mx
Cost: 70 pesos (UACJ students), 100 pesos (pacientes fuera de la universidad)
Psicologos en Juarez

Colegio de Psicólogos  
(a national affiliation)  
Atenea #5943 (consultorio)  
Ciudad Juárez, Chihuahua, Mexico  
(01152656) 618-13-56  
(01152656) 205-60-07  
M-F 9:00am – 7:00pm  
Sat 10:00am – 2:00pm  
Contact: Martha Margarita Perez Cruz  
This is a group of psychologists who provide therapy and also refer to any psychologist in Mexico and South America, depending on the need of the individual. Call to inquire which psychologist a person can be referred to. (By appointment only / through zoom)

Rosalia Delgado  
Rio Tonal 1824  
Fracc. Vista del Norte  
Cd. Juarez, Chihuahua, MX  
(01152656) 281-32-85  
Services: Psychotherapy/terapia psicologica  
Cost: 500pesos (about $28 USD)

Betzabel Tobias Soto  
lebazteb@hotmail.com  
(01152656) 647-33-16  
Cd. Juarez, Mexico
Important Numbers

211 Texas
Nationwide Referral Service
1-877-541-7905
24-HOUR SERVICE (food, bills, shelter, crisis counseling, etc.)

Borderland Rainbow Center**
2714 Wyoming Ave.
(915) 263-4623
www.borderlandrainbow.org

Campus Police (915) 747-5611

CPS/APS 1-800-252-5400

CRISIS LINE: (915) 779-1800

Diocesan Migrant & Refugee Services
2400A East Yandell Dr.
(915) 532-3975
elpasodiocese.org

National Domestic Violence Helpline
1-800-799-7233
Text: “START” to 88788
www.thehotline.org
(online chat available)

National Human Trafficking Hotline
1-888-373-7888

National Runaway Safeline
1-800-RUNAWAY
1-800-786-2929
https://www.1800runaway.org/

National Suicide Prevention Lifeline
1-800-273-TALK
1-800-273-8255
www.suicidepreventionlifeline.org

Paso Del Norte Civil Rights Project
(915) 532-3799
www.texascivilrightsproject.org

PFLAG El Paso**
(915) 209-2667
www.pflagelpaso.org

SHELTER FOR BATTERED WOMEN
24-Hour Hotline (915) 593-7300

Rape, Abuse & Incest National Network (RAINN)
1-800-656-4673
www.rainn.org (online chat available)

The Texas Attorney General Crime Victims Service Division
(915) 834-5815
1-800-983-9933 (Hotline; Austin)
Can also call:
(512) 936-1200
www.oag.state.tx.us

Texas Department of Family and Protective Services
Hotline: 1-800-252-5400
www.txabusehotline.org

The Trevor Project**
Hotline: 1-866-488-7386
www.thetrevorproject.org (online chat and text available)

Veteran Crisis Line
1-800-273-8255 Press 1
Text: 838255

Volunteer Opportunities:
volunteerelpaso.org