## **CPR Awareness**



The Recreational Sports Department continued the CPR Awareness tradition which started on February 2017. This year, CPR Awareness was hosted on February 19,

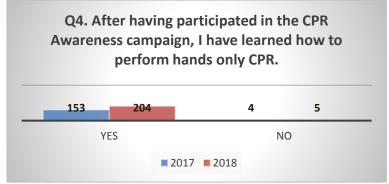
2018, at the Union breezeway. The department provided its own American Red Cross certified staff/instructors to instruct how to perform hands only CPR. There was a total of 210 participants at the event. Of those trained, 48.1% were Female and 51.9% were Male.

97.61% of those who participated in the training agreed that they would be able to use the skills learned after they graduate.

The objective of this event is to create awareness of the importance of CPR, giving them a skill that can help them save a life!

## Campuslabs was used to conduct a survey after each participant finished practicing.







## Notes:

- 32.9% Increase in participation from 2017 to 2018
- Overall increase in classifications
- 33% increase in number of participants who agree that they learned how to perform hands only CPR, and will be able to use the skills they learned after graduation.

<sup>&</sup>quot;It is actually very helpful, useful information and it actually applies to real world things. Certain situations that can be dangerous and you can save some one's life. I find to very helpful".

<sup>&</sup>quot;I just did the CPR Awareness day and its super important that everybody take at least takes 30 seconds to learn how to do CPR, because you never know when someone will be in need of any help"