

# Shelf to Chef

## Tuna Rice Bowl

- **Prep & Cook Time:**  
20 minutes
- **Servings:** 2-3

## Ingredients:

- 1 box Rice-A-Roni (any flavor)
- 1 can corn or mixed veggies (drained)
- 1 can chicken or tuna (drained)
- Optional: 1-2 tbsp tomato sauce for extra flavor

## Instructions:

1. Cook the Rice-A-Roni according to the package directions.
2. When the rice is nearly done (about 3-5 minutes from finishing), stir in your cooked veggies and meat of choice.
3. Let everything simmer together for 3-5 minutes, allowing the flavors to blend and everything to heat through.
4. Serve warm and enjoy your quick and tasty meal!

**FOOD**  
**PANTRY**

