



## IOC Restricted Regions List (Updated 3/6/26)

If travel includes any area listed below, you must request approval from the International Oversight Committee (IOC) prior to making any travel arrangements.

**Restricted Region Criteria** - any country or region that meets any one of the following criteria is designated a Restricted Region. **U.S territories ARE NOT Restricted Regions**

US Department of State ( <a href="#">USDOS</a> )	Travel Advisory (TA) (any region with numerical or written advisory regardless of country's overall rating)	Level 4 – Do not travel
		Level 3 – Reconsider travel
Centers for Disease Control & Prevention ( <a href="#">CDC</a> )	Travel Health Notice (THN)	Level 4 – Avoid all travel
		Level 3 – Reconsider nonessential travel
On Call International ( <a href="#">On Call</a> ) (Portal Group ID: 100143CPPD21)	Country Risk Rating	Level 5 - Critical
		Level 4 - High
UTEP International Oversight Committee or the Chancellor of the University of Texas System	Any country or region of country within emerging threats or risk that is deemed concerning to the safety and well-being of employees and students	

**DISCLAIMER:** The information on this list is subject to change frequently. It is the responsibility of the traveler to monitor the status of their travel destination and request approval accordingly.

**ADVISORY:** If a country or area does not require IOC approval, it does not mean there are no risks involved. It is a best practice to assess your health, security, and financial risks before departure, including being up to date on your vaccinations prior to travel outside the U.S.

### Important Updates/Changes as of March 5, 2026

Bahrain	Updated to reflect the entire country is now designated as a Restricted Region
Oman	Updated to reflect the entire country is now designated as a Restricted Region
Qatar	Updated to reflect the entire country is now designated as a Restricted Region
United Arab Emirates	Updated to reflect the entire country is now designated as a Restricted Region

Afghanistan	Entire country
Algeria	Overland travel to the Sahara Desert, and rural areas within 50 km/31 miles of the border with Tunisia and within 250 km/155 miles of the borders with Libya, Mali, Mauritania, and Niger
Armenia	Do not travel to the border region with Azerbaijan.

<b>Azerbaijan</b>	Entire country
<b>Bahrain</b>	Reconsider Travel – Entire Country
<b>Bangladesh</b>	Entire country Note: The following areas have a USDOS Level 4: Do Not Travel advisory - The Khagrachari, Rangamati, and Bandarban Hill Tracts districts, collectively known as the Chittagong Hill Tracts
<b>Belarus</b>	Entire country. Chancellor of UT System directive.
<b>Belize</b>	Belize City
<b>Benin</b>	<p>Areas of Benin bordering Burkina Faso, Niger, and the Nigerian states of Kebbi, Niger, and Kwara (crime, kidnapping, terrorism)</p> <p>City of Kandi and all areas north and east extending to Benin’s borders with Burkina Faso, Niger, and Nigeria (crime, kidnapping, terrorism)</p> <p>City of Tanguieta and all areas north and west extending to Benin’s borders with Burkina Faso and Togo (crime, kidnapping, terrorism)</p> <p>The Pendjari and W. National Parks (crime, kidnapping, terrorism)</p> <p>The Pendjari, Atacora, and Djona Hunting Zones (crime, kidnapping, terrorism)</p> <p>Route Nationale Inter-Etats 7 (RNIE 7) between Banikora and Segbana (crime, kidnapping, terrorism)</p> <p>Route Nationale 10 (RN 10) between Nikki and Segbana (crime, kidnapping, terrorism)</p>
<b>Bolivia</b>	Chapare region
<b>Brazil</b>	<p>150 km/100 miles of the international land borders with Venezuela, Colombia, Peru, Bolivia, Guyana, Suriname, French Guiana, and Paraguay. Travel to the Foz do Iguacu National Park and Pantanal National Park is permitted</p> <p>Informal housing developments commonly known as favelas, vilas, comunidades and/or conglomerados, at any time of day, even on a guided tour</p> <p>Brasilia’s administrative regions commonly known as satellite cities of Ceilandia, Santa Maria, Sao Sebastiao, and Paronao during non-daylight hours due to crime.</p>
<b>Burkina Faso</b>	Entire country
<b>Burma (Myanmar)</b>	Entire country
<b>Burundi</b>	Entire country
<b>Cameroon</b>	Entire country
<b>Central African Republic</b>	Entire country
<b>Chad</b>	Entire country
<b>China</b>	Governor Executive Order - Entire country including Hong Kong Special Administrative Region (SAR) and Macau SAR
<b>Colombia</b>	Entire country - Do not travel to Arauca, Cauca (excluding Popayán), and Norte de Santander departments due to crime and terrorism; the Colombia-Venezuela border region due to crime, kidnapping, and the risk of detention when crossing into Venezuela from Colombia
<b>Côte d'Ivoire</b>	Entire country - Do not travel to the Northern border region due to terrorism

<b>Cyprus</b>	Entire country. Do not attempt to enter the United Nations buffer zone at any place other than the designated crossing point.  Enter and exit the Republic of Cyprus ONLY at Larnaca and Paphos airports and at the seaports of Limassol, Larnaca, and Paphos. The Republic of Cyprus does not consider entry at Ercan Airport in the north to be a "legal" entrance into Cyprus
<b>Cuba</b>	Entire Country – Governor’s Executive Order (sanctioned country)
<b>Democratic Republic of the Congo</b>	Entire country
<b>Djibouti</b>	Entire Country
<b>Ecuador</b>	Entire Country - Do not travel to Guayaquil, south of Portete de Tarquí Avenue, due to crime; the cities of Huaquillas and Arenillas in the province of El Oro due to crime; the cities of Quevedo, Quinsaloma, and Pueblo Viejo in the province of Los Rios due to crime; the canton of Duran in the province of Guayas due to crime; Esmeraldas City and all areas north of Esmeraldas City in Esmeraldas province due to crime
<b>Egypt</b>	Entire country
<b>El Salvador</b>	Entire country
<b>Eritrea</b>	Entire Country
<b>Ethiopia</b>	Entire country
<b>Gaza</b>	Travel Suspended. Chancellor of UT System directive.
<b>Georgia</b>	Russian-occupied regions of South Ossetia and Abkhazia regions
<b>Ghana</b>	The Upper East Region, North East Region, Upper West Region, and the western portion of the Savannah Region (all areas west of the N12 highway) that shares a border with Burkina Faso and Côte d’Ivoire
<b>Guatemala</b>	Entire country
<b>Guinea</b>	Entire country
<b>Guinea-Bissau</b>	Entire country
<b>Guyana</b>	Entire country
<b>Haiti</b>	Entire country
<b>Honduras</b>	Entire country
<b>Hong Kong</b>	See China
<b>India</b>	Union territory of Jammu and Kashmir (except the eastern Ladakh region and its capital, Leh)  Within 10 km of the India-Pakistan border  States of Assam, Arunachal Pradesh, Mizoram, Nagaland, Meghalaya, Tripura, and Manipur  From eastern Maharashtra and northern Telangana through western West Bengal, particularly in rural parts of Chhattisgarh and Jharkhand and on the borders of Telangana, Andhra Pradesh, Maharashtra, Madhya Pradesh, Uttar Pradesh, Bihar, West Bengal, and Odisha
<b>Indonesia</b>	Provinces of Central Papua (Papua Tengah) and Highland Papua (Papua Pegunungan)
<b>Iran</b>	Do Not Travel - Entire country. Governor’s Executive Order.
<b>Iraq</b>	Do Not Travel - Entire country. Governor’s Executive Order.

<b>Israel</b>	Travel Suspended. Including the West Bank and Gaza. Chancellor of UT System directive. Elevated approval by President required.
<b>Jamaica</b>	Entire country
<b>Jordan</b>	Entire country. Chancellor of UT System directive. Elevated approval by President required.
<b>Kenya</b>	Do not travel to Kenya-Somalia border counties (Mandera, Wajir, Garissa) and some coastal areas (Tana River County, Lamu County, areas of Kilifi County north of Malindi) due to terrorism and kidnapping; areas of Turkana County (road from Kainuk to Lodwar) due to crime  Reconsider travel to Nairobi neighborhoods of Eastleigh and Kibera due to crime and kidnapping; certain areas of Laikipia County (Nyahururu, Laikipia West, and Laikipia North Sub-counties) due to criminal incursions and security operations
<b>Kosovo</b>	North Mitrovica, Leposavic, Zubin Potok, and Zvecan
<b>Kuwait</b>	Reconsider Travel - Entire country
<b>Kyrgyzstan</b>	Entire country
<b>Laos</b>	Xaisomboun Province
<b>Lebanon</b>	Do Not Travel - Entire country. Chancellor of UT System directive. Elevated approval by President required.
<b>Libya</b>	Entire country
<b>Macau</b>	See China
<b>Madagascar</b>	Areas in and around the city of Tsaratanana in the Betsiboka Region, the unnamed road connecting the city of Tsiroanomandidy in the Bongolava Region with the coastal city of Maintirano in the Melaky Region, and the city of Betroka in the Anosy Region
<b>Mali</b>	Entire country
<b>Mauritania</b>	Entire country
<b>Mexico</b>	Colima, Michoacán, Sinaloa, Tamaulipas, and Zacatecas and Guerrero  Baja California, Chihuahua, Guanajuato, Jalisco, Sonora, Durango and Morelos  <i>Note: Mexico City is currently NOT a Restricted Region</i>
<b>Moldova</b>	Entire country. Chancellor of UT System directive. Elevated approval by President required.
<b>Mozambique</b>	Entire country
<b>Myanmar (Burma)</b>	Entire country
<b>New Caledonia</b>	Entire Country
<b>Nicaragua</b>	Entire country
<b>Niger</b>	Entire country
<b>Nigeria</b>	Entire country
<b>North Korea</b>	Travel suspended. Chancellor of UT System directive. Governor's Executive Order.
<b>Oman</b>	Reconsider Travel – Entire Country
<b>Pakistan</b>	Entire country
<b>Palestine</b>	Entire area (Gaza, West Bank). Chancellor of UT System directive. Elevated approval by President required.

<b>Panama</b>	Parts of the Mosquito Gulf – within 10 miles of the coastline, from Boca de Rio, Chiriqui to Coclé del Norte.  Parts of the Darién Region - All areas south of Jaqué to Manene to Yaviza to Lajas Blancas Cities to the Colombian border; the cities of Lajas Blancas and El Salto
<b>Papua New Guinea</b>	Entire country
<b>Peru</b>	Colombian-Peruvian border area in the Loreto Region (crime, drug trafficking)  Valley of Apurímac, Ene, and Mantaro Rivers (VRAEM), including areas within the Departments of Ayacucho, Cusco, Huancavelica, and Junín
<b>Philippines</b>	Entire country. Sulu Archipelago, including the southern Sulu Sea and Marawi City in Mindanao (USDOS Level 4) and Mindanao (USDOS Level 3)
<b>Qatar</b>	Reconsider Travel – Entire Country
<b>Republic of the Congo</b>	Entire Country
<b>Russia</b>	Entire country. Travel suspended. Chancellor of UT System directive.
<b>Rwanda</b>	Rwanda-Burundi border and Rwanda-Democratic Republic of the Congo border
<b>Saudi Arabia</b>	Entire country
<b>Somalia</b>	Entire country
<b>South Sudan</b>	Entire country
<b>Sudan</b>	Entire country
<b>Syria</b>	Do Not Travel - Entire country. Chancellor of UT System directive. Elevated approval by President required.
<b>Tajikistan</b>	Entire country
<b>Tanzania</b>	Mtwara region in southern Tanzania
<b>Thailand</b>	Southern provinces of Pattani, Narathiwat, Yala, and Songkhla
<b>Togo</b>	Northern border region adjacent to Burkina Faso
<b>Trinidad and Tobago</b>	Entire Country
<b>Tunisia</b>	Entire country
<b>Turkey</b>	Sirnak Province, Hakkari Provinces, and any area within 10 km/6 miles of Syrian border
<b>Uganda</b>	Entire country
<b>Ukraine</b>	Entire country. Chancellor of UT System directive. Elevated approval by President required.
<b>United Arab Emirates</b>	Reconsider Travel – Entire Country
<b>Vanuatu</b>	Entire Country.
<b>Venezuela</b>	Entire country. Chancellor of UT System directive. Governor’s Executive Order.
<b>West Bank</b>	Entire area. Chancellor of UT System directive. Elevated approval by President required.
<b>Yemen</b>	Do Not Travel - Entire country. Chancellor of UT System directive. Elevated approval by President required.